

this kind for the whole month, let them send for one week or two weeks, or as many as they can search out (give chapter and verse to each text).

Dress.

A good book deserves a good binding. Many people will look on its covers who never expect to make a further acquaintance with it; yet if the book be tastefully and well bound, they are tempted to take it up, and make its thoughts their own. So with ourselves. Hundreds see us, who never expect to exchange a word with us, and their opinion is mainly influenced by our appearance. If we have pleased them, they are glad when the opportunity comes for them to make our acquaintance; if, on the other hand, our appearance has been displeasing to them, they greet us coldly, and the acquaintance dies again.

Now, I fancy it is as natural for a woman to want to be liked as it is to breathe, so the art of dressing comes to be one of importance to us.

Fortunately, to be nicely dressed we do not need expensive, costly raiment, but we do need judgment to enable us to select clothing suited to our duties, position and age.

For a working girl to aim to dress like a wealthy woman would be utterly unsuitable and unbecoming, yet there is no necessity that her cotton dress should be one whit less pretty and becoming than the other's silk.

A dark cotton, well and neatly made, finished with white collar, dainty cap and white apron, makes the prettiest and most becoming morning dress anyone can wear; and even when the nature of her duties demand a dark apron and sleeves well tucked up, who ever saw a girl so clothed look anything but well? I fear there is abroad among our girls a dislike to caps. If they could only see themselves and know how a neat

little cap adds to their appearance, they would be just as eager to put them on as they now seem to be to avoid them.

When I was a wee girlie, mistresses wore caps as well as maids; it was a badge of household responsibility and duty, and eagerly adopted by the young wife, who thought her cap and wedding ring came together. People who have the morning meal dependent on them have not time to fuss with their hair and do more than make it tidy; the cap gives the needed finishing touch and by its dainty cleanness covers every defect.

Dress goods are so varied now one can hardly advise which to select, but for a young, growing girl there is nothing quite so useful as a skirt of black or blue serge. It can be worn either in the summer or the winter, with waist to suit the season and the occasion, and need never be put away to come out again hopelessly short. And even should its owner really outgrow it before it is worn out, a piece can be put on the bottom, and with a few rows of cheap braid it will look as well as ever.

God made this world so bright and beautiful, He seems to ask us to contribute to its brightness; but to do this well we must have good taste. Good taste can be gained, not by fashion books, or milliners' windows, but by looking abroad on nature, seeing how softly the orchard flowers blend with the soft, green foliage, how delicately the daisies peep from the sheltering grass of the meadow, and even the gaudy tulip looks sweet and modest amid its own coldly-toned foliage.

Be satisfied with one general tone of colour, see that your blouses accord with hat trimmings and ribbons. It is possible to be gay without being gaudy, and neatness and cleanliness in the little details of tucker, collar, cuffs and gloves make everything else look well.

Prints and gingham are so pretty and so cheap, anyone can have a good variety; but it is sometimes