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Always Bears the Signature of *Dr. J. C. Hutchins*

In Use For Over Thirty Years

CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

EASTERN STEAMSHIP LINES, Inc.

INTERNATIONAL LINE

S. S. GOVERNOR DINGLEY will leave St. John every Wednesday at 8 a. m. and every Saturday at 6 p. m. (Atlantic Time) for Boston.

Wednesday trips are via Eastport and Lubec, due Boston about 10 a. m. Thursday trips are to Boston direct, due Sunday about 2 p. m.

RETURN—Leave Boston Mondays and Fridays at 10 a. m. (Daylight Saving Time) for Eastport, Lubec and St. John.

FARE \$10.00 STATEROOMS \$5 00

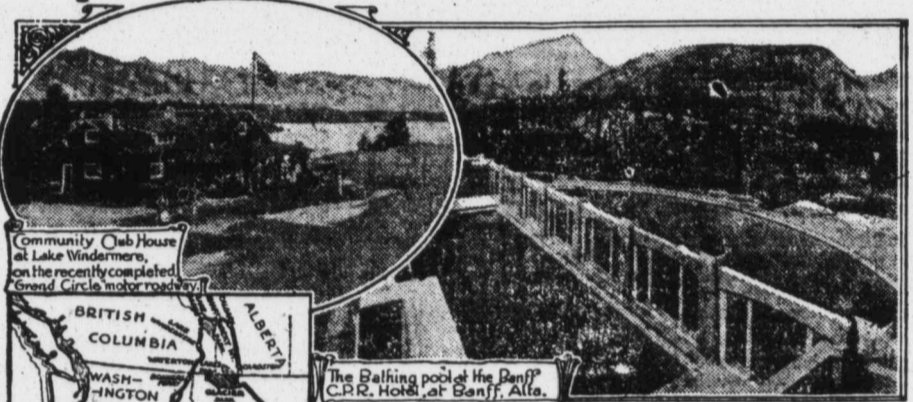
At Boston connection is made via the Metropolitan Line express freight and passenger steamers for New York and points South and West.

For staterooms, rates and additional information, apply to A. C. CURRIE, Agent ST. JOHN, N. B.

Advertise in The Advocate

THE GRAND CIRCLE MOTOR TOUR

A Wonderful Trip for Motorists That Take In All the Glories of the Pacific Coast From Banff South to Los Angeles.



SLENDER blue ribbon of trail, 5,000 miles long, threading together the ten finest scenic jewels of the western continent—that is what western motor maps will show by the end of the coming summer. It is called "Grand Circle Tour" and it will offer the most wonderful variety of natural scenery accessible by motor road in the world. One last link in the chain, only a few miles now in length, remains to be completed. Then the road will be open to the motorists of the continent. This unfinished section, from the Vermilion summit near Banff, Alberta, in the Canadian Pacific Rockies, down to the Columbia Valley, will, Canadian Government engineers say, be ready for traffic by September next. All that remains to be done is the grading and widening of the unfinished portion of the road. Then the great loop, dream of a few far-seeing men, will be completed, and the stream of tourists may flow along this unparalleled motor highway.

What will it mean? It will mean that the motorists may start at Cal-

gary, Alberta—as this is a loop highway, of course, start at any other point on it he desires—travel west through the grassy foothills to the great front door of the Rockies which is, incidentally, the gateway to the Banff National Park. At Banff, where there is already a motor campsite as well as several good hotels, he may linger to bathe in the radium hot springs, play golf among the clouds or fish in some of the numerous well stocked lakes or streams of the locality. From Banff the road proceeds westward to Castle, thence by a short detour to the wonderful Lake Louise region and on to Moraine Lake and the rugged sublimity of the Valley of the Ten Peaks. Returning, it climbs by easy grades to the Vermilion Pass, 5,264 feet, then drops down to the Columbia Valley through the Kootenay National Park to Lake Windermere and the village of Invermere on its shore.

Every mile of the way through the Canadian Parks has been built with an eye to easy travelling and scenic grandeur. Giant peaks, often helmeted with a snow cap centuries old, guard the way. Deer, wild sheep, elk and goat may be seen feeding fearlessly on the slopes and practically every valley holds a blue lake stocked with trout. From the Divide the road runs through hitherto unopened country, which is one of the richest both in scenery and big game in the Rockies. From Invermere it drops south, skirts the beautiful Windermere and Columbia Lakes, the latter source of the mighty Columbia River, through deep-shaded forests to the International Boundary which it cuts just north of Metairie, Washington. From Bonner's Ferry it swings south over excellently con-

structed roads through Spokane, Walla Walla, and Pendleton, where it links up with the Columbia Highway from Portland. Then it drops down past the eastern entrance to Crater Lake National Park, to San Francisco and on to Los Angeles.

From this point a short detour will allow the motorist to see the famous Yosemite as well as Grand Park and Sequoia Park, the home of the giant redwoods. Then, travelling east, he may visit the Grand Canyon and proceed north via Salt Lake City to the Yellowstone Park. From Yellowstone one day's journey will take him north to the United States Glacier National Park and less than two hours more to the International Boundary. Following the trail to Cardston, he may make a short detour to Waterton Lakes Park in Southern Alberta, thus completing his tenth National Park.

Thousands of motorists, it is expected will follow this scenic highway as soon as it is thrown open. American motorists will want to come north to see the glories of the Rockies; Canadian motorists will want to see beautiful California and the wonders of the Grand Canyon and the Yellowstone. This will mean an international exchange of money as important as many an industry, as well as increased international good will.

The new road also opens up an all Canadian circle tour, via Banff, Lake Windermere, the Columbia Valley and returning over the Crow's Nest Pass to the prairies. This will afford a 600 mile trip for Canadian motorists through the heart of the most wonderful scenery in the Rockies, in which for the whole distance the tourist will either be among or in full sight of the snowpeaks,

To Prevent Accidents

Under the above caption, H. Adlington Bruce says: It is welcome news that a national organization has been formed, with headquarters in New York City, having as its main objective popular education in ways and means of preventing accidents. Already education and the application of safety devices have done much to lessen the number of accidents in the field of industry. But the general accident toll remains as high as ever and in some particulars is steadily rising.

Automobile accidents, for example, have increased tenfold during the past decade. And while it may be deemed not at all surprising that the rapidly increasing use of automobiles should be accompanied by an accident increase, the fact remains that most automobile accidents are eminently preventable.

In the main, to put it frankly, they are due to careless, absentmindedness, and wilful neglect. These factors, it may be added, figure more largely in accident causation in general than most people suspect.

Even in the industrial field, it has been definitely established, the introduction of safety devices must be accompanied by systematic education of the workers if worthwhile results are to be obtained. Some figures made public by a large steel corporation bear illuminating on this point.

The corporation was a pioneer in safety work. It made large expenditures in the installing of devices to protect against accidents, and it obtained a gratifying reduction in the accident rate among its employees.

But when it came to analyze this reduction it found that not more than 17 1/2 per cent could be attributed to the mechanical appliances installed, as compared with 20 per cent attributable to the organization of safety committees and 30 per cent to education of the workers.

Similar results would doubtless be

reported by other corporations were they likewise to analyze the factors in accident reduction in their plants. Always an augmenting of knowledge and instilling of prudence, and an awakening of conscience count for most in the saving of life and limb.

Hence the wisdom of the new national society's decision to concentrate on anti-accident education of the public. As announced by its founders, who include a number of well-known medical men in New York, Boston, and elsewhere:

"The society will study the mental and physical causes of all kinds of accidents and the various ways and means of avoiding them, and will spread this knowledge through its members and through the various channels of nation-wide publicity, including the press, screen and radio."

"A STITCH IN TIME"

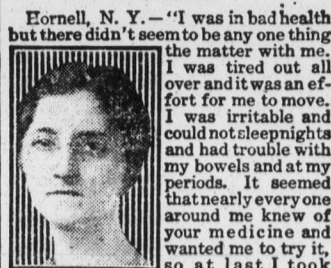
It is to be hoped that holiday makers, wherever they are lucky enough to be this year, will hear the warning that has been noised about in regard to forest fires. The whole countryside in many Provinces lies in danger of fire, and the Quebec Government, taking serious notice has accordingly issued an emergency order-in-council, closing the forests of this Province to anyone not in possession of a permit. Carelessness has been responsible for many serious outbreaks of fire, hence the new strictness. A spark is enough to start a blaze at any time, which in a few hours will lay waste a great part of country. Most people are continually reminded of this when forest fire devastation is announced. Every match and cigarette that is thrown away should be carefully "stamped out." A single case of neglect may cause thousands of dollars worth of damage. There is another point of view which must be considered, and that is—the place destroyed which held so much charm and beauties, becomes derelict not long after.

Forests cannot be replaced in a twinkling. Those who think for a moment will surely take into consideration the dangers and losses arising from such unfortunate happenings. In ninety-nine cases out of a hundred, the individual responsible for starting a fire is not any more callous nor more stupid than other people. He is thoughtless, and "evil is wrought by want of thought as well as by want of heart." City and town dwellers have the habit of throwing away matches and cigarettes, replying upon their dying out without damage, and that in due course the street cleaners will remove them. But very frequently serious damage accrues through this self-same want of thought. Holiday makers from the cities, when they go to the country should, therefore, practice carefulness in the common interest—and for the welfare and sake of the community generally.

Not only should smokers be very careful to watch their own faults in this direction, but they should also keep a watchful eye on other offenders. The forests and some parts of the countryside are highly combustible, save in those too frequent and extensive patches which have already been burnt black. The appeal now issued has a wide significance. Absent mindedness by good folk who would never dream of causing their neighbor a moment's inconvenience or unhappiness is frequently responsible for serious consequences. It is too bad that the forests should be devastated by fires as their conservation should be an aim and honor with all those who are interested in Canada. If offenders defile the forests maliciously, then they should not only be ostracized by the community at large and put outside the pale of good feeling, but they should also be made

NOW DO MY WORK WITH EASE

Because Lydia E. Pinkham's Vegetable Compound Restored My Health



Hornell, N. Y.—"I was in bad health but there didn't seem to be any one thing the matter with me. I was tired out all over and it was an effort for me to move. I was irritable and could not sleep nights and had trouble with my bowels and at my periods. It seemed that nearly every one around me knew of your medicine and wanted me to try it, so at last I took Lydia E. Pinkham's Vegetable Compound Tablets and Lydia E. Pinkham's Blood Medicine and improved every day. I do all my own work now except the washing and do it with ease. I can accomplish as much in a day now as it would have taken me a week to do last winter and I try to get every one I know to take your medicine to build them up. You are welcome to use this letter as a testimonial if you like."—Mrs. CHAS. BAKER, 21 Spencer Ave., Hornell, N. Y.

In almost every neighborhood there are women who know of the value of Lydia E. Pinkham's Vegetable Compound. They know because they have taken it and have been helped. Why don't you give it a trial?

to very materially suffer for their wrong doings.

The closing of the forests is a necessary precaution to at least check the fire menace and thus minimize the dreadful losses incurred by fires, which last year alone amounted to \$11,000,000 representing 800,000 acres. The drought and other conditions this year make conditions favorable for the spread of an outbreak. Gruesome and dangerous relics of previous fires bear testimony to the necessity of a concerted effort on the part of the citizenry to, in as far as possible and practicable, take steps to avoid a recurrence of any regrettable outbreaks. "Closing the forests" is one drastic method helpful towards prevention—Montreal Gazette.

Deutschland Has Been Sold

Liverpool, July 18—The former German super-submarine Deutschland has been sold at Kellock's saleroom, Liverpool, for £200 to Messrs. Robert Smith and Sons, Birkenhead. She will be dismantled and sold as scrap.

The Deutschland ran the blockade during the war and made two commercial voyages to the United States.



The Standard Remedy for HAY-FEVER and ASTHMA. Sold by all good Druggists. For Free Trial write Templetons, Toronto

QUEBEC SURPLUS OVER \$6,000,000

Liquor Revenue Furnished \$4,974,000

QUEBEC, July 20—The surplus for the province of Quebec is likely to reach over \$6,000,000 for the fiscal year ending on June 30 last. The financial report will be presented to the provincial cabinet on Wednesday next by Hon. Jacob Nicoll, treasurer, as the financial reports from the various departments have now been received and are being compiled.

A record surplus for the department of lands is looked for. There is expected to be a surplus of some \$1,200,000 as well as the liquor commission's surplus of \$4,974,000, swelling the total to over \$6,000,000.

Catarrhal Conditions

Catarrh is a local disease greatly influenced by constitutional conditions. It therefore requires constitutional treatment. HALL'S CATARRH MEDICINE is taken internally and acts through the Blood upon Mucous Surfaces of the System. HALL'S CATARRH MEDICINE gives the patient strength by improving the general health and assist Nature in doing its work.

All Druggists. Circulars free, F. J. Cheney & Co., Toledo, Ohio.

Will Filter The Gold From Wall Street Smoke

New York, July 18—Thousands of dollars worth of gold and silver which now goes up in smoke each year through the stack of the United States Assay Office in Wall street is going to be saved by the Government. An Associated Press dispatch last night stated that work was started yesterday on the installation of the Cottrell electrical precipitation equipment on the ninth floor of the building. Through this equipment there will be recovered suspended particles of precious metal from the gases arising from smelting and refining operations.

The gases which will be treated will pass up flues, provided for the purpose, to the precipitation plant. Superintendent Isaac H. Smith, who has been conducting tests, believes that there will be a saving in the recovery of gold and silver from \$8,000 to \$9,000 a year net. News of the installation of the device will be welcomed by property owners near the Assay Office, who have complained of the gases and smoke arising from the stack. The marble facade of the Stock Exchange and the fronts of other buildings have been blackened by the smoke.

ASTHMA and RAZ-MAH HAY FEVER

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Essential—if the best results are to be obtained from your bakings—

BEAVER FLOUR

Beaver Flour gives to bread a distinctive, delicious, nutlike flavor; and makes pies, cakes and pastry of light, even texture.

The only reason why every Canadian housewife is not using Beaver Flour is—all have not yet tried it.

Use Beaver Flour and note the difference in your bakings.

Sold by your grocer.

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