

Bowmanville, Jan. 5th, 1883. Boumawoille, Jan. 5th, 1005 or many years with bilious collegand orbid liver. I tried one of the Nethan Pader and derived great benefit from it. I can heartily recommend them to all persons of deed in the same way. I tould not be without one on any account.

One member of my family has been troubled for years with sick headache. A Pad effected a cure, while pills and nostrums did not benefit in the least.

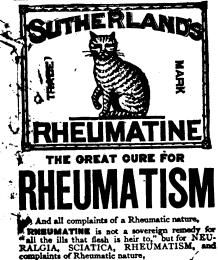
Yours Respectfully. HENRY MANN.

Regular Pad, \$2, sent free by mail on receipt of price. Send for description treatise.

NOTMAN PAD CO'Y, 55 FRONT ST. EAST, TORONTO.

A Fair Exchange.

A Fair Exchange. Will you exchange a chronic case of Dys-persient of a gree to break up a Bilious Tem-perament—to give your torpid hver activity, and thus strengthen your Digestion; regain chergy, comfort, health, spirits, all for 75c. ? A single bottle of ZOPESA will do this. A few doese surprise those who try ZOPESA. For Biliousness and Dyspepsia in their many Norms, ZOPESA is Panacea, and is warranted ture them. It acts speedily and pleas-antly. Try a Lo cent sample. ture them. antly. Try a Try a 10 cent sample.



IT IS A SURE CURE.

From Thomas Foulkes, boatswai ishah," of Greenock; private residen poplar, London. 54 Ida St.

CALCUTTA, Heiser, etc., 1985. To HORATIO BUTHERLAND, ESO.: DEAR SIR,—It is with great please that is give my testimony as to the value of your peder that a give for chanced and the same and found it did me agreat many remedies, without relief. Is induced to take a bottle of Rheumatine, and found it did me agreat deal of good. A second bottle entirely cured me, nor have I ever had the return of the complaint at though I have had a great deal of exposure in wet and cold. I remain Acar sin I have have I have have I remain, dear sir, Yours truly, THOMAS FOULKES. THOMAS FOULKES.

19 The Rheumatine Manufacturing Co., NIAGARA FALLS, ONT.

MESSRS. NORTHROP & LYMAN, WHOLE-SALE AGENTS, TORONTO.

THE PEOPLE'S FAVORITE Oook's Friend Baking Powder PORB, BRALTHY, RELIANCY Manufactured only W 55 & 57 College Bt Retailed Everywhere.

\$66 a week in mont own town. Terms and witht

The wonders of modern chemistry are parent in the beautiful Diamond Dyes. apparent in the beautiful Diamond Dyes. Af kinds and colours of Ink can be made from them.

them. *All ladies who may be troubled with nerv-ous prostration; who suffer from organic dis-placement; who have a sense of weariness and a feeling of lassitude; who are languid in the morning; in whom the appetite for food is capricious, and sleep at proper hours uncertain, should have recourse to Mrs. Pink-ham's Vegetable Combund.

The Scarlet, Cardinal, Red, Old Gold, Navy Blue, Seal Frown Diamond Dyes give perfect results. Any fashionable colour, 10 center

cents. DAVY & CLARK, Druggists, Renfrew, date of June 3rd, write : "Burdock Blood Bitters, though comparatively a new preparation, has taken the lead in this locality as a blood purifier, our sales of it being equal to that of all ther medicines used for the purpose dur-the last year."

A NOTED BUT UNTITLED WOMAN.



Mesers, Editors :--The above is a good likeness of Mrs. Lydia E. Pink-ham, of Lynn, Mass., who above all other human beingr may be truthfully call the 'Dear Friend of Woman,' as some of her correspondents love to call her. She is sealously devoted to her work, which is the outcome of a life-study, and is obliged to keep six lady burden of suffering, or joy at release from it. Her Vegetable Compound is a medicine for good and not evil purposes. I have personally investigated it and an mainfed of the truth of this. On account of its proven merits, it is recommended and prescribed by the best physicians in the country. One asys: "It works like a charm and saves much pain. It will cure entirely the worst form of falling of the uterus, Leucornhom, Infammation and Ulceration, Floodings, all Displacements and the coners, Editors :

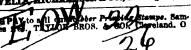
Ulceration, Floodings, all Displacements and the con-sequent spinal weakness, and is especially adapted to

Uncertained for the set of the system, and the consequent spinal weakness, and is especially adapted to the Change of Life."
It permeates every portion of the system, and gives new life and vigor. It removes faintness, flatulency, destroys all craving for stimulants, and relieves weakness of the stomach. If cures Elosting, Headaches, Nervous Prostration, General Debility, Eleoplesmess, Depression and Indigestion. That feeling of bearing down, causing pain, weight and backache, is always permanently cured by its use. It will stall times, and under all circumstances, act in harmony with the law that governs the female system.
It costs only §1. per bottle or sit for §6., and is sold by druggists. Any advice required as to special cases, and the names of many who have been restored to perfect health by the use of the Vegetable Compound, can be obtaiged by addressing Mrs. P., with stamp for reply, at her home in Lynn, Mass.
For Kidney Complaint of ether ser this compound is manypassed as abundant testimonials show.
"Mix. Pinkham's Liver Pills," says one writer, "are the best in the sould for the cures of Constipation, Billoumess and Torpidity of the liver. Her Blood Purifier works wonders in its special line and bids fair to equal the Compound in its oppularity.
All must respect her as an Angel of Mercy whose sole ambition is to do good to others.
Philadelphia, Pa. (3) Mrs. A. M. D.



THE Bast Byes Fre-Hade. Best Byes Fre-Hade. Best Byes Fre-Hade. DRESSES, COATS, SCARFS, HOORS, YARN, STOCKINGS, CARFS, HOORS, NEWONS, FEATHERS, on by Shrifs or fandy article casily and parfectly offere thiny shade. Black, Brewn, Green, BHA Actiet, Ordinal Red, Navy Blue, Scal Edwa, Olive Green, Terrs Octis and 20 other best colors. Warranted Fast and Durable. Each package will color one to four lbs. of goods. If you have never used Dyes try these once. Tou will be delighted. Sold by druggists, or send us 10 cents and any said whied sent post-paid. 24 colored samples and a set of fancy ords sent for a 30. stamp. WELLS, RICHARDSON & CO., Burlington, Vi.

GOLD and SILVER PAINT. BULU GIIU OILVEN FAINI. Bronzo Paint. Artists' Black. For gliding Fancy Baakets, Frames, Lamps, Chandeliers, and for all kinds of Goramonial work: Bunal to any of the high prioed kinds and only loots. a package at the druggists, or post-paid from WELLS, BROMARDAN & CO., Burlington, Vi. BIS PLATE AND BROS. & CO., Empland. O



Scientific and Aseful.

An excellent soup can be made by taking one can of corn and boiling the corn in one quart of milk and water in equal proportion; season with sait, pepper, and butter. After it has boiled for about ten minutes stir in it three well-beaten eggs, Serve hot, with a little rolled cracker, added just before sending to the table.

GINGER SNAPS .- Put ir a basin one cup-GINGER SNAPS.—Put ir a basin one cup-ful of broken butter, one cupful of brown sugar, two cupfuls of molasses, two large teaspoonfuls of ginger and one of salt. Boil these together for five minutes. Remove from the fire and stir in two teaspoonfuls of soda; pour the foaming mixture into the mixing dish, and stir in flour till it is plenty hard enough to roll and cut well. RAISIN nie, which is preferred by the

plenty hard enough to roll and cut well. RAISIN pie, which is preferred by many people to grape pie, is made of one cup of crackers, rolled very fine, one cup of cold water, the juice and rind of one lemon, one cup of raisins, stoned and chopped very fine, and one heaping teacupful of sugar. Beat these thoroughly together, and add one egg the last thing. Bake with a thin upper and under crust; rub the top crust with the white of an egg or with a little milk with sugar dissolved in it; bake in a moderate oven, but brown the pie by setting it on the shelf in the oven.

IF baby catches cold and it settles in his IF baby catches cold and it settles in his head and makes his nose into a rattle-box, or, as grandmother says, "gives him the suffles," you may ease the little sufferer add enable him to sleep peacefully by greasing his nose and the bit of forehead directly above ithe nose. For use at this time some animaboil is better than any that is manufactured. When chickens are cut up, before cooking save some of the fat, render it, and put the oil thus obtained in a wide-mouthed bottle with a closely-fitting cork; keep in a cool closet. This oil is ex-cellent for the purpose named.

PUMPKIN PIE.—Take a quart of rich milk, scald it, and when it cools stir in five eggs carefully beaten, two cups of pumpkin steamed or cooked in the old-fashioned way steamed or cooked in the old-fashioned way with only water enough to prevent its burn-ing, ginger, mace, cinnamon, and nutmeg to the taste, with about a cupful of sugar and a pinch of salt. Beat the whole together thoroughly, and add a cup of cream, and stir it in carefully just before pouring into the baking plates. Line the pie plates with rich paste, fill them to the height of three-quarters of an inch and bake in a moderately ouick oven till firm in the centre. quick oven till firm in the centre.

PREPARING CORNED BEEF.--A housekeeper of forty years' experience gives the following directions for preparing corned beef for the table : If dinner is at six o'clock, put on a piece that weight eight pounds at one o'clock, and let it boil gently till it is time to serve it. If dinner is at twelve or one o'clock, the beef should be put on to boil as as early as seven o'clock. If boiled for this o'clock, the beef should be put on to boil as as early as seven o'clock. If boiled for this length of time, and gently, it will be very tender, and have a fine flavour. It will cut easily and smoothly, and notwithstand-ing the tradition that it should be boiled rapidly and in less time, will be found to be more digestible and every way more desir-able. able.

able. BROWN bread made by following these directions is sure to be good: Sift, until thoroughly mixed together, half a pint of flour, one pint of corn meal, half a pint of rye flour, one teaspoonful of salt, two tea-spoonful of baking powder, one teaspoon-ful of brown sugary. Peel, wash, and boil two medium-sized potatoes; rub them through a sieve, and beat them well, with half a pint of water. Make a batter of this and the meal, etc. Butter a deep basin, or small pan, and pour the batter in; then set the pan in a kettle of boiling water; let it cook in his way for an hour. Cover the pan, of course, and put it in a hot oven for half an-hour. "The Only One in America."

"The Only One in America."

The International Throat and Lung Institute, Toronto and Montreal, is positively the tute, Toronto and Montreal, is positively the only one in America where diffuses of the air passages alone are treated. Didginala-tions are used through the second treater, an instrument or inhaler in where otherer, an Souvielle of Paris, ex-aid support by Dr. M. Souvielle of Paris, ex-aid support of the French army, with proper diet tic, by genic and constitutional treatment supple to each case. Thousands of cases of Charrh, Largn-tic Reaching Asthma Catarrhal Desci case. Thousands of cases of Catarrh, Laryn-gitis, Bronchitis, Asthma, Catarrhal Deaf-ness and Consumption have been cured at this institute during the past few years. Write, enclosing stamp, for pamphlet, giving full particulars and reliable references to 173 Church street, Toronto, Ont.; 13 Phillip's Square, Montreal, P. Q.

THE PUREST AND BEST

REMEDY EVER MADE. --- IT IS COMPOUNDED FROM HOPS, MALT, BUCHU, MAN-DRAKE, AND DANDELION.

The oldest, best, most renowned and valu-able medicine in the world, and in addition it contains all the best and most effective cura-

able medicine in the world, and in addition it contains all the best and most effective cura-tive properties of all other remedies, being the greatest liver regulator flood nurifier, and life and health restoring agen on earth It gives new life and view to the aged and infirm. To clergymen, knywes, itchary men, ladies, and all whom sedenary entroy-ments cause irregularities of the blood, Stom-ach, Bowels, or Kidneys, or who require an appetizer, tonic, and mild stimulant, it is in-valuable, being highly curative, tonic and stimulating, without being intoxicating. No matter what your feelings or symptoms are, or what the disease or ailment is, use Hop Bitters. Don't wait until you are sick, but if you only feel bad or miserable use the bitters at once. It may save you rlife. Hun-dreds have been saved by so doing, at a moderate cost. Ask your druggist, or physi-cian. Do not suffer yourself or let your friends suffer, but use and urge them to use Hop Bitters. If you have lameness in the loins, with fre-

Hop Bitters. If you have lameness in the loins, with frequent pains and aches; numbness of the thigh; scanty, painful and frequent discharge of urine, filled with pus, and which will turn of urine, filled with pus, and which will turn red by standing; a voracious appetite and unquenchable thirst; harsh and dry skin; claumy tongue, often darkly furred; swollen and inflamed gums; dropsical swelling of the limbs; frequent attacks of hiccough; inabil-ity to void the urine, and great fatigue in attempting it—you are suffering from some form of Kidney or Urinary Complaint, such as BRIGHT'S DISEASE of the kidneys, stone or inflammation of the bladder, gravel and as DRIGHT'S DISEASE of the kidneys, stone or inflammation of the bladder, gravel and renal calculi, diabetes, stranguary stricture and retention of the urine, and Hop Bitters is the only remedy that will permanently cure you. you.

Remember, Hop Bittersis no vile, drugged, drunken nostrum, but the purest and best medicine ever made, and no person or family should be without it.

should be without it. Don't risk any of the highly lauded stuff with testimonials of great cures, but ask your neighbour, druggist, pastor or physicians what Hop Bitters has and can do for you and test it.

No household should be considered com-plete without a bottle of DR. VAN BUMEN'S KIDNEY CURE is in the eloset. It is the only remedy that will positively, permanently and promptly cure all forms of kidney diseases Sold by druggists.

Wells' Health Renewer " restorer health and vigour, cures Dyspepsia, Genera De bility. \$1.

WHE SHOULD A MAN whose blood is

"What SHOULD A MAN whose blood is the within Sit like his grandsire cut in alabaster?" Or let his hair grow user, scant and thin, When "Cingalese Renewer" will make prow the faster. it

As the faster. As the faster. As the faster. Bright's Disease, the runs ray, so does Bright's Disease, topy, Stone in the Kidneys and Blatder, and Influentation of the Kidneys, leave the body upon the sd-ministration of Dr. Van Buren's Kidney Cure.

S. Wetherell, writing from Winning, says: 'I can say more about PHOSTHA. TINE now than when I saw your last in To-ronko. My health is much improved, and I am free from headaches, or any any other aches, having only used two and a nat bot-tles of your Phosphatine. For sale by a drugsists.

A ROPE ABOUT OUR NECKS. — A week stomach er enleebled circulation is like a rope about our necke. We are strung up and an bearable. Burdock Blood Buters will arrest all this misery. Burdock Blood Bitters will arrest boon to the sick. Let us remember this bay

FIRST class narrow gauge locanolire weighs 44,000 pounds, or convalent to the weight of 10, 192,000 of Esterbrook's Man-moth Filcon Tens.

Trial pottles 10 cents.

Thousands of women blses the degron Pierce's 'Favourie Prescription 'Waa ma to them. In all those derangemente cruit ache, dragging-down sensations, nervourie debility, it is a sovereign remedy. The main properties render it of the unost ladies suffering from "internal for of inflammation, or ulceration. By druggist.