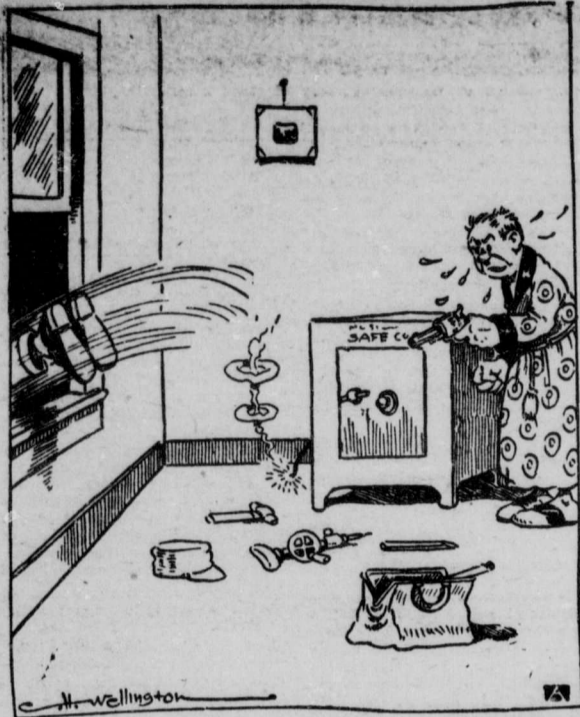


—AND THE WORST IS YET TO COME



About the House

KNOW THE REASON.

Every parent follows with great interest each step of development in their children. Baby's first smile, his first step, the first time he licks "mamma" or "papa" are memories in every mother's and father's life which time cannot efface.

When the child first enters school, this interest in his development naturally follows. But, if the child enters this new period of his life handicapped by defective vision, disastrous consequences are sure to follow. In his class work he is unable to see the work at the board clearly, and in his reading the words become jumbled. By his extra effort to see more plainly, he soon becomes tired, both mentally and physically.

Inattention will be the first impression the teacher will receive of him, and his fellow pupils will soon consider him stupid, dull or lazy. As the child continues to be outclassed in his schoolroom and his playground activities, a reaction detrimental to his progress is evident. He becomes discouraged, sullen and oftentimes rebellious. On the teacher's list he is placed as a stupid child. His parents, if they do not place the blame of his lack of progress with the teacher, try to make amends for this condition by demanding that he do more home study.

This second course may cause even more trouble by creating a greater strain on the child. But in it also lies the means for the solution of the problem. If this home-work is carefully supervised by one or the other of the parents, they are given the opportunity to study the child when he is working, and to discover, if possible, the cause of the trouble.

Because no member of the family has ever worn glasses is no reason to cover up the needs of the children. We would then urge every parent to consider their children's eyes. If there is any reason to suspect that they are having trouble with them, it is a great injustice to fail to have them attended to immediately. Neglect in this, as well as in other cases, is sure to bring disappointment and regret.

HOME MANNERS.

We suppose there never was a mother who was not at some time or other embarrassed by the actions of one of her children away from home. Yet some mothers are continually embarrassed in this manner and will say to the children after taking them home from a visit to relatives or friends, "What made you act that way? Have you no company manners?"

To tell the truth, few children have any "company manners," if such an expression is allowable. They act away from home very much as they are in the habit of acting at home. They have not reached that stage of development where they can smile and bow and say they are having a lovely time when they are bored to death and want to go home. Children are usually honest and outspoken, and it is hard to make them anything else. Also, if they are in the habit of reaching across the table for things at home they are going to do it away from home and howl when their moth-

ers grab them and pull them back into their chairs none too gently. If they say "please" and "thank you" at home they will say it away from home, unless overcome with stage fright; or they will run in front of people without even saying "excuse me," because they have not had this little act of courtesy trained into them.

Children always like to know the why of things and they learn little daily habits of courtesy better if they are told why they are asked to do them. Then little stories are made up or games which help drill the little habits into their consciousness. But above everything else, the example of courtesy and kindness set by mother and father will help.

A POPULAR MASQUERADE COSTUME.



4644. The "Domino" is a simple time honored masquerade "dress," suitable for all figures, and for many materials. One could choose black satin or sateen with the lining in self or a contrasting color.

This Pattern is cut in 4 Sizes: Small, 34-36; Medium, 38-40; Large, 42-44; Extra Large, 46-48 inches bust measure. A Medium size requires 6 1/2 yards of 32-inch material. The width at the foot is 2 yards.

Pattern mailed to any address on receipt of 15c in silver, by the Wilson Publishing Co., 73 West Adelaide St., Toronto. Allow two weeks for receipt of pattern.

A RING PARTY.

Rings can be made the appropriate motif of a party given in honor of a girl friend's engagement. Write the invitations on pretty paper cut out to represent rings. Give the guests as souvenirs little tin rings bearing the names or initials of the engaged couple. Gifts to the guest of honor should be articles such as cookie cut-

ters, moulds, napkin rings or embroidery hoops. Decorate the house with wreaths and serve refreshments, if possible, in the form of rings. Any number of things will suggest themselves to the hostess: salads made of cucumber or tomato rings; beet pickles and French fried potatoes cut in rings; cups made of mashed potatoes or cooked carrots and filled with creamed peas seasoned and all browned in the oven; macaroni ringlets or noodles served in various dishes; sandwiches cut ring-shape or rings of sliced meats; doughnuts; and ice cream in ring moulds.

BROKEN IN HEALTH

After an Attack of Influenza—Health Now Restored.

"I am writing to tell you what Dr. Williams' Pink Pills have done for me," says Mrs. J. H. Oulton, Firdale, Man. "A few years ago I was in a badly rundown condition, so much so that I was subject to fainting spells which would leave me in such a condition that I could hardly go about. Then I was stricken with influenza, which was epidemic at that time, and this still further weakened me, and throughout the whole winter I remained in this condition. I was constantly taking doctor's medicine, but as it did not seem to help me, my mother advised me to try Dr. Williams' Pink Pills, and I got a couple of boxes to start on. When these were done I seemed to feel an improvement and I got a further supply to continue the treatment. I took in all about a dozen boxes, and by that time I was in the best of health and had gained in weight. My faith in Dr. Williams' Pink Pills is now unbounded, and I keep a supply on hand and take them occasionally if I am not feeling quite well. I often recommend them to others, and cannot praise them enough for restoring my health."

Dr. Williams' Pink Pills are useful in all cases where the blood is thin and watery as their mission is to build up and purify the blood. That is why they give new strength and vigor after an attack of influenza, and it is also the reason why they are beneficial in nervous disorders, neuralgia, rheumatism and that condition generally described as all run down.

You can get the pills from your druggist, or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

God Loves Gardens.

God made a garden once, long ago. God loves gardens still, I know.

Loves nasturtium and mignonette; God loves gardens even yet.

He looks on phlox and Canterbury bell, Wistfully, with pride as well.

He says, as garden lovers do, "I had luck with my garden too."  
—Mary Carolyn Davies.

Don't waste life in doubts and fears; spend yourself on the work before you, well assured that the right performance of this hour's duties will be the best preparation for the hours or ages that follow it.—Emerson.

Brook Trout for Sale

Brook trout fry (salmo fontinalis) spawned from wild trout, guaranteed healthy and vigorous. For April delivery, \$6 per thousand, F.O.B. Shelburne. No orders accepted for less than 5,000. Walbridge Brook Trout Hatchery, Horning's Mills, Dufferin County, Ontario. Shelburne station. L. C. A. Brother, proprietor.



\$15.00 Buys this Griffith Team Outfit

(\$16 west of Fort William)

Comprising Giant Rope Traces, Giant Voke Ropes, Harness, Horse Straps, Fly, Pads, Belly Bands and Billots, Complete for 2 Horses.

CAN you beat it? The whole business end of a team harness at a price that makes it a real economy! Actual service tests have proved beyond question that rope wears evenly and is as strong as leather. Farmers everywhere are buying the Griffith Team Outfit a great boon, in the face of the steadily increasing price of leather.

Order as Quoted Below. Price \$15 (or \$16 west of Fort William). Griffith's Giant Rope Traces only, per set of four, with feel, \$4 (or \$5.00 west of Fort William).

Griffith's Giant Voke Ropes, to replace leather rope straps, set a complete with snags and slides, \$1.50 per pair (or \$1.75 west of Fort William). If your dealer can't supply you, order direct. Write for booklet.

88 Waterloo St. Stratford, Ont.

53-D

RED ROSE For COFFEE particular people- Roasted and packed same day in airtight cans

HEALTH EDUCATION

BY DR. J. J. MIDDLETON  
Provincial Board of Health, Ontario

Dr. Middleton will be glad to answer questions on Public Health matters through this column. Address him at Spadina House, Spadina Crescent, Toronto.

Prenatal and child welfare work, systematically carried on, brings satisfactory results. There has just come to hand a report presented by Mr. John G. Gebhard of the New York Association for Improving the Condition of the Poor, on the work of the association at its Mulberry Bend Health Centre. Nothing so elaborate has as yet been attempted in this province, but the following account of the results of a five years' demonstration, shows what can be accomplished anywhere by persistent and consistent efforts:

"In a congested Italian district with a population of 35,000, for the last three years 80 per cent. of all the new births have had the benefit of the Health Centre Service. In those cases where the mothers have received prenatal and one month of postnatal care, miscarriage and deaths under one month have been reduced from the average rate (three years period) of 31.7 per thousand births to 24.8.

Sixty per cent. of the children now examined are of the pre-school children studied, bad food habits were reduced from an average of 5.5 to 1.8 per child, and bad health habits were reduced from 3.2 to 1.2 per child. This, Mr. Gebhard points out, is much

more convincing evidence of the value of the educational work with the children than is the record of the actual gains in weight over and above the expected gains. The demand for milk from one dealer alone in the district increased 81 per cent.

A careful study of the defects among children of preschool age showed a high incidence of rickets among babies. This resulted in a campaign for the prevention of rickets in babies, which is being carried on by the City Health Department in co-operation with the Association and which promises to be most effective.

The percentage of school children needing no dental work has increased in three years from 10.7 to 36.0; and the percentage of those who, in the judgment of the supervising dentist, give evidence of having kept their mouths clean has increased 100 per cent.

The service of the Health Centre has included a study of the vital statistics of the district for a five-year period, and this has shown the Association definite lines of health work needed among its people. This includes work for a reduction of the alarming mortality from pneumonia among the children and from tuberculosis among the adults.

Unfortunate Man!

It used to be common for Englishmen who have trouble with their "altches" to own costly mansions, but the war has changed all that along with much else—which makes the following story credible:

Two Americans met at a London garden party. Said the first, "To look at that Englishman you'd think he was a tramp, wouldn't you?"

"Well, I know for a fact that he hasn't a place he can call home," replied the second dryly.

"Nonsense! Why, his mansion in London is—"

"Sumptuous, you were going to say! Yes, but he calls it 'ome.'"

What is success? It is achievement. How do we measure it? By the benefits that it confers. Wealth is not necessarily the measure of it, for a man may be successful and never rich, or he may be rich and full of success. True success is measured not by dollars but by service, and health, character, education and industry are the foundation stones upon which it rises.

"If a man's religion brings him no fresh revelation, no sense of discovery, it is high passing away."

CHEVROLET

Brings Motoring Enjoyment to Every Canadian

HOW great the service done for the Canadian People by Chevrolet cannot be estimated. How great the benefits it has brought to them is beyond human ability to reckon.

It has provided them, at a cost unequalled in motordom, with a means to speed up business, to increase wealth, to better health, to bring friends closer and to open up every part of the whole country to every Canadian.

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Chevrolet cars are built in Canada by Canadian workmen. Every dollar you pay not only buys a good-looking, comfortable car, but helps build up a strong Canadian industry.

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