

tion during an experience which has extended to nearly all the courts and fashionable cities of the principal nations of the earth. The recipes which I shall give for the various cosmetics, washes, pastes, creams, powders, etc., are such as are in use among the fashionable belles of the various capitols of the Old World. I give them as *curiosities*, desiring that they may pass for what they are worth, and no more. If, however, a lady wishes to use such helps to beauty, I must advise her, by all means, to become *her own manufacturer*—not only as a matter of *economy*, but of *safety*—as many of the patent cosmetics have ruined the finest complexion, and induced diseases of the skin and of the nervous system, which have embittered the life, and prematurely ended the days, of their victims. For a few shillings, and with a little pains, any lady can provide herself with a bountiful supply of all such things, composed of materials, which, at any rate, are harmless, and which are far superior to the expensive patent compounds which she buys of druggists. Some years ago, there was an amusing controversy and lawsuit in England about a famous lotion for “improving and beautifying the complexion.” A Mr. Dickinson, Mrs. Vincent, and a Mr. MacDonald, each claimed to be the inventor of the popular and profitable cosmetic, which sold for seven shillings and sixpence the pint bottle. The lawsuit disclosed both the materials and the cost of the compound, which were as follows:

One and a half ounce of bitter almonds.....	1½d.
Fifteen grains of corrosive sublimate.....	½
One quart of water.....	0
Bottle.....	8
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Cost of a quart.....	5d.