

From the Ocean Shore

BITS OF NEWS FROM THE MARITIME PROVINCES.

Items of Interest From Places Lapped By Waves of the Atlantic.

Scab has affected some of the New Brunswick apples. Georgetown, P.E.I., streets are now lighted by electricity.

K. Unit, Military Hospitals Commission, will have headquarters in Fredericton.

Sir Wallace Graham, Nova Scotia's Chief Justice, died suddenly at the breakfast table at his home in Halifax.

Sergeant-Major Hurley, of Halifax, has been awarded the D.C.M. and the Croix de Guerre for conduct at Vimy Ridge.

A steamer of the Royal Mail Steam Packet Line caught fire while in Halifax harbor. The fire was confined principally to the lower hold, where flour, oats and fertilizer was stowed.

The scarcity of cars is one of the chief causes for the discouraging outlook for pulp operations for the winter in New Brunswick.

High Sheriff John O'Brien, of Northumberland, died last Saturday from injuries received at the railway crossing above Chatham.

The exhibition of the products raised by the Glace Bay School children is described by competent judges as an exceptionally good one.

There was a big round-up of rum men in Sydney, Cape Breton, detectives' investigations resulting in charges against 11 alleged lawbreakers.

Several Cape Breton skippers will shortly leave Canada for overseas to undergo special training preparatory to taking up patrol work in the North Sea.

"Sydney Academy is one of the finest educational institutions in Nova Scotia," declared Dr. A. H. McKay, superintendent of education for Nova Scotia.

Mr. A. J. Tingley, of Moncton, has been appointed chief over the I.C.R. office on the eastern division. Each division of the eastern lines will have inspectors.

The faculty and students of the University of New Brunswick have come to an amicable settlement of their recent differences over the initiation of freshmen.

There is an agitation going on in Halifax in regard to Sunday selling. It is claimed that a large number of shops keep open and do business regularly on Sunday.

The joint committee of the city council and Fredericton Board of Trade will take concerted action to oppose the petition of the New Brunswick Telephone Company for a change in the schedule of night rates.

Ernest G. Sherwood, manager of the Fraser Valley Milk Producers' Association, at a meeting in Sydney stated that the proposed Government embargo on ice cream would mean death to cows, and that it would reduce the demand for butter fat, thus causing a temporary surplus of milk.

HUNS ILLAGED ST. QUENTIN.

Vandalism Assigned to Officers and Soldiers of Two German Regiments.

The Germans, according to the French claims, not only deliberately caused the fires that have partially ruined the beautiful and famous cathedral of St. Quentin, but pillaged the city before they set fire to a part of it.

The vandalism is laid to the door of officers and soldiers of the 118th and 117th Regiments of the Twenty-fifth German Division, and, more or less directly to the commanders of these units respectively. Colonel Gjring, Colonel Kletz and General von Schaeferstein, who are charged with having ordered a systematic pillage of St. Quentin as soon as they entered the city.

Officers, with soldiers to do the heavy work, went about the city, it was asserted, and carried off furniture, silverware, pianos, valuable pictures and shipped them to Germany. They even took safes filled with valuables and did it openly, piling their loot on to vans in midday.

One officer and a number of soldiers were observed, it is said, as they attempted to steal strong boxes from the bank.

The pillaging troops worked under orders to establish a depot for loot on the route to Cambrai, where "finds" from various towns were concentrated. The soldiers received instructions to take anything they pleased or that looked valuable, and in consequence have "cleared out" the city of St. Quentin as well as countless smaller places. Numberless men on furlough are said to have gone back to their homes laden with loot.

Nor has money been overlooked in the vandal hunt. One soldier of the 118th Regiment is supposed to have uncovered 30,000 francs and to have appropriated it, while smaller sums are missing from a number of homes.

To-day there remains in St. Quentin homes only old, broken and worthless furniture. Everything of value has been carried away.

The famous petroleum springs of Greece, described by a historian four centuries before Christ, are to be exploited by local capitalists after being regarded merely as curiosities for more than 2,800 years.

Hard to Drop Meat?

All depends on what you eat as a substitute. It is a good time to study "food value." You may be eating the wrong foods, the foods that cost most and give the least nutriment. **Shredded Wheat Biscuit** contains more real, body-building nutriment, pound for pound, than meat, eggs or potatoes and costs much less. Two of these Biscuits with milk and a little fruit make a nourishing meal at a cost of a few cents. **Make Shredded Wheat your "meat."** A satisfying breakfast on which to start the day's work. It is ready-cooked and ready-to-eat. **Made in Canada.**

CANADA AND THE WORLD'S SUPPLY OF WHEAT

It was with considerable satisfaction that readers in all Allied countries received the statement made a short time ago by the Institute of Agriculture at Rome, that 1917 had seen an increase in the wheat crop of the principal countries of the world, outside of the Central Powers, of 3.3 per cent. over 1916. These figures were based on returns from Spain, France, Scotland, Ireland, Switzerland, Canada, the United States, India, Japan and Algeria, which countries are this year estimated to show a total wheat production of 1,655,448,000 bushels. At the same time these same countries show an increase in their barley crop of 2.4 per cent; an increase in their rye crop of 10.7 per cent; an increase in their oat crop of 19.9 per cent; and an increase in their corn crop of 25.3 per cent. That such increases should be possible among nations, most of whom are engaged in war, is in itself a tribute to the productive energy of mankind.

The enormous total of 1,655,448,000 bushels of wheat is so great that it refuses to be grasped by the human mind without some units of comparison. If this crop of wheat were loaded into freight cars, 1,000 bushels to the car, and each car occupied forty feet of the railway track, it would represent one solid loaded train 12,617 miles in length—more than enough to reach half way round the world at the equator. These loaded cars, without engines, would occupy seven-eighths of the entire trackage of the Canadian Pacific Railway, known as the world's greatest transportation company.

There is, however, another point of view, and a very appropriate one at this particular period, when the agricultural countries are called upon to produce the utmost amount of food. While the countries mentioned have done well their accomplishment shrinks into insignificance when compared with their possibilities. For instance, the three Canadian provinces of Manitoba, Saskatchewan and Alberta could produce three times the total wheat crop above referred to! This statement may seem extravagant until submitted to the test of cold figures. Then we get data like this:

According to the Government of Canada there are in the provinces mentioned the following areas suitable for agricultural purposes:

Manitoba	74,216,000 acres
Saskatchewan	93,459,000 "
Alberta	105,217,900 "

The average wheat crop in these provinces for the last ten years has been: Manitoba, 18.50 bushels per acre; Saskatchewan, 18.44 bushels per acre; Alberta, 20.19 bushels per acre. The average for the three provinces is therefore practically 19 bushels per acre. If you multiply the available acreage, as given above, by 19, you will find that these provinces, if entirely cultivated, are capable of producing in an average year 6,184,448,000 bushels of wheat—considerably more than three times the total which is being produced this year, 1917, by Spain, France, Scotland, Ireland, Switzerland, Canada, United States, India, Japan and Algeria combined. The single province of Alberta can produce as much wheat as all of

these countries and have more left over than was grown in 1917 in all Canada.

Of course, it is impossible, as a practicable matter, to put every arable acre of land in any country in wheat, but if we say for the sake of illustration that one-third of the arable land in these provinces is sown—half sown to coarse grains or pasture, and one-third to wheat, the proportion that is sown to wheat will produce a greater crop than that already mentioned as being grown by all the countries before referred to.

These figures may be interesting generally for the great comparison which they afford, but they must also carry the conclusion that the world is a very long way from having exhausted its food producing possibilities. Any scarcity of food production which may now exist is traceable almost entirely to an improper distribution of population. In the older countries population is compelled to exist on such limited areas that production on a relatively large scale is impossible, whereas in the newer countries such as Western Canada the population is as yet totally insufficient to bring the country under cultivation. These are conditions which will doubtless right themselves; in fact, the process of correction is going on very rapidly, and, whatever difficulties may be experienced in feeding the world during the next few years, there can be no question that they will be solved as soon as sufficient population is found for the great open plains which are still awaiting the husbandman.

NERVOUS AILMENTS

Few people realize that nervous ailments often arise from digestive troubles. The stomach fails, for some reason, to digest food properly. Then the system languishes and the nerves become exhausted in striving to continue their work. Impure blood also causes nerve troubles, but frequently it is in the stomach where the mischief starts. As the nourishment is carried to the nerves by the blood, it will be seen what an important connection exists between the stomach, the nerves and the blood, and how such troubles as nervous headaches, nervous dyspepsia and insomnia may begin.

In such cases relief is easily obtainable by means of Dr. Williams' Pink Pills. These pills replenish the blood with the food elements on which the nerves thrive; at the same time they exercise a tonic influence on the digestive organs, enabling the system to derive nourishment from the food taken. By this perfectly natural process nervous ills are steadily dispelled by Dr. Williams' Pink Pills. If you are suffering from nerves, or require a blood-making tonic, give these pills a fair trial, and see how speedily the best of health will be yours.

You can get these pills through any dealer in medicine, or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

For Winter Days

A stunning example of the straight silhouette, this dress has a pleated skirt in instead length with the simple waist authorized by Fashion. Note the long, tight sleeves and the high collar. McCall Pattern No. 8019, Ladies' Dress. In 5 sizes; 34 to 42 bust. Price, 20 cents.

These patterns may be obtained from your local McCall dealer, or from the McCall Co., 70 Bond St., Toronto, Dept. W.

A REMARKABLE RECOVERY.

Canadian Surgeon Says Men Shot Through the Brain Often Recover.

"It is surprising and pleasing to know that a large percentage of men shot through the brain recover," is a statement made by Colonel F. McKeel Bell in his new book, "The First Canadians in France." The subtitle of Colonel Bell's book is "The Chronicle of a Military Hospital in the War Zone."

The author was attached to the first contingent of the Canadian Overseas as medical director and gives in simple, colloquial style the first, or at least one of the very first accounts of

"from this side to the trenches." Colonel Bell writes:

"That morning I found a poor chap who had been shot through the brain with a rifle bullet. The missile had entered the temple and emerged at the back of the skull, fracturing the bone both at the point of entry and exit. His heavy breathing and stupor told us the case called for immediate relief. In the operating room pieces of the skull were removed, the depressed bone lifted, and in about an hour the patient was taken back to his ward. We had little hope of his recovery."

"The following day, when I entered the hospital, his bed was empty. I thought: 'Poor fellow! He has died in the night and no one has sent me word.' I turned to the man in the next bed and asked:

"What has become of your neighbor?"

"Oh," he replied, "he's just gone out to the washroom. He'll be back in a few minutes. He stole out of the ward while the nursing sister was in the other room."

"While we were talking, he walked in, got quietly into bed and reached for a cigarette."

SATISFIED MOTHERS

Once a mother has used Baby's Own Tablets for her little ones she will use nothing else. The satisfaction she derives from their use is wonderful. They are easy to give the baby; their action is prompt and thorough; and above all they are absolutely harmless. Concerning them Mrs. Jean DeChalme, Lacordaire, Sask., writes: "I am well satisfied with Baby's Own Tablets. They cured my baby and promptly cured her of constipation."

Beyond your reach; Work hard to win. Along life's trail, But do not be Afraid to fail.

A Toothbrush That is Clean.

What is claimed to be a sanitary toothbrush is made with a folding handle. The handle does more than fold over the bristles of the brush. It forms a receptacle for a disinfectant which will keep the brush perfectly sterilized and antiseptically clean until it is ready for use again.

Small Johnny was wriggling and twisting in a vain endeavor to put his arms through the sleeves of an undergarment and then get it over his head. After several futile attempts he called out to his mother—"Say, mamma, when I get to be an angel and have wings, don't see how I'll get my shirt on!"

Minard's Liniment Cures Diphtheria.

Love blinds some men, and it makes lots of others too near-sighted for military service.

It is always safe to send a Dominion Express Money Order. Five dollars costs three cents.

"Dinna marry for siller, lad," said an old collier, in a warning voice, to a young man. "When me an' Jean were wed, sixty years sin', we sat down an' turned oor pockes out, an' there an' there a croon in mine and four shillins in hers. Weel, every time we've fa' out 'sin' syne, blow me if Jean hasn' ay finished up by throwin' that extra eighteen pence in my teeth."

Minard's Liniment Co., Limited.

Gentlemen,—I have used MINARD'S LINIMENT on my vessel and in my family for years, and for the every day ills and accidents of life I consider it has no equal.

I would not start on a voyage without it if it cost a dollar a bottle.

CAPT. F. R. DESJARDIN, Schr. "Storko," St. Andre, Kamouraska.

A New Use For Wood.

The very latest wrinkle at soda fountains is the use of wooden dishes for serving ice cream and sundaes, replacing the cheap looking and flimsy paper cups that came into use a few years ago in response to the demand for a sanitary individual service. These wooden dishes are pressed out of very thin sheets of clear maple, shaped to slip readily into silver holders. They are tasteless, odorless and hygienic. The clean appearance of the cups seems to add an appetizing flavor to the frozen delicacy contained therein, and they are making a hit with the patrons of high grade soda dispensaries.

In the drama of life there are more thinking parts than there are actors to fill them.

To loosen a wooden stopper tap it with wood; if the stopper is glass tap it with glass.

Minard's Liniment Cures Distemper.

FREE TO GIRLS

We will give this beautiful prize free of all charge to any girl or young lady who will sell 10 packages of our lovely embossed Xmas postcards at 10 cents a package.

The Extension Bracket is of rolled gold plate and fits any arm. Send us your name and we will send you the cards. When sold send us the money and we will send you the Bracket. Address:

HOMER-WARREN CO. DEPT. 88 TORONTO, CAN.

The New Type of Destroyer.

The up-to-date type of destroyer is a very different craft from the destroyer of a dozen years ago. It is bigger, more heavily armed, much speedier and altogether more formidable as a fighting machine. It is about 315 feet long and has a displacement of 1100 tons. Provided with engines of 16,000 horsepower, it can travel at a rate of thirty-eight land miles an hour—the speed of a fast express train. Its armament comprises four four-inch quick-fire rifles, supplemented by four twin (or triple) torpedo tubes. The cost of such a boat is \$1,500,000. It carries ninety men and five officers. A destroyer is a thin shell of steel largely filled with machinery. It burns oil fuel, of course, and its engines are of necessity huge, in order to furnish such great horsepower. Everything in its construction is subordinated to speed. Slim, like the swift mackerel, its breadth is less than one-tenth of its length. The U.S. Government is now building 300 of these vessels to aid in the war against the submarine.

LEMON JUICE IS FRECKLE REMOVER

Girls! Make this cheap beauty lotion to clear and whiten your skin.

Squeeze the juice of two lemons into a bottle containing three ounces of orchard white, shake well, and you have a quart pint of the best freckle and tan lotion, and complexion beautifier, at very, very small cost.

Your grocer has the lemons and any drug store or toilet counter will supply three ounces of orchard white for a few cents. Massage this sweetly fragrant lotion into the face, neck, arms and hands each day and see how freckles and blemishes disappear and how clear, soft and white the skin becomes. Yes! It is harmless.

Paint your Garbage can the same color as the house.

You not only prolong its usefulness, but if it must stand outside of the door it will be less conspicuous.

MURINE'S Granulated Eyelids,

For Red, Itchy, Swollen, and Inflamed Eyes. Relieved by Murine. Try it in your Eyes and in Baby's Eyes.

YOUR EYES No Smarting, Just Eye Comfort. Murine Eye Remedy At Your Druggist's or by Mail. For full particulars see Leaflet. Ask Murine Eye Remedy Co., Chicago 4.

Potatoes make good food for poultry. The small potatoes, parings and frosted or bruised potatoes can be used for this purpose. Potatoes boiled and fed warm are relished by the fowls in cold weather. Equal parts of potatoes and bran are sometimes used. Large amounts of potatoes will fatten chickens, ducks, geese and turkeys.

From indications, the Stock Show to be held at the Union Stock Yards of Toronto, December 7th and 8th next, will be bigger than ever. The 1916 show had 376 entries, comprising in all 2,309 show animals, which sold for the Christmas trade, some of which brought record prices. Premium list has been enlarged and each class carries a handsome prize. For further particulars write C. F. Topping, care of Union Stock Yards of Toronto.

It was in 1827 that Great Britain and France freed Greece from Turkish rule and gave her constitutional government. Ninety years later the same two Powers have had once more to rescue Greece, this time from one of Turkey's allies.

Small Edgar—"Girls are awfully stuck up, aren't they, mamma?" Mamma—"Oh, I don't know. What makes you think they are?" Small Edgar—"Why, they think they are just as important as boys."

DODD'S KIDNEY PILLS

CURE ALL KIDNEY DISEASES. BRONCHITIS, RHEUMATISM, BRIGHT'S DISEASE, DIABETES, BACKACHE.

ISSUE No. 45-17.

Why Dogs' Noses Are Cold.

When your faithful dog pokes his nose into your hand even your affection cannot prevent a little shiver, because the nose is so cold. Why is it? When the body of a dog is so warm, why should this one spot be different from all the rest of him? The coldness of a dog's nose is due to the fact that it must be kept moist all the time in order to sharpen his sense of smell. And, of course, as the moisture is evaporating all the time, it keeps his nose cold. A dog depends a great deal on his powers of smell, especially in the wild state, and it is because of his keenness of scent that he is valuable to man for hunting purposes. In addition to the olfactory or smelling nerves inside a dog's nostrils the whole black membrane around the nose is very sensitive, but this sensitiveness can only be retained by moisture. Thus it is that when a dog's nose is dry and warm he is ill and needs doctoring.

If you have a pine floor, do not clean out your life scrubbing it. Cover it with a good linoleum. If varnished once or twice a year, it will not wear out for five or ten years with good care. If rugs are kept where standing, it will save the feet as well as the linoleum.

Minard's Liniment Cures Garget in Cows

WOMEN! IT IS MAGIC! LIFT UP ANY CORN

Apply a few drops then lift corns or calluses off with fingers—no pain.

Just think! You can lift off any corn or callus without pain or soreness.

A Cincinnati man discovered this ether compound and named it Freezone. Any drug store will sell a tiny bottle of freezone, like here shown, for very little cost. You apply a few drops directly upon a tender corn or callus. Instantly the soreness disappears, then shortly you will find the corn or callus so loose that you can lift it right off.

Frezzone is wonderful. It dries instantly. It doesn't eat away the corn or callus, but shrivels it up without even irritating the surrounding skin. Hard, soft or corns between the toes, as well as painful calluses, lift right off. There is no pain before or afterwards. If your druggist hasn't freezone, tell him to order a small bottle for you from his wholesale drug house.

A Dyspepsia Cure

M.D. advises: "Persons who suffer from severe indigestion and constipation can cure themselves by taking fifteen to thirty drops of Extract of Roots after each meal and at bedtime. This remedy is known as Mother Seigel's Curative. Syrup in the drug trade." Get the genuine. 50c. and \$1.00 Bottles.

BRUISES AND SPRAINS

Have Sloan's Liniment handy for bruises and sprains and all pains and aches. Quick relief follows its prompt application. No need to rub. It quickly penetrates to the trouble and drives out the pain. Cleaner than musky plasters or ointments. Sloan's Liniment does not stain the skin nor clog the pores. For rheumatic aches, neuralgia, stiff muscles, lame back, lumbago, gout, strains, and sprains, it gives quick relief. Generous sized bottles at all druggists, 25c., 50c., \$1.00.

Sloan's Liniment

KILLS PAIN

Machinery For Sale

1 WHELOCK ENGINE, 18x42. New Automatic Valve Type. Complete with supply and exhaust piping, flywheel, etc. Will accept \$1,200 cash for immediate sale.

1 ELECTRIC GENERATOR, 30 K.W., 110-120 Volts D.C. Will accept \$425 cash for immediate sale.

1 LARGE LEATHER BELT, Double, Endless, 24 inch x 70 ft. Will accept \$300 for immediate sale, although belt is in excellent condition and new one would cost about \$600.

PULLEYS, Large size. 26x66-\$30; 12x60-\$20; 12 1/2x48-\$12; 12x36-\$8.

2 BLOWERS OR FANS, Buffalo make. One 10 inch, other 14 inch discharge—\$32 each.

REAL ESTATES CORPORATION, LTD. 60 Front St. West, Toronto

MADE IN CANADA

ROYAL BAKING POWDER

ROYAL YEAST

Medical statistics have shown that eight men die suddenly from disease to one woman.

MISCELLANEOUS

DEARLE HOUND PUP'S THREE months old, of the world's best breeding. \$2000 and twenty dollars each. Thos. Gilbert, Box 664, Walkerville, Ont.

CANCER TUMORS, LUMPS, ETC. Internal and external, cured without pain by our home treatment. Write us before it is late. Dr. Bellman Medical Co. Limited, Collingwood, Ont.

The Soul of a Piano is the Action. Insist on the "OTTO HIGEL" PIANO ACTION

Clear Your Complexion While You Sleep

On retiring gently smear the face with Cuticura Ointment. Wash off in five minutes with Cuticura Soap and hot water, using plenty of Soap and continue bathing a few minutes with Soap. Rinse with tepid water. The cleansing, soothing influence of this treatment on the pores extends through the night. It may be repeated on rising.

Sample Each Free by Mail. Address postpaid: "Cuticura, Dept. N, Boston, U.S.A."

NOTICE TO SICK WOMEN

Positive Proof That Lydia E. Pinkham's Vegetable Compound Relieves Suffering.

Bridgeton, N.J.—"I cannot speak too highly of Lydia E. Pinkham's Vegetable Compound for inflammation and other weaknesses. I was very irregular and would have terrible pains so that I could hardly take a step. Sometimes I would be so miserable that I could not sweep a room. I doctored part of the time but felt no change. I later took Lydia E. Pinkham's Vegetable Compound and soon felt a change for the better. I took it until I was in good healthy condition. I recommend the Pinkham remedies to all women as I have used them with such good results."—Mrs. MILFORD T. CURRINGS, 322 Harmony St., Penn's Grove, N. J.

Such testimony should be accepted by all women as convincing evidence of the excellence of Lydia E. Pinkham's Vegetable Compound as a remedy for the distressing ills of women such as displacements, inflammation, ulceration, backache, painful periods, nervousness and kindred ailments.

Sloan's Liniment

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2 BLOWERS OR FANS, Buffalo make. One 10 inch, other 14 inch discharge—\$32 each.

REAL ESTATES CORPORATION, LTD. 60 Front St. West, Toronto

Save In the Use Of Wheat

By eating Grape-Nuts

All the food value of the grain is used in making this delicious food; and its blend of malted barley not only adds to its nourishing qualities but produces a flavor of unusual richness.

All Food--No Waste!

Canadian Postum Cereal Co., Ltd. Windsor, Ont.