Saint Nicephorus.

INTEGRITY OF THE FAITH.—There are not in the Christian faith any articles which it is permissible to accept or reject according to one's own good pleasure; all are equally holy and equally true. Faith teaches that it is good to hold in reverence the images of the saints; and this article of belief, apparently so little important, has been upheld by martyrs. Nicephorus, elected patriarch of Constantinople in So6, despite his opposition, furnishes us with a striking example. The emperor Nicephorus, who had been instrumental in bringing about this election, was not mistaken in the estimate he had made of his former secretary. On the emperor mistaken in the estimate he had made of his former secretary. On the emperor Leo the Armenian succeeding to Nicephorus, he renewed the persecution in the matter of images, but found on the part of the patriarch an amount of resistance as unbending as it was determined. Unable to conquer him, he banished him to a monastery, where the saintly old man spent fourteen years, accounting himself happy to suffer this long disgrace for the sake of religion. He there died in 828, after having composed several works in after having composed several works in defence of the faith. The Greeks cele-brate his festival on the 2nd of June, and the Latin Church on the 13th of March.

MORAL REFLECTION.-How shall w venture to cavil at the Faith, when St. renture to cavif at the Faith, when St. Paul himself proclaimed that he had received the apostleship not for the control of, but for obedience to the Faith?—(Rom. i. 5.)

#### Saint Matilda.

GOOD WORKS .- St. Matilda, queen of Germany, seemed to have borrowed from the royal authority only the power of doing good. Open-handed and munifi-cent, after the manner of saints, she knew no other limit to her bounty to the poor than that of the revenues placed at her disposal by her husband Henry, surnamed "the Fowler." She did not deem it unaing the dignity of the throne to go her royal hands to minister to the wounds of the sick. Abounding in gentleness and charity towards the servants of the palace, like a very mother in the midst of her family, she instructed some in the knowledge of the truths of religion, and aided others in the accomplishment of their duties. While bearing herself worthily and with majesty in the midst of the great, she showed herself ever benignant and gentle with the lowly, and pious and humble in the family circle. Having become a widow, her ungrateful sons despoiled her of everything. On her possessions being restored, she applied them as she had heretofore done. She died in 968, in a convent to which she had

MORAL REFLECTION .- "Therefore, whilst we have time," says the great apostle, "let us work good to all men, but especially to those who are of the household of the faith."—(Gal. vi. 10.)

#### Saint Longinus.

Love your Enemies.—The evangelical precept the most difficult, perhaps, to observe, is that which prescribes to us to do good in return for evil and to love those that hate us. Our Saviour having given us, however, the example simultaneously with the precept and vouchsafing to us the grace which renders the precept possible, there remains no excuse for our not accomplishing it. This admirable example did not fail to produce able example did not fail to produce speedy fruits, for one of the Roman soldiers present at the time of His suffersoldiers present at the cried out while he saw the Saviour expire, "Verily, this was the Son of God," while others believe it was the guard who pierced His side with a lance, and on whom the name of Longinus, probably in mere ignorance of his right name, has been conferred—was converted, and began to announce the Gospel. On learning this, Pilate caused him to be arrested in Cappadocia. Now Longinus, knowing by revelation what the soldiers who were seeking him intended, received them into his house, acted towards them as one does with friends, and ultimately discovered to them who he was. They decapitated him without further ado.

MORAL REFLECTION.—Behold the some seeking him calls for no comies, do good to some seeking him to see and converse with her some him to see and converse with the presence of an eminent Christian Bishop, and entreated him to see and converse with her some him to see hi

#### "PREACHING CHRIST" IN A POPISH CATHEDRAL.

A Nonconformist contemporary publishes the following account written by a young English lady—of what denomination is not stated—of a sermon at High Mass at the Cathedral at Barcelona:

Sunday, intending afterwards to go to the English service, but curiously enough we

tillas. When the preacher began all stood up, and for forty minutes stood motion-less, listening as I think I never saw men now in our lives, and is to have hereafter. Then came a description of the sins of the world, the awful nature of sin, the great need of repentance and confession.

earnestness and fire, so as to touch people's hearts as well their heads. Such a man as this priest must carry a blessing to the people, even if there are coverings that at times hide what is true. We came away feeling that we had indeed met with Christ, though as unexpectedly as the woman of Samaria, when she went to draw water at the well."

Somewhat inconsistently in this connection our contemporary finds it necessary.

somewhat inconsistently in this connection our contemporary finds it necessary to describe Spain as a "land of priestly misrule." That "preaching the Gospel" is not a Catholic practice is one of the myths on which Protestantism rests; but myths on which Protestantism rests; but it is not necessary to travel so far as Spain in order to discover that the Protestant view of our clergy and their doings is founded on an ignorance which might be easily overcome by a little inquiry and observation. How many of those who glibly denounce the Catholic Church—even among "advanced" Anglicans—have ever read a Catholic book, or troubled themselves to ascertain what the teaching and practice of Catholics really is? But and practice of Catholics really is? But experience is not always enough. Even the preacher at Barcelona could not convince his Protestant judges that there are not "coverings that at times hide what is true."—London Register.

### SAVED BY PRAYER.

How a Pagan Son Became a Saint Through a Mother's Supplication.

St. Augustine, the famous preacher and St. Augustine, the lamous preacher and one of the fathers of the early Christian Church, was in his youth a profane, dissolute pagan. He had great natural gifts, which had been improved by study and association with learned men; but evil companions and unruly passions and the seduction of city life had led him astray, and he wested much of his time in victors. and he wasted much of his time in riotous and wicked amusements. His dissipation and impiety were the source of constant sorrow to his mother, St. Monica, an ardent Christian, whose prayers and efforts were untiring that her son might embrace the faith she cherished.

During his studies at Carthage, where he learned belles-lettres and eloquence under the most accomplished Greek masters, her letters to him were full of the most pure and touching sentiments, breathing the fondness of a mother with the wisdom of a Christian. With the most fervent language she entreated him to leave off his vicious course and to lead a holy life. These exhortations for a long time had no effect. Augustine himself in his "Confessions," written long after he became a after. With the least. entreaties with impatience, and looked upon them as mere "woman's talk," not

worth regarding.

In the meantime he was winning fame as a scholar and teacher. In the pagan culture of the times he had no superior; but his distinction could not distract his mother's thoughts from the misfortune of his bares.

# his heresy. A REMARKABLE DREAM.

Her sinking hope was sustained by dreams and prodigies. One night she dreamed that while standing on a piece of timber alone and sorrowing, a radiantly dressed youth approached her and tenderly invariant when she went. When she told dressed youth approached her and tenderly inquired why she wept. When she told him that it was for the soul of her guilty son, he bade her to be comforted, for that where she was her Augustine should be.

The next day she related her dream to the young man, but he only laughed at it, telling her if it meant anything, it pointed to the possibility of her adopting his faith some day. "Nay," was her reply, "it was not said to me. 'Where he is you shall be,' but 'Where you are, there he shall be.' "The quickness of her reply and her earnest faith impressed Augustine more than the dream itself; but his heart continued as hard as ever. Nine years longer he resisted all the en-

"We went to the cathedral on Easter from that day felt certain of his ultimate anday, intending afterwards to go to the English service, but curiously enough we were so impressed with what we saw and heard that we remained through the service.

"You must imagine a very fine cathedral, with thousands of people kneeling on the floor, the ladies all in black mantillas. When the preacher began all stood up, and for forty minutes stood motion.

THE TRIUMPH OF GOD'S GRACE.

THE TRIUMPH OF GOD'S GRAC The prayers of his mother still followed him. St. Ambrose, one of the greatest reless, listening as I think I never saw men listen. The preacher had a splendid voice, and I shall never forget the first Spanish sermon I heard. I understood a great deal, which surprised me. He began, in a low deliberate way to speak to the people of their duty to consider Christ as the Way, the Truth, and the Life, on this morning of His Resurrection. Then came a description of the Resurrection, the influence it has had in the world, is having now in our lives, and is to have hereafter. Then came a description of the sins the latter part of his struggle, and her duing his reason to the faith of his child-

Young men and old men, young women and old women, pretty little girls and sturdy little boys, and infants just able to crawl and infants in arms, crowded the pier of the Guion Line Monday morning. They were 350 emigrants who had just landed from the steamship Nevada, and who are on their way to Salt Lake City. They were met by Mr. J. H. Hart, the Utah Emigration Agent in this city in Barter place. Mr. King, secretary to this company of Latter Day Saints, told a reporter that he would be happy to give any information in his power. "I have been missionary to Great Britain," he said, "for two and a half years. I spent sixteen months laboring in Nottingham and was rewarded by 125 converts. During the thirteen months I was in London I made only sixty converts, but then there made only sixty converts, but then there are many others working in the city, while I had Nottingham all to myself. Of the 350 people we have now brought over, 103 are from Denmark, Sweden and Norway, and the remainder are English, Scotch and Welsh. We have not a single Irishmen or woman among them.

In September last I was sent to Ireland, and in the North, which is Protestant and Presbyterian, I found a liberal spirit toward Mormonism; but in the South and West I found it unsafe to preach, so great is the devicion of the second teach. is the devotion of the people to the Roman Catholic faith. I was again called to Ire-land in January, but the political troubles made it inadvisable to go, as Americans were then liable to arrest as suspicious persons on account of their nationality. We have no missions in Ireland—they would be useless. We have now about a hundred elders in England and 250 in Europe altogether.—N. Y. Ex.

#### Onion-Eating.

I know this: An onion is the most vilified and worst traduced esculent there is, and yet it is one of the most delicious to some persons, that the earth produces. There is one thing that it lacks, and that is popularity. I know men who, if they experience the slightest whif of an onion, become so sick that they are in the deepest inscriptly in the services of the state of t est imaginable misery for hours thereafter. What I say is no exaggeration in

On the other hand there are those who are so passionately fond of onions that they would rather eat a mess of onions than to sit down to the finest banquet in

To the traveling man, the onion is the best friend in the world. You can't think of any shape that an onion is not good. Boiled, stewed, fried, baked, fricasseed, Boiled, stewed, fried, baked, fricasseed, e-calloped, roasted, pickled, or raw, they are palatable and delicious. Cooked with potatoes, beefsteak, turkey, or duck they are exceedingly savory.

Just let a fellow banging around the country, disgusted with the fare he receives at out-of-the-way hotels or boarding houses, eat a raw only and see here.

we for your bout next morning, manage to get outside of an onion or two, and see how it will help you.

This herefused to do, telling her that argument would be of no avail, and that the young man would one day discover his error himself. But the unhappy mother still persisted and with many tears besought him to have pity upon her. Wearied at length by her importunity, he exclaimed: "Go, my good woman, persevere as you have begun; it cannot be that the child of so many prayers and tears should perish."

The words struck Monica as a prophecy. She dried her tears and went home, and from that day felt certain of his ultimate and encourages selfishness, that freezes the affections and roughens the manners, and indurates the heart: they brighten the home, deepen love, invigorate exer-tion, infuse courage, and vivify and sus-tain the charities of life.

A few days since, at the Hospice of the Convertendi, founded by Leo X, 1675, Archbishop Sallua, O. P., Commissary-General of the Holy Roman Inquisition, assisted by the Very Rev. Rector and the catechist of the Hospice, received the abcatechist of the Hospice, received the abjuration of a young Saxon converted to the true faith, and conferred upon him the Sacraments of Baptism, Confirmation and the Holy Eucharist. Mgr. Sallua likewise received into the Church and baptized, in the chapel of the Palace of the Holy Office, assisted by Mgr. Macchi, Grand Chamberlain to the Pope, a young American girl named Stricker, brought to a knowledge of the faith by her own researches and reading. Other members of her family will, it is thought, follow her example at no very distant day.

His Past Life, Present Plans, and What He Has to Say Upon a Subject That Astonished Him.

Nearly forty years ago a young man, o nearly forty years ago a young man, or unusual endowments, began to mould public opinion upon a subject of vital im-portance. Like all pioneers, his early efforts were unsuccessful, but his ability and the value of his work soon won public confidence, and to-day there is not a vil-lage or hamlet in the country that has not been influenced by Dr. Dio Lewis. When, therefore, it was learned yesterday that he contemplated the establishment of a large

"It is true I have come to New York to establish a monthly magazine. I have come here for the same reason that I went to Boston 25 years ago. Then Boston was the best platform in the country from which to speak of education. New York has now become most hospitable to progressive thoughts, and especially so to movements on behalf of physical training.

abiding interest of the American people in this subject. They have come to realize that the future of our country pivots upon our physical vitality, and especially upon the vigor of our women.

My new magazine will bear the title 'Dio Lewis's Monthly, and be devoted to Sanitary and Social Science. I hope through its pages to inaugurate a new departure in hygiene."
"Have you not written several books

on the subject ?" "Yes, nine volumes, and some of them like 'Our Girls,' published by the Harpers, have had an enormous circulation, but the best work of my life I shall give the new magazine. Forty years of skirmishing ought to conclude with ten years of organized warfare."

"Doctor, what is the occasion of this new interest in health questions?"
"It has come through suffering, which seems the only road to self-knowledge. The stomach, heart, kidneys or liver fall into trouble, happiness is gone, and then people give attention to their health." "Which of these crgans is most fre-

quently the victim of our errors?" asked the reporter.
"Within the last years diseases of the kidneys have greatly multiplied. When I was engaged in practice, thirty-five and forty years ago, serious disease of the kid-neys was rare, but now distressingly fre-quent and fatal."

"To what do you attribute this great inrease of kidney troubles?" "To the use of stimulating drinks, adul-

erated food and irregular habits of life.' "Doctor, have you any confidence in the remedy of which we hear so much now-adays, "Warner's Safe Cure?"
"I believe in the ounce of prevention, rather than in a ton of cure."
"But have you notified the remarkable."

"But have you noticed the remarkable testimonials of Warner's remedy?"
"I have, and confess that they have puzzled and astonished me. The commenda-

zied and astonished me. The commenda-tions of proprietary medicines usually come from unknown persons residing in back counties. But I see in our most reputable newspapers the warmest praise of War-ner's Safe Cure from College Professors, respectable physicians, and other persons of high intelligence and character. To We think little children the poetry of ne world—the fresh flowers of our hearths Materia Medica have sprung from just Materia Medica have sprung from just such sources. I was so impressed with this cloud of witnesses that I purchased some bottles of Warner's Safe Cure at a neighboring drug store, and analyzed one of them to see if it contained anything poisonous. Then I took three of the prescribed doses at once, and found there was nothing injurious in it. I do not heeitate to say that if I found my kidneys in serious trouble, I should use this remedy, because of the hopelessness of all ordinary treatment, and because when a hundred intelligent and reputable persons unite in intelligent and reputable persons unite in the statement that a certain remedy has

the statement that a certain remedy has cured them of a grave malady, I choose to believe that they speak the truth."

"But as you know, my great interest in life lies in prevention. For forty years I have labored in this field. One of the phases of my work in New England was the establishment of the Ladies' seminary at Lexington, Mass. My aim was to illustrate the presibilities in the above its tratest the presibilities in the above its tratest the seminary. trate the possibilities in the physical training of girls during their school life. This institution became before I left it, the largest and most successful Seminary for young women owned and managed by one person, in our country. I sat down to dinner every day with a family of two hundred persons. The remark-able results of this muscle training among able results of this muscle training among girls, were given in my paper published in the North American Review of December,

"Besides, I established the Normal Institute for Physical Training in Boston, and for ten years was its President and Manager. Dr. Walter Channing, Dr. Thomas Hoskins, Professor Leonard, and others were among its teachers, and more than four hundred persons took its diploma and went out into all parts of the land to teach the new school of gymnastics. And now the years left to me I propose to devote to the magazine which ave come here to establish. It will be a knowledge of the faith by her own research and reading. Other members of her family will, it is thought, follow her example at no very distant day.

How two Southern Generals Meet Next

Jaly.

It is unknown now just what the Cuban planter said when he saw in the newspapers

It is unknown now just what the Cuban planter said when he saw in the newspapers

A VETERAN BENEFACTOR.

# fully demonstrating the principles of hygiene; whose heart has always been in sympathy with the afflicted, and whose brain has ever been active in planning for their relief, are to be given to the public through the pages of a magazine. And it is specially significant and proof positive of rare merit that a proprietary medicine, is specially significant and proof positive of rare merit that a proprietary medicine, even with such high standing as Warner's Safe Cure is known to have, should be endorsed and recommended by a man so able, so reputable and of such national renown as Dr. Dio Lewis.

lage or hamlet in the country that has not been influenced by Dr. Dio Lewis. When, therefore, it was learned yesterday that he contemplated the establishment of a large magazine in this city, the fact was deemed so important that a representative of this paper was commissioned to see him and ascertain the truth of the rumor.

Dr. Dio Lewis is a gentleman of sixty years and two hundred pounds, with snow, white hair and beard, but probably the most perfect picture of health and vigor in the metropolis. He is a living exponent of his teachings, and notwithstanding the amount of work he has already done, promises still greater activity for years to come. He received the interviewer most courteously, and in reply to a question said:

"It is true I have come to New York to establish a monthly magazine. I have come here for the same reason that I went to Boston 25 years ago. Then Boston was the best platform in the country from which to speak of education. New York has now become most hespitable to reduce the purest, best and most valuable family medicine, and it is positive proof that the remedy mist had been tested and proved by the hole world that Hop Butters was the purest, best and most valuable family medicine, and it is positive proof that the remedy mist had been tested and proved by the whole world that Hop Butters was the purest, best and most valuable family medicine, and it is positive proof that the remedy mist had been tested and proved by the whole world that Hop Butters was the purest, best and most valuable family medicine, and it is positive proof that the remedy mist had been tested and proved by the whole world that Hop Butters was the purest, best and most valuable family medicine, and it is positive proof that the remedy mist had been tested and proved by the whole world that Hop Butters was the purest, best and most valuable family medicine, and it is positive proof that the remedy mist had been tested and proved by the whole world had been tested and proved by the whole world had been tested an The Bad and Worthless Touch none of them. Use nothing but genuine Hop Bitters, with a bunch or cluster of green Hops on the white label. Trust nothing et e. Druggists and dealers are warned against dealing in imitations or counterfeits.



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breamble and confession. Lastly, he made an earnest appeal to the Lastly, he made an earnest appeal to the people—oh, so earnest—to come to Christ. He showed God's love to us, Christ's love to us, the joys of holy life, and the terrors of neglecting salvation; and from his own experience spoke as a minister sent by Cod to entreat them to 'haber fe, fe, fe,' fe,' (have faith, faith and the darding the man and women all around us were in tears. Papa where we have prayerless, ungodly shad that merely from watching the man he was so moved that he is determined henceforth to preach the Gospel with more

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E. F. HARRIS.'
River St., Buckland, Mass., May 13, 1882.

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