

ired of ever getting well again. I noticed your advertisement and the endid testimonials given, by people o had been cured by Peruna, and do-mined to try a bottle. I felt but little ter, but used a second and a third tle and kept on improving slowly. It took six bottles to cure me, but y were worth a king's ransom to I talk Peruna to all my friends I am a true believer in its worth." Ars. Col. E. J. Gresham.

housands of women owe their lives eruna. Tens of thousands owe their Ith to Peruna. Hundreds of thouds are praising Poruna in every state he Union. We have on file a great ltitude of letters, with written per-sion for use in public print, which never be used for want of space.
ddress The Poruma Medicine Co., mbus, O., for a book written espe-

y for women, instructively illustraentitled "Health and Beauty," Sent to women.

HOPEWELL HILL

OPEWELL HILL, Nov. 23.—The ees of the Hill section of the hodist church met in annual seswing officers: Alex, Rogers, secre-: Ilbert Newcomb, treasurer: W. s, representative to quarterly beard. regular meeting of the quarterly ed at Albert yesterday; the foling representatives being present: . J. K. King, superintendent of cir-W. T. Wright, libert Newcomb, 3. Stevens, H. H. Stuart, W. A. man, James Kiever, John Kiever Norman Smith. Stewards were ted as follows: opewell Hill-Ilbert Newcemb, W.

lbert-Dr. Chapman, P. W. F. wster, W. A. Trueman.: arvey-Norman Smith, Joseph Kei-

he following Sunday school com tees were appointed: lopewell Hill-Miss Martie Smith, Alex Rogers Mrs Hueston Stew-Miss Ruth Milton, W. T. Wright. lbert-Mrs. G. W. Barber, Mrs. E. Barber, Mrs. J. S. Atkinson, Miss cy McClelan, Silas Turner,

arvey-Mrs. Norman Smith, Mrs. Brewster, Norman Smith. ames Doherty, first officer of the W. W. McLaughlin, who has been his home here on sick leave, left on ursday to join the vessel at Bear er, where she is loading for Buenos

addition to his regular services, Allan W. Smithers conducted song with sermon in the Methodchurch at Albert at 3.30 this afteron. The sermon was a most elont and impressive one. A feature the service was a beautifully rendd solo, I Gave My Life for Thee, by nist of St. John's church, presided the organ.

os. H. Carnwath has moved into the residence on the lower road, at erside. ob Stiles, of Albert, this week sold arload of fat cattle to Mr. Brownell

lackville. hnston W. McLeod, manager of veneering factory, West River, is wly recovering from a quite procted and severe illness. Dr. Chapn is attending him.

day from a visit to her old home at terford, Kings Co. Mrs. J. M. gley returned on Saturday from n, Mass., where she has been visither daughter for the past two ths. Miss Edna M. West visited John last week.

DESTROYED BY FIRE.

RURO, N. S., Nov. 22.-The furnie factory and saw mill at Thomson, mberland county, owned by E. Maton & Son, was destroyed by fire at this morning, Total loss, The nt and buildings were valued at

DEATH OF F. MARVIN HART.

he death occurred in St. John on urday morning of F. Marvin Hart, d 75 years, for many years a reted business man of Fredericton Frank White, 116 Waterloo street, city, are children of deceased.

CITY NEWS. HON: SENATOR POIRIER Made Knight of the Legion of Hon by the President of France. Recent Events in and Around

St. John.

from Correspondents

and Exchanges.

being seven and a half cents.

Roman Catholic church.

ing Monday, Jan. 5.

a dandelion in full flower, picked Nov.

early hour Saturday from Perth, N. B., where Diver Lahey has been work-ing on a coffee dam 140x50 feet.

James Emery and Andrew Stack,

boys of 16, were arrested by Officer

Finlay last night on a charge of shout-

guage on Clarence and Erin streets.

money back. LAXA-CARA TABLETS

The D. D. Glasier Co. have com-

menced to build a tug boat to be used in booming and towing operations. It

Hon. A. G. Blair has accepted an in-

be delivered on Tuesday next (Nov.

Meridan street M. E. church.

be experienced in floating her. The

where she lies. A Sun reporter tried

in the ship, but was unable to do so.

Mr. Miller, one of the owners, left for

HAMPTON PASTOR RESIGNS.

Rev. Clinton B. Reed, of Hampton

Baptist church, who was recently op-erated upon for appendicitis in the

Victoria hospital, has resigned his pas-

torate and will spend the winter at his home in Berwick, N. S., for his health's

attending the Y. M. C. A. convention.

Saturday successfully and has made a good recovery though still far from

strong. He was in St. John yesterday on

his way to Hampton, where he will settle his affairs prior to returning

SORE THROAT EPIDEMIC.

and, as a rule, goes as mysteriously as

Boston on Saturday.

to see some of the gentlemen interested

New Glasgow, N. S.

m. Robert McDonald is the build-

(L'Impartial.)

It is with a feeling of pride that the 147,000 Acadians of the maritime provinces hall the decoration of Hon. Pascal Poirier as Knight of the Legion of Honor by the application of Honor by the provinces. Together With Country Items ther country.
The good news reached us by cable-

gram at a time when the recipient was making one of the strongest efforts of his life to have the Acadian people with herring, and as a result the price has eased off somewhat. The supply ing Acadian population of Canada.

Hon. Pascal Poirier is well known in

Pork was somewhat easier in the country market esterday than it has literary circles, and it is through his been for some time, the prevailing price that France, our mother country, has decorated the senator. Mrs. James Brayley of Passekeag, There are but four knights of this order in Canada. Hon. P. Poirier is Kings Co., has presented the Sun with the only one in Acadie. No one is more

At the Londonderry, N. S., Iron Shediac, N. B., on the 15th February, Works, repairs are being rushed ahead 1852, of the marriage of Simon Poirier and Henriette Arsenault, of which he is their twelfth child. After a brilliant with great rapidity. Two hundred and course of studies at St. Joseph Col-Next Sunday, Nov. 30, the first Sunlege, Memramcook, he was appointed, ay in Advent, will be the commence- in the year 1872, director of the postal day in Advent, will be the commencedepartment in the house of commons, elevation to the senate in 1885. Whilst Contrary to previous announcement engaged in other occupations, M. Poirthe public schools close for the Christ-mas holidays Friday, Dec. 19, reopenier devoted his spare moments to literimportant works, among which figure "l'Origine des Acadiens," "Pere Le-Edward Lahey, the diver, accomfebvre et l'Acadie." He is a lawyer and president of the "Societé de l'As-

somption." In 1879 he married Miss Anna Lusignan of Montreal.

MOUNT ALLISON BOOMING. Dr. B. C. Borden of Sackville, who the Star that Mount Allison Ladies' College is in a most flourishing condition. The attendance is equal to the best of any year in the history of the money back. LAXA-CARA TABLETS institution, there being now one hunnever fail. Small, chocolate coated, dred and fifteen students in residence easy to take. Price, 35 cents. At and about sixty day students. After druggists. number will be in attendance. The uneventful. There has been no sickness, nor, in fact, anything to interfere with the work of the college. A Christmas calendar is now being prepared for distribution.

The engagement is announced of Miss Forence Mitchell of St., Stephen, only anghter of the late Hon. Jas. Mitchell. The pupils of the superior school held a successful pie social and enterer and attorney general of the ce, to Gordon McGregor Graham, tainment on Saturday evening in the Masonic Hall, which was well patronized, the large hall being completely filled. The chair was taken by Prin-cipal McDiarmid and the following vitation to be present at the annual dinner of the Caledonian Society of Restigouche, to be held at the Royal Hotel, Campbellton, next Monday programme successfully carried out: Chorus, The Land of the Maple; dialogue, Mary Brown and Robert How ard; duet, Miss Jean Osborne and Miss Mamie Cochran; dialogue, School Committee; tableau; recitation, Arthur brought down for use on the Atlantic division two others have been sent and Miss Grace Fownes; dialogue, from Montreal, making twelve in all.

Taking the Census; chorus, Follow-Up This gives the division a total of althe Plow; recitation, Dorothy Smith; This gives the division a total of almost seventy-five engines now in use. It tableau, At the Cross; dialogue, A Lively Afternoon, solo, Rev. Donald of three or four weeks, of David McStewart; tableau, The Water Spirits.

Quarrie, probably the best known and Stewart; tableau, The Water Spirits. last night for Thompson Station, N. S., A number of the pieces were heartily to inquire into the burning of E. Matencored. Great credit is reflected upon ment at that place. The factory was students for the rich treat the public insured for \$2,000 in the British Amenjoyed. Ples sold rapidly, and the eds netted \$58, which will be expended upon the school library,

The third lecture in the course of theological lectures presented by the Diocesan branch of the S. S. S. will MECHANICS SETTLEMENT. MECHANICS SETTLEMENT, Kings Co., Nov. 22.-The weather is excep-25), at the Church of England Insti-tute, by Archdeacon Neales. The sub-ject is "Pastoral Theology." Admistionally mild for this season of the year. Farmers are still at work ploughing and the fields are quite sion to all lectures of the course is

On Thursday, 20th, the parish Sunday Philip Palmer, barrister of St. John, terian church here. The roads being was in fown yesterday, the guest of Geo. C. Palmer. Last night Mr. Palin bad condition the attendance from a distance was not very large. mer, who is high in the order, paid a Lucas, field secretary, gave an address on the study and teaching of the Bible, visit to Black Preceptory at its regu-lar meeting. Today he goes to Shedlac and advocated the claims of the normal and from there to Sackville, where he class and home department, after will spend Sunday.—Saturday's Monc- which Miss Lucas spoke in the interest of temperance.

The governor-elect of Massachusetts this place, but now of Stewiacke, N. and Mrs. Bates gave a tea at their home, Boston, to the leaders in the S., was visiting here recently and carried away with him a sample of the movement for a fair in connection with white mud from the Pollet lake near his old home. among the list of those who partici-

Dr. McAlister of Sussex was called pated in the programme was Miss Mary on to visit a child of James A. Bustelocutionist. Miss Baillie is a ard's one day last week and while here daughter of Charles Baillie of this vaccinated a number of school chil-

There was a report in circulation Saturday to the effect that the owners Five candidates were baptized at the Free Baptist church Sunday evening. of the stranded str. Lake Superior had The special services will be continued oned all thought of floating her this week. Rev. G. F. Francis, of Norand taking her to the United States on ton, is assisting the pastor. account of the difficulty which would

TORONTO, Nov. 24.-A movement is rumor was that she is to be broken up on foot to raise a fund of \$50,000 for Premier Ross as a reward for his pub-

> SALESMEN'S TRIALS Bad Food is One of Them.

Road traveling is rather hard on salesmen. Irregular hours, indifferent hotels and badly cooked food play

smash with their digestion. home in Berwick, N. S., for his health's he got the start of his troubles by us-sake. Mr. Reed was taken ill on ing Grape Nuts. "For years I was the Blue Jay band and later an active Thanksgiving day while in Fredericton troubled with a bad stomach, which spirit in St. John's first militia band. gave me constant headaches and pains In after years when his railway duties all through my body, caused by eating located him at Point du Chence for He was operated upon the following mproper food. I spent considerable decided to go on a diet, but the differ-ent cereals I ate did not help me. If it done them by the deceased, and all will

I commenced to feel better in a short A peculiar kind of a cold is epidemic in St. John at present say the drug-gists and doctors. It's nothing at all tion left me; stomach regained its tone tion left me; stomach regained its tone serious, and only causes trifling incon- so that I could eat anything, and headvenience for a few days. It begins with a ches stopped. I have gained in weight, and the John Hamlin. She fell recently and another stopped in the cords in the sides of the neck. This lasts only a day or so, salesmen will have nothing in the line leaves three sons, R. A., of the post of cereals but Grape-Nuts, as they it comes, leaving a disagreeable cold consider it not only delicious, but also in the head and slight feverishness for beneficial for their health in the life brief reminder. But it's a welcome they lead." Name given by Postum city and elsewhere will mourn Co., Battle Creek, Mich.

NOVA SCOTIA NEWS

SOUTHAMPTON NOTES.
SOUTHAMPTON, N. S., Nov. 21.—
Henry Schurman, formerly of the
Valley Woollen Mills Co., who joined the harvesters' contingent, returned yesterday from the Northwest. J. Lloyd Hunter, who went to Moose Jaw both this season and last, is now in dies for such a case; coaxing, wh British Columbia on the Crows' Nest swearing, sand in the animal's

only country village of its size in Nova. Scotia that has never had a public hall of any kind.

A lumber deal of some importance has been effected by which Capt. Carter of Maccan and Albert Pugsley of Athol come into possession of a large block of timber land, perfectly intact, belonging to the estate of the late James Skidmore of Canaan, who left it to his son Henry. The consideration was \$4,600. Pugsley's mill will at once be placed on the property. D. P. Lewis has moved his mill across the Basin. G. C. Harrison, county surveyor, last week staked out J. A. Johnson's claim on Mapleton, where it is said there are some indications of the existence of

Mrs. Thomas Fulton died yesterday at her home in Parrsboro after a lingering illness. She leaves a husband and two young sons. Deceased was a daughter of Geo. Kearney and sister of J. W. Kearney, painter, and sort, they called out, "Oh! please, won't at one time resided in Westbrook

CORNWALLIS N'S

CORNWALLIS, N. S., Nov. 22.-By fall in a mill Judson Melvin at Cann-Clifford Harris has sold his fruit farm at Lower Canard to Lown Borden. Mr. Borden has sold his residence and blacksmith shop to Stanley Jackson of Medford for \$5,000. Clifford Hahhis has purchased the Abram Masters farm on Church street. Mr. Masters intends returning to St. John, his native place, to reside.

John Newton Cox, formerly of Cornwallis, recently died in Northboro, Massachusetts, aged 60 years. He Rockwell, and who was a former resident of Billtown, and four children. Rev. W. N. Hutchins and bride are guests at Lt. Col. Beckwith's, Canning. Mr. Hutchins was tendered a reception on Wednesday evening by the members of the Baptist church, of which he was a former pastor. He is now stationed at Truro.

Louis Harris of Randville has left Cornwallis for his winter residence in New York.

DAVID MCQUARRIE DEAD One of the Best Known and Most

Popular Conductors on the I. C. R. Sunday afternoon, after an illness conductors on the L. C. R.

Some weeks since the deceased com plained of not being well, and shortly after took to his bed suffering from congestion of the lungs. During his liness hundreds of friends called to see him, but only an intimate few were allowed to approach the sick man. Some week or so ago it was announced that he was much improved, and only on Thursday last word went forth to his friends that in a few days they might expect to see him with them again. There was general rejocing, for there was no man in the city more generally or more favorably known-than Mr. McQuarrie. Consequently the anxiety of his friends was quieted, but it was only for a short time, as on Saturday morning it was announced that he had had a relapse and there was small hope of his recovery. So it was that when his friends and the afternoon it came as a severe shock to all, for the kind hearted conductor was a friend of all, from the smallest boy

on the street up. David McQuarrie was a son of the late Daniel McQuarrie, well known during the time shipbuilding was flourishing at this port. Between 30 and 35 years ago he entered the employ step until at the time of his illness he was in charge of the most important train on the road, the fast express between Halifax and St. John. Three brothers, Daniel, an engineer on the northern division of the I. C. R., John and Alexander in the United States, and nine childre survive. Mrs. Mc-Quarrie died some six years ago. Of leceased's children one son is a marine engineer on a steamer running on the St. Lawrence gulf and one daughter is Deceased's wife was a Miss Currie of

At the time of his death Mr. Mc Quarrie was treasurer of the H. M. S. Polymorphia Club, of which he was one of the charter members. In all matters that he identified himself with he was vigorously active and was sure to be found in the lead. In early life located him at Point du Chence for several days at a time he assisted and money on doctors, who said I had in-digestion, and after taking medicine band. Hundreds of people in this city for a year and it doing me no good, I and along the line of the L. C. R. hadn't been for the advice of a friend to try Grape-Nuts I might be ailing stricken family.

DEATH OF MRS. HAMLIN.

The death occurred Saturday of Mrs Hamlin, of Stanley street, widow of the office; Fred, also of this city; Charles in Nebraska; and one daughter, Miss them in their bereavement.

CURE FOR A BALKY HORSE.

A Sackville man recently went to the woods for a load of sticks with a single horse team. When ready to leave with his small logs, he found the horse had an entirely different opinion and positively refused to budge. The driver ran the usual gamut of reme-Pass, whither he went on the completion of his eagagement with parties in Assiniabola for whom he was putting as invincibly as Horatio held the bridge Atnol Orangemen, or rather the ladles, gave a goose supper in the I.

C. R. waiting room on Tuesday evening, netting \$66. Athol is probably the only country village of its size in the law in the brave days of old. Finally the man lost his last particle of patience, and exclaiming, "You dum-diddy old skate, if you want to stand there you can!" walked home, leaving the

to take care of himself.
Solitude evidently palled on the equine mind, for by bed time the horse was found with the load intact by the stable door, very hungry and much chastened in spirit. He has not balked

Another story of a balky horse is his: One of Sackville's gilded youths took his girl across the marsh to a strawberry festival. On returning it was discovered the whip was lost, strayed or stolen. The horse promptly took advantage of the situation, went his own gait, with frequent halts, but by dint of slapping with the reins the driver worked him along till on the top of Fowler's hill the animal came to a dead stop, with an air of, "Thus far and no farther." Nothing could appar-

ently move him. While in this predicament a couple of women drove up, and the road being narrow, and scenting trouble of some

"nothing more easy."

The horse kept on standing still. He understood the wild animal trick of "freezing" of which Seton-Thompson writes, to perfection, but unfortunately the occupants of the carriage felt as if they might freeze likewise, the breezes that sweep the Tantramar marshes not being balmy even in summer. The necessity that compels invention set their wife form. necessity that compels invention set their wits to work, and with the ald of ture was constructed that induced the let fever. ing. He then got on so excellent a gait that on reaching the woman's home he helped out. All of the man's attention had to concentrate on the reins, while the woman ignominiously climbed over the back of the carriage, thankful to reach home with sound limbs.

order in part of Petersville parish on the 23rd, when three places were visited by the secretary of the Provincial Sunday School Association. At Coote Hill his aim was to induce the organization of a Sunday school. At Arm-strong Corner the temperance lesson was taught and the adult interest enlisted for the Sunday school. At Welsford in the evening, the congregation being made up of youths largely, he addressed on consecration for service. He is to be here on Wednesday for the

SHANGHAI, Nov. 23.—The evacuation of this city by the foreign garrison has begun, Japan being the first government to with-draw its troops.

their wits to work, and with the ald of a stalk of goldenrod, a hairpin and piece of string, an instrument of tor-

Ira D. Farris shot a fine deer on Monday. Samuel J. Austin is cutting kiln

Dr. Frank D. White, son of C. W. White of this place, has sold his practice at Limestone, Maine, and will leave in the course of a few days for New York, where he will take a post.

TWO KILLED; THREE INJURED.

ALTOONA, Pa., Nov. 24.—By the blowing up of a locomotive at Mineral Point, 32 miles west of here, today, two men were killed and three injured. The killed were: Cott Seese, 38, flagman, and David Pringle,

White

Flour

Starvation

Experiment

one pound of tem will absorb than ten pounds of meat, Grape Nuts wheat, oats or bread. He has reason for the statement. The statement ar, (which is nearly all pure nourish-white flour makers issued millions of circulars denoucing him for the state-pounds? He would probably be made circulars denoucing him for the state-

Post further says the excesive use of white bread causes disease of the bow-

the phosphates, potash, and other ele-ments absolutely demanded by the body for its proper feeding, particulary for lose under the shell lie the eleminis of the diastase required by the Lony to change the starchy part of the wheat change the starchy part of the wheat ley are scientifically treated in exactly into grape sugar during the process of the way the human body treats them digestion

because they dark-But the white flour miller throws out these important

en the flour. The white flour of the present day is almost entirely composed of starch that will help di-

gest that starch are left out; therefo when much starch, even in the shape of white bread, is put into the stomach i passes into the intestinal tract where, instead of being digested it ferments and causes trouble.

was invented, fo It was to remedypractically the this trouble that same methods Nature uses to di-Grape-Nuts gest the starch an used in themanufacture of Grape-Nuts so that the famous food goes into the body in the form of Grape Sugaris, the starch has ben changed and the first act of digestion has taken place. The result is that the human body i furnished with valuable food elemen in the most perfect form.

the Maine Ex- the value of one periment Station pound of Grape-Nuts. They learnedly discuss the subject and produce

This is not the question at issue. Lik many other pseudo-scientific dabsters they befuddle themselves and become list in the maze of scientific effort.

furnishes more nour-Post says that ishment that the sys- How much feed make use of that's sorb and make use of them. Hence we value will the the question. Suphave vegetables and grains. So it still system pose you feed a man further requires the intelligence and system ten pounds of sugtem the nourishing properties of it, is it not clear that 1-2 pound of such food

would furnish him more nourishment THAT HIS SYSTEM WOULD AB-SORB than the 10 pounds, or even 50 pounds of raw sugar? That is exactly the case with Grape-Nuts. The elemnts of wheat and bar-

to accomplish the first act of indigestion, that is the change of starch into Grape Sugar.

in order to keep the The Makers of flour white. A man white flour sacri-fed on white bread alone will gradually Lancet" one of fice the most become a shattered valuable part of nervous wreck and ical authorities the wheat die. He can't pos-sibly live unless he

is furnished with the food elements required by nature to sustain life, and some of the most powerful are entirely in the wheat and barley is kept in Grape-Nuts, and man or animal can live indefinitely on that perfect food. We have records of several thousand cases where people have been unable to maintain health, weight and strength been able to increase weight, vitality and strength on the little portions of Grape-Nuts taken as a portion of each

against \$10,000,00 to We will place be deposited by the \$10,000.00 in any Maine Experiment designated bank Scientists (?) and the total \$20,000.00 less cost of experiment; to be paid to them for their trouble and work if they Now comes along claim regarding the amount to be paid us for our time and labor of demonstration.

Common earth and air contain the raw elements necessary for man's food but even if a scientific state official should tell you that, would you therethe curious and wonderful manipuladom to select and combine and prepare these food elements of the soil in such

sick and really lose weight and strength. But suppose you prepared the sugar so he could quickly digest and intelligence and laws of digestion of white bread causes disease of the bow-els frequently ending in peritonitis and assimilate it and absorb it into his sys-tem the nourishing properties of it, is result. We have the true scientific facts for the basis and the practical every day results with feeding millions of people for our proof and the statement stands on the solid rock of fact. ONE POUND OF GRAPE-NUTS MENT THAT THE SYSTEM WILL A'BSORM than 10 pounds of meat. wheat, oats or bread.

We are at home every day, come and see us. If you are a Scientist(?) from Maine bring your wallett.

The "London the greatest med pleasantry, in the world has to say:

menclature of thiscereals. The pre-

undoubtedly converts the food constituents into a much more digestible condition than in the raw cereal. This is evident from the remarkable solubility of the preparation, no less than one-half of it being seluble in cold water. The soluble portion contains chiefly dextrin and no starch. In appearance 'Grape-Nuts' resembles fried bread crumbs. The grains are brown and crisp, with a pleasant taste not unlike slightly burnt malt. According to our alysis the following is the composition of 'Grape-Nuts': moisture, 6.02 per cent.; mineral matter, 2.01 per cent.; fat, 1.60 per cent.; proteids, 15.00 per per cent : and unaltered carbohwdrates insoluble), 25.97 per cent. The features worthy of note in this analysis are the excellent proportion of proteid, mineral matters and soluble carbohydrates per cent. The mineral matter was rich in phosphoric acid. 'Grape-Nuts' is described as a brain and nerve food, whatever that may mean. Our analysis, at any rate, shows that it is a nutritive of a high order, since it contains the food value in ten pounds of bread than fore eat 10 pounds of earth and expect constituents of a complete food in a to extract its nourishment? It requires very satisfactory and rich propertion and in an easily assimilable state."

> Postum Cereal Co., Ltd., Battle Creek, Mich.