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The Right Way To Cook Macaroni

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CATELLI'S MILK MACARONI

NEXT:—To a saucepan, on the fire, two-thirds full of water, add a level tablespoonful of salt for each quart of water. A half-tablespoonful of butter may be added. This improves the flavour. When boiling fast, throw in the macaroni. Boil until it yields easily to pressure between the fingers. Drain in a colander. Rinse thoroughly in cold water in which it should remain until you are ready to finish it according to any given recipe. This recipe applies to Catelli's Spaghetti and Ready-Cuts, also.

Our new Cook-Book, with 115 splendid recipes, free on request. Try this recipe from it.

MACARONI OR NOODLES WITH MOLDED HAM
If you have Catelli's Macaroni, a teaspoonful poultry seasoning, salt and pepper to taste, a cup unflavored gelatin, a tablespoonful grated cheese, parsley, Mix the ham with the seasoning, then turn it into a wet mold; strain gelatin over it and use made to become firm. Prepare egg noodles by boiling, and let cool. Turn ham on to a dish, surround with macaroni, sprinkle over with the grated cheese, and garnish with parsley.

The C. H. Catelli Co. Limited
MONTREAL

You can plan a lot of good things to eat with Catelli's Macaroni.

PERSONAL

Archibald Cull, of Bloomfield Ridge, returned to his home last evening after spending a week in the General Public Hospital as the result of an infected hand.

J. T. Knight of the J. T. Knight Shipping Company, left on the Mont real train last evening on route to New York on business.

Mr. and Mrs. G. A. Kirkpatrick of West St. John arrived home on Monday from Toronto, where they met their son, Corporal G. H. Kirkpatrick, of the Canadian Engineers, of Winnipeg, Manitoba, who arrived in Toronto last Friday evening per the steamer Belgic, from the army of occupation, Bonn, Germany.

WEDDINGS

John Wilson Butler, of Milford, and Miss Ada Mildred Charlton, of this city, were married at the Cathedral yesterday at five o'clock. Rev. Wm. M. Duke administered the sacred rite, with nuptial mass. The groom's brother and sister were the witnesses.

Bond-Oxford.

At the home of Mr. and Mrs. C. McCoach, Newman street, on April 29, Rev. G. F. Dawson united in marriage Frederick G. Bond to Mary J. Oxford. Mrs. McCoach, sister of the groom, was bridesmaid, and Mr. McCoach supported the groom. Mr. and Mrs. Bond will reside in 31 Golding street.

SOLDIER WELCOMED HOME.

Among the returned New Brunswick men reaching their homes a few days ago was Corporal R. Coyle of Gayton's Crossing, near Moncton. Corporal Coyle at the time of his enlistment was engaged with the C. G. R. near Campbellton, N. B., and enlisted with the First Tunnelling Corps in 1915. After three years spent at the front in which he was through the Ypres salient tunnelling under the famous Hill 60, and at Messines Ridge, he returned quite unharmed, although he was slightly wounded near Amiens. He is the third son of Mr. and Mrs. John Coyle, Gayton's Crossing, and is quite well known by local boys. He received a grand welcome in Moncton on his arrival and later at his home.

The Serbians Are A Great People

"They Are Unsophisticated and Full of Fine Possibilities" Said Mrs. Olive M. Aldridge in Lecture to Women's Canadian Club Yesterday.

That the Serbians are a great little people, unsophisticated and full of fine possibilities was the message of Mrs. Olive M. Aldridge, who was a nurse with the Canadian hospital in Serbia, and was in the terrible retreat from that country, in the lecture she delivered before a meeting held under the auspices of the Women's Canadian Club in the Natural History rooms yesterday afternoon. Mrs. Aldridge had an extraordinarily interesting story to tell, and the general opinion among those who heard her was that her lecture was equal to the best given by a woman speaker in St. John for a long time.

She gave a graphic description of the customs and characteristics of the Serbians. Their civilization was primitive in some respects, but it gave to the people a homely, comely character. Compared with peoples in a more advanced stage of development, they were unspoiled in many ways, and had many of the best traits of children. They were a very kindly race, and their hospitality was only limited by their necessities. Their manners were simple, yet dignified by a fine courtesy.

Mrs. Aldridge spoke at some length of the work of the hospital and the hardships and suffering of the people.

She went on to describe the retreat before the onrush of the overwhelming hordes of the Hun, a terrible pilgrimage over mountain trails choked with snow. She wrung her hearers' hearts with her stories of that awful exodus of men, women and children, driven from the land of their birth. Thousands perished on the trail. When old men and women dropped exhausted, they prayed their relatives to kill them so they would not fall alive into the hands of their pursuing enemies.

The story of the retreat was an epic of suffering, evoking suggestions of a thousand tragedies, almost too horrible to be spoken of in a city of the sheltered life.

Mrs. H. A. Powell presided at the meeting and Mrs. Kuhnig, the president, who came in late, moved, seconded by Mrs. George Mathews, a vote of thanks to the lecturer.

Murder Trial Is Continued

Several Witnesses Heard Yesterday Giving Practically Same Evidence as at Preliminary Hearing — Case for Prosecution Closed.

The murder trial in which John Sterling, Ahmed Abdullah and Sultan Housari are being tried for the murder of Sahad Hassan was continued in the circuit court yesterday before Chief Justice McKeown. Officer Hopkins presided at the morning session, and Doctor Abramson, provincial pathologist. In the afternoon Myles Carroll, proprietor of a restaurant in Union street, Frank Woodland, Shipping Master Purdy, Sergeant Journey and Daniel Doyle of Waterbury and Rising's, each in turn gave evidence. Mr. Purdy was called by the prosecution and Mr. Barry appearing for John Sterling asked the court's privilege to show how Sterling came about with the money found on his possession, stating that he could prove conclusively where his client had received some seventy pounds sterling last November from the Liverpool Board of Trade in return for his services. The court considers. The prosecution has closed its case, and it is left that the defence will have closed its case today, the court resuming sessions at 10 o'clock this morning.

AN OLD RECIPE TO DARKEN HAIR

Sage Tea and Sulphur Turns Gray, Faded Hair Dark and Glossy.

Almost everyone knows that Sage Tea and Sulphur, properly compounded, brings back the natural color and lustre to the hair when faded, streaked or gray. Years ago the only way to get this mixture was to make it at home, which is messy and troublesome.

Nowadays we simply ask at any drug store for "Wyeth's Sage and Sulphur Compound." You will get a large bottle of this old-time recipe improved by the addition of other ingredients, at very little cost. Every body uses this preparation now because no one can possibly tell that you darkened your hair, as it does it so naturally and evenly. You dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time; by moving the gray hair disappears, and after another application or two, your hair becomes beautifully dark, thick, and glossy and you look years younger.

The Workingmen Were Addressed

Peter Wright of Sailors' Union Spoke to an Audience in the Seamen's Institute Last Evening Before Leaving for England.

"Before the war woman was regarded as an economic slave, a household drudge, whose highest mission was to wash the dirty clothes and look after the creature comforts of her master man, but now she is going to take her place in the world as an equal of man, and have a say in the management of the affairs of the world," said Peter Wright, of the Sailors' Union, in addressing a meeting in the Seamen's Institute last evening. Mr. Wright had specially asked for the opportunity of addressing a meeting of workmen before leaving St. John, and devoted the last two hours of his stay here to that purpose, but, judging by the attendance, the workmen of this city were not much interested in his message, of the women either.

In opening, Mr. Wright said that organization was the secret of successful life for classes, communities and nations. Lawyers and doctors had organizations containing 100 per cent. of their professions, and they were thus enabled to look out for their interests and to get a fair share of the comforts and decencies of life. In Canada he found that less than 25 per cent. of the working classes were organized, and some employers had developed a sense of power, and also a sense of responsibility. But where organization was lacking or weak, you had a condition making for anarchy and Bolshevism.

Mr. Wright said he had been surprised at the number of men in Canada, who said it was useless to try to achieve better conditions for the workers through action along constitutional lines. These men said the only way to accomplish anything was to kill the exploiters of labor.

Having been in Russia in 1917, Mr. Wright said he wanted to warn the workers that the Bolshevik method would not help them to establish the reign of democracy. The Bolsheviks killed off the landlords and big business men, and not content with that destroyed a lot of educated men, who could not be considered as capitalists. In Petrograd he had seen the dead heaped up in the street, saturated with petrol and burned to ashes. Anarchy, fanaticism, and all the wild passions had been unleashed in Russia. There was lack of organization.

Mr. Wright said that the working class did not have a monopoly of brains, and it was mere madness to kill off millionaires. Labor leaders should be clear to their followers that constitutional action was the only reasonable course for them. Men became millionaires through no fault of their own, and they were responsible for the system that made them wealthy, while it condemned the mass of the people to misery and poverty. Ignorance and anarchy on the part of the workmen themselves was most to blame. What they wanted to do was to destroy the system which permitted the few to exploit the many, and of which the millionaire was as much the victim as the workman.

In England the war had created a new psychology. The classes had been brought together in the trenches, and they had found out that they were all human beings. Today the British workers had determined that they would never go back to the old conditions; they were out to make life worth living for themselves and their children, and they believed that in the new mental state of the people born of the war they could achieve their purposes by constitutional methods. They had 57 men in Parliament now, men who had proved themselves equal to the best in the land.

Considering the vast area of this continent, the housing conditions of the working class in the great cities of Canada and the United States is a disgrace," said Mr. Wright. "The mortality among children on this continent is a crying shame, a disgrace to our communal authorities and your islands and a scandal to the church. The slaughter of the innocents is appalling."

"But your politicians will not do anything until they are forced to. Make no bones about that. They are the same everywhere. They straddle the hedge till they are kicked over by public opinion. And what are your labor leaders doing to educate public opinion?"

Mr. Wright said that the war had shown that women could do as good work in almost any line as men. She had proved her right to equal treatment, and a voice in the affairs of government. She had shown mental qualities equal to men, and in future would help in setting the world in order.

Lieut. Mulcahy presided at the meeting and accompanied Mr. Wright to the Corsican, on which he sailed for the Old Country.

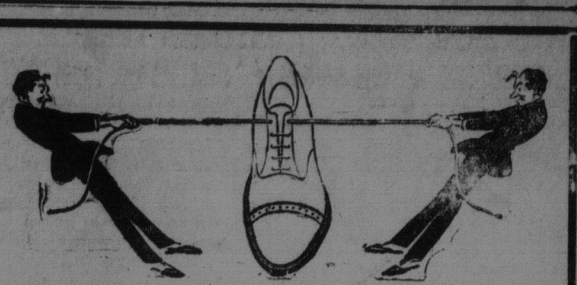
THE SOLDIER SETTLEMENT BOARD.

The Qualification Committee of the Soldier Settlement Board will meet in the office on the top floor of the new Post Office building, St. John, N. B., every Friday in May.

Applicants for loans should appear in person before this committee.

AN ANNOUNCEMENT.

W. E. Anderson, Imperial trade correspondent, has received the following cable advice from the British government:—"All subsidies and control over prices and materials with regard to orders for tin iron, manufactured iron and steel (in plates) will be withdrawn on April 30th, subject to provisions of existing contracts and any export regulations. This means that manufacturers and



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THE ROYAL PHARMACY

Returned Soldiers Welcome

To the Citizens of St. John:—

Your hearty co-operation is invited to give the returning soldier units the cordial Welcome Home, which they deserve and which is due to all the soldiers who have come back.

Business men and householders in all parts of the city are asked to display flags and bunting on the day of arrival and to illuminate their premises at night. The day to be observed as a holiday.

Shipping in the harbor is requested to decorate.

Motor owners are asked to trim up their cars.

Notice having been given of the approach of the returning units, patriotic citizens are asked to prepare to meet and greet the soldiers, bringing flags and banners and making a joyful noise.

The churches are requested to ring their joy-bells, the factories and steamers to blow their whistles, the boy scouts to fill the air with music of their horns.

EVERYBODY TO CHEER as the boys go marching by. To prevent accidents, autos are requested to keep off the route of parade.

The C. W. V. A. are cordially invited to assist in welcoming their comrades.

The civilian bands, patriotic societies and other community organizations are asked to co-operate.

At a later date this summer it is proposed to hold a Grand Field Day for all New Brunswick soldiers who have come back.

CITIZENS' RECEPTION COMMITTEE.

R. T. Hayes, Mayor, Honorary Chairman.

S. H. Mayes, Chairman.

R. S. Ritchie, Secretary.



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