#### The Essence of Salvation.

The real measure of a Christian's life is found in his spiritual experience rather than in his professions or his outward performances. These may be perfunctory or the mere expression of motives not always of a high type, while the spiritual life, though hidden, it may be, from the eyes of men, is disclosed to the eye of God. As it is the highest and most permanent form of life, in fact the real life of the Christian, it is the standard by which he is to be measured by that All-seeing eye. The importance of maintaining the spiritual life in a state that will con-stantly secure the commendation of God, is self-evident to every earnest heart. Many are the ways in which this higher state may be developed, and by which those who have become new creatures in Christ may come into possession of a larger and more satisfying knowledge of him, and of the things that pertain to his kingdom.

One entrance to this land of pure delight is by the way of meditation. Amid the rush of our material life and the discharge of its multitudinous duties, it is not always convenient to devote even a little while to meditation upon the wonderful goodness cf God, our spiritual state and needs in relation to the religious welfare of others, and other themes related to the life of God in the sol, But such meditation is always profitable; the soul grows under it, the spiritual vision expands, God's truth unfolds new meaning, and a determination is formed to attain the loftiest heights of Christian experience, and "to comprehend with all saints what is the breadth, and length, and depth, and height, and to know the love of Christ." Meditationless prayer and prayerless meditation are like the two halves of a pair of scissors, either is useless without the other. There is much of pseudo prayer uttered by apparently sincere hearts. It is simply the repetition of phrases which may or may not express a real spiritual condition. One helpful element of true prayer is the consciousness of the presence and approval of God, for "the Lord is nigh unto all them that call upon him, to all that call upon him in truth ;" and in order to emphasize this element it is well to keep in mind the comments made by our divine Lord on the prayer of hypocrites, and the exhortation to his disciples to secret prayer.

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The reading of the Word of God does much tow "building up yourselves on your most holy faith." While much valuable information is derived from biblical helps of various sorts, the soul will be wonderfully re freshed by the reading of the Bible without these, means of marginal references, thus letting Scripture light up itself. It is the Word of God that feeds, that quickens into newness of life. The reading of literature devicional in character helps to open the windows of the soil, and to this sort of reading the Christian should give careful and conscientious attention.

It seems strange that godly conversation has been so per sistently ignored as an element in the development of the higher life. Perhaps the fact that spiritual experiences higher life. Perhaps the fact that spiritual experiences are sacred in their nature, causes heatistion in speaking of them even to those with whom we are most intimate. There is not so much hesitation to confess Christ in public, as to speak in private of things relating to the spiritual life. This should not be so, and is not when "the love of Christ constraineth," and it would not be so if Christians were properly to appreciate the influence of such conversation upon their religious life. Not less important is service in behalf of those who are

seeking the way of life. There is a reflex influence in Christian work of this kind. Every time we try to influence a soul for Christ we are drawn closer to Him ourselves, and as one points the humble seeker to Him who is "the Way, the Truth, and the Life," the way becomes clearer to his own spiritual sight, the truth more attrac tive and more satisfying.

Never was there a time when the inner life of the Christian was so needed in the United States as to-day.

The countless interests which dart like needles into the heart of a citizen of a free republic, are accentuated by the fierce thrusts of those lancinating expressions which are shot out from the "horrid visage of war." The enterprises of the church are themselves sufficient to occupy the mind to the exclusion of the heart. Social life was never so inexorable. Family discipline declines. The reactionary influences upon parents of children not led out into the spiritual realm, though filled with scraps of knowledge, of biblical history, and criticism, chokes re-ligious life, the streams almost run dry in their spirits, and again reacts upon the children, while the eye of many a preacher, correct in words, attitude, and gesture, reflects no light, and is suffused with no tear from the depths within. "Words, words, words" are read and spoken, the images of things are portrayed, music is more exquisite ;--but the "still small voice," who harkens for that ? Who receives accents from that, and whispers them to inquiring spirits ?

Is it a dream that Jesus valued nothing without the spiritual life ? Is it a dream that the fruits of that life are perfect in every sphere of philanthropy, and that he fruits that spring not therefrom, valuable though they may be in the field of the world, are unsuited to the gardens of the Lord ?—New York Advocate.

# \* The Young People \*

EDITOR. R. OSGOOD MORSE EDITOR, All communications intended for this department should be addressed to its editor; Rev. R. Osgood Morse, Guysboro, & S. To insure publication matter must be in the editor's hands mine days before the date of the issue for which it is intended.

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Prayer Meeting Topic-

B. Y. P. U.' Topic .- The Power of Small Things. Mark. 4 : 30-32.

### A. A. A.

#### Daily Bible Readings

Monday, July 9 — I Samuel 25 : 1-21. Of value to his neighbor, (vss. 15, 16.) Compare Ex. 23 : 4, 5. Tuesday, July 10.— I Samuel 25 : 32.44. The fate of evil-doing, (vs. 39.) Compare I Kings 2 : 32. Wednesday, July II.— I Samuel 26. Profound regard for the Lord's annointed, (vs. 11.) Compare I Samuel

24:6. Thursday, July 12 — I Samuel 27:I-28:2. Slight re-gard for the truth, (vs. 10.) Compare I Samuel 21:2. Friday, July 13.— I Samuel 28:3-25. Saul's despera-tion, (vss. 5, 6.) Compare I Samuel 16:14. Saturday, July 14.— I Samuel 29. Well-grounded sus-picion, (vs. 6.) Compare I Samuel 14:21.

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Prayer Meeting Topic-July 8.

The Power of Small Things. Mark : 30-52. Now and then it is worth while to go back to the be-

ginnings of things, in order to gain strength and cour-age for the battles of today. It is easy to become dis-couraged because things go slow at the beginning : in our feverish anxiety to see matters move, we become imatient at every delay, and disheartened when clouds gather. Discouragement is usually the result of nearsightedness : the microscopic vision sees too much-near at hand; the telescopic vision gives one the sight of God, who assures us that he will not be defeated in his purwho assures us that he will not be detended in ins pur-poses with men. How striking are the illustrations of Jesus, showing the beginnings of the kingdom, and the great outcome of the plans of God! Let the mustard seed suggestion create within us a mountain-moving faith; it will be well worth while to have considered this subject, then.

#### A suggested outline for the meeting might be helpful THE GROWTH OF THE KINGDOM.

THE GROWTH OF THE KINGDOM. Its promise.—Consider some of the foregleams of the Messiah in the various prophecies. In the darkest days of the Jewish nation, when in exile, with the holy city in ruins, the prophets sang their most hopeful strains. There should be a kingdom that would be everlasting; it should be established in rightcousness, a king should reign forever; its domimion was to be to the ends of the earth; to it should the Gentiles come, and kings to the brightness of its rising. Consider the following Scrip-tures : Paslms 2, 45, 72, 110. Its beginnings.—Who was to be the King, and how was he to come? In purple royal? Consider Isaiah 53; think of Bethlehem; think of the lowly beginnings in Nazareth, the humble and devoted disciples, the sort of people they were, etc.

Azareth, the humble and devoted disciples, the sort of people they were, etc. Its triumph.—Look about you. Well may one ex-claim: "What hath God wrought !" Every bleasing in the world today comes from the Gospel of the Christ. Do you know of a school that did not have Christian founders? of an institution for the helpfulness of men that did not rise out of love for the Master? None. Un-der the shield of the gospel the Word has moved on, is still moving on. Its future.—The kingdoms of this world are to become the kingdoms of our Lord and his Christ. Jesus will reign till al enemies are put under his feet. This is the glory of the kingdom; it began yesterday in lowly sur-roundings, but it is moving on grandly today, and will reach the culminating point in the purpose of God—uni-versal conquest.—W. H.Gerstwest, In Baptist Union.

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#### Your Part in Life's Mosaic.

Your Part in Life's Mosaic. The crowd was looking at the facade of a fine cathed-fine crowd was looking at the facade of a fine cathed-fust removed the screen behind which they had been at whether the start of the most extensive and won-derfully rich and exquisite mosaics to be found upon or picture with all the softness and the wonderful blending of color to be found in an oil-painting, a picture cover in hundreds of feet, a most perfect specimen of ar-which the storms of a thousand years could not tarnish of wear away. It was made of millions of pieces of the storms of a thousand years could not tarnish which the storms of a thousand years could not tarnish of most skillfully adjusted to those about it. A grand picture to stand there for ages, a combination of very trivial things. And each little stone so carefully pol-sied, so nicely fitted, so tastefully adjusted in cook-times timportant part of the whole; and se each lit-te stone had in keeping the character of the picture...

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#### The Power of Littles.

The Fower of Littles. As the sublimest symphony is made up of separate single notes; as the wealth of the cornfield is made up of separate stalks, or rather of separate grains; as the magnificent texture with its gorgeous combinations of color, its pictures cunningly interweaved by the hand or the shuttle, is made up of individual threads; as the mightest avalanche that ever came thundering down from its Alpine throne, uprooting villages and forests, is made up of tiny snowflakes—so it is with the spiritual life. That life is itself the grandest illustration of the power of littles. Character is the product of daily, hourly

actions and words and thoughts-daily forgivenesses, un-selfishness, kindness, sympathies, charities, sacrifices for the good of others, struggles against temptation, sub-missiveness under trial. O, it is these, like the blending colors in a picture the blending notes of music, which constitute "the man "' It is when the whole being is in divine harmony with the divine will-this, this is the true "Psalm of Life."-Macduff.

#### کر کر کر

The "Psalm of Life." — Macdunt:  $\mathcal{A} \otimes \mathcal{A}$ To be try should have a larger place in our lives than, alas has with most of us. It ministers to the noblest things of life. The poet is the true seer and very often he is the true theologian. We have tried to obtain articles for the dash with the stimulus brought to young life by the prophases the old lesson that if the best is to be had it is obtained by the stimulus brough to young life by the prophases the old lesson that if the best is to be had it has with the stimulus brough to young life by the prophases the old lesson that if the best is to be had it has not be paid for. When our young people learn this has not here will no longer sak for the cheapest possible paper. There will arise a generation of readers willing to pay such a price that the best possible paper may be published. Here and there one may be found – and we have found a number of them during the past year-willing to give of their best tought and severest to life the higher good of the public, without financial renumeration. The publisher could fairly renumerate the contributor. The measures will include the able to do this if the publisher could fairly renumerate the contributor. The measures will be able to do this if the publisher could fairly renumerate the contributor. The measures will be able to do this if the publisher could fairly renumerate the contributor. The measures will be able to do this if the publisher to the startes Crown.

## The Starless Crown.

Wearled and worn with earthly cares, I yielded to repose, And soon before my raptured sight a glorious vision rose; I thought while slumbering on my couch, in midnight's solemu gloom, I heard an Angel's silvery voice, and radiance filled my

A gentle touch awakened me; a gentle whisper said, "Arise, O sleeper, follow me;" and through the air we field. We left the earth so far away that like a speck it seemed, And heavenly glory, calm and pure, across our pathway streamed.

Still on we went; my soul was rapt in silent ecstacy; I wondered what the end would be, what next would

meet mine eyes. I knew not how we journeyed through the pathless fields of light, When suddenly a change was wrought and I was clothed

in white.

We stood before a city's walls most glorious to behold; We passed through gates of glistening pearl, o'er streets

of purest gold; It needed not the sun by day, the silver moon by night, The glory of the Lord was there, the Lamb himself its light,

Bright Angels paced the shining streets, sweet music filled the air, And white robed saints with glittering crowns, from every clime was there, And some that I had loved on earth stood with them round the throne, "All glory is the Lamb," they sang, "the glory his alone."

But fairer far than all besides, I saw my Saviour's face, And as I gazed he smiled on me with wondrous love and

grace. Lowly I bowed before his throne o'erjoyed that I at last Had gained the object of my hopes; that earth at length was passed.

And then in solemn tones he said : "Where is the dia-

dem That ought to sparkle on thy brow, adorned with many a gem? I know that thou believed on me, and life through me is

I know that the third the stars that in the crown should shine?

"Yonder thou seest a glorious throng, with stars on

Yonder thou seest a giorious throng, with stars on every brow;
Por every soul they led to me they wear a jewel now.
And such thy bright reward had been, if such had been thy deed,
If thou hadst sought some wandering feet in paths of peace to lead.

Thou wert not called that thou shouldst tread the way of But that the clear and shining light that round thy foot-

out that the clear and shining light that round thy foot-"steps shone Should guide some other weary feet to my bright home of rest. And thus, in blessing those around, thou hadst thyself been blessed."

been bleased. The vision faded from my sight, the voice no longer spake. A spell seemed brooding o'er my soul which long I feared to break; And when at last I gazed around in mornings glimmer-ing light. My spirit felt o'erwhelmed beneath the vision's awful night.

I rose and wept with chastened joy that still I dwelt be-

That yet another hour was mine my faith by works to

ahow; That yet some sinner I might tell of Jesus' dying love, And help to lead some weary soul to seek a home abov And now while on the earth I stay, my motto this shall

be: "To live no longer to myself, but Him who died for me." And graven on my inmost soul Fil wear this truth divine. "They that turn many to the Lord, bright as the stars shall shine."