severity of the winter judged by the thermometer alone, is apt to lead to an exaggerated impression of Canadian experiences. Owing to the dry and bracing atmosphere and clear sunny skies which generally prevail during the winter season, the sense of discomfort produced by low temperatures is much less than that which is felt in milder weather where cold winds and damp fogs occur. Much of the healthful, invigorating winter weather in Canada is thoroughly enjoyable.