

A Member of the Peary North Pole Expedition.

He Makes Some Interesting
Statements.

Paine's Celery Compound
Used in the Frozen
Regions.

Mr. James W. Davidson, who went with Lieut. Peary to the Arctic regions, was recently interviewed, and made the following interesting statements:—

"Yes, indeed, I have not only heard of Paine's Celery Compound, but have used it, and have every reason to remember it. When I was selected by Lieutenant Peary to accompany him on his trip to the Arctic regions to try and find the North Pole, it was partly because of my strong, healthy constitution, and his belief that I could endure the fatigue and danger incident to the trip. I had been associated with him as his business manager on his lecturing tour, and was on terms of the greatest intimacy with him.

"When the ship *Falcon* left New York on her trip northward it had, among the stores, several cases of Paine's Celery Compound. The reputation of that medicine was so well established that it was the most natural thing in the world that the members of the party, and they comprised men from nearly every walk in life, from common sailors to men of science, should desire to use it.

"The record of our perilous trip to Camp Anniversary is too well known to need repetition. Once in camp we naturally took an inventory of our possessions, and I was exceedingly glad to find the Celery Compound. The medicine chest was open to all, and we were free to take from it what we thought was advisable. I, in company with several others, selected some of the Compound, taking a bottle of it to the cabin, knowing it would be handy when wanted. Nor was I mistaken, for the excessive cold weather soon had its effects, and I began to be troubled in a number of ways. In every case whenever I felt the slightest indisposition, I used the Compound, and of course found relief.

"One thing noticeable in the Arctic region was that the cold weather made us all exceedingly nervous. We became irritable and cross. The slightest thing would cause angry words to spring to our lips, and it required the greatest care to guard against our ill temper getting the best of us. We had to watch one another to avoid getting into a passion. Our nerves were all unstrung and naturally it affected our health. I talked the matter over with some of the others, and made up my mind that possibly the Celery Compound would be beneficial, for I knew that it was used for nervous disorders at home. Well, sir, we tried it, and I must say that it helped every one of us, so much so that I might say it was a peace-maker among us.

"When the long night of six months came on and we were in darkness, we found that the effects were very depressing. Imagine, if you can, living for six months in darkness, such as occurs here every night, and you can readily understand how we were situated. It is a wonder that some of us did not go mad. We had not very much to divert our attention, and the effect was something like solitary confinement in a dark cell.

"I have used Paine's Celery Compound for a dozen ills such as a person is liable to have at any time, and especially in

this desolate country. It has always helped me, and I should be pleased to have more of it should I go North again. "I do not know of any one thing that I can speak more highly of than Celery Compound. It certainly is a great medicine, and I am an advocate of it."

HOUSE AND HOUSEHOLD.

USEFUL RECIPES.

LEMON SHORTCAKE.

Make the pastry as for a strawberry or similar cake, and spread between the layers a paste composed of the grated rind and juice of a large lemon mixed with a cupful of sugar and one of sweet cream. Serve immediately with lemon-flavored sweetened cream as sauce.

CHOW WAN, A CHINESE DISH.

Equal parts rice and water. Let it boil a minute and then set it where it can steam slowly for an hour, stirring occasionally with a fork to keep the kernels whole. When done or when cold put in a frying pan with oil and heat thoroughly through, adding onions, finely chopped. One good-sized onion to a pint of rice. Add salt to suit the taste.

WALNUT CAKE.

Cream together one cup of sugar with one half cup of butter, three eggs, one cup of milk, add a little salt, one teaspoonful of extract of lemon, two teaspoonfuls of baking powder; make stiff as for a cake; when all mixed, have ready your nuts with little flour sprinkled over them and stir lightly in dough; bake slowly three quarters of an hour in slow oven; make a frosting of confectionery, sugar and water; put a few nuts on frosting.

MARYLAND RUSKS.

Maryland rusks are made as follows: One pint of bread rising, one cup of sugar, one tablespoonful of butter, one-

half cup of milk, one pinch of salt. Take half a yeast cake and make rising over night. In the morning cream the butter and sugar together and beat in the eggs. Add the milk and the rising; stir in two cups of flour and the salt, making a sponge, which would be allowed to rise for four hours. When light, work in enough flour to make a soft dough, and set it again for two hours. Then work it into rolls, put them in patty pans and let them rise for about an hour. Then place them in a moderate oven to bake.

HOUSEHOLD HINTS.

Try the heat of the oven with a piece of paper.

A rag, saturated with cayenne-pepper solution, stuffed into a rat-hole is effective.

One ounce of alum in the last water in which clothes are rinsed will render them almost unflammable.

To polish kitchen knives nicely, mix a little bicarbonate of soda with brick dust and rub them thoroughly.

If feather pillows have an unpleasant smell, place them before a good fire and let them have a thorough drying.

If the feet become frost-bitten soak them for one-half hour in a strong hot solution of alum water, and if one application is not enough, two will be a cure.

Ordinary iron rust may be removed by applying lemon juice and salt. Care must be exercised in using this on colored fabrics. If machine-oil stains get on white goods rub them with lemon juice, cover them with salt and place in sunshine for a time.

FASHION AND FANCY.

Embroidered batistes in the English eyelet-hole style are among the season's novelties in cotton goods. These come by the yard embroidered all over in wheel or flower designs, with scalloped

Coughing.

For all the ailments of Throat and Lungs there is no cure so quick and permanent as Scott's Emulsion of Cod-liver Oil. It is palatable, easy on the most delicate stomach and effective

Scott's Emulsion

stimulates the appetite, aids the digestion of other foods, cures Coughs and Colds, Sore Throat, Bronchitis, and gives vital strength besides. It has no equal as nourishment for Babies and Children who do not thrive, and overcomes Any Condition of Wasting.

Send for pamphlet on Scott's Emulsion. Free. Scott & Bowne, Belleville. All Druggists. 50c. & \$1.

edges or open-work insertion set in above the hem. Still more elegant are robe dresses of various delicate shades, with three plated ruffles of embroidered ecru batiste set in a little distance apart with a close insertion which matches the edge. The dominant note of dress trimming has been so long centered in the bodice that those skirts decorated from the hem almost to the waist are indeed an innovation. Anything among the bargains in dress goods which has a crepe effect is sure to be a safe investment for crinkled surfaces, and crepons of every known and imaginable variety are to be a distinct feature of the spring novelties. Chiffons, too, are a desirable purchase, for they are to be used in greater profusion than ever. Taffeta silks are also to be popular again, and the new ones, which will soon be open for inspection, have moire grounds, with larger flower designs than last season, and open-work embroidery is a part of their decoration. These embroidered silks combine nicely with the plain for waists or sleeves, or both. The pierced cloth brought out in the early fall was the forerunner of all this rage for English embroidery, which is to be in evidence in all our summer goods. So, for a late purchase, these cloths are perhaps more strictly up to date than the other novelties of the season.

The voluminous sleeve seems about to be cut down in its career of expansion, for the Princess of Wales and the Duchess of York have declared in favor of one of more modest proportions. At a recent wedding their sleeves were perceptibly smaller, and as the English bridegroom had the courage to request a similar reduction in the size of the wedding gown, it was granted.

The newest colors are a blue shade of steel called "Valkyrie," various shades of red of the American beauty rose order or color, a pinkish yellow, Gismonda purple, the "bluet" shades of blue, and shades of emerald green.

The coming summer bonnet is to be a small, flat affair, worn well back on the head, similar to the extreme evening bonnet occasionally seen at the theatre.

Flowered taffeta ribbons and artificial flowers galore are to be features of summer millinery.

See that your barrel of flour is raised a few inches from the floor.

C. McKIERNAN, HORSESHOER.

(15 years' experience in Montreal.)

No. 5 HERMINE ST., Montreal.

All horses personally attended to. Interfering, Lamé and Trotting Horses made a specialty. 2-52

J. K. MACDONALD,

Practical HOUSE and STEAMBOAT Bell-hanger, general MACHINIST, Blacksmith, Locksmith, etc. Electric Lighting, Bells, Warehouse Telephones, etc. Carpenters' and Builders' Work to order. 763 and 764 Craig Street, west of Victoria Sq., MONTREAL. Bell Telephone 2521. 21-G

WILLIAM J. DELANY,

Importer of Choice Groceries, Wines and Provisions and all kinds of

Choice Fruits.

2567 St. Catherine street, cor. Mackay street, Montreal. Bell Telephone No. 4090

"February Special."

For First-class Laundry Work at

"POPULAR PRICES"

And Prompt Delivery, try the

Montreal Steam Laundry Co.

Special Rates for Theatrical Companies and Family Washing.

OFFICES: 28 St. Antoine Street.
Telephones 580, 881, 971.

JANUARY FURNITURE CHEAP SALE.

Continued till February 9th, inclusive.

We have an immense stock, which we are bound to reduce at once. We will allow a discount of 20 per cent on all cash sales, and even 33½ per cent on some lines of Upholstered goods. ALL GOODS MARKED IN PLAIN FIGURES. Purchasers can depend on getting bargains. Furniture stored FREE till May.

RENAUD, KING & PATTERSON, 652 CRAIG STREET.

HEATING STOVES,

STEEL RANGES,

GAS STOVES.

SPECIALTIES:

GURNEY'S STOVES AND RANGES,

MACEE AND GOOD NEWS RANGES.

STOVE REPAIRS OF ALL KINDS.

PLUMBING, TINSMITHING, GAS FITTING.

F. H. BARR

2373-75 ST. CATHERINE STREET.

Telephone 4241