

Dr. M. Souvielle's Spirometer Given Free.

Encouraged by the fact that during the past five years, thousands of patients who have used my Spirometer have been cured of Asthma, Bronchitis, Catarrh, Catarrhal Deafness, Consumption or Weak Lungs, and finding that many who could be cured are financially unable to procure the instrument, I will give the Spirometer Free to any one suffering from any of the above ailments who will call at 173 Church street, Toronto, and consult the Surgeons of the International Throat and Lung Institute, the medicines alone to be paid for.

If unable to call, write for particulars and treatment which can be sent by express to any address. Dr. M. Souvielle, ex-aide Surgeon, French Army.

CHICAGO HAMS AND BREAKFAST BACON,

Best Value in Teas from 50c.,

- Fresh Cream Cheese, Grated Parmesan Cheese- FRENCH PEAS, MUSHROOMS, & TRUFFLES, KENNEDY'S FINE AMERICAN BISCUITS, SEVILLE ORANGES (First of the Season).

FULTON, MICHIE & CO., 7 KING STREET WEST,

W. WHARIN & CO.,

Established 1854. Watches, Clocks, JEWELRY And Silverware.

Every description of English, Swiss, and American Watches and Clocks cleaned, repaired and regulated. Jewelry and Silverware manufactured, and repairs neatly executed. 40 King Street West, Toronto.

CONSUMPTION: I have a positive remedy for the above disease... DR. T. A. SLOCUM, 141 Pearl St., New York.

Rodger, MacLay & Co's PRIZE MEDAL TOILET SOAPS are delicately perfumed and for emolliency and cleansing qualities are unsurpassed. ASK FOR RODGER, MACLAY & CO'S LAUNDRY SOAPS. They are absolutely pure. WAREHOUSE-70 Front St. E., WORKS-Defries St. TORONTO.

BURKE'S Dressing advertisement with image of a bottle and text: No Waste. No Trouble. Always Read A GOOD SALAD ASSURED. Rich. Wholesome. Nutritious. The most popular Mayonnaise for all kinds of SALADS, RAW TOMATOES, CABBAGE, COLD MEATS, FISH, etc., ever sold. E. R. BURKE & CO. NEW YORK.

\$65... \$72 A WEEK... \$100... advertisement for insurance or similar service.



LYDIA E. PINKHAM'S VEGETABLE COMPOUND IS A POSITIVE CURE

For all of those Painful Complaints and Weaknesses so common to our best FEMALE POPULATION. It will cure ENTIRELY the worst form of Female Complaints, all Ovarian Troubles, Inflammation and Ulceration, Falling and Displacements, and the consequent spinal weakness, and is particularly adapted to the whole range of Life. It will dissolve and remove Tumors from the Uterus in an early stage of development. The tendency to Cancerous Humors, their checked very speedily by its use. It removes PAINNESS, FLATULENCY, DESTROY ALL CRAVING FOR STIMULANTS, AND RELIEVES WEAKNESS OF THE STOMACH. IT CURES BLOATING, HEADACHE, NERVOUS PROSTRATION, GENERAL DEBILITY, DEPRESSION AND INDIGESTION. THE FEELING OF BEARING DOWN, CAUSING PAIN, WEIGHT AND HARSHNESS, IS ALWAYS PERMANENTLY CURED BY ITS USE. IT WILL AT ALL TIMES AND UNDER ALL CIRCUMSTANCES, IN HARMONY WITH THE LAWS THAT GOVERN THE FEMALE SYSTEM. ITS PURPOSE IS SOLELY FOR THE LEGITIMATE HEALING OF DISEASE AND THE RELIEF OF PAIN, AND NOT TO DOES ALL IT CLAIMS TO DO. THOUSANDS OF LADIES CAN GLADLY TESTIFY TO THIS. FOR THE CURE OF KIDNEY COMPLAINTS IN EITHER SEX THIS REMEDY IS UNPARALLELED. LYDIA E. PINKHAM'S VEGETABLE COMPOUND is prepared at Lynn, Mass. Price \$1. Six bottles for \$5. Sold by all Druggists. Sent by mail, postage paid, in form of Pills or Lozenges on receipt of price as above. Mrs. Pinkham's "Wife to Health" will be mailed free to any Lady sending stamp. Letters confidentially answered. No family should be without LYDIA E. PINKHAM'S LIVER PILLS. They cure Constipation, Biliousness and Torpidity of the Liver. 25 cents per box.

An Old Soldier's EXPERIENCE.

"Calvert, Texas, May 3, 1882. I wish to express my appreciation of the valuable qualities of Ayer's Cherry Pectoral cough remedy. While with Churchill's army, just before the battle of Vicksburg, I contracted a severe cold, which terminated in a dangerous cough. I found no relief till on our march we came to a country store, where, on asking for some remedy, I was urged to try AYER'S CHERRY PECTORAL. I did so, and was rapidly cured. Since then I have kept the PECTORAL constantly by me, for family use, and I have found it to be an invaluable remedy for throat and lung diseases. 40. W. WHITLEY."

Thousands of testimonials certify to the prompt cure of all bronchial and lung affections, by the use of AYER'S CHERRY PECTORAL. Being very palatable, the youngest children take it readily.

PREPARED BY DR. J. C. Ayer & Co., Lowell, Mass. Sold by all Druggists.

STANDARD LIFE ASSURANCE COY OF EDINBURGH.

Head Office for Canada, Montreal. The STANDARD maintains a high record for its liberal treatment to Policy-holders, and for its prompt settlement of claims: whilst its rates are as low as those of American and other companies. W. M. RAMSAY, Manager. THOMAS KERR, Inspector. \$100 a month and board for five Young Men or Lady in each city. GARRISON & Co., 95 King St. W., Toronto.

Scientific and Useful.

WORMS IN FLOWER POTS.—If troubled with white worms in your flower pots, stick in the earth half a dozen or more unlighted matches, points down, it will kill them.

SALT SALMON FOR SUPPER.—Cut some smoked salmon into the very thinnest possible slices; lay them neatly on pieces of buttered toast, sprinkle with pepper and put into the oven just long enough to get quite hot.

Lydia E. Pinkham's Vegetable Compound is a most valuable medicine for ladies of all ages who may be afflicted with any form of disease peculiar to the sex. Her Remedies are not only put up in liquid form but in Pills and Lozenges in which form they are securely sent through the mails.

CREAM SAUCE.—Heat one tablespoonful of butter in a skillet; add a teaspoonful of flour and stir until perfectly smooth. Then add gradually one cup of rich milk; let boil until thick, stirring constantly; season to taste with salt and pepper. This is very nice for vegetables, omelets, fish, or sweet-breads.

SWEET BREADS STEWED WITH CREAM.—Soak four or five throat sweet breads well in salt water; boil until tender and skin; let a pint of rich milk come to a boil, season with a quarter of a pound of butter, pepper and salt. Toast three slices of bread, cut into small squares and put in the steaming milk. Cut up the sweet breads, add them and let boil two or three minutes.

RISsoles.—Roll the trimmings from pie-crust into a sheet about a sixth of an inch thick; cut this in cakes with the largest patty cutter; have any kind of meat prepared as for croquettes; put a heaping teaspoonful on each cake; brush the edges of the cake with beaten egg and fold and press together. When all are done dip in the beaten egg and fry brown in boiling lard. They should cook eight minutes. Serve hot.

TURBOT EN COQUILLES.—Turbot that has been left over from the day before will do quite as well for this dish as the fresh. If fresh, boil until tender in salt and water, let it get cold, then remove the meat from the bone, shredding it finely. Procure a number of scallop shells and put a table-spoonful of the fish in each; have ready some cream sauce, pour enough into each shell to cover the fish, spread over the top some grated cheese and bread-crumbs; and finish with small pieces of butter. Bake in a quick oven until a nice golden brown. Serve at once. Any fish can be cooked this way.

TURKEY OR CHICKEN CROQUETTES.—One-half pound boiled turkey breast, one-fourth pound bread crumbs, one-fourth pound of brains, one-fourth pound butter, two eggs, mace, nutmeg, salt, one teaspoonful of chopped onions, one teaspoonful of parsley chopped very fine, pour a little boiling water on the bread crumbs, mash very smooth; into this break one egg, stir over the fire until the consistency of mush, and set away to cool; add this to the turkey, which must have been chopped very fine; season with onion, parsley, spices, etc.; break into this the other egg and mix well. Lastly, add a teaspoonful of rich cream and the brains, make into pear shapes, roll in white of egg beaten slightly, then in bread crumbs, and fry a light brown in very hot lard.

CURRIED MUTTON CHOPS.—Get the best rib chops and have them cut about an inch thick. Put them in melted butter several hours before cooking. Half an hour before they are to be eaten, slip the pan in which they have been with the batter into the stove and melt the butter the second time. Then dip them into the following preparation: A loaf of stale bread rolled and sifted until it is like meal; the yolk of six hard-boiled eggs, three teaspoonfuls of chopped parsley, two teaspoonfuls of grated onion, one teaspoonful of thyme, one teaspoonful of sweet marjoram, salt, pepper (black and red), etc., two teaspoonfuls of curry powder, or four if the powder is not very strong. This must be thoroughly mixed together. When the chops have been rolled in this, put them in a deep pan and add the melted butter, and Port or Madeira wine, enough to keep them from burning. Cook twenty minutes, basting constantly. Cut heart-shaped papers, butter them well and wrap the chops separately, carefully folding the edges. Slip in the stove for two minutes and serve very hot.

AN UNPROTECTED FAMILY.—Is one that has not that valuable remedy, Haggard's Yellow Oil, in the house for Accidents and emergencies. It cures colds, croup, sore throat, deafness, rheumatism, neuralgia, chilblains, burns, bruises and all painful injuries.

A WOMAN seldom writes her will. There is so much of it she can't.

The true philosophy of medication is not to dose for symptoms, but to root out disease. Northrop and Lyman's Vegetable Discovery and Dyspeptic Cure, the great Blood Purifier, has proved itself equal to this task. It is a most valuable remedy without being a violent remedy for Constipation, Biliousness and Indigestion. It is well adapted to the needs and physical temperaments of delicate females as to the more robust sex, and is a fine preventive of disease as well as a remedy for it.

A CASE MUCH TALKED OF.—The case of Mr. John Morrison, of St. Ann's, N.S., who was afflicted with a serious dropsical disease of the kidneys. The best medical aid having failed, his life was spared of. Two bottles of Burdock Blood Purifier cured him. His statement is vouched for by J. D. McLeod, J.P., who knew of his condition. The cure is considered marvellous in his town.

KINDNESSES, like grain, increase by sowing.

To lessen mortality and stop the inroads of disease, use Northrop & Lyman's Vegetable Discovery and Dyspeptic Cure. For all diseases arising from impure Blood, such as Pimples, Blisters, Biliousness, Indigestion, etc., etc., it has no equal. Mrs. Thomas Smith, Elm, writes.—"I am using this medicine for Dyspepsia. I have tried many remedies, but this is the only one that has done me any good."

WHERE the fire of love is kept up, the flames of wrath will not easily kindle, nor long keep burning.

SANITARY INSPECTION.—If you would avoid sickness clear away the filth and rubbish about your premises, establish proper drainage and admit pure air. The skin, kidneys and bowels are the highways of the human body. Regulate these channels of health with Burdock Blood Purifier, which act directly to purify the blood and regulate the stomach, liver, and kidneys.

THE superiority of Mother Graves' Worm Exterminator is shown by its good effects on the children.

DOWN'S ELIXIR FOR COUGHS & COLDS

RELIABLE SEEDS OR. CULTIVATOR'S GUIDE FOR THE GARDEN & FARM MAILED FREE To all Inquiring Purchasers. J. A. SIMMERS, 147 King St. East (south side), TORONTO.

SOMETHING NEW. Novelty Rug Machine. Patented March 6, 1882.

Rugs of the Most Exquisite Design and Finish Made with Ease and Rapidity.

With it you can make a beautiful rug in a few hours that would require weeks of labour with a loom. You can make a splendid pair of mittens in three hours. You can make hoods, tidies, laprobes, door mats, etc. Uses either yarn or rags. Any person over twelve years of age can operate it. Easy to learn simple, durable and perfect. Price only one dollar. A Machine, with full printed directions, also a good mitten pattern, showing how to make mittens, sent by mail prepaid to any address on receipt of price. Rug patterns for sale. Wholesale and retail. Descriptive price list of patterns sent with each Machine. Agents wanted (either ladies or gentlemen) to whom liberal inducements will be given. Address, R. W. ROSS, Guelph, Ont., P. O. Box 541. Sole Manufacturer of the Novelty Rug Machine. Good Pay for Agents. \$100 per mo. made selling our Books and Patterns. Write J. C. McCurdy & Co., Philadelphia, Pa.