

## The Sunday School

### BIBLE LESSON.

Abridged from Peloubet's Notes.

Second Quarter.

#### THE RESURRECTION OF JESUS.

Lesson I. April 7. Luke 24: 1-12.

An Easter Lesson.

GOLDEN TEXT.

Now is Christ risen from the dead.—  
1 Cor. 15: 20.

EXPLANATORY.

Vs. 1-3. 1. NOW UPON THE FIRST DAY OF THE WEEK, Sunday, the day after their Sabbath. They had rested on the Sabbath, "according to the commandment" (Luke 23: 56). The disciples understood Jesus as in favor of keeping the Sabbath. THEY CAME. The women referred to in the last chapter. BRINGING THE SPICES WHICH THEY HAD PREPARED. Friday night. Others brought them early in the morning according to Mark. AND CERTAIN OTHERS WITH THEM. Several of these are named in v. 10.—Mary Magdalene, Joanna, wife of Chuza, Herod's steward, Mary, the mother of James the younger, and Salome, wife of Zebedee and mother of James and John (Mark 16: 1). Note the devotion of these women who went to the sepulcher before even the best of the apostles.

"Not she with traitorous kiss her Master stung;  
Not she denied him with unfaithful tongue;  
She when apostles fled could danger brave,  
Last at his cross and earliest at his grave."  
—Mrs. Browning.

2. On the way they questioned among themselves "who shall roll us away the stone from the door of the tomb?" (Mark). But when they reached the garden THEY FOUND THE STONE ROLLED AWAY. The tomb was cut in the side of a rock, like a cave, large enough for several persons to enter. The entrance was protected by a large stone, sometimes round, like a large millstone, rolled in front of the opening. The difficulty was a serious one, for the stone was very large (Mark 16: 4). The stone was no mere slab, or even stone door, like those in what are called the giant cities of Bashan, where both in tombs and houses we find a massive basalt slab, with what is termed a ball-and-socket joint. A tomb recently exposed explains this rolling away. The tomb is close by the probable site of Calvary, outside the Damascus gate, among the gardens and olive-yards which still, as of old, occupy a small area, and, after stooping by the mouth of a well, crept through a low tunnel, and then, turning into a narrow passage hewn in the rock, found a recess or niche into which the stone door could be rolled back. This door, which must have been inserted during the building, or rather the excavating, of the tomb, was really a circular slab, like a huge millstone,

#### CURED BY FOOD.

Nature's Way to Get Well And Keep Well.

People who do not know how to select the right kind of food to sustain them become ill, and some sort of disease will show forth. It is worth one's while to know of these facts.

A young woman at Grindstone City, Mich., Mrs. A. P. Sage, began to run down while she was at school. She finally broke down completely and was taken seriously ill with a number of different troubles. The stomach trouble was the most serious one. Her heart also troubled her so she had to sit up as high in bed as possible. This was caused however by her stomach.

She says, "In the morning I would be so weak I could hardly move. I was kept on the simplest foods, principally liquids. After some months I seemed to get a little better, then I got worse, so that I finally was brought to the point of death from non-assimilation of food."

At this time a lady recommended Grape-Nuts Food. She says, "Little did I think what a help it was to become to me. I became greatly interested when I read the description on the box, that the food was pre-digested and in the shape of grape-sugar."

I had been unable to digest anything starchy at all, but I began on Grape-Nuts and it was so grateful to the taste, and soothed my stomach so well that I have been using it ever since, and have never grown tired of it.

My stomach trouble is entirely gone. I am much stronger now and can ride a bicycle and take long walks, and have gained very considerably in weight, all of which I owe to Grape-Nuts Food."

with holes here and there for the insertion of spokes, by which it could be turned and rolled back into the niche we had before visited. But it would require several men, working together, to move it.

3. AND THEY ENTERED IN, AND FOUND NOT THE BODY. They expected to find it and to embalm it with the spices, and could not imagine what had become of it. The linen clothes were there, but not the body of Jesus. All apparently entered, but Mary Magdalene, either finding the tomb empty, or hearing from the others that Jesus was gone, hastened away before the others to make known the sad, strange news to Peter and John.

Vs. 4-10. 4. AS THEY WERE MUCH PERPLEXED. They were in doubt and could not find the way out. They were in trouble and did not know which way to turn, or what to do. BEHOLD, TWO MEN STOOD BY THEM. They were angels (Matt. 28: 5), though Matthew speaks of but one, the one who did the speaking. Mark speaks of him as "a young man." It strikes one as very remarkable that this superhuman being should be described as a "young" man. Immortal youth, with all of buoyant energy and fresh power which that attribute suggests. . . . Age cannot wither them. As one of our modern mystics has said: "In heaven the oldest angels are the youngest." IN SHINING GARMENTS. To show that they were angels. Matthew says this angel's raiment was white as snow, and his countenance was like lightning. The white raiment was a symbol of purity and of fellowship with God (Rev. 3: 4, 5, 18; 4: 4; 6: 11, 17; 9: 13).

5. WHY WERE YE THERE LIVING? It admits of doubt whether the Greek expression here would not have been more literally rendered, "the living one,"—the great source of life, the life of the world. AMONG THE DEAD. They should have believed his words, and looked to see him alive. So we are not to look for "the living Christian in the dust of earth."

6. REMEMBER HOW HE SPOKE UNTO YOU. Call to mind what you have forgotten in your grief and anxiety over his death. WHEN HE WAS YET IN GALILEE. Their home (23: 55).

7. SAYING (Luke 9: 22, 44, 45; 18: 31-33; Matt. 16: 21). This was first spoken almost a year before. AND THE THIRD DAY RISE AGAIN. Jesus had tried to impress this truth upon their minds for comfort in the hour of their need; but it had made but slight impression on them, for they did not comprehend its meaning.

8. AND THEY REMEMBERED HIS WORDS. The event itself made his words stand out clearly in their minds, as invisible writing is rendered visible by heat.

Vs. 9-11. 9. AND RETURNED FROM THE SEPULCHER. Matthew and Mark both add touches to this picture. They trembled, and were amazed, and departed quickly with fear and great joy, and fled from the sepulcher, and ran without stopping to speak to any one. They were astonished and joyful at the good news, but trembled in the presence of angels and amid such intense heavenly interests, and afraid lest the news was too good to be true. TOLD ALL THESE THINGS UNTO THE ELEVEN. This was the designation of the whole body of disciples. Some might be absent, but they would learn through the others, and what was said was really told to all. This is a summary of the reports of the women to the company of the apostles, made as one or another met the apostles very likely in different places.

10. MARY MAGDALENE, etc. See on v. 1.—Vs. 11, 12. 11. THEIR WORDS SEEMED TO THEM AS IDLE TALKS. This shows the power of the proofs of the resurrection of Jesus. It was not the outgrowth of expectations, but was forced upon those who found it hard to believe.

12. THEN AROSE PETER, and John with him (John 20: 10). Mary Magdalene had found these first, apparently not in the same place with the others, perhaps at Peter's home (v. 12, 2, v.), and they immediately hastened to the tomb. John ran the faster, being younger, and reached the tomb first, but Peter, the impetuous, first entered the tomb. THE LINEN CLOTHES, R. V., "cloths," in which he had been wrapped for burial, including the "napkin" or handkerchief wrapped around his head (John 20: 7). LAID BY THEMSELVES. Expressing deliberation and not haste in Jesus' leaving the tomb. WONDERING. Peter wondered, but John believed (John 20: 8). His loving heart seems to have been the first to realize the wondrous event.

LESSONS FROM THE RESURRECTION OF JESUS.—1. The resurrection of Jesus is the crowning proof that he is the Son of God. If he could not conquer death, and come back from heaven, he could not prove that at the first he came from heaven. Canon Lindon says, "The resurrection of Christ is the certificate of our Lord's mission from heaven, to which he himself pointed as a warrant of his claims."

2. It proves that we have a living

Saviour, sitting on the right hand of God (Rom. 8: 34; Col. 3: 1), seated with the Father in his throne (Rev. 3: 21; 22: 1). We have a picture of his glory in Heb. 1: 2-4, and in Rev. 1: 10-18. We do not, as has been falsely charged, worship a dead Christ, but a living Christ. Having shown his power to conquer Death, his great enemy, we know he has power to conquer all our enemies.

3. It is the proof of immortal life beyond the grave; that death does not end all, but the soul lives after the body dies. We can be sure from his testimony and his resurrection that we are not

"Like ships that sailed from sunny isles,  
But never came to shore."

Since last May the tallest skyscraper in New York has been in course of erection at Broad street and Exchange place. It is a twenty-three story office building, covers 27,000 square feet and will cost \$3,000,000. Ten thousand tons of steel have gone into the framework, which rests upon 100 lines of columns, each based on a separate steel caisson sunk to bed-rock. Tenants are to be in by May 1.

The London World says King Edward and Queen Alexandra will take up their residence in Buckingham Palace next February, and will occupy a suite known as the Belgian. The court functions will be held in the throne room of St. James Palace. The coronation ceremonies will be held in June, 1902. In 1838, on the occasion of the coronation of Queen Victoria, these ceremonies cost £70,000. In 1836, when William IV. was crowned, the expense was £50,000, and in 1821, on the occasion of George IV.'s coronation, £34,000 was expended in the ceremonies.

### THE BEST FRIEND OF THE MOTHER, WIFE AND DAUGHTER.

## Paine's Celery Compound.

The Great Spring Medicine  
That Restores Ailing  
Females to Perfect  
Health.

MRS. ADAMSON, SAYS  
"I Can Never Say Too  
Much in Favor of  
Paine's Celery  
Compound."

One of the oldest and best edited monthly magazines published in America, in a recent leading article, declares that more than half the revenue of physicians is derived from the treatment of females, and that about one case in every hundred is correctly diagnosed, showing that cures are extremely rare.

The important knowledge gained by women of every age about Paine's Celery Compound and the special and peculiar benefits it bestows on females suffering from ailments peculiar to their sex, as well as from the common ills of life, have made Paine's Celery Compound the most popular and trusted home medicine of the day.

In spring time, when woman's nervous strength is overtaken by home work and duties and the constant demands of social functions, it is then that Paine's Celery Compound shows its invigorating and vitalizing effects, as the precious medicine is used from day to day. It quickly banishes nervousness, prostration, weakness, debility, languor, despondency, and the many nameless ills that come to women of all ages.

Mrs. R. Adamson, Head of Millstream, Kings Co., N. B., says:

"I feel it a duty to briefly testify regarding the value of Paine's Celery Compound. Since childhood I suffered from sick headache, neuralgia and constipation. Had attacks once a week which kept me confined to bed. Have been treated by a number of physicians without beneficial results. I procured six bottles of Paine's Celery Compound which was strongly recommended to me, and after a short time I found that new life and health coming that I so long wished for. Ten years have passed and I have not had a return of my old troubles. I can never say too much in favor of Paine's Celery Compound."

## RENEW

—YOUR ORDER FOR—

### Second Quarter Lesson Helps, etc., AT ONCE

through GEO. A. McDONALD, 120  
Granville Street, Halifax, N. S.

Terms: CASH WITH ORDER.

P. S.—Just to reduce Stock we have  
reduced all our Teachers' Bibles to  
½ OFF.

Send for Price List.

"The Kingdom of Song" is a seller.  
Get it. 30c. single copy.

### Messenger and Visitor

A Baptist Family Journal, will be sent  
to any address in Canada or the United  
States for \$1.50, payable in advance.

The Date on the address label shows the  
time to which the subscription is paid.  
When no month is stated, January is to  
be understood. Change of date on label  
is a receipt for remittance.

All Subscribers are regarded as permanent,  
and are expected to notify the publishers  
and pay arrears if they wish to discon-  
tinue the MESSENGER AND VISITOR.

For Change of Address send both old  
and new address. Expect change within  
two weeks after request is made

**FREE GOLD RING**

Get with a superb Turquoise surrounded by a sparkling Parisian Brilliance given for selling only 10 beautiful finished full sized (5 1/2 in) Cabinet Photographs of Queen Victoria

at once, each. Everybody wants one. They are going like wildfire. Write for photos. Sell them, return the money, and we send this magnificent Ring in a plain-lined case postpaid. The Photo Co. Box 734, Toronto.



## Real Estate

For sale in the growing and beautiful  
town of Berwick.

I have now for Sale several places right  
in the village in price from \$700 to \$3,500.  
Some of them very desirable properties,  
I have also a number of farms outside on  
my list. Some of them very fine fruit  
farms, from \$1,500 to \$7,000. Correspond-  
ence solicited and all information promptly  
given. Apply to—

J. ANDREWS,  
Real Estate Broker, Berwick, N. S.  
March, 1901.

## B.B.B. Makes Blood Pure.

If the blood is pure the whole  
body will be healthy.

If the blood is impure the whole  
system becomes corrupted with its  
impurities.

Burdock Blood Bitters trans-  
forms impure and watery blood  
into rich pure blood and builds up  
the health.

Disease germs cannot lurk in the  
system when B.B.B. is used.

Miss Effie McDonald, Liscomb Mills,  
Guy Co., N. B., writes: "I have found  
B.B.B. an excellent remedy for purifying  
the blood and curing sick headache. I  
had tried many remedies, but none of  
them did me much good. B.B.B. has  
made me so well that I feel like a new  
woman and I am constantly recommend-  
ing it to my friends."

**MAGIC FOUNTAIN PEN** **FREE**

Write with a Burdock PATENT FOUNTAIN PEN. It produces the finest ink by simply dipping into water, and writes equal to the most expensive fountain pen. 20077. Introduce us with your name and address. Send-  
ing holder for only 10 cents, and include name a large 66 page book, packed  
full of Burdock Cream, Patches, Ointment, and Burdock Bitters. Send-  
ing free. Satisfaction guaranteed. Catalogue of Burdock products and books free with your  
order. Address: EXCELSIOR BOOK CO., Toronto, Ont. (Write on this paper.)