

dian Medical Association will be held in Toronto on the 9th, 10th and 11th of September next. Arrangements will be made with the railroad and steamboat companies for a reduced travelling rate, and certificates entitling members to such reduction will be issued by the secretary on application. Members intending to present papers at this meeting, are requested to notify the secretary at as early a date as possible of title of the paper intended to be read.

KUMYSS OR RUSSIAN MILK WINE.—As a dietetic remedy, Kumyss is now considered with out an equal. It accomplishes a two-fold task, that of a grateful food which nourishes the debilitated body, and a potent physic that renews its failing vitality. Its introduction into such general use as it now has in our civilized countries is due to observations taken by prominent medical men in the district called the "Steppes of Russia," principally inhabited by Kergheses, Tartars, &c., where consumption is unknown, and yet almost their only food and drink is Kumyss, for their religion, which is Mohammedan, forbids the use of other liquors. This fact has been vouched for by a scientific commission of enquiry made by the Russian Government, and fully established the palpable truth that the simple diet of Kumyss combined all the elements of nutrition in the most digestible and assimilable forms. Kumyss is prepared from Mare's Milk by fermentation. It is a piquant, sweetly acidulous fragrant liquor, which produces pleasurable effects, without any unpleasant after results. Considerable difficulty is experienced in procuring the Mare's Milk, and it is often necessary, in order to induce her to yield it, to procure a stuffed dummy colt, placed alongside the milker. This milk assimilates very closely with woman's milk, and as far as quality is concerned it is equal to the purest of cows milk.

The preparation of Kumyss, made by W. A. Dyer & Co., Montreal, contains all the advantageous properties of the Russian Kumyss, and if allowed to stand for ten or twelve days combines all the beneficial properties of the purest champagne, being light, effervescent and exhilarating. Kumyss, unlike milk, agrees with the feeblest stomach, and remarkable benefit is derived from its use in all complaints arising from feeble digestion, whether caused by impoverishment of the gastric juice or catarrhal complications in nervous irritation, and in the different phases of dyspepsia. Kumyss contains, in itself, all the plastic, respiratory and heat-giving elements of the body, and presents them in such a form that they are rapidly absorbed to renew the wasted tissues. It is estimated that every quart of Kumyss drunk carries into the body four ounces of solid food. Kumyss is considered by eminent physicians as a mild aperient, promoting the flow of bile,—is well suited for bronchitis, winter-

coughs and consumption, and is always a great palliative, even if it does not in every case effect a cure. It has been proven that where Kumyss has been taken regularly in accordance with the physicians' prescription that the patient has gained from one to ten ounces per day,—sufficient evidence in itself to prove the beneficial results derived from the use of Kumyss. In cases of general debility, typhoid fever, dyspepsia, it has been productive of wonderful effects, and is used by the weakest invalids without feelings of nausea or disgust. These facts, which are incontrovertible, must indicate that Dyer's Kumyss fills a long felt want, and will prove of inestimable value to many a sufferer.

A postal card addressed to W. A. Dyer & Co., Montreal, will be sufficient to have any quantity sent throughout the Dominion, if "Dyer's Kumyss" cannot be obtained from the local druggists.—*Montreal Herald*.

PERSONAL.

Dr. Lorne Campbell is resident physician at the Iroquois House, Belœil Mountain.

Dr. F. W. Campbell spent twelve days under canvas as principal medical officer of the military camp at St. Johns.

Dr. H. L. Reddy has a charming villa at Hudson, on the Ottawa river, where he generally spends from Saturday to Monday.

Dr. Laphorn Smith will spend a few weeks holidays partly at Lake St. John and partly at Saratoga.

Drs. Perrigo and Reddy are on duty at the Women's Hospital during July, August and September, and Dr. Laphorn Smith is in charge of the clinic for diseases of women at the Montreal Dispensary on Mondays and Thursdays, from three to six p.m.

Dr. Hingston has a beautiful summer residence at Varennes. Although one of the oldest in the profession he still sets an example to many younger men by rowing down some ten or twelve miles every Saturday evening.

Drs. Roddick, Buller, Geo. Ross, Jas. Stewart, A. A. Browne and Wm. Gardner have gone to Berlin to attend the Congress and take a run through Europe.

Dr. Daywatt, of San Francisco (*Occidental Med. News*, June, 1890), ascribes failure of the creosote treatment of tuberculosis to the employment of impure creosote, as determined by direct personal investigation of the article used for purposes of inhalation.