

says:—"He that hath **DIED** hath been set **FREE** from sin."—(*Rom. vi. 7.*) The believer is now no longer compelled to *serve* sin; he is to reckon himself to be *dead* indeed unto sin, but *alive* unto God through Jesus Christ, our Lord.

Two practical results flow from the just appreciation of this truth.

First,—In our conflict with ourselves we know that that which would lead us captive if it could, namely, our natural carnal heart, has been **CONDEMNED** and **CRUCIFIED** with Christ. In other words, we know our greatest enemy is not supreme; it is beneath the feet of Christ. No outside enemy has half the power to injure our spiritual life as the wicked heart within. But this "wicked heart within" is beneath the power of Christ, our Deliverer and our God. Let us not then be discouraged, nor grow faint with weariness. However strong, however insidious the flesh may be, it is not our master. Our Master is Christ, not the flesh. Why need I then be a captive to the flesh when I stand in the presence of Him who has *overcome the flesh*, my Lord and Saviour Jesus Christ.