

The best way to carry your bag is in front of you, close to your body, where it's out of reach of wandering hands. Carry only items that are lightweight and that you can afford to lose.

- Try to have at least one hand free at all times. It may help to wear cargo pants or a vest with multiple pockets to store travel documents and gear. Be aware of your surroundings and keep an eye out for bag-snatchers and pickpockets.
- Avoid displaying expensive-looking cameras, jewellery, and other showy accessories that may mark you as a wealthy tourist.
- Beware of credit card fraud. Never let anyone take your credit card out of your sight.
- Conceal in a money belt or neck pouch any necessities that can't be easily replaced and that are crucial to your travel arrangements: your passport, airline and train

tickets, credit and debit cards, traveller's cheques, cash, a copy of your insurance policy, medical prescriptions, and contact information for your doctor.

- Keep copies of all important travel documents in your suitcase, in case the originals are stolen or lost.
- Use a small wheeled suitcase or backpack for long trips, a small day pack or tote bag for shorter excursions. Keep your luggage locked at all times. Carry two sets of keys.
- Use luggage tags that hide your contact information from the inquiring eyes of thieves and con artists.
- Always pack your own luggage and never let it out of your sight while travelling. Watch out for individuals who may try to plant items in your pockets or in your luggage. Never carry anything, even an envelope, across a border or through customs for anyone else.