THE HOUSEHOLD.

(Specially prepared for THE POST *and* TRUE WITNESS.)

[The Editress is prepared to answer all questions on matters connected with this Department.

COCOA AND CHOCOLAATE.

Next to coffee, these two beverages find favor at the breakfast-table, while they are much more nutritious. Both these articles are made from the kernels of a tropical fruit about the size of a cucumber, the fleshy part of which is sometimes used to produce a vinous liquor; they are also made from the seeds of a cocoa palm, and from a kind o ground nut. These kernels consist of gum, starch and vegetable oil; they are marketed in four different forms: as cocoa shells, which are the husks of the kernel; cocoa nibs, which consist of the crushed nut; ground cocoa, which is the kernels ground fine; and chocolate. Chocolate is the finely ground powder from the kernels mixed to a stiff paste with sugar, and sometimes a little starch. It is very nutritious; when it is difficult to digest remove from its solution the oily cake which will collect upon the surface as it cools. It is so nutritious that a small cake of it weighing about two ounces will satisfy hunger; for that reason it is a good lunch for travelers, especially if eaten with fresh fruit. Both cocoa and chocolate are very nutritious, and are free from the possible injurious influence of tea and coffee; the more finely they are powdered the more palatable and nutritious will be the beverages made from them. Chocolate, being finely powdered in its preparation, readily dissolves in hot water or milk; cocoa is now marketed in the form of a fine powder; actual boiling is advantageous, either with cocoa or chocolate, because its effect is to thoroughly incorporate them with the liquid used in making them into beverages.

POTATO PUDDING.

Boil mealy potatoes in their skins. Put them into a saucepan, with scarcely sufficient water to cover them. Directly the skins begin to break, lift them from the fire, and as rapidly as possible pour off every drop of water. Then place a coarse towel over them, and return them to the fire again until they are thoroughly done and quite dry. A little salt, to flavor, should be added to the water before boiling. Skin and mash them with a little milk, pepper and salt; this will make a good pudding to bake under roast meat. With the addition of a bit of butter, an egg, milk, pepper, and salt, it makes an excellent batter for a meat pudding baked. Grease a baking dish; put a layer of meat cut into bits, and seasoned with pepper, salt, a little allspice, either with or without chopped onions; a little gravy of roast meat is a great improvement: then put in another layer of potatoes. Put a buttered paper over the top, to prevent it from being burnt, and bake it from an hour to an hour and a half.

PEA PUDDING.

If a large piece of beef has been boiled, the housewife may consider it wise to serve it the second day cold. In this case it will be a great "set off" to have the beef accompanied by a really good pea pudding, which may be made in the following manner: Put a quart of split peas into a clean, strong cloth; do not tie them closely, but leave plenty of room for them to swell. Put them into a saucepan of cold water, bring them to boiling point very slowly, and allow them to boil gently for two hours and a half; if they are good peas, they will become quite soft and pulpy at the end of that time. Turn them out into a basin, add one or two well-beaten eggs, a little powdered sage or thyme, with salt and pepper to taste; beat the mixture briskly for a few minutes, to blend thoroughly all the ingredients, then flour the cloth well, and this time tie it up tightly. Boil it for an hour longer, then serve turned out on a hot dish. Some persons add a pound of good potatoes, boiled and mashed, to the above; this makes the pudding "go further," and is sometimes preferred to having the peas boiled alone.—*Aunt Chloe.*

STOCK.

The basis of all soup is stock, and the careful housekeeper, who has her stock pot well filled, can regard a sudden incursion of visitors to dinner with at least equanimity. Stock enough to last a family of five for one week, can be made of five pounds of beef (leg is the best) and two pounds of veal. Cover it with cold water and let it remain for at least half an hour before putting it on the fire. Place it on some part of the range where it will simmer slowly from eight to ten hours; or until the meat is boiled into shreds. Strain it into your stock pot, and when it becomes cold remove the grease, cover the pot tightly, and set in your refrigerator, or some other cool place. Any soup is possible to you now.

A JEWISH DISH.

Put a piece of brisket, not too fat, into a stewpan with sufficient water to cover it, and let it stew gently for two and a half hours; then add two pounds of French beans, a small Spanish onion cut into slices, and pepper and salt to taste, and continue stewing for another half hour, or until the beans are almost done. Then pour into a small cupful of brown sugar as much vinegar as the sugar will absorb, and add it to the stew. Shake the stewpan for a few minutes to mix the sauce well with the beans, etc., and serve. This is really a delicious dish.

TOMATO SAUCE FOR BOTTLING.

Take one gallon of peeled tomatoes, four pods of red pepper, cook until tender, strain through a coarse sieve, then stir in thoroughly four tablespoonfuls of salt, four tablespoonfuls of ground black pepper, three tablespoonfuls of white mustard seed, half a tablespoonful of allspice, one pint of vinegar; simmer slowly for three or four hours, bottle while hot, and cork tightly. This preparation will keep good for years. This can be made with canned tomatoes.

A POPULAR DISH.

To make a so-called oyster pie, fill a shallow pudding dish with oysters, cream, pepper, salt and butter. Let them stand on the top of the range or stove until just boiling; then cover the top of the dish with a thick crust, about half an inch thick; bake until the crust is browned delicately. Serve hot. This is a delicious side-dish, to be eaten with any kind of fowl or game.

FIG PUDDING.

Three-quarters of a pound of grated bread, half a pound of best figs, six ounces of suet, six ounces of moist sugar, a teacupful of milk, and a little nutmeg. The figs and suet must be chopped very fine. Mix the bread and suet first, then the figs, sugar and nutmegs, one egg beaten well, and, lastly, the milk. Boil in a mould four hours. To be eaten with sweet sauce.

SNIPE ON TOAST.

After dressing the birds fasten a paper-thin piece of fat bacon round the breast of each, and fry in boiling hot lard for two minutes. Sprinkle with pepper and salt and serve each on a piece of toast.

THE GIANT OF MEDICINES.

The Most Effective and Popular Remedy Ever Discovered.

WHY IS IT SO EFFECTIVE IN SO MANY DIFFERENT DISEASES?

WHY one remedy can affect so many cases is this: The diseases have a common cause, and a remedy that can affect the cause, permanently cures all the diseases. Unlike any other organ in the body, the Kidney, when diseased, may itself be free from pain, and the very fact that it is not painful, leads many people to deny that it is diseased. But **Medical Authorities** agree that it can be **far gone with disease and yet give forth no pain,** because it has few if any nerves of sensation, and these are the only means of conveying the sense of pain; thus unconsciously diseased **it affects the entire system.** We do not open a watch to see if it is going or is in good order: We look at the hands, or note the accuracy of its time. So we need not open the kidney to see if it is diseased. We study the condition of the system. Now then, **KIDNEY DISEASE** produces Any of the **following Common and Unsuspected**

SYMPTOMS: Back ache; **Unusual desire to urinate at night;** Fluttering and pain in the heart; Tired Feelings; Unusual amount of **Greasy Froth in water;** Irritated, hot and dry skin; Fickle Appetite; Scalding sensations; Acid, bitter taste, with furred tongue in the Morning; Headache and Neuralgia; Abundance of **pale, or scanty flow of dark-colored water;** Sour Stomach; Heartburn with Dyspepsia; Intense pain, upon sudden excitement, in the Small of the Back; **Deposit of mucous some time after urination;** Loss of Memory; Rheumatism, chills and fever and Pneumonia; Dropsical Swellings; Red or white brick dust, **albumen and tube casts in the water;** Constipation, alternating with Looseness; Short breath, Pleurisy and Bronchial affections; Yellowish pale skin, etc.

These are only the **chief disorders** or symptoms caused by a diseased condition of the kidneys. Now then, isn't it clear to you that the kidneys, beings the cause of all these derangements, if they are restored to health by the great specific **"Warner's SAFE Cure,"** the majority of the above ailments will disappear? There is **NO MYSTERY ABOUT IT.** It does cure many bad states of the system precisely as we have indicated. Now when the kidneys are diseased, the albumen, the life property of the blood, escapes through their walls and passes away in the water, while the urea, the kidney poison, remains, and it is this **kidney poison in the blood,** that, circulating throughout the entire body, **affects every organ,** and **produces all the above symptoms.**

Therefore, we say confidently that **"Warner's SAFE Cure" is THE MOST EFFECTIVE MEDICINE EVER DISCOVERED** for the human race. It is the common remedy which, overcoming the common cause, **removes the greatest possible number of evil effects from the system.** Let us note a few of these diseases and how they are affected by kidney poison, and cured by

"WARNER'S SAFE CURE."

CONSUMPTION: In a great many cases Consumption is only the **effect** of a diseased condition of the system and not an original disease; if the kidneys are inactive and there is any natural weakness in the lungs, the **kidney poison attacks their substance and eventually they waste away** and are destroyed. Dip your finger in acid and it is burned. Wash the finger every day in acid and it soon becomes a festering sore and is eventually destroyed. The kidney poison acid in the blood has **the same destructive effect upon the lungs:** For this reason a person whose kidneys are ailing will have grave attacks of **Pneumonia** in the Spring of the year, Lung fevers, Coughs, Colds, Bronchitis, Pleurisy, etc., at all seasons of the year. Rectify the action of the kidneys by **"Warner's SAFE Cure,"** as many hundreds of thousands have done, and you will be **surprised at the improvement in the condition of the lungs.**

IMPAIRED EYE-SIGHT: Kidney acid with some persons has an **especial affinity for the optic nerve,** and though we have never urged it as a cure for disordered eye-sight, many persons have written us expressing surprise that after a thorough course of treatment with **"Warner's SAFE Cure,"** their **eye-sight has been vastly improved.** In fact, one of the best oculists in the country says that **half the patients** that come to him with bad eyes, upon examination he discovers are **victims of kidney disorder.** We have no doubt that the reason why so many people complain of failing eye-sight early in life, is that, all unconscious to themselves, their **kidneys have been out of order for years,** and the kidney poison is gradually ruining the system.

OPIUM HABITS: It is a well-known fact, recently shown anew, that opium, morphine, cocaine, whisky, tobacco, and other enslaving habits capture their victims by their paralyzing effects upon the kidneys and liver. In these organs **the appetite is developed and sustained,** and the best authorities state that the **habits cannot be gotten rid of until the kidneys and liver are restored to perfect health.** For this purpose, leading medical authorities, after a thorough examination of all claimants for the honor of being the only specific for those organs, have awarded the prize to **"Warner's SAFE Cure."**

RHEUMATISM: Every reputable physician will tell you that rheumatism is caused by an acid condition of the system. With some it is uric acid, or kidney poison, in others, it is lithic acid, or liver poison. **This acid condition is caused by inactivity of the kidneys and liver, false action of the stomach and food assimilating organs.** It affects old people more than young people because the acid has been collecting in the system for years, and finally the system becomes entirely acidified. These acids produce all the various forms of rheumatism. **"Warner's SAFE Cure"** acting upon the kidneys and liver, neutralizing the acid and correcting their false action, cures many cases of rheumatism. **"Warner's SAFE Rheumatic Cure,"** alternating with the use of "Warner's SAFE Cure," completes the work.

BLADDER DISORDERS: Gross and other high medical authorities say that most of the bladder diseases **originate with false action of the kidneys,** and urinary tract. Uric acid constantly coursing through these organs inflames and eventually destroys the inner membrane, producing the **intense suffering.** Sometimes this kidney acid **solidifies** in the kidneys in the form of Gravel, which in its descent to the bladder produces **kidney colic.** Sometimes the acid solidifies in the bladder, produducing **calculous or stone. "Warner's SAFE Cure"** has restored thousands of cases of inflammation and catarrh of the bladder and has effectively corrected the tendency to the formation of gravel and stone. It **challenges comparison** with all other remedies in this work. Buy to-day,

"WARNER'S SAFE CURE."

CONGESTION: Congestion is a collecting together of blood in any one place. If there is loss of nervous action in any organ the blood vessels do not allow the blood to circulate, and it stagnates. If this condition exists very long the collecting blood clots and eventually **destroys the organ.** Many persons are unconscious victims of this very **common condition.** The heart, determined as it is to force blood into every part of the system, has to work harder to get it through the clogged organ, and **eventually the Heart breaks down** and palpitation, excessive action, rush of blood to the head, distressing head aches, indicate that the **Congestion has become chronic** and is doing damage to the entire system. Congestion of the kidneys is one of the commonest complaints and is the **beginning of much chronic misery. "Warner's SAFE Cure"** will remove it.

FEMALE COMPLAINTS: What we have said about Congestion applies with particular force to the above complaints. They are as common as can be, and as every doctor can tell you, most of them **begin in this congestive condition of the system,** which not being regularly corrected, grows into disease and produces those countless sufferings which can be alluded to but not described in a public print. Thousands have been **permanently cured.**

BLOOD DISORDERS: It is not strange that so many, many people write us that since they have given themselves a thorough treatment with **"Warner's SAFE Cure,"** their thick and turgid blood, their heavy, blotched, irritable skin have disappeared under its potent influence. The **kidney poison in the blood thickens it.** It is not readily purified in the lungs, and the result is the impurities come out of the surface of the body, and **if there is any local disease all the badness in the blood seems to collect there.** Our experience justifies us in the statement that **"Warner's SAFE Cure"** is "the greatest blood purifier known." The treatment must be very thorough.

STOMACH DISORDERS: Many people complain more or less throughout the year with stomach disorders. Dyspepsia, Indigestion, Waterbrash, heat and distress in the stomach, sharp pains, frequent aches, want of appetite, lack of energy. Now, these are **exactly the conditions** that will be produced in the stomach **when the blood is filled with kidney poison:** People dose themselves with all sorts of stomach reliefs, but get no better. They never will get better until they give their attention to a thorough reviving of kidney and liver action by the means of the only specific—**"Warner's SAFE Cure."**

CONSTIPATION, PILES: These distressing ailments, more common among one class than the other, are not original disorders, but are **secondary to imperfect action of the kidneys and liver.** The natural cathartic is bile, which is taken from the blood by the liver. If the liver fails the bile is not forthcoming and the person gets into a constipated habit. This, eventually followed by piles, is almost always an **indication of congested liver,** and a breaking down of the system. Remove the congestion, revive the liver and restore the kidneys by the use of **"Warner's SAFE Cure,"** and these constitutional secondary diseases disappear.

HEADACHES: Many people suffer untold agonies all their lives with headache. They try every remedy in vain, for they have not struck the cause. With some temperaments, kidney acid in the blood, in spite of all that can be done will **irritate and inflame the brain** and produce intense suffering. Those obstinate headaches which do not yield readily to local treatment, may be regarded quite certainly as **of kidney origin.**

THESE ARE SCIENTIFIC FACTS, and, from the way we have set them forth, it will plainly be seen, that the statement we make, that **"Warner's SAFE Cure"** is the "most effective remedy ever discovered for the greatest number of human diseases," is justified. It is not a remedy without a reputation. Its sales for the past year have been **greater than ever,** and the advertising thereof **less than ever,** showing incontestibly that **the merit of the medicine** has given it a permanent place and value.

People have a dreadful fear of Bright's disease, but we can tell them from our experience that it is **the ordinary kidney disease that produces no pain** that is to-day **the greatest enemy of the human race;** great and all powerful, because in nine cases out of ten its presence is not suspected by either the physician or the victim! The prudent man who finds himself year after year troubled with little odd aches and ailments that perplex him, ought not to hesitate a moment as to the real cause of his disease. If he will give himself thorough constitutional treatment with **"Warner's SAFE Cure"** and **"Warner's SAFE Pills,"** he will get a new lease of life and justify, in his own experience, as hundreds of thousands have done, that 93 per cent. of human diseases are really attributable to a deranged condition of the kidneys, and that they will disappear when those organs are restored to health.

ASK YOUR FRIENDS AND NEIGHBORS WHAT THEY THINK OF

"WARNER'S SAFE CURE."

A HUSBAND'S REVENGE.

AN OLD MAN RECOVERS THE MARRIAGE SETTLEMENT FROM HIS DIVORCED WIFE.

HALIFAX, N. S., Dec. 8.—A septuagenarian farmer named Church, living at Falmouth, near Grand Pre, made famous by Longfellow's "Evangeline," married a handsome young girl named Christie, ten years ago, and settled $8,000 upon her in her own right as one of the terms of marriage. The bride soon tired of being an old man's darling and fell in love with Wm. Lithgow, the son of wealthy and highly connected parents. The aged husband soon became furiously jealous, and a separation followed. Still he pined for her company, and a legal document was drawn up and agreed to, in which she agreed to return to his home in the capacity of friend and companion, but not to resume the relation of wife. This state of affairs, however, was of as brief duration as it was unsatisfactory, and Lithgow's persistence in continuing his attentions to Mrs. Church soon enabled the patriarchal husband to obtain an absolute divorce. Then Lithgow, the co-respondent, married the discarded wife. Church immediately brought an action against him for betraying his wife and obtained $1,000 damages. Next he brought suit to recover the $8,000 marriage settlement, and to-day was given a verdict for the full amount with interest and costs.

E. EVANS, president of the Lumber Exchange Bank, Towanda, N.Y., writes: January 15, 1886, I was entirely prostrated, and was reduced from 176 to 126 lbs. I thought I had inflammation of the large bowel. The pain was relieved only by morphine forced under the skin. My doctor treated me for inflammation and catarrh of the bowels, an affection sympathetic with disorder of the left kidney. I had distressing pain, with night sweats, and could keep nothing on my stomach, especially liquids, and was intensely thirsty. Feb. 19 I was in intense agony with pain in my left kidney. I then began Warner's safe cure. In twenty minutes I was relieved. I refused the doctor's medicines thereafter. I finally passed a large stone from the bladder, then my pains ceased." If you write Mr. Evans, enclose stamp for reply.

A ROMANTIC MARRIAGE.

TWO YOUNG HEARTS JOINED TOGETHER IN A HOUSE OF MOURNING.

OTTAWA, Dec. 9.—An extremely romantic marriage, which took place here yesterday, furnishes subject matter for all the young people of the city. The facts are, briefly, these:—Miss Elizabeth King, of Rochesterville, a maiden lady, 82 years of age, died on Sunday last. She was possessed of considerable wealth, estimated at about $100,000, principally in real estate securities. In her will she left it all conditionally to Miss Chrissie King, a young lady of 19, who had lived with her as companion, and to Gilbert Allan, a young man of 24, who had paid considerable attention to Miss Chrissie, and had won the favor of the old lady. The condition was that the young couple should be married to each other the day the testatrix was buried. The burial took place at 3 o'clock yesterday and at 4 the marriage ceremony was celebrated in the house of recent mourning. The happy groom is the son of Hugh Allan, retail dry goods merchant.

MRS. RUTH BROWN, Coldwater, Mich., if you write, enclosing a stamp, will tell you it is true that in July, 1885, she "was suddenly Paralyzed, and became entirely Blind, as her doctors claimed, from an Enlargement and Inflammation of the Kidneys and Liver. She was in an unconscious state for two weeks; face and body bloated, with agonizing Pain; could not keep anything on her stomach; irregular action of the heart. Physicians pronounced her case incurable. Within a few weeks the Paralysis left her, Bloat went down, Enlargement of the Liver Subsided, action of the heart became regular, and she became well in three months and has felt in good condition ever since." Warner's safe cure did this amazing work for her and she will tell you so.

A ROMANTIC STORY.

BIG BEAR'S WIFE SAID TO BE A CHILD ABDUCTED FROM DUNDAS, ONT., TWENTY-FIVE YEARS AGO.

WINNIPEG, Dec. 7.—The Indian department at Regina has been asked to look up the identity of Big Bear's wife. It is claimed she is a white woman. A quarter of a century ago, Harriet Montgomery, a child, suddenly disappeared from her home in Dundas, Ontario, and no clue to her whereabouts has been found until recently, when relatives of Harriet Montgomery communicated with the Interior Department on the subject, and officials of that department are making inquiries. The Dundas people claim that a roving band of Indians abducted the child, and sold her to Big Bear. Col. Macdonald thinks the Dundas people are on the wrong track. He says Big Bear's wives are all full-blooded squaws.

ABOUT FLIES.

Their particular office appears to be the consumption of those dead and minute animals whose decaying myriads would otherwise poison the air. It was a remark of Linnæus that three flies would consume a dead horse sooner than a lion could. He doubtless included the families of the three flies. A single fly will sometimes produce 20,000 larvæ, each of which in a few days may be the parent of another 20,000, and thus the descendants of three flies would soon devour an animal much larger than a horse. A writer in *Lend a Hand* makes the following computation: "One fly on the 20th of March is represented by 300 on the 24th of April; by 300 times 300, equalling 90,000, on the 28th of May; by 27,000,00 on the 2nd of July, and by 3,100,000,000 on the 8th of August."

"Walter, is this an old or a new herring that you brought me?" "Can't you tell?" "No." "Well, then, what difference does it make?"—*Fliegende Blatter.*

ARNPRIOR.

WANTED—For the R. C. Separate School of this village, one Head Teacher holding a second-class certificate, and two Female Teachers holding third-class certificates, for Ontario. State salary, and what knowledge of French, if any. Testimonials required. Applications received till the 10th of November.

A. CHAINE Sec.

PROVINCE OF QUEBEC, DISTRICT of Montreal. Superior Court. No. 1311. Dame Eloise Pothier, wife of William A. J. Whiteford, jeweller, of Coteau St. Louis, District aforesaid, has instituted against her husband an action for separation as to property.

Montreal, 20th November, 1886.

CHS. C. DeLORMIER, Attorney for Plaintiff.

17-5

BURDOCK BLOOD BITTERS

WILL CURE OR RELIEVE.

BILIOUSNESS, DYSPEPSIA, INDIGESTION, JAUNDICE, ERYSIPELAS, SALT RHEUM, HEARTBURN, HEADACHE, DIZZINESS, DROPSY, FLUTTERING OF THE HEART, ACIDITY OF THE STOMACH, DRYNESS OF THE SKIN,

And every species of diseases arising from disordered LIVER, KIDNEYS, STOMACH, BOWELS OR BLOOD.

T. MILBURN CO., Proprietors, Toronto

FACE, HANDS, FEET,

and all their imperfections, including Facial Development, Superfluous Hair, Birth Marks, Moles, Warts, Moth, Freckles, Red Nose, Acne, Blk Heads, Scars, Pitting and their treatment. Dr. John H. Woodbury, 37 S. Fox ST., ALBANY, N.Y. Est'b'd 1870. Send 10c. for book

11—G—cow

CATARRH Sample Treatment FREE

So great is our faith we can cure you, dear sufferer, we will mail enough to convince, free.

R. S. Lauderbach & Co., Newark, N.J.

15-13cow

PROVINCE OF QUEBEC DISTRICT OF MONTREAL. Superior Court. Dame Olive Landry, plaintiff, vs. Jean Emmanuel Viger, lumber merchant of Montreal, Defendant. Notice is hereby given that the Plaintiff, in this case, has instituted an action in separation as to properties, against the Defendant, on the 18th of October last.

Montreal, Nov. 6th, 1886.

J. T. T. LORANGER, Attorney for Plaintiff.

GRATEFUL—COMFORTING.

CONSUMPTION

I have a positive remedy for the above disease; by its use thousands of cases of the worst kind and of long stand have been cured. Indeed, so strong is my faith in its efficacy, that I will send TWO BOTTLES FREE, together with a VALUABLE TREATISE on this disease to any sufferer. Give express and P. O. address.

DR. T. A. SLOCUM,

Branch Office, 37 Yonge St., Toronto

TEACHER WANTED

For the second division of the Male Separate School, Belleville, a Female Teacher, holding a second or third class certificate. Applications, stating salary and giving references up to the 22nd December. Address, P. P. LYNCH, Sec.-Tres., Box 503, Belleville, P.O. 17 3

PROVINCE OF QUEBEC, DISTRICT OF MONTREAL. Superior Court. Mrs. Mary Ann Dussault, Plaintiff, vs. Charles Gingras, undertaker, of the city of Montreal, said district, Defendant. Notice is hereby given that the Plaintiff in this case has instituted an action in separation as to properties against the Defendant on the 18th of October last.

Montreal, November 6th, 1886.

J. T. T. LORANGER, Attorney for Plaintiff.

14-5

SUPERIOR COURT, DISTRICT OF MONTREAL. No. 947. Dame Exilda Thimens, duly authorised to *ester en justice*, wife common as to property of John Albert Saunders, trader, of the City and District of Montreal, has instituted an action against her husband for separation as to property.

Montreal, 15th November, 1886.

MERCIER, BEAUSOLEIL & MARIENHAU, Attorneys of Plaintiff.

15-5

HEALTH FOR ALL

HOLLOWAY'S PILLS.

This Great Household Medicine Ranks Amongst the Leading Necessaries of Life.

These Famous Pills Purify the BLOOD, and act most powerfully, yet soothingly, on the

LIVER STOMACH KIDNEYS & BOWELS

Giving tone, energy and vigor to these great MAIN SPRINGS OF LIFE. They are confidently recommended as a never-failing remedy in cases where the constitution, from whatever cause, has become impaired or weakened. They are wonderfully efficacious in all ailments incidental to Females of all ages, and, as a General Family Medicine, are unsurpassed

HOLLOWAY'S OINTMENT.

Its Searching and Healing Properties are Known Throughout the World.

FOR THE CURE OF

Bad Legs, Bad Breasts, Old Wounds Sores and Ulcers!

It is an infallible remedy. If effectually rubbed on the Neck and Chest, as salt into meat, it Cures Sore Throat, Bronchitis, Coughs, Colds, and even Asthma. For Glandular Swellings, Abscesses, Piles, Fistulas, Gout, Rheumatism and every kind of Skin Disease, it has never been known to fail.

Both Pills and Ointment are sold at Professor Holloway's Establishment, 533 Oxford street, London, in boxes and pots, at 1s. 1½d., 2s. 6d., 4s. 6d., 11s., 22s. and 33s. each, and by all medicine vendors throughout the civilized world.

N.B.—Advice gratis, at the above address daily between the hours of 4, or by letter

ALLAN LINE.

UNDER CONTRACT WITH THE GOVERNMENT OF CANADA AND NEWFOUNDLAND FOR THE CONVEYANCE OF THE CANADIAN AND UNITED STATES MAILS.

1886---Winter Arrangements---1887

This Company's Lines are composed of the following double-engined, Clyde-built IRON STEAMSHIPS. They are built in water-tight compartments, are unsurpassed for strength, speed and comfort, are fitted up with all the modern improvements that practical experience can suggest, and have made *the fastest time on record.*

Vessels.	*Tonnage.*	*Commanders.*
Numidian	6,100	Building.
Parisian	5,400	Capt. James Wylie.
Sardinian	4,650	Lt. W. H. Smith, R.N.R.
Polynesian	4,100	Capt. J. Ritchie.
Sarmatian	3,600	" Hugh Wylie.
Circassian	4,000	" W. Richardson.
Peruvian	3,400	" John France.
Nova Scotian	3,300	" R. H. Hughes.
Caspian	3,200	Lt. R. Barret, R.N.R.
Carthaginian	4,600	Capt. A. Macnicol.
Siberian	4,600	" R. P. Moore.
Norwegian	3,581	" J. G. Stephen.
Hibernian	3,440	" John Brown.
Austrian	2,760	" J. Ambury.
Nestorian	2,700	" W. Dalziel.
Prussian	3,000	" Alex. McDougal.
Scandinavian	3,000	" John Park.
Buenos Ayrean	3,800	" James Scott.
Corean	4,000	" J. C. Menzies.
Grecian	3,600	" C. E. LeGallais.
Manitobian	3,150	" R. Carruthers.
Canadian	2,600	" John Kerr.
Phœnician	2,800	" D. McKillop.
Waldensian	2,600	" D. J. James.
Lucerne	2,200	" W. S. Main.
Newfoundland	1,500	" C. J. Myhns.
Acadian	1,350	" F. McGrath.

The Steamers of the Liverpool Mail Line sailing to Liverpool on THURSDAYS, from Portland on THURSDAYS, and from Halifax on SATURDAYS, calling at Lough Foyle to receive on board and land Mails and Passengers to and from Ireland and Scotland, are intended to be despatched

FROM HALIFAX:

Sardinian ..... Saturday, Dec. 4
Polynesian ..... Saturday, Dec. 18
Parisian ..... Saturday, Jan. 1

AT TWO o'clock, P. M., or on the arrival of the Intercolonial Railway Train from the West.

FROM PORTLAND TO LIVERPOOL, VIA HALIFAX:

Sardinian ..... Thursday, Dec. 2
Polynesian ..... Thursday, Dec. 16
Parisian ..... Thursday, Dec. 30

AT ONE o'clock, P.M., or on the arrival of the Grand Trunk Railway Train from the West.

Rates of passage from Montreal, via Halifax:—Cabin $68.75, $75.75, $83.75. (According to accommodation.) Intermediate, $35.50, Steerage, $25.50.

Rates of passage from Montreal, via Portland:—Cabin $57.50, $72.50 and $2.50 (according to accommodation). Intermediate, $35.50, Steerage, 25.50.

NEWFOUNDLAND LINE.

The Steamers of the Halifax Mail Line from Halifax to Liverpool, via St. John's N.F., are intended to be despatched FROM HALIFAX:—

Caspian ..... Monday, Dec. 6
Carthaginian ..... Monday, Dec. 20

Rates of passage between Halifax and St. John's:—Cabin $20.00, Intermediate, $15.00, Steerage $6.00.

GLASGOW LINE.

During the season of Winter Navigation a steamer will be despatched regularly from Glasgow for Boston (via Halifax when occasion requires), and regularly from Boston to Glasgow direct, as follows, FROM BOSTON:—

Prussian ..... about Nov.
Manitobian ..... about Dec.
Siberian ..... about Dec. 1
Scandinavian ..... about Dec. 7
Hibernian ..... about Jan.
Prussian ..... about Jan.

The steamers of the Glasgow, Londonderry and Philadelphia Service are intended to be despatched from Philadelphia for Glasgow. FROM PHILADELPHIA:

Norwegian ..... about Dec. 22
Manitobian ..... about Jan. 19

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Through Rates and Through Bills of Lading for East bound Traffic can be obtained from any of the Agents of the above-named Railways.

For Freight, Passage or other information, apply to John M. Currie, 21 Quai d'Orleans, Havre; Alexander Hunter, 4 Rue Gluck, Paris; Aug. Schmitz & Co, or Richard Berns, Antwerp; Kuys & Co., Rotterdam; C. Hugo, Hamburg; James Moss & Co., Bordeaux; Fischer & Bohmer, Schussellcorb No. 8, Bremen; Charley & Malcolm, Belfast; Jas. Scott & Co., Queenstown; Allan Bros. & Co., 203 Leadenhall street, E. C., London; James and Alex. Allan, 70 Great Clyde street, Glasgow; Allan Brothers, James street, Liverpool; Allans, Rae & Co., Quebec; Allan & Co., 112 LaSalle street, Chicago; H. Bourlier, Toronto; Thos. Cook & Son, 261 Broadway, New York, or to G. W. Robinson, 136½ St. James street, opposite St. Lawrence Hall.

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Nov. 9th, 1886.

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