but in all cases the name accompanying the recipe is guaranty of the quality of the dish. Many of these recipes appear now for the first time in print; others have been published in the *Boston Cooking School Magazine*, and still others have accompanied illustrations by the author in *The Ladies' Home Journal*. As the main idea in *The Journal* was pictorial rather than literary, the details of combination were not dwelt upon in that publication; these are here, together with the illustrations, now made complete.

Recognizing the fact that names were originally given to food combinations for specific reasons, which still have meaning to the initiated, an attempt has been made to preserve the original names of dishes, and to avoid designating at random other combinations, which are founded upon the original or derivative idea.

In respect to the illustrations, the fact that a dish presents an attractive appearance does not argue necessarily that it is expensive. A simple mold of pink rhubarb jelly, surrounded with whipped cream, presents an elegant or showy appearance, yet with rhubarb at two cents per pound and sugar at six the dish could not be considered too elaborate or expensive for occasional use. The difference in cost of materials and time expended is not so great that it should be considered burdensome to present a dish finished with a sprig of parsley, a curl of bacon, one or two toast points, or, occasionally, as in the case of a sweet, with half a cup of whipped cream. If the habit of making all dishes attractive be once acquired, the extra time will not be noted or the effort given a thought.

Of the illustrations, some are given to make plain the different processes in cooking, or to show the utensils used in the several operations. Others are given as a guide in serving—i. e., to show how the finished dish should appear.

Dainty serving is intimately connected with dainty cooking. In fact, it is the climax of the art of cookery. Though hints on serving will be found scattered throughout the volume, a special chapter is devoted to garnishing and serv-