

## Children's Department.

### A Little Girl's Wish.

"Mayn't I be a boy?" said our Mary.  
The tears in her great eyes of blue,  
"I'm only a wee little lassie,  
There's nothing a woman can do.

"Tis so, I heard Cousin John say so,  
He's home from a great college, too;  
He said so, just now, in the parlour,  
There's nothing a woman can do."

"My wee little lassie, my darling,"  
Said I, putting back her soft hair,  
"I want you my dear little maiden,  
To smooth away all mother's care.

"Is there nothing you can do, my darling?  
What was that 'pa' said last night?  
My own little sunbeam has been here  
I know, for the room is so bright."

"And there is a secret, my Mary,  
Perhaps you may learn it some day—  
The hand that is willing and loving  
Will do the most work on the way.

"And the work that is sweetest and dearest,  
The work that so many ne'er do,  
The great work of making folks happy  
Can be done by a lassie like you!"  
—Ladies' Home Journal

### Matches.

Matches represent the difference between barbarism and civilization, and how much we owe to the intelligent genius which has made them so cheap that there is no one so poor that he cannot buy a box of matches! Years ago the making of matches furnished employment to thousands of girls and boys. Little bits of wood cut the length of the match were laid on strips of wood in which notches had been cut to hold them. The girls spread the matches along so that each slip of wood fell in its right place, laid another strip of wood on top of it, and so on until a pile of a dozen was arranged. These were clamped together and then were ready for the sulphur-bath. After they had been dipped on both sides they were

## Exhaustion


### Horsford's Acid Phosphate.

Overworked men and women, the nervous, weak and debilitated, will find in the Acid Phosphate a most agreeable, grateful and harmless stimulant, giving renewed strength and vigor to the entire system.

Dr. Edwin F. Vose, Portland, Maine says: "I have used it in my own case when suffering from nervous exhaustion, with gratifying results. I have prescribed it for many of the various forms of nervous debility, and it has never failed to do good."

Descriptive pamphlet free on application to  
Rumford Chemical Works, Providence, R.I.

Be ware of Substitutes and Imitations.  
For sale by all druggists.



**Paint Points**

A BOOKLET that tells what a little paint will add to the appearance and the value of a "home place." It tells what paints to use for different surfaces. Write today for free copy of "Paint Points."—A touch of

**The Sherwin-Williams Family Paint**  
will keep base-boards, brackets, boxes, benches, towers, stairs, and all the little things about the house bright and attractive. Ready to use—anyone can use it. All colors.

Over 100 dealers sell The Sherwin-Williams Paints. Different paints for different surfaces—not one for all. Best paints manufactured.

**THE SHERWIN-WILLIAMS CO.**  
CLEVELAND CHICAGO NEW YORK MONTREAL

ADDRESS FOR BOOKLET  
4 St. Genevieve St., Montreal.

The Eastern Paint Co., N. Y. C.

You can't go on losing flesh under ordinary conditions without the knowledge that something is wrong, either with digestion or nutrition. If the brain and nerves are not fed, they can't work. If the blood is not well supplied, it can't travel on its life journey through the body. Wasting is tearing down; Scott's Emulsion is building up. Its first action is to improve digestion, create an appetite and supply needed nutrition. Book free.

SCOTT & BOWNE, Belleville, Ont.

laid in frames until dry, and then packed in boxes. Now all this is changed. The slips of wood are handled entirely by machinery. This has reduced the cost of production very much, and, of course, reduced the cost to the individual buyer. It was considered formerly that the making of matches was very unhealthful labor, but it has been discovered that with cleanliness and care it is no more unhealthful than many other forms of labor in which chemicals are employed.

—If the system is fortified by Hood's Sarsaparilla, which makes rich, red blood, there is little danger of sickness.

### The Precious Little Herb.

Two little German girls, Brigitta and Wallburg, were on their way to town, and each carried a heavy basket of fruit on her head. Brigitta murmured and sighed constantly; Wallburg only laughed and joked. Brigitta said: "What makes you laugh so? Your basket is quite as heavy as mine and you are no stronger than I am."

Wallburg answered: "I have a precious little herb on my load, which makes me hardly feel it at all. Put some of it on your load as well."

"Oh," cried Brigitta, "It must be indeed a precious little herb! I should like to lighten my load with it; so tell me at once what it is called."

Wallburg replied: "The precious little herb that makes all burdens light is called—Patience."

### A Point to Remember.

If you wish to purify your blood you should take a medicine which cures blood diseases. The record of cures by Hood's Sarsaparilla proves that this is the best medicine for the blood ever produced. Hood's Sarsaparilla cures the most stubborn cases, and it is the medicine for you to take if your blood is impure.

—Hood's Pills are the best after dinner pill; assist digestion, cure headache. 25 cents.

### A Bad Habit.

The piecemeal and spasmodic manner in which the Bible is generally read, prevents any proper understanding of it as a whole, or of the particular pieces of which it is composed. The main contents of the Book, its collective glories, are entirely missed by the mere chapter and random reader and text learner. No one can understand a part that does not understand the whole.

It is a good deal better to spend a whole year on a single book than to read the whole Bible through in a year. One book, one chapter, one verse thoroughly mastered, so that it lodges a new thought in the mind, a new joy in the heart, a new purpose in the life, is worth a hundred chapters read thoughtlessly, hastily, and in a perfunctory manner.

### CONSUMPTION CURED.

An old Physician, retired from practice having placed in his hands by an East India missionary the formula of a simple vegetable remedy for the speedy and permanent cure of Consumption, Bronchitis, Catarrh, Asthma, and all Throat and Lung Affections, also a positive and radical cure for Nervous Debility and all Nervous Complaints, after having tested its wonderful curative powers in thousands of cases, has felt it his duty to make it known to his suffering fellows. Actuated by this motive and a desire to relieve human suffering, I will send free of charge, to all who desire it, this recipe in German, French or English, with full directions for preparing and using. Sent by mail by addressing, with stamp, naming this paper—W. A. NOYES, 820 Power's Block, Rochester, N. Y.

### Lucy's Lamb.

"Look at the poor little lamb, grandfather; it can hardly walk!" said little Lucy Graham as a flock of sheep and lambs passed them in the street. Lucy's grandfather was a kind old Quaker gentleman, who was on a visit from his home in a foreign land, and had never seen his grandchild before.

## 5 Sores

In combination, proportion and process Hood's Sarsaparilla is peculiar to itself, and unequalled in true merit.

No other medicine ever possessed so much curative power, or reached such enormous sales, or made such wonderful cures, as Hood's Sarsaparilla.

It is undoubtedly the best medicine ever made to purify, vitalize and enrich the blood.

That is the secret of its success.

Read this statement:

"When my son was 7 years of age, he had rheumatic fever and acute rheumatism, which settled in his left hip. He was so sick that no one thought there was any help for him. Five sores broke out on his thigh, which the doctor said were

## Scrofula

sores. We had three different doctors. Pieces of bone came out of the sores. The last doctor said the leg would have to be cut open and the bone scraped, before he could get well. Howard became so low that he would eat nothing, and one doctor said there was no chance for him.

"One day, a newspaper recommending Hood's Sarsaparilla was left at our door. We decided to try this medicine. Howard commenced taking it the last of February, after having been sick for a year and a

## Cured

half. He hadn't taken it a week before I saw that his appetite began to improve, and then he gained rapidly. I gave him five bottles, when the sores were all healed and they never broke out again. The crutches he had used for four years were laid aside, as he had no further use for them. I give all the credit to Hood's Sarsaparilla." MRS. ADA L. MOODY, Fay Street, Lynn, Mass.

This and many similar cures prove that

## Hood's Sarsaparilla

Is the One True Blood Purifier. All druggists. \$1 Prepared only by C. I. Hood & Co., Lowell, Mass.

Hood's Pills cure Liver Ills; easy to take, easy to operate. 25c

"Yes, my dear," he said, in answer to her remark, "the poor thing is lame, seemingly; let us ask the drover what is the matter with it."

He did so, and was told that a chaise-wheel had passed over one of the poor creature's legs.

"Poor little dear!" said Lucy. I wish it were mine. I would carry it in my arms, instead of driving it along like that."

## Walter Baker & Co., Limited.

Dorchester, Mass., U. S. A.  
The Oldest and Largest Manufacturers of

## PURE, HIGH GRADE Cocoas and Chocolates



on this Continent. No Chemicals are used in their manufactures. Their Breakfast Cocoa is absolutely pure, delicious, nutritious, and costs less than one cent a cup. Their Premium No. 1 Chocolate is the best plain chocolate in the market for family use. Their German Sweet Chocolate is good to eat and good to drink. It is palatable, nutritious and healthful; a great favorite with children. Consumers should ask for and be sure that they get the genuine Walter Baker & Co.'s goods, made at Dorchester, Mass., U. S. A.

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