

There is no doubt that keeping the head on the side, and keeping the mouth clear of mucous, especially in ether anæsthesia, does very much towards the rapid recovery of the patient from the effects of the anæsthetic.

(5) When the patient is returned to the ward, he should be constantly and carefully watched by a nurse seated by his bedside for some hours, the length of time depending partly on the general condition of the patient, partly on the length of time the anæsthetic was administered, and partly on the nature of the operation.

(6) More personal instructions should be given senior students and members of the house staff in the administering of general anæsthetics, as in no branch of medical science is practical knowledge of greater advantage.

HYGIENE AND SANITATION : DOMESTIC, MUNICIPAL, NATIONAL AND INTERNATIONAL.*

F. MONTIZAMBERT, I.S.O., M.D.Ed., F.R.C.S.E., D.C.L.

THIS meeting marks a very distinct advance, and the commencement of a new era in the history of the Canadian Medical Association.

The adoption last year of our new Constitution—which comes into force to-day—has raised us to the status of a truly national body. It seems, therefore, eminently fitting that our first annual meeting under the new Constitution should be held in the National Capital, and under the Presidency of a medical man holding, as an officer of the Federal Government, what may be called a national position.

But in this connection let me say here that in addressing you to-night I speak not as a Government official, but as an individual member of this Association.

As you know full well, our profoundest feelings are often the most difficult to express. I shall limit myself to saying that, in the presence of this assembly of those who have come from the north, the south, the east and the west of this great country of ours, bringing with them to grace this meeting at the capital of the nation varied and priceless knowledge how to increase the duration and value of human life and elevate humanity to the highest standard of physical, mental and moral perfection—one may well feel many misgivings as to one's ability to meet the full measure of your reasonable requirements.

There have been gods and goddesses of disease and of medicine from very ancient days. Back in the far-away times of the first Chaldean Empire, some five thousand years ago, there was a Fever-God, a Plague-

*The Presidential address before the Canadian Medical Association, Ottawa, June 9th, 1908.