

unequal strain caused by that condition on the growing eyeball will produce nutritional disturbances in the retina, choroid ciliary body, iris, and even the lens itself, which will retard and modify development and produce defects that no after-correction can remove.

Asthenopia, weak and sensitive eyes, recurring conjunctivitis, chronic conjunctivitis, sick headache, blepharitis, styes, strabismus, choroiditis, retinitis, chronic iritis and cyclitis may be and are often produced or made worse by uncorrected optical or muscular defects.

Again, there is the effects that uncorrected ocular anomalies may produce on the general health to be considered. I have referred to this before, but do so again to impress it on your mind. We all have had occasion to see the change that removal of a bunch of adenoids has had on the general health of a sickly child, and that change is not so great as the correction of an optical defect has on many a puny, sickly youngster.

How many adults have come to midlife with a pronounced ocular defect which has not been corrected, and have been stunted in growth both physical and mental, hindered in their career or utterly repressed, who with early correction might have been distinguished in life, we cannot say. We can see the improvement in like cases when the correction is made both in children and adults, but we cannot estimate what might have been in the others. We know what improvement takes place in many cases of chronic ill-health by the removal of an eye-strain that has been using up a great deal of nerve force, these being clearly reflex in causation, just as a polypus in the nose will cause recurrent attacks of asthma, which will cease to return when the polypus has been removed.

I might mention a few cases from the literature on the subject. Cases of epilepsy have been reported cured by Ranney, Stevens, Colburn and others, which had been treated by other means before without benefit, and which had ocular defects or muscular anomalies corrected, and had remained cured. This is not surprising when we consider that in many cases epilepsy is not a disease, but a symptom, and the cause remote. This is not hard to believe when we think of cases of epilepsy that have been reported cured by treatment directed to the stomach, or to other distant organs. Again, vertigo is a condition that is often produced by ocular defects, particularly muscular imbalance in the vertical plane, and is cured by their correction.

Cases of gastric disturbances are numerous, cited by Thompson, Gould, Parker, and others, which had been treated by other