



"The New and Better Sugar" Lantic Sugar

Refined from pure CANE only, in the new Atlantic Refinery where every step in the process of manufacture is one of care for purity. Wonderful machines automatically refine, weigh and pack Lantic Sugar in cartons and bags.

Look for the Lantic Red Ball on each package—and buy in original packages.

Lantic Granulated
2 lb. and 5 lb. Sealed Boxes
10 lb., 20 lb., 100 lb. Bags

Atlantic Sugar Refineries Limited MONTREAL, QUE. ST. JOHN, N.B.



COMMENT.

One restriction which has prevented a great many men from joining the ranks of Canada's army has been the regulation prohibiting the acceptance of a recruit wearing any artificial teeth. This regulation has been modified, so that those with only partial plates are now acceptable.

The rural routes were established for the benefit of rural homes, or in other words the farmers. They have proven a greater benefit and blessing to the farmers than was ever anticipated by the most sanguine. A farmer who has once enjoyed the advantages of the rural mail service would hardly know how to live without it. It did not come to the farmer, however, until he had many times earned it. The farmers are our heaviest taxpayers. What property they have is in plain sight and is taxed, while the town gent, at least some of them, who deal in notes and bonds, are able to hide their wealth from the assessor.

WATFORD PEOPLE PRAISE SIMPLE MIXTURE

Many in Watford praise the simple mixture of buckthorn bark, glycerine, etc., known as Adler-i-ka. This remedy is the most THOROUGH bowel cleanser ever sold being even used successfully in appendicitis. ONE SPOONFUL relieves almost ANY CASE of constipation, sour or gassy stomach. ONE MINUTE after you take it the gasses rumble and pass out. Adler-i-ka cannot gripe and the INSTANT action is surprising. Taylor & Son, druggists.

The Western Fair

The Western Fair of London, Ontario, as an Agricultural Exhibition occupies a prominent position in Western Ontario, and throughout the whole Dominion. This will be the Forty-eighth Annual Exhibition without a break, and every dollar of prize money won during that time has been paid. The management has been increasing the prize list from year to year and this year through the assistance of the Dominion Government they are enabled to add over \$3,000 to what was already a liberal list. Live Stock Breeders should avail themselves of the privilege of exhibiting this year in larger numbers than ever. Exhibitors always report good results from showing at London, as buyers are plentiful. The Dairy and Poultry Departments will be of special interest this year. If a prize list, entry form or any other information is required about the Exhibition write the Secretary, A. M. Hunt, London, Ontario. The dates are September 10th to 18th.

Compressed peat is being developed as a sound insulating material by a Berlin inventor.

A SURE CORRECTIVE OF FLATULENCY.
When the undigested food lies in the stomach it throws off gases causing pains and oppression in the stomachic region. The belching or eructation of these gases is offensive and the only way to prevent them is to restore the stomach to proper action. Parnee's Vegetable Pills will do this. Simple directions go with each packet and a course of them taken systematically is certain to effect a cure.

WAR TIME "AGONIES"

THE TIMES REVEALS STRANGE RECORD OF CONFLICT.

Numberless Charitable Funds, Many of Which Are Anything But Welcome to the War Office, Are Advertised in Columns of Paper—Swindlers Use War to Work on Sympathies of British Public.

The British censor has pencilled out hundreds of important events connected with the war, but discriminating readers of the Personal or "Agony" columns of the big London dailies have unfolded to them the story of the war as it is being lived by the people, and told by the advertisers in appeals to the public, tragical, comical, and ridiculously exaggerated.

The poignant grief of the soldier's wife or mother is sharply outlined in the dignified, simple statements of facts relating to the soldier's identification, asking for news from any one close at hand when he died. The petty ambitions of "society climbers" are portrayed in their efforts to "butt in" among the great folks of the army and navy, by pushing themselves into the limelight through projects designed to contribute to the comfort of the soldiers and sailors but entirely unauthorized by the officials, who, on their part, consider that the Government ought to take measures against such interference. The sordid ambitions of unscrupulous swindlers are revealed underneath the surface of some appeals, the reorganized charities of war, and the benevolent mood of the patriotic furnishing them a happy hunting ground for the exploitation of their nefarious schemes.

Lady Jellicoe, the wife of the commanding admiral of the fleet, has inserted advertisements in all the important newspapers to say that no naval man need be without warm blankets, that all he has to do is to have his commanding officer send word to her, as her supply from charitable contributions is almost inexhaustible. Yet, in the personal columns of the newspapers the appeals for money to buy blankets for soldiers and sailors are repeated with agonizing reference to the unhappy condition of the men so far from the comforts of home.

Possibly the most heart-stirring call is this:

Will you help the sorely-tried womenkind of the brave men at the front? A most urgent appeal is made for funds to carry on the unique and immensely important work of the Royal Savoy Needlework Guild, which in helping to protect the lonely womankind of our brave soldiers against the many temptations of drink and its terrible evils. We are saving many houses from ruin and many lives from demoralization. We ask each member to take a War-Time Abstinence Pledge, and supply them with, and pay for, the work of making garments for the soldiers. Will you help to extend this double benefit to a wider degree? Send us to-day if possible a donation, large or small, or an order for garments. Our need is very pressing and every contribution will be most gratefully accepted and acknowledged. Please address Mrs. ———, honorary secretary, Choir School, Savoy Place, W.C.

The Princess Mary has been, on her part, energetically collecting money for the soldiers' "comforts," one of which is recognized to be flint and tinder lighters, that cigars and cigarettes can always be kept alight, and this sum already amounting to over \$500,000. Yet additional appeals flood the columns for money to buy flint and tinder boxes for the soldiers and sailors, the collectors paying from a dollar and a quarter (the minimum charge) to five dollars for each insertion in the personal column, giving an address where the money will be gratefully received. In some cases the donors are asked to send stamped envelope if they expect an acknowledgment.

Mrs. A., the wife of an officer in a certain regiment, appeals for woollen garments, also for games and pipes. Mrs. B. advertises that she would be grateful for any comforts for the soldiers, or the money with which to buy them. Mittens, scarves, warm overcoats or the money to purchase the same already in another appeal. Books and jig-jaws are wanted by still another lady, the wife of an officer unknown to social fame before the war. Warm pants, vests (large) shirts, cardigans, mittens, tobacco, and field-glasses come in the category of some other lady's advertised appeal. Wristlet watches, football shirts and stockings, khaki wool comforts and khaki handkerchiefs — or the money with which to buy them — these include the wants of some lady who has volunteered to receive anything that the kind hearted public will send, paying a good many dollars to the newspapers to spread abroad this fact. Mrs. X., on her part, wants the public to go down into its pockets and furnish her with one thousand raincoats — or the money for their purchase; while Mrs. Y. is collecting 1,000 khaki hose tops, or the money. A dozen other ladies want gramophones, organs, or pianos — or the money.

All of this is, however, nothing in comparison to the appeals for ambulances launched through the "Agony" column of the papers by the wife of an army officer who must have already spent in advertising the idea almost enough to start an ambulance, since the appeal is divided up into eighty sections, each under the direction of a woman whose first name is given to her division.

The Grand Drama.

When God conceived the world, that was poetry; he formed it, and that was sculpture; he colored it, and that was painting; he peopled it with living things, and that was the grand drama, eternal drama. — Charlotte Cushman.

Take Life Like a Man.

It is a pitiable thing to see a young man whining over his lot in life and excusing indifference and inaction because of hard luck or some cruel fate which has put stumbling blocks in his way. No matter what your environment or what you may be called upon to go through, face life like a man, without whining. Turn your face to the sun, your back to the shadows, and look the world in the face without wincing. Make the most of your situation. See the beauties in it and not the ugly features. This is the way to improve an unfortunate environment.

The First Saw.

Talus, the Greek, is said to have invented the saw from having once found the jawbone of a snake, which he employed to cut through a small piece of wood. In early periods the trunks of trees were split into boards with wedges, and, although these levers were not always straight, they were regarded as much better suited to construction than sawed boards because they followed the grain and lasted longer and were stronger. Water mills for the purpose of sawing came into use in the fourth century.

The Office and the Man.

"The office should seek the man, you know."
"That's all right," replied the avowed aspirant, "but I gave it a fair chance, and it seemed diffident."

Worms sap the strength and undermine the vitality of children. Strengthen them by using Mother Graves' Worm Exterminator to drive out the parasites.

Why We Keep to the Right.

Why do we keep to the right in this country, and why do they keep to the left in Europe? The paradox of these conflicting traffic customs is brought to the attention of the manufacturer of left-hand drive automobiles every time he receives an order from Europe, because they always order a right-hand drive car.

In Europe, in the days of the spear and sword, a horseman kept to the left in meeting anyone in order that he might have his adversary, if such he proved to be, on the free or right.

In this country horseback was the first general mode of travel because of the almost impassable roads. A horseman in meeting an adversary kept to the right in order to have the enemy on the protected side, the horse's body and neck forming a shield and his own body protecting his gun arm.

Traffic custom did not become definitely crystallized until the advent of the automobile, and then in Europe the driver sat on the right side. In Europe the arrangement was all right because with the reverse traffic regulations the driver was close to the vehicles he was passing.

Belgians' Courting Customs.

In love-making the Belgians have some curious customs. In the peaceful days of Bruges an engaged couple would throw chestnuts into the fire, and if the nuts burned quietly the augury for happy relations was good, but if they "popped" or burst, then the whole disposition of the lovers' lives would be altered. Another custom was for a lover to go to the window of his beloved and fire off a pistol. The greater the number of shots the more intense his love must be. The lady was supposed to hide a bottle of Schuapps or gin in the garden for the lover to discover, but it sometimes happened that another admirer was more prompt and found it. To make sure that the bottle fell into the right hands, the lady would often lower the bottle from her window by a string.

Seaweed Pie.

According to some French scientists seaweed will become one of the popular foods of the future. Already Japan uses it in a number of dainty table dishes, and also cultivates it extensively that the supply may not give out.

In Brittany, too, the lower classes gather as much as twenty to thirty tons a year, and call it by the name of Iceland moss. The peasants of Northern France are beginning to follow the example and number it among their articles of diet.

In other localities the weed is looked upon as possessing great medicinal value, and in Corsica it is prescribed by the doctors as a sure cure for all kinds of goitre. As gelatins and alkalis are contained in the seaweed it is considered by the Asiatics to be invaluable in cases of severe indigestion.

Mother-of-pearl Buddhas.

The clever priests of China often insert tiny images of Buddha within the shells of a living clam, which are left undisturbed for about a year. At the expiration of that time the images are covered with mother-of-pearl to such an extent that they appear to have grown in his natural manner. The Chinese people hold these shells in great reverence, believing that Buddha dwells within them. However, should a Christian chance to look upon one of the shells it has no further value to them, as its charm is supposed to have left it.

Handsome Gift For Troops.

Major-General Hughes has received for the use of the troops from Charles A. Shannon of Montreal the handsome gift of three portable ranges or traveling cooking wagons, which the Minister of Militia says will be of most valuable assistance in active operations in the field. Mr. Shannon has already presented ed extra equipment for the comfort of the Montreal units to the extent of \$1,250.

Hard and soft corns both yield to Holloway's Corn Cure, which is entirely safe to use, and certain and satisfactory in its action.

House Hints

In cleaning house, begin with the attic. When peeling onions keep your hand under water.

To fasten labels to tin cans, add one teaspoon brown sugar to one quart paste.

In sick room, fill paper bags with coal and lay on fire to prevent noise and dirt.

A heavy chalk mark laid a finger distance from your sugar box will prevent ants from troubling.

To brighten the inside of a coffee or tea pot fill with water, add a small piece of soap and a little soda and let boil about 45 minutes.

Kerosene will make tea kettles bright as new. Saturate a woollen rag and rub with it. It also removes stains from and cleans white furniture.

A new clamp to hold a cover on a milk bottle also serves as a handle to carry the bottle.

After five years of work all the telephones in Melbourne have been put under ground.

Most of Japan's pearl divers are women, who begin to learn the trade at the age of thirteen or fourteen.

Dr. Maria Montessori, the famous Italian educator, will conduct a training class for teachers in California.

Mrs. Pankhurst, the noted English suffrage leader, has announced that she will mother 50 war babies.

For emergency use a wooden automobile tire has been invented, made in sections, which are bolted to the rim of a wheel.

So steady are the winds at Curacao that three wireless telegraph stations depend upon windmills to furnish their power.

Mr. A. I. McKinley, of the law firm of Hanna, LeSueur & McKinley, of Sarina, and Miss F. K. Murphy, daughter of Jas. Murphy, of Emmet, Mich., were married on Wednesday, June 23rd, in the R. C. church, Emmet.

Among those who have offered their services to the unit of the 29th Battalion, which is being recruited at Barina for overseas service, is Mr. Trainor, manager of the Bell Telephone Company in that city. Mr. Trainor is a lieutenant, having a short time ago attended military school in London, Ont., and qualified for the position.

The sudden death occurred Sunday afternoon of Mrs. David Ramey at the family residence, North Ekfrid. Mrs. Ramey was only sick a couple of days. She was in her 50th year. Her husband, two daughters, Mrs. Bert Cumlicek, Warwick, and Mrs. W. M. Chisholm, North Ekfrid, and two sons, Orey Ramey, of London, and Oney, at home, survive her.

Asthma is Torture. No one who hasn't gasped for breath in the power of asthma knows what such suffering is. Thousands do know, however from experience how immeasurable is the relief provided by that marvellous preparation, Dr. J. D. Kellogg's Asthma Remedy. For years it has been relieving and curing the most severe cases. If you are a sufferer do not delay a day in securing this remedy from your druggist.

CREATOR'S FAMOUS BAND

Giuseppe Creatore and his famous concert band need no introduction to the music lovers of Toronto, or of Canada. They were the big musical feature of the Canadian National Exhibition last year, when despite the war scare and the cold wet weather, they drew the most enthusiastic crowds that ever assembled on the grand Plaza. That this reputation is world wide is evidenced by the fact that they were the band chosen for the opening ceremonies of the Panama-Pacific Exposition at San Francisco during the early part of this year.

Voters' List—1915.

Municipality of the Village of Watford
County of Lambton.

NOTICE is hereby given that I have transmitted or delivered to the persons mentioned in section 9 of "The Ontario Voters' List Act," the copies required by said sections to be so transmitted or delivered of the list, made pursuant to said Act, of all persons appearing by the last revised assessment roll of the said Municipality to be entitled to vote in the said Municipality at elections for members of the Legislative Assembly and at Municipal Elections, and that said list was first posted up at my office at Watford on the 21st day of June, 1915, and remains there for inspection, and I hereby call upon all voters to take immediate proceedings to have any errors or omissions corrected according to law.

W. S. FULLER,
Clerk of Watford.

No more Dyspepsia for Us!

There isn't a member of the family need suffer from indigestion, sick headaches, biliousness, fermented stomach, etc., if he or she will take Chamberlain's Stomach and Liver Tablets. They cleanse the stomach and bowels and stimulate the liver to healthy activity and tone up the whole system. Take one at night and you're RIGHT in the morning.

All druggists, 25c, or by mail from Chamberlain Medicine Company, Toronto. 16

CHAMBERLAIN'S TABLETS