

**Manitoba**

Manitoba Health  
Services Commission  
300 Carleton  
P.O. Box 925  
Winnipeg, MB R3B 3M9  
Tel.: **(204) 786-7101**  
Web site: <http://www.gov.mb.ca/health/index.html>

**New Brunswick**

New Brunswick Medicare  
P.O. Box 5100  
Fredericton, NB E3B 5G8  
Tel.: **1-888-762-8600** or  
**(506) 684-7901**  
Web site: <http://www.gnb.ca/0053/en/medicare.htm>

**Newfoundland**

Newfoundland Medical Plan  
Public Services Division  
Elizabeth Towers  
P.O. Box 200, Station A  
St. John's, NF A1C 5J3  
Tel.: **(709) 758-1588**

**Northwest Territories**

Department of Health  
Health Insurance Services  
Division  
NWT Health Care Plan  
P.O. Box 1320  
Yellowknife, NT X1A 2L9  
Tel.: **(867) 777-3197** or  
**1-800-661-0830**  
Web site:  
<http://www.hlthss.gov.nt.ca>

**Nova Scotia**

Medical Services Insurance  
P.O. Box 500  
Halifax, NS B3J 2S1  
Tel.: **(902) 468-9700**

**Nunavut**

Department of Health  
and Social Services  
P.D. Bag 003  
Rankin Inlet, NU X0C 0G0  
Tel.: **(867) 645-8002** or  
**1-800-661-0833**

**Ontario**

Ontario Health Insurance  
Head Office  
P.O. Box 48  
Kingston, ON K7L 5J3  
Tel.: **(613) 548-7878**  
Web site:  
<http://www.moh.gov.on.ca>

**Prince Edward Island**

Health and Community  
Services Agency  
P.O. Box 3000  
Montague, PE C0A 1R0  
Tel.: **1-800-321-5492**  
Web site:  
<http://www.gov.pe.ca>

**Quebec**

Régie de l'assurance-  
maladie du Québec  
P.O. Box 6600  
Québec, QC G1K 7T3  
Tel.: **(418) 682-5131** or  
**1-800-707-3380**