

SUN FIRE

The oldest Insurance Office in the world
FOUNDED A.D. 1710
HOME OFFICE: LONDON, ENGLAND
Canadian Branch, Sun Building, Toronto, E. M. Blackburn, Manager.
J.A. NELLES & SON, AGENTS, LONDON

THE NEW SCHOOL READERS

Have just reached us. We have received only a portion of our original order in this first shipment, so it will be a case of first come, first served.

THE MALLAGE BOOKSHOP
NEXT BOOMER'S. Phone 366

REAL FLAG OUTRAGE PERPETRATED AT "PORT"

The Union Jack Borrowed From a Fraser Heights Resident Not Returned.

Port Stanley, Aug. 7.—On the day of the English picnic some person borrowed the large Union Jack belonging to a resident on Fraser Heights and failed to return it. Now the owner would be greatly pleased if the borrower would bring it down to Port Stanley before the season closes.

Miss Edith Lirlop, of St. Thomas, is the guest of Mrs. Wm. Turnbull, Invererie Heights, over the week end. The Stanley Beach Casino was burglarized Friday evening and some six or seven dollars taken. The police have no clue to the guilty parties.

Mr. and Mrs. Wm. Nicholls, of West London, and Mrs. G. Smith, of South London, are the guests of Mrs. Hugh McPherson, at The Willows, Willow Beach.

Rev. Mr. and Mrs. J. Culp and Miss Grace Culp, of Merritt, are spending their holidays at Cosy Corner cottage, Willow Beach, the guests of Mr. and Mrs. E. J. Butler.

Mr. R. R. Andrews and wife, of Cleveland, formerly of Clinton, arrived on the Lakeside yesterday with their large touring car. They will spend the next few weeks motoring through Western Ontario.

The steamer Lakeside brought in 40 passengers from Cleveland yesterday. Mr. and Mrs. A. M. Trick and baby Helen, of London, are spending the month of August at The Willows, Willow Beach.

Miss Ethel Lawson, of Dundas, Mr. and Mrs. John Grant, of London, are guests of Mr. and Mrs. A. C. Kerr, at Wastina cottage, Fraser Heights. The C. C. Club of Glencoe held a most enjoyable picnic on Fraser Heights yesterday. Among those present were: Al Cole and Duncan Leitch, West Lorne; Norman McLaughlin, Glencoe; Miss Jermaine MacEachern, of New York, and Miss Eleanor McIntosh, of Chicago.

Dr. J. Locke, of Michigan, is spending a couple of weeks with his sister, Mrs. Wm. Leonard, Hill Crest.

Miss Clara Ellison, Hill Crest, was the guest of St. Thomas friends on Friday.

A Thimble Tea. Mrs. John Young, of London, entertained on Friday afternoon at a thimble tea on her spacious verandah, Take It Easy, Willow Beach. Among the guests present were: Mrs. (Rev.) Culp, Mrs. E. J. Butler, Mrs. Jones, Mrs. Keene, Miss Keene, Miss Ferguson, Miss Addie Ferguson, Mrs. Land and Mrs. Miller.

Miss Ada Henry and Percy Lumley, of Glencoe, are spending a couple of weeks at Ferncliffe, Fraser Heights.

The Knees of Ynotrest Cottage, Willow Beach, the Millers and the Leakeys, of Aberfeldy Cottage, Erie Bank Beach, gave a most enjoyable corn roast on Stanley Beach, near the board walk, last evening.

Broken Glass on the Beach. Jack Brock, of Arcadia Cottage, Willow Beach, was the second person within three days to receive injuries by bathing on Stanley Beach. He also stepped on glass and cut his foot severely.

Miss Marjorie Bell, of Toronto, who has been visiting Mrs. Wm. Turnbull, Invererie Heights, returned home today.

A very large number of guests are spending the week-end in the village.

Unexpected Blaze. An old gentleman from the rural districts made his appearance on Orchard Beach the other day. He selected a comfortable seat near the edge of the bank in front of Mr. T. B. Escoff's summer cottage, lighted his pipe, cast the match over the bank, and then began to watch the men working on the new breakwater. All went well for some time. Then, lo! behold, a vapor seemed to rise from the lake's surface. Gradually this mist increased, until at last it took the shape of a great cloud of smoke. This was followed by a hot flame, which shot up directly under the gentleman's feet. At this he sat up and took notice, and was startled to find the grass on the bank burning fiercely. It had caught fire from his discarded match. By this time the beach fire brigade, under Fire Chief McDougall, had arrived, and soon had the flames extinguished by casting sand upon them.

Mr. Gillian McLean, of Springdale Cottage, Orchard Beach, has had his famous spring waterworks cleaned and renovated. The water supply now is more abundant and its quality is much better.

The tug Norfolk of Port Burwell arrived today with a large party of week-end excursionists.

NO MORE DANDRUFF

LUBY'S
To irritate the scalp and make the hair fall out after you use Luby's Parian Hair Renewer. It is a quick and absolute cure for Dandruff—makes the hair grow soft, lustrous and beautiful. At all drug stores. 50 cents per bottle.
R. J. Devins, Limited, agents, Montreal.

BRITISH LORDS CHALLENGE COMMONS.

London, Aug. 7.—The vexed question as to whether the House of Lords would interfere with the budget, which action the radicals declare would be unconstitutional, appears to be settled by the pronouncement of Lord Lansdowne, the leader of the Opposition in the Lords, in a speech at Caine, Wiltshire, tonight.

Declaring that the working classes desired tariff reform, and not the taxation of capital and the expropriation of property, Lord Lansdowne suggested that the House of Commons may no longer represent the will of the people.

"Those who advance the extreme claim in behalf of the Commons," he said, "declare that any measure, however violent, however little it may have been discussed in Parliament, and no matter whether it has been properly put before the people, must be passed over the heads of the House of Lords. The scheme of the House of Lords is much more moderate. We recognize that the will of the people must prevail in the end, but we demand that the people of the country be given full and sufficient opportunity to express that will with full and sufficient knowledge of the situation."

"Upon that knowledge," declared Lord Lansdowne, "the Lords are ready to try conclusions. In the great struggle which must surely be upon us before very long, the Lords are ready to meet their adversaries and will accept the verdict of the people."

JAPAN GOES AHEAD WITH THAT RAILWAY

Informed the Powers of Her Intention and Ignored Protests of Peking.

London, Aug. 7.—The decision reached by Japan regarding the construction of the Antung-Mukden Railway, in spite of the objections of China, is generally considered here to be justified.

Before taking the step, Japan consulted Great Britain and the other powers with which relations are close. While regretting that her ally has found it necessary to defy China, it is understood that Great Britain agrees Japan had no alternative. There has been no endeavor to deny that this line is mainly of military importance, but as one diplomat put it today: "Japan would be more than human if she did not avail herself of her treaty rights, especially as these are one of the few solid compensations of the heavy sacrifices of her war with Russia."

The South Manchurian Railway Company, which, on account of the large subsidies it receives from the Government, has been compelled to rebuild its line, is not altogether pleased with this decision, for, while the undertaking involves them in large expenditures, it will divert a part of their traffic from Dalny to Fusan.

Washington, Aug. 7.—The announcement that the actual construction had been begun on the Antung-Mukden Railway by Japan caused no surprise at the state department today. Japan has notified the powers of her purpose to build this railroad. It is understood that the United States has not expressed any view concerning the adoption of this course by Japan, and so far this Government is merely keeping informed as to the course of events.

HEAT RECORDS BROKEN

New York and Chicago Put in Sweltering Sabbath.

New York, Aug. 8.—The heat and the high humidity today moved two citizens of Staten Island to exhibitions of eccentricity that called out the police and the fire departments.

Anton Clvobe, 36 years old, reverting suddenly to the instincts of his probably aboriginal antecedents, climbed a high tree and hung, swaying to the town's major branches, chattering like an ape. Threats to shoot from the police and to chop down the tree failing, and a thorough drenching from a fire hose being ignored, the firemen finally were compelled to run up a 60-foot extension ladder, and secure their man from his perch with an improvised lasso. He fought actively.

Andrew Anderson, 33 years old, becoming uncontrollably possessed with the idea that he was a midsummer Santa Claus, peeled off all his clothes, and climbing to the ridgepole of his three-story house, tried to jam himself down the chimney. The firemen caught him alive.

Both men were held for investigation of their sanity.

Chicago, Aug. 8.—Chicago heat records for this year were broken today, when the thermometer registered 93 degrees at 4 o'clock in the afternoon.

NOTED GEOLOGIST CALLED BY DEATH

Ottawa, Aug. 8.—Joseph Frederick Whiteaves, F. R. G. S., assistant director of the geological survey of Canada, died this morning, aged 74.

He was born in Oxford, England, and came to Canada in 1861. For eleven years he was curator of the National History Society, Montreal. He took charge of five deep-sea dredging expeditions to the Gulf of St. Lawrence. He joined the Government survey in 1875.

He was a fellow of the geological service of Britain and United States, among others.

KILLED BY ENGINE IN HAMILTON YARDS

Hamilton, Aug. 8.—A fatal accident occurred in the G. T. R. yards about 8 o'clock this evening, when George Kirkendale, who was employed by George Smoke, a farmer, was struck by an engine.

He was crossing the tracks and evidently did not hear the approach of the locomotive.

He was badly cut and died on the way to the hospital.

WELLMAN PREPARING.

Tromsø, Norway, Aug. 9.—Advices received here from Spitzbergen, where the Walter Wellman polar expedition is being prepared for a dash to the North Pole, say that the repairs to the airship shed, which was badly damaged by a storm last June, have been completed, and that a gas apparatus has been installed. Mr. Wellman commenced the inflation of the balloon on July 31.

McGuigan Is to Head the Soo Works

Montreal, Aug. 8.—It is reported here that Mr. F. H. McGuigan, formerly manager of the Grand Trunk, is to be appointed president of the Lake Superior corporation.

Some time ago this immense enterprise passed into the hands of English capitalists, and since then they have been looking for a man capable of reorganizing various industries controlled by them.

At present Mr. McGuigan is constructing the power line through Ontario for the hydro-electric commission, and it is understood that on the completion of this work he will take control of the Soo industries.

THE STRIKERS IGNORE THE KING'S APPEAL

Gustave's Attempt to Settle the Swedish Trouble Proves Fruitless.

Stockholm, Aug. 8.—The tie-up of the business life of the country as the result of the general strike is so serious that King Gustave has intervened in an endeavor to secure a compromise. His majesty today sent a message to the parties at conflict, exhorting them to come to an agreement at the earliest moment possible and advising arbitration of the disputed questions.

It was after King Gustave's message had been read and approved at a cabinet meeting Saturday that his majesty summoned to the palace the two leaders of the warring factions, Director Von Sydow, of the employers, and Senator Lindquist, president of the Federation of Labor Unions, for a conference. The result of this conference has not yet transpired, but apparently his majesty's efforts for a peaceful solution of the trouble was without result, for tonight it was announced that the printers would strike tomorrow, and the national labor union issued a proclamation that beginning tomorrow morning every dray or other wagon whose driver is not wearing a union permit badge will be stopped by strikers.

The union further threatens to frustrate the attempt of the Stockholm Street Car Company to start its cars tomorrow on the important lines with the aid of company's officials and strikebreakers.

Over 1,000 telephone and telegraph employees will strike Wednesday. The bakers declare that the bread supply is exhausted. The farm laborers' union have announced that its 7,000 members would strike as soon as the rye crop is ready for harvesting.

The troops have become restless, and in case of trouble their officers would not be able to rely on them.

The Employers' Association is paying out \$40,000 daily to support its weakest members. The association has a reserve fund of \$4,500,000.

The strikers daily are receiving large contributions from Denmark, Norway, Finland, Germany, Roumania and Bulgaria.

REID WILL STAY IN LONDON ANOTHER YEAR

His Wife Likes English Society, and He Wants to Introduce Teddy.

New York, Aug. 8.—Whitehead Reid will remain ambassador to the court of St. James at least a year longer, says a cable dispatch to the World from London. It is said that Mr. Reid expected to relinquish his post as soon as Mr. Taft became President of the United States, but Mrs. Reid desired to pass the present season here, and President Taft obliged her the more gladly, because of the difficulty he has found in choosing a successor to Mr. Reid.

Two explanations are given in the World dispatch of the further extension of Mr. Reid's term as ambassador.

One is that it was made at the personal request of King Edward, who is a warm friend of Mr. and Mrs. Reid. The other, which receives more credence, perhaps, is that Mr. Reid himself asked to remain here until Theodore Roosevelt reaches London on his way home from Africa. Mr. Reid desires the pleasure and honor of introducing at court and in society, the former president, who appointed him ambassador.

MISSIONARY DAY.

East Northfield, Mass., Aug. 9.—Missionary day was observed at the Northfield General Conference today and all the meetings, except the camp council, were addressed by missionaries of prominence. A sunrise prayer-meeting for missions was attended today by a large number of the delegates. Mr. Charles T. Studd, of Cambridge, England, one of the first college men to become a missionary, presided at the morning services.

In the afternoon meeting a dozen or more addresses were given.

ICE BLOCKADE SPOILED FISHERIES

St. Johns, Nfld., Aug. 8.—Advices from Labrador, through the fisheries cruiser Plover, which arrived here today, report the failure of the fisheries of that coast, owing to ice blockade. Unless this barrier is removed soon a serious situation of 25,000 men and their families is inevitable.

These men compose the crews of the vessels which usually are engaged in the Labrador fisheries. Their average catch constitutes about one-third of Newfoundland's total.

FELL OVERBOARD.

Newburgh, N. Y., Aug. 9.—While the steamer Mary Powell was passing Newburgh this morning a deckhand fell overboard from an upper deck. The steamer was stopped and a boat was launched from the steamer, but the man could not be found.

Sea Island cotton is extensively grown in the Middle Florida, about one-half of the aggregate output of the United States coming from the Peninsular State; that is, Florida produces yearly about 2,000 to 25,000 bales of this valuable variety of cotton.

Wind on the Stomach

A WELL-KNOWN WESTERNER TELLS OF SUFFERING, MISERY AND PAIN THAT HE CURED WITH "NERVILINE."

"A few weeks ago I ate some green vegetables and some fruit that was not quite ripe. It first brought on a fit of indigestion, but unfortunately it developed into hiccups, accompanied by nausea and cramps. It was dreadfully ill for two days—my head ached and throbbled; I belched gas continually, and I was unable to sleep at night. A neighbor happened in to see me and urged me to try Nerviline. Well, I wouldn't have believed that any preparation could help so quickly. I took half a teaspoonful of Nerviline in hot sweetened water, and my stomach felt better at once. I used Nerviline several times, and was completely restored."

The above is from a letter written by G. E. Braun, a well-known stock-purser and farmer, near Leithbridge, Alta. Mr. Braun's favorable opinion of the high merit of Nerviline is shared by thousands of Canadians who have proved Nerviline is simply a marvel for cramps, diarrhoea, flatulence, nausea and stomach disorders. Safe to use, guaranteed to cure—you can make no mistake in keeping Nerviline for your family remedy. Large 25c. bottles; five for \$1. Sold everywhere, or the Cattrathorne Company, Kingston, Ont.

EXTRAORDINARY HAIR TONIC

IT WON'T GROW HAIR ON BALD HEADS.

Unlike all other hair restorers, Parisian Sage won't grow hair on bald heads. Neither will it grow hair on china eggs, door knobs or hitching posts.

One claim is about as sensible as the other. If your head is bald and you want to cover it with hair, get a wig.

Parisian Sage, the quick-acting hair rejuvenator, is of no use to bald-headed people; but for people who have thin hair, falling hair and dandruff, and where the bald spot is just beginning to show, there is nothing in this world that will give such satisfactory results as Parisian Sage.

Parisian Sage is guaranteed by W. T. Strong to drive out dandruff and stop falling hair in two weeks, or money back. It stops itching scalp in two days, and keeps the scalp cool and free from odors in warm weather.

There is nothing on earth that will so quickly turn dull, faded hair into lustrous and luxuriant hair as Parisian Sage.

Try a bottle of Parisian Sage at W. T. Strong's risk. Use it for a week, and you will have no use for the ordinary tonics. Parisian Sage is delightfully perfumed, free from grease and stickiness, and a large bottle costs but 50 cents. The girl with the auburn hair is on every bottle.

MONDAY PROBS:
Local Thunderstorms.

SMALLMAN & INGRAM LIMITED

DUNDAS AND RICHMOND STREETS.

Tomorrow, Sale of Soiled Garments ---Waists and Skirts

All this season's, and include almost every line in our ready-to-wear section. Our entire stock has been sorted, and every garment showing the least sign of handling or in any way soiled or mussed, has been laid out for tomorrow's sale.

This is the chance of the season—Your opportunity to buy the latest style garments at about half their value.

LADIES' TAILORED WAISTS OF LINEN, PERCALE AND VESTING. Also **LINGERIE WAISTS OF LAWN, MULL AND ORGANDIE**, trimmed with lace and embroidery. The very newest styles. Note the reductions:

16 regular \$1.00 Waists for..... 68¢	30 regular \$2.50 to \$3.00 Waists for \$1.78
27 regular \$1.50 Waists for..... 98¢	17 regular \$3.25 to \$4.00 Waists for \$2.18
34 regular \$1.85 and \$2.00 Waists.. \$1.28	5 regular \$4.50 to \$5.50 Waists for \$3.28

Ladies' Soiled Wash Skirts

In Lawn, Indian Head and Repp, gored styles, with folds and buttoned through front with pearl buttons. New and pretty styles, but through handling have become slightly soiled. Regular prices, \$1.35, \$1.75, \$2.00, \$2.25 and \$2.95, for **88¢, \$1.28 and \$1.78** each.

Also one table from our Soiled Whitewear Sale. These have been condensed on one table, there being but a few of each left. The garments are only slightly soiled, but the prices are almost half.

TOMORROW ON THE THIRD FLOOR FOR THE ABOVE.

Other Special Sales This Week

SECOND FLOOR.	FIRST FLOOR.
Colored Dress Muslins at Half. 15c, 25c and 50c Muslins for, 7½¢, 12½¢ and 25¢ per yard.	All Fancy Parasols at half and about half-price. \$1.50 to \$2.00 Parasols, 75¢ to \$4.50 each.

ANOTHER BLACK DRESS GOODS OPPORTUNITY

Priestley's Mohairs and Sicilians, 50c, 75c and 85c Qualities for 35c, 49c and 59c Yard

Two pieces Stripe Mohair, 44-inch, regular 50c, to clear at**35¢**
Two pieces Stripe Mohair, 46-inch, regular 85c, to clear at**59¢**

These are bright, Silk-Finished Mohairs, in new and popular stripe effects for summer suit or odd skirt. The cheaper line has been popular also for bathing suits. Only a limited quantity. While they last, **35¢ and 59¢** yard.

75c Sicilian for 49c Yard

125 yards Priestley's Sicilian Pure Mohair and extra quality—the balance of the season's stock. Here is your chance for an odd skirt or a Long-Coat Summer Suit. All new, fresh stock this season. 46 inches wide. Tomorrow, to clear at, per yard**49¢**

THE EASTERN ROCKIES AS FOREST RESERVE

Government Will Be Asked to Keep It for Purposes of Irrigation.

Winnipeg, Aug. 8.—The Western Canada Irrigation Convention closed Saturday, and will be held next year at Kamloops. Interesting papers were given by R. H. Campbell of the Department of the Interior, Ottawa, on "The Relations Between Irrigation and Forestry," and C. W. Peterson of Calgary, on "The Place of Irrigation in Sub-humid Districts."

Prof. H. W. Campbell, known as "Dry Farming Campbell," also addressed the convention, and cleared away some erroneous ideas regarding the system of soil culture. The convention passed several important resolutions. One authorized a permanent secretary. The governments of Alberta and British Columbia were asked to issue bulletins regarding irrigation, as is done by the Department of Agriculture of the United States. Another resolution called for placing the responsibility for noxious weeds along irrigation ditches on those responsible for the maintenance of the ditches. The fourth called for instruction in the practice and science of irrigation experts on agricultural institute staffs.

The government will be asked to set aside the whole of the eastern slope of the Rocky Mountains for a forest preserve in order to save the rivers of Alberta.

The convention urged that the government and irrigation companies come to a working arrangement for the construction of bridges over the ditches while the case is being settled in the courts. A resolution to the effect that Agricultural College of Alberta should be located at a point where the necessary area of irrigable land can be included in the college farm, in order that the students may be given instruction in the practice and theory of artificial application of water to crops, was passed unanimously. The British Columbia Government will be urged to establish an agricultural college as soon as possible.

Mr. A. M. Grace, Chief Engineer of the South Alberta Land Company, gave an address on the irrigation projects of the company.

The following officers were elected: Hon. president, president, Hon. J. F. Fulton; first vice-president, J. S. Dennis; second vice-president, A. M. Grace; treasurer, C. W. Hallam, Kamloops. Executive Committee—W. C. Richard, R. B. Bennett, W. H. Fairfield, J. T. Robinson, E. B. Knight, E. Meighen, C. W. Peterson. A permanent secretary will be appointed by the Executive.

This morning the delegates were taken on a special train over the big bridge and out to the Experimental Farm.

CIGARETTE SMOKING GREATLY FALLEN OFF

Decline Due Largely to Legislation Put Through by the Government.

Ottawa, Aug. 8.—There were thirty million less cigarettes smoked in Canada last year than the year before. The decline is held to be entirely among boys of sixteen years or under, and to be entirely due to the restrictive legislation put through Parliament by the Government during the session of 1935. It is believed that the law actually prevented the smoking of from forty to fifty million cigarettes by the boys of the country, as the consumption was increasing, and if it had not been for the law there would have been an increase of from ten to twenty millions instead of a decline of thirty millions. This is a fair assumption, as the consumption was increasing more and more each year, and during the six years prior to 1935 the increase amounted to over seventy-five millions.

The total consumption of cigarettes last year was about three hundred and seventy millions. There were three hundred and fifty-six and three-quarter millions of domestic cigarettes consumed, or a decrease of twenty-eight millions, and there were twelve and three-quarter millions of imported cigarettes smoked, a decrease of about two millions.

The results are more impressive when it is remembered that the law was in force for only eight months of the year. It became effective on July 29, 1935, and the year closed for statistical purposes on March 31, 1936.

The law is rather drastic. It forbids the sale or gift of cigarettes or cigarette material to boys of sixteen or less under penalties of from ten to a hundred dollars. It requires police to seize cigarettes or any form of tobacco in possession of any boy in a public place. It makes boys liable to penalties of from one to four dollars for having possession of cigarettes or tobacco in public places, and it compels them to tell where they get their smoking material under penalty of contempt of court for refusing to do so.

When the law was enacted it was declared by extremists that it would be absolutely ineffective and that the only way to prevent the smoking of cigarettes would be to prohibit the importation, manufacture and sale of all cigarettes in Canada.

While out driving in a motor car at Lishon on Sunday King Manuel and Queen Amelia came upon a badly injured cyclist, who had fallen from his machine. They conveyed him to one of the Lishon hospitals in their car, and after his wounds had been dressed motored him home.

SWIMMING CARNIVAL

Results of the Championship Races at Hamilton.

Hamilton, Aug. 7.—About two thousand people turned out to see the swimming carnival held at Hamilton beach this afternoon, under the auspices of the Canadian Swimming Association. The weather was ideal, and a splendid programme of sports was provided. Swimmers from all parts of the Dominion took part in the events. The results:

100 yards, open—E. O. Bath, Oakville Swimming Club; 1. A. H. Field, Toronto Swimming Club; 2. R. M. Zimmerman, Montreal Swimming Club; 3. Time, 1:17.5.

One mile, championship of Canada—E. E. Lockhart, Toronto Swimming Club; 1. J. Kerry, Montreal A. A.; 2. T. Atkinson, Toronto Swimming Club; 3. Time, 20:28.

50 yards, open—R. M. Zimmerman, Montreal; 1. E. Collier, Toronto Swimming Club; 2. E. O. Bath, Oakville; 3. Time, 27:3.5.

Long distance plunge—H. Lazier, Hamilton.

The death is announced of the Rev. Dr. W. S. Swaine, a native of Glasgow, formerly moderator of the Presbyterian Churches of Australia and pastor of St. Paul's Presbyterian Church, Brisbane, Queensland.

Sydney is going to build a new parliament house. The present edifice—a collection of unadorned ramshackle shacks—is nearly a century old, and was originally erected as a primitive hospital.

STARVATION TREATMENT A FAILURE

THE SENSIBLE CURE FOR INDIGESTION IS "LITTLE DIGESTERS."

Probably because the taking of food causes such intense discomfort, many dyspeptics think that by abstaining from this and that—practically starving themselves—they can cure the trouble.

Of course, where indigestion is caused by sheer gluttony, cutting down the food would no doubt do good. But in most cases indigestion is caused, not by over-eating, but by lack of physical exercise, and consequent lack of vigor in the organs of digestion. Partial starvation still further impairs the bodily vigor, and makes the trouble worse.

The dyspeptic needs plenty of good, wholesome food. He can eat it, and DIGEST IT, TOO, if he takes a "Little Digester" after each meal. "Little Digesters" help the weakened stomach to do properly that which it cannot do alone—digest and assimilate the food needed to build up the system.

At your druggist's, or by mail from the Coleman Medicine Company, Toronto, for 25 cents a box.