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GENERAL INTENTION FOR APRIL.

*Named by the Cardinal Protector and blessed by the Pope
for all Associates.*

THE READING OF THE LIVES OF THE SAINTS

READING is the cultivation and nutriment of the mind. What we read is treasured up in our memory, and is received like the seed which, in due season, gives birth to thoughts and desires. If we do not attempt to assimilate indiscriminately all kinds of food, and if we shun with care whatever might prove hurtful; if we do not cast into the soil all kinds of seed, but those only which are useful, how much more discernment should we not exercise in the choice of food for the mind, and in the selection of the seed from which our thoughts spring. What we read to-day with indifference will, when occasion offers, awaken, without our perceiving it, thoughts which will be for us a principle of salvation or of ruin. God suggests good thoughts for our welfare, the devil evil ones, of which he finds the germ within us, to lead us to perdition, and we furnish him with