Arways Ready: Just Add Hot Water.



A chafing dish, alcohol iamp, the gas jet, or the kitchen stove will quickly supply boiling water. 14 teaspoonful of Armour's Extract of Beef (it requires a teaspoonful of some brands) to a cup of hot water makes the most delicious beef tea or bouillon you ever tasted. It warms and strengthens-good for tired and nervous people.

For those sudden hungers before bedtime, try a few crackers and a cup of beef tea made with THAT'S IT.

Armour's Extract of Beef

Convicts' Escapes From Prison

Continued on Page Nine

will his prison clothing all but his off his prison clothing all but his chieft, and walked away in a pair of moomplete trougers made by himself from scraps of cleaning rags. He got off without let or hindrance from his many keepers standing around, and was only eventually captimed for a fresh offence, and at this other end of the country.

Disgoise comes as the first and because in the aids to escape. The stary wans that a convict got clear away from Dartmoor by breaking into a doctor's house and laying hands in the latter's naval uniform, which the him well, and took him a long descent the product of the control of the contr distance on the road.

olewer escape was made by a fe-le prisoner in Millbank by steala full set of the matron's clothes.

a full set of the matron's clothes. This prisoner was a "cleaner," who had regular access to the matron's marriers, where she easily laid her mads upon the necessary disguise, a pretty costume, a becoming hat, and all the rest of the outfit. When dressed, she boldly went to the maner gate, called herself the mathem's friend, "on a visit to her," and was then permitted to walk out unconstituted, declared that she had yield to a sudden impulse when she saw to a sudden impulse when she saw her opportunity, and was in such a heavy that she would not wait to put off her prison dress, but put the dis-tries over it.

To elude observation is another heavilest advantage, says Major Grif-ties. I have known an intending

the I have known an intending gitive to be built into a stack of ficks by his fellows, who rapidly wered him, up when he laid himself

GON. CHURCH'S COLD WATER

have been decorated with ALABASTINE.

sudden shout of pain. They had caught their man buried about a foot or two down.

I once saw a cell window at Oxymord prison through which a clever man had won his way. The window frame was of cast-iron; beyond it on the far side were iron bars wide enough apart to allow a man to slip through. He first fixed his jacket against the window frame with wedges made out of his cell stool, and and then converted the plank bed into a battering ram, which broke the ironwork noiselessly. The passage free, he olimbed up to the sill, and slipped through the outer bars.

SOME UNLUCKY FUGITIVES.

Luck is sometimes against the fugi-

slipped through the outer bars.

SOME UNLUCKY FUGITIVES.
Luck is sometimes against the fugitive. I remember the case of a man who had got out of his cell into the prison yard, and had broken into the ladder shed by smashing the padlock. The ladder helped him to climb to the top of the boundary wall, but he sould not draw it up after him, and was obliged to risk a drop on the other side. In falling he broke his ankle, but luck brought a friend down the street, who helped him to erawl away. Now the luck turned, for when snugly put to bed in his own house the news of his injury brought the police, who knew he ought to be in gaol.

Another man in dropping from a boundary wall into a field, fell upon a cow grazing exactly beneath him. Her back gave way,he slipped off on to the grass, and she settled down on top of him, holding him there, with a broken leg, until his shouts brought the assistances that ended all his chances of escape.

the assistances that ended all his chances of escape.

Everyone knows that to be steadily, constantly restricted, and for years and years, to an anvarying and not too appetizing diet becomes almost unbearable. I have seen men, says the author, at Chatham grædily devour the railway grease used in the traffic of the trucks. There was a horrible fashion once of eating earth, with serious results to the unnatural feeders.

It was given in evidence before a Royal Commission by Mr. Michael Davitt, that a convict at Dartmoor ate grass, candles, and the dubbing issued to grease the heavy boots. Mr. Davitt declared that he had himself eaten candles when goaded by the pangs of hunger.

Af Bartmoor, when it was a war prison, a French prisoner was covered bodily by the new work in property at a chimney breast, which, the imortar being still "green," he there does not be sufficiently.

At Portland once a convict was last; he had escaped from the party, and yet it seemed impossible that he many hiding places, the sivil gnard took to prodding the present of the many hiding places, the sivil gnard took to prodding the present of the many hiding places, the sivil gnard took to prodding the present of the many hiding places, the sivil gnard took to prodding the present of the many hiding places, the sivil gnard took to prodding the present of the many hiding places, the sivil gnard took to prodding the present of the product of the pro

WHEN VACATION ENDED

By ETHEL BARRINGTON

The sky was brilliantly blue, but the willows threw a comfortable shade over Eve. She sat looking off into the distance, not meeting the gaze of the man lounging at her feet. Conversation, usually so delightful, hung heavily between them.
"Well, what is it?" he inquired.

"I was thinking I ought to congrat-ulate you. Why did you not tell me? Perhaps you thought with so famous writer the news must be known of all the world."

"Meaning my-engagement?" John Pierce brought the words out slowly. "Who told you? Well, I suppose you had to know. After the holiday I should have told you myself."

"My vacation is ended. I am leaving in the morning." There was no answer.
"It would be polite to say you are

sorry," suggested the girl.
"I'm not in one sense. We can never recal these past days. It's fitting you should go with them." Pierce rose to his feet. "May I sit here? I want to

tell you a little about myself." "Is that necessary?" questioned the girl.

"For me it is, and men are selfish. It is not our fault we are created so. You know the hardships of my boyhood. I've told you of the farm, of the narrowness of life out there in Iowa. I grew up with one ambition, one aim, to become a writer. My mother, God bless her, could not understand, but she never stood in my path. I worked my way through college, like many another. Afterward, with nothing but a trunk load of manuscripts, I went to New York. You can guess the strug gles, the difficulties. At last I gained a hearing. My first book was a success. Through that I met—I met Hilds Chauncey. I had never known any one like her before. She realized my am bition, she touched my imagination, and one day we found ourselves engaged. She helped me in a thousand ways. When you came"— Eve stirred uneas ily. The power and magnetism of the man seemed cruel under the existing circumstances. Pierce continued. "Of course I appreciate my roughness, my crudeness. I am not, never shall be



"WELL, WHAT IS IT?" HE INQUIRED. of your world. I knew there could be no danger to you. As for me, I value your friendship over and beyond any-thing on earth. You will let me keep

that?"

"Gossip says your flancee arrives this afternoon. You have barely time to meet the train."

"We are friends?" he persisted.

"Of course," she agreed lightly. He seemed about to speak, but swung suddenly on his heel and left her. She watched his long stride and the strength of his broad shoulders until her lips trembled.

her lips trembled.
"No danger to you," she repeated slowly. How should there be? She slowly. How should there be? She was only a girl, and it is unmaidenly for woman to give her love before it is asked. The chatter of life belongs to women; the important things are reserved for the men to say.

Eve walked restlessly down the road. The breath of the sound cooled her cheeks, but she turned inland toward the village.

ward the village.
"Young lady, am I going right for

"Young lady, am I going right for the Washington hotel?" The speaker was a little old woman, with brisk energy beyond her years. She was laden heavily with a large telescope bag and a market basket. Eve nodded. "Yes, follow the road."
"It's a longish way from the depot." The woman rested her burden on the sandy path and wiped her brow.
"You should have taken a carriage; those things are heavy."
"Ah my dear," the other laughed cheerily. "I'm used to doing for myself where I come from. There was a pack of men shouting to help, but I mistrusted I'd ever set eyes on my belongings again. Now when I've got them in my hand I know where they are."
"I am staying at the hotel. Let me

are."
"I am staying at the hotel. Let me assist you." Eve took the basket. The woman demurred at first, but finally accepted assistance as a neighborly act, and together they reached the hotel. A porter met them. Eve bade him care for her companion. She smil-

PURIFIES THE BLOOD. BRACES THE NERVES. BUILDS UP THE BODY.



MAKES SICK PEOPLE WELL IN SPRING TIME

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ed as she heard her new acquaintance cautioning the man. "Be careful, young fellow, with that basket. It's full of home cookies and preserves for my boy, John Pierce. Is he here?" Eve turned and watched her. John Pierce her son! So this was the little mother he had told her of—the mother who had effaced herself that her son might have his wish!

After dinner Eve sat on the porch alone. Soon she became conscious of a couple pausing near. With a throbbing heart she recognized Pierce's

"Hilda," he was saying, "surely, I misunderstand you! You are angry"—
"Angry, indeed!" The answering
voice was well modulated, but there was a hardness that robbed it of pleas-ing. "I persuaded mother to come here in order to be with you. I sacrificed a week at Newport, and for what? To be shamed by that wom-

"Hilda!" Pierce's voice range a new quality that compelled Miss Chauncey to pause. Eve longed to slip away, but it was impossible without disclosing her presence. Besides, the others would no doubt resume their

walk. Pierce continued: "When you wrote me of your coming I did not expect my mother. Her appearance was a surprise. I've tried at times to persuade her to visit me, but hitherto she has seemed rooted to the soil. Now that she is here I purpose giving her the holiday of her life." "What about me?"

"You? Dear girl, when you know my mother you will forget her rough manner, as you forgave mine, and remem-ber only her true heart. I made no secret of my life or antecedents. I told you all. Be kind! She will not trouble you often. It is the first time in thirty years that she has left the farm. But on such occasions my wife must remember that she is my mother."

"Absurd, John. I marry you, not your family. You have ability, ambition; I position and money. I can help you. I have aided you already." Eve shrank farther into the shadow of her chair and thrust her fingers to her ears. If they would only go! Pierce's voice came to her as from a distance. "Let us end this unworthy discussion! I offer you the service and the devotion of my life. Do you accept the obligations of my wife?

"No, no, if it means lowering myself to the association of your family—no." "There is my mother—no one else."

"You have my answer." Miss Chauncey thrust a chair aside, and the swish of her sliken skirts trailed over the porch. There was a slience, broken presently by a man's sigh of infinite relief. Then came the sharp striking of a match, and by its light John Pierce and Eve looked into each other's face. Pierce threw away his unlighted cigar and blocked her path. "You heard"— "Yes; I am sorry—she is angry now—

"Eve, 'tomorrow' holds always the promise of something new. There is no going back—I would not if I could. I must speak"—
"Not now—not here!" Eve shrank a

little from him. "It is late. I am leaving in the morning"—
"You are right—not now. I am a brute to have thought of it. It won't be the same when you are gone, but it is only for a week, Eve. I shall come to you at your home. Give me a word that I may hope"—

Eve raised her head, and her eyes

hone.
"When you come, say what you will." And she was gone.
"Say what I will!" repeated Pierce
beneath his breath. "And to think I had so nearly thrown away the right."

Man wants but little here below, ut wants that little good.

To be firm of character does not mean to be steadily stubborn.

dsor

Times Gathered from The Planet's Issues of Half a Century Ago.

Continued on Page Nine.

and has been named the Asia, as it is the first discovery of the kind which has been made in that quarter of the globe, It is an osteroid between the eleventh and twelfth magnitude.

The Canadian Society of the County of Kent celebrated their sixth anniversary by a public dinner on Friday, the 13th of September.

The Chatham Dramatic Club gave an entertainment in the Town Hall Monday evening, Sept. 9. They put on a comedy, "Used up," characters by amateurs and ladies; comic song and dance by Wesley Fletcher; third and fifth acts of Shakespeare's tragedy of Othello. Characters, Othello. Mr. Fredericks; Iago, Mr. J. Russell, supported by a company of amateurs. The farce of Box and Cox was also presented and the entertainment concluded with the romantic drama of Robert MaCaire or the two Murderers.

two Murderers.
Robert MaCaire, John Russell.
Jacques Strop, Mr. Fredericks.

The court of general quarter sessions of the peace and county court in and for the County of Kent open-debefore W. B. Wells. Matthew Scott, Thomas McCrae and G. W.

DAYS OF AULD
LANG SYNE

Interesting Events of Ye Olden
Times Gathered from The Pla-

THE OLDEST LOVE-LETTER IN THE WORLD.

What is believed to be the oldest love-letter in existence was recently discovered in Chaldea. It was writdiscovered in Chaldea. It was writ-ten on clay, probably in the year 2, 200 B. C., and is described as follows in the Corriere della Sera (Rome): "We possess many love-songs of the old Egyptians, but a genuine love-let-ter had not heretofore been found.

ter had not heretofore been found.
Only recently, in Chaldea, was a loveletter found, written on clay. Though
the letter has much formality for
such a missive, the reader can feel
the tenderness that lies hidden bethe letter has much formality for such a missive, the reader can feel the tenderness that lies hidden between its lines. The document was produced, we should say, in the year 2200 B. C., and was found in Sipnare, the biblical Sepharvant. Apparently the lady lived there, while her beloved was a resident of Babylon. The letter reads:

"To the lady, Kasbuy (little ewe), says Gimli Marduk (the favorite of Merodach), this: May the sun god of Merodach), this: May the sun god of Marduk afford you eternal life. I write wishing that I may know how your health is. Oh, send me a message about it. I live in Babylon and have not seen you, and for this rea-

have not seen you, and for this reason I am very anxious. Send me a message that will tell me when you will come to me, so that I may be happy. Come in Marchesvan. May you live long for my sake.'"

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