

Annual Meeting of Association of Executive Health Officers of Ontario.

The Association assembled in Toronto on Tuesday February 14th, 1888, at 2 p.m., the President, Dr. J. Coventry, Windsor, in the chair. The Secretary was called upon to read the minutes of the last meeting, held at Woodstock, which were on motion adopted. The Secretary read letters from Dr. Fred. Montizambert, Chief Quarantine Officer, Grosse Isle Station; Dr. H. P. Yeomans, Mt. Forest; Dr. Chas. W. Covernton, Toronto; and Dr. J. D. Macdonald, Hamilton, regretting their inability to be present and take part in the meeting.

The regular work of the session was then opened by Dr. C. S. Elliot, of Toronto (formerly of Orillia), who presented the report of Committee No. 1 on "House and Land Drainage." After this paper, Ald. P. H. Drayton, Chairman of Toronto Local Board, read a paper on "Methods of dealing with City Sewage." A general discussion on the papers followed, engaged in by Dr. Burrows, Lindsay, Dr. Griffin, Brantford, Dr. Oldright, Toronto, Dr. Canniff, Toronto, Dr. McLellan, Trenton, Dr. Ross, Woodstock, and Dr. Sweetland, Ottawa.

Dr. J. J. Cassidy, of Toronto, in the absence of the Chairman of Committee, R. B. Smith, M.D., Seaforth, introduced the subject of report of Committee No. 2 on "Ventilation of Houses, Schools, and Public Halls." The Smead-Dowd system of ventilating public schools was fully described by Dr. Cassidy, and the general subject discussed by Dr. Lundy, Preston; Mr. Dolsen, Chairman Local Board, St. Catharines; Dr. Irving, Kirkton; Dr. Steuart, Wallaceburg; Dr. Griffin, and Dr. McLellan.

Dr. C. McLellan, Trenton, presented the report of Committee No. 3 on "Food, its Adulteration and Unwholesome Supply;" and was followed by the report of Committee No. 4 on "Milk Supply, its Sources and Contamination," presented by Dr. Lundy, Preston. The hour for adjournment having arrived, the technical paper by W. B. Nesbitt, B.A., M.D., Toronto, "On Methods of Milk Analysis," was read by title, and the discussion on these various subjects postponed to a subsequent session. The session then adjourned.

*2nd Session.*—The meeting was opened with prayer by Rev. S. H. Kellogg, D.D., after which Ald. Drayton welcomed the Association to Toronto in the following address:

*Mr. Chairman, Ladies and Gentlemen,*—I had hoped that his worship the Mayor would have been present to-night to welcome you to our Queen City, but owing to the press of legislative and other duties he is debarred from this pleasure, and the gratifying duty has devolved on me as Chairman of the Local Board of Health. It is matter of congratulation to the inhabitants of our fair Province of Ontario (the gem, if I may be permitted to say so without egotism, of our Dominion of Canada), to be made aware of the fact by such a gathering as this that the care of their general health is intrusted to so representative and intelligent a body of men as those I now have the pleasure of addressing. The majority of you gentlemen have the honor of belonging to a profession whose acknowledged aim and object is the amelioration of human suffering and the bettering of the human race; and what nobler object could man desire? Your profession, gentlemen, furnishes some of the grandest examples of pure self-sacrifice for the benefit of mankind. In cases, for instance, of violent epidemics, such as those of cholera and yellow fever, when all who can flee from the plague-stricken spot, the faithful physician is found at his post hurrying hither and thither on his mission of mercy, regardless of the danger of contagion, and regardless, also, of pecuniary reward. You, gentlemen, who represent the (if I may so style it), executive part of the various Health Boards of the Province, have an onerous and a delicate duty to perform. In many cases strong prejudice and gross ignorance have to be by you combatted and overcome in such a manner as to insure, if possible, the future co-operation of the very parties opposing you. I contend, at the risk of being considered a "crank" on such matters, that national health is the corner-stone in the structure of national greatness. As in the individual so in the nation the maxim "*mens sana in corpore sano*" holds good. To you, gentlemen, is largely intrusted the task of so enforcing sanitary reforms, and of so educating the minds of the inhabitants of the various municipalities you represent, as to largely increase the national greatness through the increased longevity and consequent value to the community of every individual life. Let me suggest to you as a motto the well known paraphrase of the late Lord Beaconsfield: "*Sanitas sanitatem omnia est sanitas.*" Work on with this as your watchword and success will in the end crown your efforts. In conclusion, in the name of the corporation of the city of Toronto and especially on behalf of our own Local Board of Health, I bid you heartily welcome to our midst.

The President then read the annual address.

Prof. Victor C. Vaughan, M.D., of the Laboratory of Hygiene, Ann Arbor, Michigan, delivered a powerful and eloquent address on "The Duty of the State in Investigating the Causes of