

## LIBERAL LEADER BACK TO OTTAWA

Old Friends Escort Sir Wilfrid  
to Station, and  
Visit Ends.

### TWO SPECIAL EVENTS

Yesterday Marked by Reception  
and Inspection of  
Hospitals.

With keener perception of what his Toronto and western Ontario supporters think he should do in the present political situation, Sir Wilfrid Laurier ended a three-days' visit in Toronto when he departed on the 11:10 P.M. train for Ottawa last night. He had shaken the hands of hundreds of admirers and party stand-bys, had received from them their cheery words of confidence—and a few criticisms—had discussed party questions and, it is safe to say, had started the wheels revolving in the machinery that is to weave a Liberal campaign for the forthcoming election contest.

He has not denied the resignation rumor in words, but many are of opinion that his actions have spoken for him. And if he abides by the counsel that 89 out of every 100 gave him he will not resign.

Yesterday was marked by two particular events, both of which seemed to please Sir Wilfrid very much. The first was a visit to the Spadina, the hospital and the Davistown hospital, where he met and talked to returned wounded soldiers. The interest in the latter institution was keen, and demonstrations given as to the methods employed in outfitting a man with artificial limbs compelled his admiration.

Those who accompanied Sir Wilfrid were P. C. Larkin, J. H. Spence, C. M. Bowman, M.L.A., Hal McGovern and Secretary Lucien Giguere. Col. Wilson conducted the visitors and introduced them to the soldiers, doctors and nurses.

**Reception to Women.**  
The second non-political event of the day was a reception held in the King Edward Hotel for the women of Toronto. Commencing at 4 o'clock Sir Wilfrid was kept busy in the parlor on the second floor greeting Toronto Liberal women. These came as individuals rather than as representing any particular organization. Among them were Mrs. J. T. Gilmore, Miss Denton, Mrs. Oldham, Mrs. J. A. Macdonald, Miss Gene Macdonald, Mrs. Cooke, Mrs. Prenter, Miss Anderson, Mrs. Roberts, Mrs. John Godfrey, Mrs. Jean Blawett.

Following this reception Sir Wilfrid went to dinner with P. C. Larkin. In the morning a continuance of the program followed on the two preceding days took place. Scores of callers were admitted, and in addition a deputation from Hamilton, including Sir John Gibson, Controller Robson, A. T. B. McQuistan, A. C. S. Cooper, Dr. Mallock, John Lennox, G. S. Kerr and Arthur O'Heir. No hint as to the proceedings or results, if any, was given out.

**Still Many Callers.**  
Among the Toronto Liberals who met their leader were C. W. Kerr, Major A. A. Mulholland, R. A. Crowmarly, Gordon Waldron, Frank Regan, W. J. O'Reilly, George Perry and Louis Garofsky. It is said that one prominent young Liberal broke away from the customary solicitations by telling Sir Wilfrid that the election could not be won as long as he remained leader of the English-speaking party, and that the many friends who were calling were not presenting the actual opinions of the people.

Telegrams from all parts of the Dominion were received yesterday expressing confidence and urging Sir Wilfrid to remain at the head of Liberal affairs. There will not be an answer to these expressions of confidence, rumor has it, until he has had an opportunity to sum up the results of his Toronto sojourn and to weigh fully the matters discussed while here.

### SAFETY LEAGUE MAY CHANGE ITS NAME

May Substitute Canadian or Dominion  
for Ontario.

A meeting of the executive committee of the Ontario Safety League was held yesterday in the council room of the board of trade, Royal Bank building. Those present were: A. B. Ingram (in the chair), W. E. McEwen, H. H. Cousens, C. G. McWilliam, John Hunter, J. F. H. Wyse, J. T. Burke, W. A. Riddell, P. E. Doolittle, D. Archibald, W. C. Coulter, E. P. Heaton, A. W. Wright, T. A. Stevenson and R. B. Morley. The regular routine business was disposed of, accounts passed and correspondence read. The committee then considered the advisability of changing the name of the league to embrace the whole Dominion, and a committee, consisting of A. W. Wright, Dr. John Hunter and W. R. McRae, was appointed to look into the question and, if desirable, amend the name to either Canadian or Dominion Safety League. It is felt that now is an opportune time for accident and fire prevention work to be carried further afield, and the league has the necessary data and system to do so.

Dr. John Hunter of the board of education spoke highly of the value of the work among school children, and said that the board had not had a report of an accident to a pupil during school hours for many months. The committee saw the new educational films lately secured by the league.

### SUCCESSION DUTIES INCREASE Will Amount to Two and a Half Millions This Year.

Hon. T. W. McGarry, provincial treasurer, expects that the revenue arising from succession duties in the province during the year will amount to two and a half million dollars as a result of the act as amended last year. The money is coming in rapidly, he states, as the people understand the law and no attempt has as yet been made to evade payment of the tax levied. Succession duties were first imposed in 1892 and they have gradually increased. Last year the amount obtained was \$2,451,000, as compared with \$1,721,000 in 1915.



# To Serve You—Sons of Canada

---and to serve your comrades, the women in hundreds of thousands of Canadian homes have pledged themselves and their families to observe the Food Service Regulations.

Whether they be of the log cabin or of the palace--of the city street or of the broad acres, these women radiate the Spirit of Comradeship and Determination to do all in their power to insure you sufficient food supplies.

So, in your trenches from the North Sea to Switzerland---on your ships wherever they may be, they send you this message.

"For all that you have done for us---in standing between the Civilized World and the Hun, we are proud and glad to render you this small service---we will live up to our Food Service Pledge.

Woman's Auxiliary, Organization of Resources Committee, in Co-operation with The Hon. W. J. Hanna, Food Controller.

## Practical Housekeeping Hints

### Substitutes for Meat

Meat has always been considered the best tissue or flesh building food, and for this reason people have always eaten it a great deal. Most of our meat has come from the Western Provinces, but the tremendously large ranches of twenty years ago are gradually being cut up into small farms and cattle are not being raised in such large numbers any more. This is one reason why meat costs so much. Another reason is the great demand there is for it on the part of our people who do not know that there are other foods that will supply the needs of the body in just the same way that meat does and which in ordinary times do not cost as much as meat. For instance, we can use fish in place of meat much more than we do.

Other foods that can be used in place of meat are eggs, milk, cream soups, cereals, peas, lentils and nuts.

Eggs should be eaten with foods that are rich in starch, such as bread and potatoes. If so eaten, they will take care of the body just as completely as meat would.

Milk contains heat-giving, energy-giving and tissue-building properties. Cream soups made with skim milk and the pulp of vegetables can take the place of meat.

Cereals contain in varying proportions all the elements necessary to support life. They contain a great deal of starch, which is valuable as an energy giver. Oatmeal and corn-meal contain more fat than the other cereals, and, therefore, make a good winter food, especially for hard-working people. Cereals with cooked fruits are particularly appetizing.

Peas, Beans and Lentils are richer in flesh-building elements than any other vegetable and can be used in place of meat. Lentils are more easily digested than either peas or beans. If properly prepared, all these make very appetizing dishes. A dish of baked beans costing about 30 cents, will furnish a family of six with more nourishment than two pounds of beef costing 50 cents.

Nuts contain in a condensed form flesh-building material as meat.

In stating that these dishes can be used in place of meat it is not our purpose to urge you to give up eating meat altogether. It is a fact, however, that as a people we eat too much meat, and you would undoubtedly find yourself much benefited physically if you would cut down on the amount of meat you eat and vary your diet more than you do.

# Live up to your Food Service Pledge

### LARGE NUMBER OF INVALIDED MEN

Expected to Arrive Home in Toronto  
After Being Wounded at  
the Front.

The following Toronto men, invalided home from the front are expected to arrive in the city tomorrow morning:

M. C. Abrahams, 75 Vine street; C. Annis, Highland Creek; B. A. Baulcombe, 1461 Davenport road; J. F. Beazley, 93 McGill street; J. A. Bell, 93 Pearson avenue; I. J. Beville, 4 Euclid avenue; A. C. Bickell, 185 Sackville street; C. G. Boorman, 135 West Keele street; B. Booth, General Delivery; E. T. Bradley, Box 9, Humbler Bay; A. J. Brennan, 68 Northumberland avenue; H. E. Brennan, 1035 West Keele street; W. A. Brown, 21 Bright street; J. H. Card, 910 Bathurst street; J. W. Chadwick, 507 1/2 Yonge street; S. C. Chamberlain, 484 Dufferin street; J. E. Clarke, 131 Chester avenue; J. Clarke, 91 Rhodes avenue; J. A. Clift, 507 Kingston road; H. Cornish, General Delivery; T. P. Cowan, 26 Grange avenue; C. E. Cropper, 1077 West Bloor street; E. Carrell, 94 Auburn avenue, Earlscourt; A. U. Dakers, 181 Summerhill avenue; A. M. Davidson, 383 Oakwood avenue; J. C. Dean, General P. O.; J. Denison, 336 Oakwood avenue; A. Doell, 149 Perth avenue; J. P. Donnelly, General P. O.; J. J. Dewey, 164 Blecker street; J. A. Duffie, 579 East King street; B. H. Edgar, Mimico; P. O.; M. R. Edgar, 343 Church street; R. H. Ellis, 236 Nairn avenue, Earlscourt; J. A. Ewan, 55 Lapeere street; P. C. Foot, 57 Colborne street; J. Fosterly, 59 Winchester road; T. Foxcroft, 113 Ashdale avenue; J. Gadd, 32 Phipps street; W. Galway, 221 Symington avenue; L. C. Gardner, 727 Ossington avenue; C. J. Gay, 660 College street; C. V. Gill, 169 Vine street; J. Grainger, 119 Cowan avenue; Parkdale; J. Grant, 342 Boon avenue; A. Green, 34 Hillside avenue; G. S. Grievell, 477 Willard avenue; P. C. Hammon, 360 East Queen street; W. Harding, 8 Brock crescent; A. Hait, Petrolia street; A. J. Heaton, 130 Avenue; W. Hodgins, 1142 West 88th street; E. H. Hiron, 350 Symington avenue; W. H. Hunt, 33 Pembroke street; A. Hunt, 33 Pembroke street; T. L. Hurst, 322 Western R. A. S.; S. Jackson, 15 Glendale crescent, Mt. Dennis; A. G. Jesson, 32 Camden St.; S. E. Jones, 100 Millcent St.; J. Keen, care Watson, 134 Wallace avenue; H. Keller, 92 Cooper avenue; H. Kelly, 221 Symington avenue; H. King, 221 Symington avenue; S. King, Daves road; P. O.; C. A. Kirkaldy, 8 Wyatt avenue; H. Klingenberg, 354 Beresford avenue; D. G. Lalley, 642 East Gairdard street; E. P. LeBer, 94 Galley avenue; R. Lund, 37 Wyndham street; H. Mace,

32 Phipps street; W. Mager, 12 St. James' avenue; A. G. Mallett, Post-office; D. H. Mason, 21 Claremont street; H. Maxwell, 57 Swanwick avenue; W. J. Monk, 130 Gamble avenue, Todmorden; P. C. Moorehouse, Postoffice; G. Moss, 5 Morrison street; J. Murphy, 13 Beatrice street; W. C. Donough, 6 Dorsey street; W. A. McIlroy, 343 Euclid avenue; N. E. McLeod, 296 Borden street; F. G. McNorton, General Postoffice; A. Needler, Humbler Bay P. O.; J. G. Newman, 508 Parliament street; F. O'Connell, Postoffice; C. N. Ogg, 1225 Sunset boulevard, Los Angeles, Cal.; W. J. O'Grady, 63 Pickering street; H. G. Owen, 227 Dovercourt road; R. Parry, General Postoffice; E. Patterson, 188 Langley avenue; W. E. Patmore, 363 Kingston road; V. Pennock, 179 Perth avenue; H. Petrie, care Mrs. Smith, 9 Otter avenue; E. Pixon, 33 Myrthorne avenue; J. A. Pitters, General Postoffice; F. Platt, 1230 West Queen street; J. Pratt, 251 Es-

planade street; J. Pugh, 554 Lansdowne avenue; J. Raeside, 126 University avenue; C. A. Ramsay, 606 Wilton avenue; J. Read, General Postoffice; H. Reid, 24 Badgerow avenue; I. H. Reid, 13 Edward avenue; W. J. Rugg, 305 Boon avenue; E. Scruton, 147 Jones avenue; A. Searle, General Postoffice; T. M. Siddle, 193 1/2 Davenport road; W. Smith, 39 Winchester street; W. T. Smith, 24 Ann street; N. Smith, 117 John street; A. T. Smithson, 125 Withrow avenue; G. W. Snowden, 56 Minto street; A. Spooner, 34 Oxford street; A. Stanley, Eastern avenue; C. G. Stovell, 86 Markham street; S. M. Summerby, Westwood avenue; S. Taylor, 70 Winchester street; J. H. Timberlake, 34 North Sherbourne street; G. Tracey, 27 Alma avenue; P. E. Truck, 23 Watson avenue; C. R. Watson, 55 Northern avenue; P. Watson, 18 Smith street; J. A. Weeks, 24 Empire avenue; J. Weir, 64 Gladstone avenue; R. Westlake, 38 Greenwood avenue; G. White, Tottenham Postoffice; M.

Wilkes, 34 Baldwin street; N. Wilson, 178 Strachan avenue; H. Wood, 239 River street; F. Wright, 98 McCaul street; A. B. Wright, Harvie avenue, Fairbank.

### SMALL FISH SHIPMENT. London and Hamilton Receive Bulk of Consignment of Government Food

A small shipment of government fish arrived in Toronto yesterday morning, but all with the exception of 300 lb., was forwarded to London and Hamilton, 1000 pounds going to the former city and 1500 to the latter. The next shipment, consisting of approximately five tons, will reach Toronto Friday night, and the entire lot will be distributed among dealers in the city.

For cleaning between the teeth a pocket size container for dental floss has been invented with a bracket on top to hold a piece of the floss while it is being used.