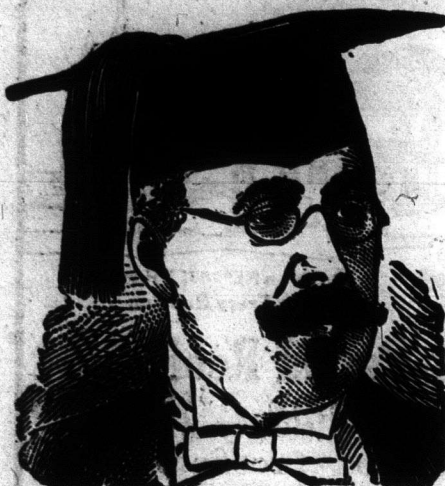


## DON'T NEGLECT CATARRH!



**CATARRH SPECIALIST SPROULE**  
(Graduate in Medicine and Surgery, Dublin University, Ireland, formerly Surgeon British Royal Mail Naval Service.)

Take it in hand at once! Drive it out of your system before it ruins your health—your happiness—your very life's welfare itself!

Don't be blind to its dangers, because it works so quietly. Catarrh wrecks more lives than we realize.

Are you making that common, dangerous mistake of thinking Catarrh a trifling ailment? Are you fooling yourself with the idea it's only a stubborn, obstinate head-cold that in time will "cure itself?"

Don't deceive yourself any longer! Catarrh can't cure itself. While you heedlessly neglect it, you're fast becoming a hawking, spitting, foul-breathed nuisance—an object of disgust to everyone you meet. Worse still—Catarrh may get down to your lungs.

Once Catarrh settles on the lungs it's no longer Catarrh—it's Consumption. Consumption comes from neglected Catarrh, and over two million people die every year from Consumption.

**CURE YOUR CATARRH NOW**—don't let it run on another day. Write to me at once and let me give you the most helpful and valuable

### Medical Advice Free

on Catarrh. It shall not cost you a cent, and it's bound to be of wonderful aid to you.

For twenty-five years I've been studying and curing Catarrh. Now I offer you, without any expense whatever, free consultation and advice on curing your trouble—the benefit of my wide knowledge and experience.

Don't let this chance go by—accept my assistance to-day! It's promised in genuine sincerity and friendliness. People all over North America, who've already received my advice, gladly testify to what it has done for them. I'll cheerfully send you names and addresses of those who have sought my aid. Now they are cured of Catarrh, as they willingly bear witness.

Write to me and see if you can be freed from Catarrh.

Simply answer my questions yes or no, write your name and address plainly on the dotted lines, cut out the free medical advice coupon and mail it to me without delay.

**CATARRH SPECIALIST SPROULE,**  
117 Trade Building, Boston. Don't waste any time—delays are dangerous. Do it NOW.

### CUT OUT THIS COUPON

It entitles readers of this paper to free medical advice on curing Catarrh.

Is your throat raw?  
Do you sneeze often?  
Is your breath foul?  
Are your eyes watery?  
Do you take cold easily?  
Is your nose stopped up?  
Do you have to spit often?  
Do crusts form in the nose?  
Are you worse in damp weather?  
Do you blow your nose a good deal?  
Does your mouth taste bad mornings?  
Do you have a dull feeling in your head?  
Do you have to clear your throat on rising?  
Is there a tickling sensation in your throat?  
Do you have an unpleasant discharge from your nose?  
Does the mucus drop into your throat from the nose?

NAME .....  
ADDRESS .....

grit in the pen, and give them to eat, cottage cheese (curds some call it), stale bread squeezed dry from sweet milk, broken wheat, chopped-up onion-tops or lettuce, but only a small quantity of any of these at a time, until they get their turkey appetites, fifteen or twenty days later, and begin to gobble up every thing in sight. Then begin to add cracked corn, and a mixture of oatmeal and cornmeal made into a cake with buttermilk and soda and baked in the oven. Never feed more than five times a day. Be sure that at no time is any food left in their pen to spoil. If any is left, move the pen so that they cannot get it. See that they have plenty of grit and pure water all the time. Feed the mother hen or turkey outside the pen first or she will gobble up all their food. If allowed to run with the turkey hen at first, she will take the young too far and the weak ones will drop out. By having the pen, the mother may go out if she so wishes but will not be able to coax the little ones with her. They will require constant care and watchfulness for six weeks, and must be protected from sudden showers and not allowed to roam about in the wet grass. After this length of time, they should be able to shift for themselves and are very hardy. Have a place for them to roost in at night and fasten them in. The danger from wolves, hawks etc., is considerably lessened if the family is astir before the turkeys are out. When they leave the pen, feed them morning, noon and night to encourage them in at those times.

### Green Manures

The plowing in of green manure crops is one of the most effective methods of enriching the surface soil. Green crops contain elements of fertility derived from the air and from the mineral and

vegetable constituents of the subsoil on which they grow, as well as what they have taken from the surface soil. Therefore, when green crops are returned to the earth and left to decompose in it, as by plowing in, they naturally not only restore to the surface soil those elements that they took out, but also add to it the elements of plant food they secured from the air and subsoil. The plants best adapted for use as green manures are those that derive their support largely from subsoil and grow rapidly and cover the ground well, and where roots penetrate deeply.

The growth of these crops may, with advantage, be largely increased by the use of artificial manure. Buckwheat, rye, rape, clover and cowpeas are chief among the green crops used as green manures; and of these clover and cowpeas are the most valuable, because of their habit of deep growth and nitrogen addition. These green manure crops are used most profitably in conjunction with summer fallow, and they should be plowed in as near as possible to the time of flowering. The improvement which they effect in the texture and fertility of the soil is most marked in clays. The use of green manure crops furnishes a cheap and efficacious method of manuring for lands remote from the buildings of the farm.

The "automobilist" who had been "scorching" on a country road was brought, says the Chicago News, before a Justice of the Peace who had fined him before.

"You have been out with that machine again, have you?" demanded the Justice. "Frightening horses some more, eh? Why don't you get a flying-machine if you want to beat time and be eccentric?"

"It would do no good," wearily replied the prisoner. "You would arrest me for frightening the birds."

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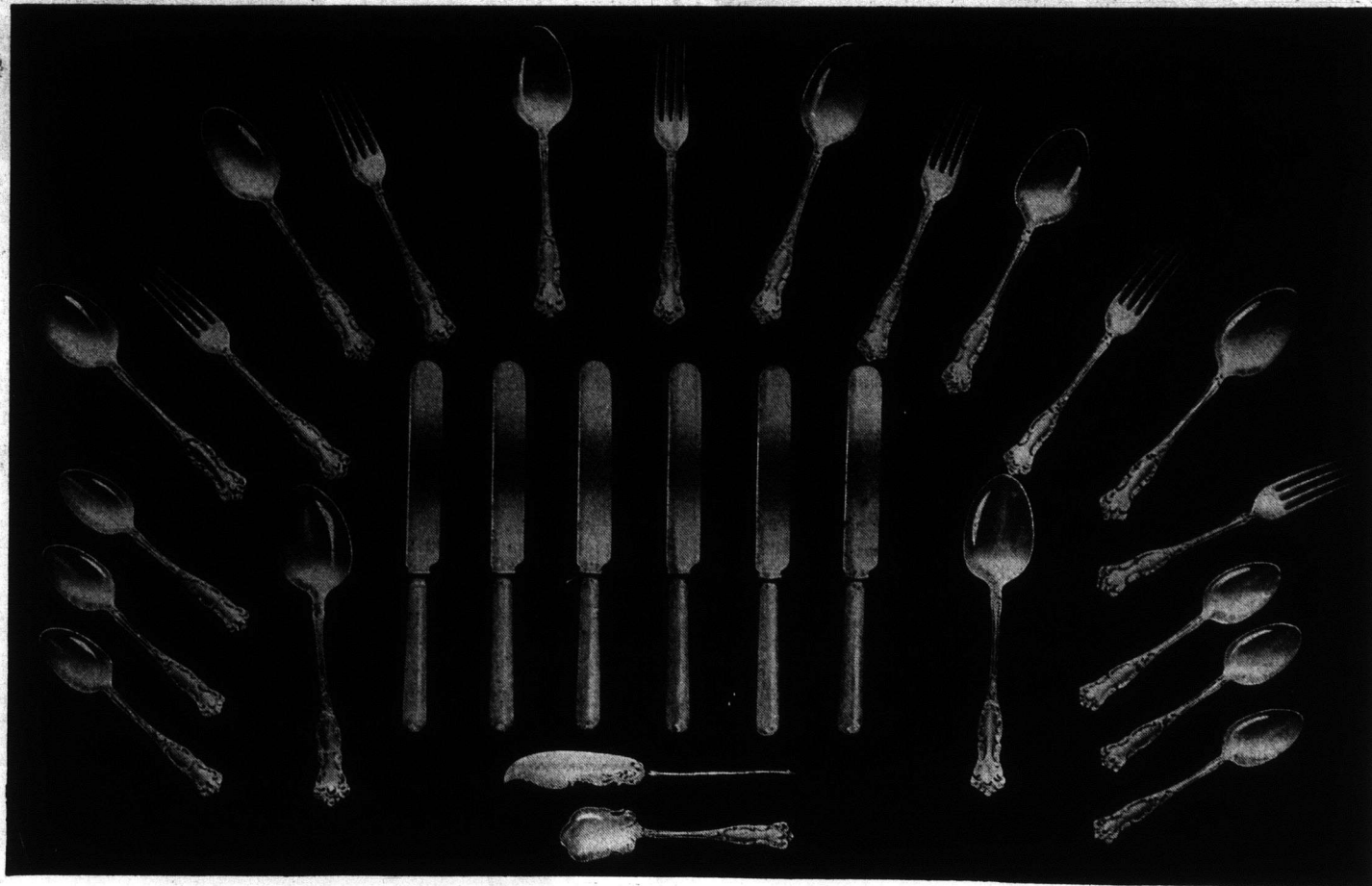
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Spoons

6 Dessert  
Spoons

2 Table  
Spoons

1 Butter  
Knife

1 Sugar  
Spoon



6 Knives

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Spoons

6 Desert  
Spoons

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Spoons

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Spoon

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