

—and here
is another
economical
hot weather
delicacy
by Mrs.
Knox



Knox Butter Scotch Rice

Wash one-third cup rice and cook until nearly tender in a double boiler with two cups of milk, scalded, and one-fourth teaspoonful salt. Meanwhile, cook together in a shallow pan one cup of brown sugar and two tablespoonfuls of butter until it gets very dark brown, but not burnt. Add to this the rice and milk and finish cooking until the rice is tender and the caramel melted. Soak one envelope Knox Sparkling Gelatine in one-half cup cold water until it is softened and then dissolve it in one cup of hot milk. Strain into the cooked rice mixture and turn into a cold, wet mold.

MRS. KNOX'S Book on "Food Economy" contains many more delicious and inexpensive recipes for cool, summer dishes like the one above—most of them made from little odds and ends of meat, vegetables and fruit that are ordinarily thrown away. She has prepared this book to help the patriotic housewife keep her pledge to Mr. Hoover and at the same time to serve low-cost foods that are appetizing and nutritious. Every recipe approved by the Food Administration. Send for a copy. Free for your dealer's name and address.

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Canadian Women Who Are Making Good Abroad

By MADGE MACBETH

A MERE glance at the title suggests a dozen names. There is Margaret Anglin who stands to us for the best in drama; Mme. Edwina, for Grand Opera; Mary Pickford, for the Movies; Agnes Laut, for literature; Florence Carlyle, for art; and if we attempted to make a list of the nurses, doctors and missionaries who are eligible under our heading, Everywoman's World would have to treble its size. There is an adage which complains that a prophet is not without honor save in his own country, but this like everything else, has a reverse side, and "rank outsider," or "a stranger in a strange land," helps us to understand that difficulties, discouragement and heartache frequently accompany one who tries to hew a niche in a foreign hall of fame. And yet our women are constantly achieving this symbolic, sculptural feat as those whose work is shown below prove. I wish I could stand at your elbow, good friends, and hear you say—"Ah, So-and-so is becoming famous? I thought she would!"

WHAT about Vacation time? Please write me about yourself or any one you know who is going to make their vacation pay. If your contribution is accepted, the first thing you know, a cheque will be mailed to you.

Faithfully yours,

MADGE MACBETH.



THE Voice of the East calls many of us from this western land, every year, and somehow the glamor of the Orient continues to glow for us with its infinite variety. We listen to the missionary, the lecturer, the student, the business man or the mere pleasure-seeker, with impartial interest, feeling perhaps, that no one of them with all their experience has really got under the skin of the country in such a way as to explain its mystery to us.

Mrs. Frederick Ainsworth, a Hamilton girl, spent two and a half years in Japan learning the language, and has recently been given full charge of the big Orphanage at Kanazawa, a town of 60,000 inhabitants, on the western coast of Japan. She gives us a fascinating picture of the life of the country, and her intimate relations with the children give her an unusual opportunity of studying the characteristics of the Japanese people.

Among her many duties is an effort to reclaim little girls from the Red Light district into which they are frequently sold by their fathers (especially if the family is well supplied with female children) for as degrading a sum as forty yen—twenty dollars. The struggle has three very difficult aspects; one, is the owner of the house into which the child has been sold; another is the parent himself, who wishes to be relieved of the responsibility of so many daughters, and the third is the child herself! But Mrs. Ainsworth is gradually gaining ground, not as a militant, a warrior against evil, but as a helper and friend. It is by the confidence Kanazawa has in her, rather than by her official position, that she is winning, and to gain the confidence of the Oriental is not always easy.

Eva Gauthier

SHE commenced to sing in public at ten years of age; at thirteen she began a musical education in Europe, and after four years in Paris, she went to London to be engaged immediately by our songbird of Chamblay, Mme. Albani, who was starting on a tour throughout Great Britain. A little later, this talented Ottawa girl, Eva Gauthier, accompanied Mme. Albani on her farewell tour of fifty concerts in Canada. Follow-

ing this trip, Mme. Gauthier was called to London to create the prima donna part in the Coronation Mass of Edward VII. She then studied in Italy, and her concert tours extended through France, Holland, Belgium, Denmark and Germany.

The enthusiasm with which she was everywhere received, justified her in considering a world tour, an ambition which had as its object the studying of Oriental

Mme. Eva Gauthier, of Ottawa, now the vogue in New York for her Javanese folk songs.



This Javanese head-dress was presented to her by the Sultan of Java.

Miss Whitehead

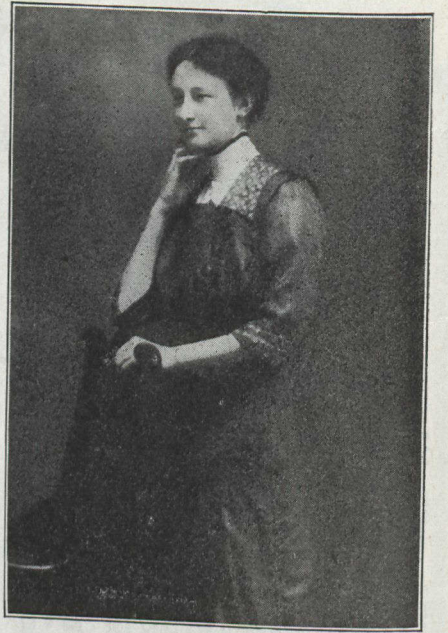


music first-hand. The result of this tour which lengthened into a seven years' residence in Java, is now showing in New York, where Mme. Gauthier is the vogue, especially in what may be termed her Oriental interpretations. She is the first white woman to sing Malay and Javanese folk-songs, and has the distinction of introducing for the first time the art of Song Motion as performed in the East, to a western audience. The gorgeous Javanese head dress worn in the illustration was presented to her by the Sultan of Java, and is the only one of its kind in the country.

Mme. Gauthier is now singing for the Victor and Columbia records a bewilderingly wide selection of songs. All the modern composers, Japanese music of to-day and as far back as the Thirteenth Century, Chinese and Indian, Russian songs, songs from the Philippines, those mentioned above, and French-Canadian songs, and as Musical America has so well put it, she identifies herself so completely with the type of songs she is interpreting, that her audience sits charmed.

Miss Whitehead

THE difference between a "dressmaker" and an "establishment for gowns" is roughly speaking, about one hundred and fifty dollars per garment! The former makes clothes, the latter achieves creations, and she usually accomplishes this by a study of Psychology, Art and Anatomy. Her will is quite inflexible and she would no more create a garment unsuited to her subject's style and type, than she



Mrs. Ainsworth

would make over last year's blouses. She decides what type of gown will best blend with the temperament of her patroness, what combination of colors will be most becoming and what lines will enhance those Nature has given her to work upon, or she will try to conceal such as are not pleasing to the eye. In other words, she will try to make an ugly woman pretty and a pretty woman beautiful. This description pretty nearly fits Miss Madge Whitehead, formerly of Ottawa and now one of the most popular designer-creators of fashionable gowns in New York.

She started at the very beginning, entering when hardly more than a child, the dressmaking department in a large shop. Her work compelling recognition, she went to Montreal where her scope was wider, and then with erratic jump which frightened her relatives and friends, she went, without previous planning to New York. At an ultra-fashionable Fifth Avenue "establishment" she secured a position as designer, almost immediately, and one can read between the lines, when I state that upon her leaving this place and starting in for herself, the Fifth Avenue modiste failed. Miss Whitehead works about forty-eight hours a day! In the middle of the night, she is quite likely to hop out of bed and slash into a piece of material, draping it before the idea drifts away. Her ideas always seem to be worth a little loss of sleep—to her patrons, anyway!

Matron Pope

THE first Canadian woman to be decorated with the Royal Red Cross of the First Class, was Nursing Sister Pope, who received this distinction in recognition of her excellent work during the Boer War. Her military career did not end in South Africa, and two years ago she was to be found working diligently as matron of the Military Hospital, Cogswell Street, Halifax. She was ordered to England, and then almost immediately to France, with a promotion from Sister to Matron. Since then, she has had in charge No. 2 Stationary Canadian Hospital there. Matron Pope is a native of Prince Edward Island, and a sister of Sir Joseph Pope, of Ottawa. She writes with unabated enthusiasm of her happiness in her war work, in which she may be said to have graduated with honors long before August 4th, 1914.

Matron Pope

