

FACTS ABOUT HEALTH

It is Easy to Keep Well if We Know How—Some of the Conditions Necessary to Perfect Health.

The importance of maintaining good health is easily understood, and it is really a simple matter if we take a correct view of the conditions required. In perfect health the stomach promptly digests food, and thus prepares nourishment. The blood is employed to carry this nourishment to the organs, nerves, muscles and tissues which need it. The first great essential for good health, therefore, is pure, rich blood. Now it is certainly a fact that no medicine has been known to cure a blood disease as Hood's Sarsaparilla. It is literally true that there are hundreds of people alive and well today who would have been in their graves had they not taken Hood's Sarsaparilla. It is depended upon as a family medicine and general regulator of the system by tens of thousands of people. This is because Hood's Sarsaparilla makes the blood pure. This is the secret of its great success. Keep your system in good health by keeping your blood pure with Hood's Sarsaparilla, which absolutely cures when other medicines fail to do any good whatever.

Hood's Pills are the only pills to take with Hood's Sarsaparilla.

MARKETS TODAY

Local Market.

Wheat, white fall, per bu.	84c to 87c
Wheat, red fall, per bu.	84c to 87c
Wheat, spring, per bu.	84c to 87c
Peas, per bu.	35c to 37c
Corn, per bu.	35c to 37c
Barley, per bu.	35c to 37c
Rye, per bu.	35c to 37c
Beans, per bu.	40c to 42c

The attendance today was quite large; general values were steady, the principal changes being easier wheat and oats; firmer butter, lower gooseberries; stronger prices for strawberries, and about 10c off on potatoes. Trade in all other lines was steady and practically unchanged, and the volume of business done was quite satisfactory. The following list shows today's general prices:

Wheat, white fall, per 100 lbs.	1.40
Wheat, red fall, per 100 lbs.	1.40
Wheat, spring, per 100 lbs.	1.40
Oats, per 100 lbs.	85
Peas, per 100 lbs.	85
Corn, per 100 lbs.	85
Barley, per 100 lbs.	85
Rye, per 100 lbs.	85
Beans, per 100 lbs.	85
Backwash, per 100 lbs.	85

Honey, comb.	9
Honey, extracted.	9
Eggs, single.	11
Eggs, fresh, basket, dozen.	10 1/2
Eggs, fresh, store, doz.	9 1/2
Butter, per lb.	15
Butter, pound rolls, doz.	15
Butter, lb. large rolls or crocks.	12
Butter, per lb. tubs or firkins.	12
Lard, per lb.	9
Chickens, per pair.	50
Ducks, per pair.	40
Turkeys, per lb.	10
Geese, per lb.	0

Young pigs, per pair.	3.00
Cows, each.	20.00
Beef, per lb.	25
Pigs, young, per pair.	3.00
Hogs, per 100 lbs.	3.00
Cows, per 100 lbs.	3.00
Ducks, per pair.	40
Chickens, per pair.	50
Hens, per pair.	30

Hay, per ton.	6.00
Straw, per ton.	2.00
Clover seed, per lb.	0.00
Alfalfa seed, per lb.	0.00
Guano, per lb.	0.00
Manure, per lb.	0.00

Beef, quarters, per lb.	4 1/2
Mutton, quarters, per lb.	4 1/2
Veal, quarters, per lb.	4 1/2
Lamb, quarters, per lb.	4 1/2
Dressed hogs, 100 lbs. light.	6.00
Dressed hogs, 100 lbs. heavy.	5.50
Hides, No. 1, per lb.	7 1/2
Hides, No. 2, per lb.	7 1/2
Hides, No. 3, per lb.	7 1/2
Calveskins, green.	0
Calveskins, dry.	0
Wool, unwashed.	10
Wool, washed.	10
Sheepskins, each.	50
Lambskins.	15

LAND PLASTER

FOR SALE AT
A. M. Hamilton & Son's
378 Talbot St. Opp. Market Square.

Oil Markets.

PETROLIA, June 18.—Oil opened and closed at \$1.40.
PITTSBURGH, Pa., June 18.—Oil closed 85c.

Chicago Exchange.

Following are the fluctuations of the Chicago Board of Trade furnished by F. H. Butler, broker, Masonic Temple, Phone 1,278.

Wheat—July	74	72 1/2	72 1/2
Sept.	65 1/2	65 1/2	65 1/2
Nov.	65 1/2	65 1/2	65 1/2
Jan.	65 1/2	65 1/2	65 1/2
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