

to convert cash or travellers cheques into Canadian funds at a bank.

Business cards

Since you will be meeting people who share your professional interest, you may wish to bring "business cards" or "calling cards" to exchange with them.

Electricity

All standard electrical outlets in Canada provide 110 volts, 60 cycles, alternating current. Hotels do not usually provide adapters.



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Laundry

Hotel laundry services are expensive and may be slow. It is advisable to bring clothing that requires as little care as possible, such as "wash and