

## WOMAN'S NERVES MADE STRONG

By Lydia E. Pinkham's  
Vegetable Compound.

Winona, Minn.—"I suffered for more than a year from nervousness, and was so bad I could not rest at night—would lie awake and get so nervous I would have to get up and walk around and in the morning would be all tired out. I read about Lydia E. Pinkham's Vegetable Compound and thought I would try it. My nervousness soon left me. I sleep well and feel fine in the morning and able to do my work. I gladly recommend Lydia E. Pinkham's Vegetable Compound to make weak nerves strong."—Mrs. ALBERT SULTZ, 603 Olmstead St., Winona, Minn.



How often do we hear the expression among women, "I am so nervous, I cannot sleep," or "it seems as though I should fly." Such women should profit by Mrs. Sultz's experience and give this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, a trial.

For forty years it has been overcoming such serious conditions as displacements, inflammation, ulceration, irregularities, periodic pains, backache, dizziness, and nervous prostration of women, and is now considered the standard remedy for such ailments.

## Guide-Advocate

Watford, Ont.

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### ADVERTISING RATES.

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HARRIS & CO.  
PROPRIETORS

## Guide-Advocate

HARRIS & CO. PROPRIETORS.

WATFORD, MAY 17, 1918

### NOTE AND COMMENT

In three hours they now fire as many shells as they did during the whole Franco-Prussian war, which shows that in the last forty years the art of war has made more progress than almost anything else.

The Duke of Devonshire, governor-general of Canada, will pay an official visit to London on June 4, arriving there in the evening of that day, and remaining during the following day. The Duchess of Devonshire and the members of the governor-general's staff, will accompany him.

San Francisco Bulletin: "God has been with us," says the kaiser, using in his latest speech the customary formula implying the Creator of the universe is a kind of military attaché to the Germany army. Doubtless Pharaoh was under this impression when the waters of the Red Sea opened and permitted his army to pursue the fleeing Israelites.

Philadelphia Record: At a point in France a train loaded with American troops, singing, passes every hour on its way to the front. The incident suggests a good deal about the number of our men and their fighting spirit. A member of the French government, just returned from the

### How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Medicine.

Hall's Catarrh Medicine has been taken by catarrh sufferers for the past thirty-five years and has become known as the most reliable remedy for Catarrh. Hall's Catarrh Medicine acts through the blood of the mucous surfaces, expelling the poison from the blood and healing the diseased portions.

After you have taken Hall's Catarrh Medicine for a short time you will see a great improvement in your general health. Start taking Hall's Catarrh Medicine at once and get rid of catarrh. Send for testimonials, free.

F. J. CHENEY & CO., Toledo, Ohio.  
Sold by all Druggists, 75c.

front, says he never saw Gen. Foch or the officers and men more absolutely confident and in higher spirits than they are now. When the Germans are far enough into the trap the gate will drop and they won't get back to their base.

Preparations are being made at once to raise 3,000,000 fighting men in the United States, which may necessitate increasing the age limit for the drafted army. Plans for the thorough training will be abandoned, and soldiers, who have been in camps and cantonments for six months will, it is expected, be sent to France and England to finish their training. The supreme question before the allied army commanders is increased man-power, mostly infantry, experts say, and the United States is expected to supply more fighting men within the least possible time.

### For Love's Sake

David Livingstone died at Ilala village in the heart of Africa, with no white man near him. But five black men of the Makololo tribe of their own choice and of their own initiative embalmed his body, wrapped it in bark and sailcloth, swung it on a pole and carried it through jungle and prairie, over mountain and plain, through marshes and rivers, beneath a tropical sun and through torrential rains, one thousand miles to the coast at Zanzibar. The most wonderful funeral procession in some respects the world has ever seen—Why? For love's sake. Ask a child of America to run an errand and he will ask you what there is in it for him. Five native black men, without hope or thought of reward, carried the dead body of their friend one thousand miles to the sea, and our white children will ask for pay ere they will turn on their heel. Has this no significance as we face the issues of our day? Can we be building right? What is our idea of civilization, of education, or religious? Is the end of the war going to find us living "at this poor dying rate?" Is it going to find us feeding spiritually on these barren wastes? Susi, Chuma and Jacob Wainwright, black natives of Africa, who knew nothing of the civilizations of Greece and Rome and Modern Europe, got somehow the vision of the eternal thing and lived it. Is it yet too late? Or are we going to make a supreme effort to get this into the soul and life of our generation at all hazard, whatever else may be left out? This we must do if we would save ourselves and our nation.

### Persons of All Ages Must Register

The procedure to be adopted in taking a registration of the man and woman power of the Dominion in June, was outlined in detail to thirteen registrars from Western Ontario who gathered at the city hall, London, on Thursday and had the act explained fully by E. A. Ball of Brantford. Mr. Ball was appointed superintendent of registrars for the district, to be known as Southern Ontario. This district comprises that portion of Ontario between Niagara and Detroit Rivers, south of the old line Grand Trunk, and embraces 21 electoral districts.

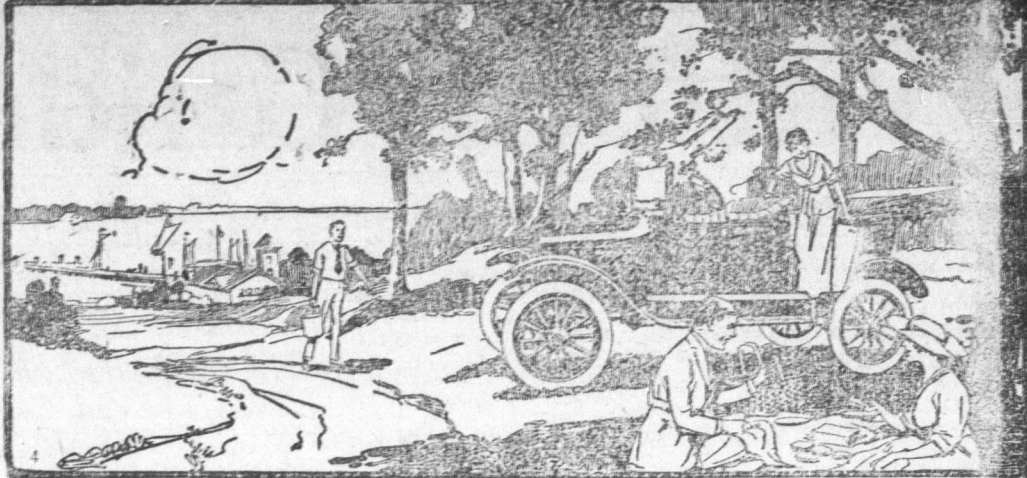
In explaining to the registrars the act and the work that would be required, Supt. Mr. Ball stated that the registration would be made on June 15, or Saturday, June 22, the Government not having decided definitely yet on the day.

### WRONG IMPRESSION

The impression that the act included male and female persons from 16 up to 60, was wrong, said Supt. Ball. No age limited had been set by the Government. No matter how old a person, male or female, foreigner or otherwise, all were compelled to register under the act on the day to be named in a proclamation by the Government. A plan similar to that adopted at elections would be followed out in the registration.

A shaving mirror patented by a Philadelphia inventor can be attached to a man's shoulders by harness that keeps it in front of him and always the same distance from his face.

AN OIL OF MERIT.—Dr. Thomas' Electric Oil is not a jumble of medicinal substances thrown together and pushed by advertising, but the results of the careful investigation of the curative qualities of certain oils as applied to the human body. It is a rare combination and it won and kept public favor from the first. A trial of it will carry conviction to any who doubt its power to repair and heal.



## The Joy of Motoring

LET the Ford car introduce you to the beauties of Nature and the outside world. Let it take you into the country, or along the lakes where the air is fresh and sweet.

A Ford car will open up new fields of pleasant possibilities for you and your family and at the same time serve you faithfully in business.

No doubt you have felt the need of a car—your wife has often said, "I wish we had a car," so why not buy one now? There is no other car that gives such good value for the money invested as a Ford. This is why the Ford car is so popular everywhere.

The Ford is powerful, easy to drive, economical, enduring. It is the car you need.



F. O. B. FORD, ONT.

Touring - - \$595  
Runabout - - \$575  
Coupe - - \$770  
Sedan - - \$970  
Chassis - - \$535  
One-ton Truck \$750

RAY MORNINGSTAR - Dealer - Watford.



## The Paint That Costs The Least

is the Paint that covers the greatest surface—that takes the shortest time to apply—that wears the longest. Martin-Senour "100% Pure" Paint does all three. Here's the proof. "100% Pure" Paint covers 900 square feet of surface per gallon.

Hand-mixed-lead-and-oil, and cheap prepared paints, cover only about 500 square feet.

The greatest cost of painting is for labor. It takes less time to apply Martin-Senour "100% Pure" Paint because its fine, even texture spreads much easier.

## MARTIN-SENOUR "100% PURE" PAINT

(Made in Canada)

is guaranteed to be exactly as represented. The purity of the White Lead and Zinc Oxide—the high quality of the Linseed Oil—the minute fineness of the grinding by powerful machinery—insure a paint that gives years of protection and beauty to your home.

Why use cheap paint—that is expensive to put on—when Martin-Senour "100% Pure" Paint wears nearly twice as long?

If you are painting this year, you'll be interested in our books—"Town and Country Homes" and "Harmony in New-Teas". Call or write for copies—free.

J. MCKERCHER,  
WATFORD.

## ROLL OF

Men From  
and Vicinity  
The I

27TH REGT.—  
Thos L Swift, report  
15th, 1915  
Bury C Binks  
L Gunn Newell, kill  
R C N Newell  
Alf Woodward, kill  
Sid Welsh  
M Blondel  
R W Bailey  
R A Johnston  
C Manning  
F Phelps  
E W Smith  
J Ward, killed in act  
F Wakelin, D C M.  
T Wakelin, wounded  
H Whitsett

PRINCESS PAT  
Gerald H Brown

18TH B.  
C W Barnes  
Edmund Watson  
J Burns  
C Shanks  
S P Shanks

2ND DIVISION  
Lorne Lucas  
Chas Potter

33RD B.  
Percy Mitchell, died  
Lloyd Howden  
Geo Fountain killed  
Gordon H Patters  
Hospital, London

34TH B.  
E C Crohn  
Macklin Hagle, mis  
Stanley Rogers  
Henry Holmes, kill  
1916  
C Jamieson

29TH B.  
Wm Mitchell

70TH B.  
Ernest Lawrence  
C H Loveday  
S R Whalton, killed  
Thos Meyers  
Vern Brown  
Sid Brown, killed in

28TH B.  
Thomas Lamb, killed

MOUNT  
Fred A Taylor

PION  
Wm Macnally

ENGL  
J Tomlin

ARMY MHE  
T A Brandon, M D  
Norman McKenzie  
Allen W Edwards

135TH B.  
Nichol McLachlin,  
6th, 1917

3RD RESERVE  
Alfred Levi

116TH B.  
Clayton O Faller, k  
18th, 1917

196TH B.  
R R Annett

70TH B.  
R H Trenouth, kill  
8th, 1917

Murray M Forster  
Ambrose Gavigan

142ND B.  
Austin Potter

GUN  
Russ G Clark

R N  
John J Brown

1st Class P  
ARMY DEN  
Elgin D Hicks

ARMY SER  
Frank Elliot  
Arthur McKercher

38TH BA  
Roy E Acton, killed  
64th B

CF Luckham  
Romo Auld

63RD B  
Walter A Restorick

67TH B  
Edgar Prentis

ROYAL FL  
Lieut M R James

1ST DEPOT  
WESTERN ONT  
Reginald J Leach

James Phair  
Russell McCormick  
Leo Dadds

John Stapleford

SPECIAL SERV  
Nelson Hood

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J. F. E

Licensed J

For the Coun

PROMPT attention to

terms. Orders must

Advocate office,