

TWO WOMEN SAVED FROM OPERATIONS

By Lydia E. Pinkham's Vegetable Compound—Their Own Stories Here Told.

Edmonton, Alberta, Can. — "I think it is no more than right for me to thank you for what your kind advice and Lydia E. Pinkham's Vegetable Compound have done for me.

"When I wrote to you some time ago I was a very sick woman suffering from female troubles. I had organic inflammation and could not stand or walk any distance. At last I was confined to my bed, and the doctor said I would have to go through an operation, but this I refused to do. A friend advised Lydia E. Pinkham's Vegetable Compound, and now, after using three bottles of it, I feel like a new woman. I most heartily recommend your medicine to all women who suffer with female troubles. I have also taken Lydia E. Pinkham's Liver Pills, and think they are fine. I will never be without the medicine in the house."—Mrs. FRANK Emsley, 908 Columbia Avenue, Edmonton, Alberta.

The Other Case.

Beatrice, Neb. — "Just after my marriage my left side began to pain me and the pain got so severe at times that I suffered terribly with it. I visited three doctors and each one wanted to operate on me but I would not consent to an operation. I heard of the good Lydia E. Pinkham's Vegetable Compound was doing for others and I used several bottles of it with the result that I haven't been bothered with my side since then. I am in good health and I have two little girls."—Mrs. R. B. Child, Beatrice, Neb.

Guide-Advocate

Watford, Ont.

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Advertisements without specific directions will be inserted till forbid and charged accordingly.

HARRIS & CO. PROPRIETORS

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WATFORD, SEPTEMBER 19, 1913.

NOTE AND COMMENT.

Mount Fuji, a dead volcanic mountain nearly fifteen thousand feet high, has been surmounted by a Japanese girl. Mrs. Winston Churchill has made a flight in a hydro-aeroplane at the British Admiralty grounds. Thus do women exalt courage.

Dulwich College, a famous school in the suburbs of London, England, which cost \$500,000 to build, was set on fire recently by militant suffragettes. Thus do other women give point to Ben Jonson's witticism that nature has given women so much power that the law has very wisely given them little.

In Pittsburgh a squad of six husky policemen has been detailed to handle wife-beaters. Every man convicted of wife-beating will have to stand up for one round before each one of these cops. As similar treatment for husband-beaters would be impracticable under present conditions, Pittsburgh will really have to employ some women policemen.

Put together brethren. We are

Every Woman

is interested and should know the wonderful benefits of the new Whirling Spray.



It is the most effective and most convenient. It cleanses, soothes, and refreshes the skin. It is the most perfect skin preparation ever devised. It is the most perfect skin preparation ever devised. It is the most perfect skin preparation ever devised.

all here for the same purpose. Then live and let live. The best way to build up a town is for each and every man to pull together and not to rend and pull down. All the residents of a town are partners, not opponents. In all likelihood the more business done by your rival the more you will do.

What would a man say to his wife if she were to leave her \$50 sewing machine out in the yard over night? Well, he would say plenty if she persisted in leaving it out in the weather. And yet the same Lord of creation has left his farm machinery standing out in the fence corner. Many of these costly tools will stand out unprotected all winter. What should your wife, Mr. Farmer, do to you? She should get a rolling pin after you and make you house them now. You can save many a ten dollar bill by acting on this suggestion.

The poisoning of a family by eating lettuce that had been treated with paris green should not pass unheeded. Nowadays nearly all the market gardeners are accustomed to protect their crops by spraying. The preparation varies, but is nearly always poisonous. Vegetables and fruit that are to be eaten raw should be thoroughly washed. The Department of Agriculture has lately argued that precaution in the case of celery, particularly, for it is often sprayed with Bordeaux mixture.

Hon. E. G. Stevenson, supreme chief ranger of the I. O. F. has announced that he would personally provide and maintain, while he lives, a home for aged Foresters. Not only will Mr. Stevenson provide and maintain during his lifetime the home out of his own income, but he has arranged that at his death the institution will be endowed to the extent of \$100,000 by the proceeds of two life insurance policies of \$50,000 each, which he carries.

About the basest use to which the marriage altar can be put is that of screening non-pays from meeting their just debts. Bachelors can be proceeded against and their wages garnished in the courts, but the married crook can usually evade his creditors by the \$25.00 exemption that the law allows to married men. Few fellows draw more than \$25.00 at one pay, and to encourage them to this amount is to encourage them to become dishonest and defraud and swindle their creditors. How many married people are walking about to-day, dressed in grandeur, and exhibiting all the outward signs of prosperity, who owe the local merchants, the toiling dressmakers, and in fact everybody who is trustful enough to give them credit?

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by his firm.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all Druggists. Take Hall's Family Pills for constipation.

The Hen

The hen can't plow, hoe corn or split wood, but she gets there just the same, says a Kansas publication. She doesn't cost more than a drink of whisky and a plug of tobacco, but she can earn eight per cent. interest on \$25 a year and pay her board besides. The fellow who doesn't think she can earn more than a grocery store loafer doesn't know much about her. Take an old speckled hen that has no raising at all, one which has been thrown out of a corn crib, kicked off a porch and chased out of a garden by a worthless pup; just take that sort of a hen; she will pay expenses and make 52 per cent. a year, and that is more than can be said about a lot of cracker barrel salesmen in this country who will not stoop to do anything short of running the government.

As a vermifuge there is nothing so potent as Mother Graves' Worm Expeller, and it can be given to the most delicate child without fear of injury to the constitution.

Straight Goods

The whole world searches daily for the man who can deliver, without extra embellishments, the Straight Goods—whether it be in the shape of an accurate story, a job honestly performed, or a service happily carried out.

Who is it that can, hear the account of an event, or see the actual occurrence and then tell in simple, truthful language what actually took place? Or, who is it, that, having been given work to do, can go ahead and do it honestly and thoroughly as though every move were watched—and done in gladness and smiles? Whoever can, has the Straight Goods, and delivers them.

When you tell a thing be sure that truth and fact alone dominate. Be a photograph—reproduce the actual thing. Take Pride in a reputation for accuracy—for handing over the Straight Goods. It is the strongest and most lasting policy. Private life lacks it. Business craves it. Every activity awaits it with open arms. Be known as a dealer in Straight Goods.

Take no Worries With You When You Sit Down to Dine

According to Dr. Henwood, a London physician, one's state of mind is really the most important element that figures in the digestion of a meal. Watch your thoughts while at the table, he says, or otherwise you may retreat your spell of temper in a good attack of indigestion.

Never come to the table with a mind full of petty worries and troubles. It is the worst thing you could possibly do, for this state of mind has a decided tendency to diminish the blood supply to the digestive organs and therefore to hinder digestion. It is the same when you are tired. It is the wisest thing to try and rest for a few moments and get your nerves in a quiet state before you try to eat a heavy meal.

Neither is it proper to read or study when you are eating. So many people when they are at a meal alone seize upon a book as the best means of recreation. But it is the worst, for it is no relaxation at all, but a heavy tax on the digestive system.

Perhaps the most important of all is to masticate the food thoroughly. The preservation of the teeth depends largely upon the use of them at meal times, and in order to maintain them in health and strength they must be given plenty of work to do.

Also, in order that the meals may be properly digested, they must be well masticated. This is especially true in the case of starchy foods.

CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of *Dr. J. C. Watson*

Colds in the Head Used to Kill People by the Hundreds

It seems colds in the head were a lot worse in the olden times than they think of being nowadays. In fact they were epidemics then, and used to sweep across the deserts, killing off the natives by the hundreds.

Those peoples in the Arabian deserts seem to have been the worst sufferers, and their cause was due chiefly to the influences of frightful winds from the north. The country was not built up in those days as it is now, and nature had her way, and her ravages were felt in all lands and by all nations. Indeed, the ancients all described this pest as due to the wind, and the symptoms appear to have been essentially catarrhal. Even the animals are recorded to have been the victims of these same dreadful colds, which started in the head and went through the entire body, resulting in dreadful pains and shortly in death.

So the next time you feel as though the end of the earth were about to come for you, just remember if you were living 3,000 years ago you would be in a lot worse fix.

No one need endure the agony of corns with Holloway's Corn Cure on hand to remove them.



Here's a Knife Sharpener and Towel Dryer combined in one—both are necessary in the kitchen. Not necessary to a range, but they indicate the consideration and thought that has been given to the details of the Pandora. Important features have been given proportionately great care and study.

Have the Pandora's many features explained to you before you buy your range.

The accuracy of the McClary thermometer makes good baking a certainty—also adds a lot of satisfaction to the work.

McClary's Pandora Range

Pandora Ranges are sold everywhere by good dealers who back up our guarantee on this splendid range—McClary's

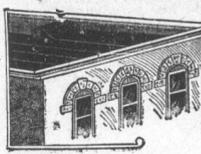
London Toronto Montreal Winnipeg Vancouver
St. John Hamilton Calgary Saskatoon Edmonton

Sold in Watford by T. Dodds & Son

IT WILL SOON BE COLD WEATHER—BETTER PUT ON

GUARANTEED ROOF

NOW, A WRITTEN GUARANTEE WITH EACH ROLL FROM ONE TO FIVE YEARS.



WIRE MATS

are a great saving to housewives. We have a good supply.

T. DODDS & SON

2 IN 1

SHOE POLISH

10 CTS

Gives a Quick, Brilliant Polish That Lasts

Easier to Use Better for the Shoes

No Turpentine

House Furnishings

Our aim is to keep the latest and most popular goods in our line, and carry the FINEST ASSORTMENT of all lines of FURNITURE for

Parlor, Dining Room, Bedroom, Library or Kitchen.

Comfort, Elegance, Durability and Value are features that our goods are noted for.

No Big Profits to Pay Here

Our prices are as low as consistent with reliable goods.

Let us show you the new patterns.

HARPER BROS.

PHONE 3

FINE FURNITURE FUNERAL DIRECTORS

FARM FOR SALE

LOT 17, CON. 2, WARWICK
10 acres about 5 acres bush, 1/2
down to timothy, small orchard, 1/2
house, 2 good barns, plenty hard
ground and new steel windmill, 1
school, 1/2 miles to Watford Church
on good gravel road. Further part
to J. S. McCLURE, Watford, Al.
1913-3m

ALBERTA FARM FOR SALE

ONE HUNDRED AND SIXTY
the Lacomb Branch of the C.
East Quarter Section 24, Township,
West of 4th Meridian; 35 acres be
good frame house; large log stable
of water; partly fenced with wire
railways within quarter of mile; 1
chive elevator. Price: Three Thousand
Fifteen hundred down, balance pay
to J. S. McCLURE, Watford, Al.

Farm For Sale or To Let

THIS FARM IS COMPRISED
gares of Lots Eleven and Twelve
Fourteenth Concession of Brooke,
fifteen eighty acres, more or less. It
situated a good store and a half
frame barn and shed. There is a
the house. There are some pear an
and an apple orchard. For further
apply to
ISAAC J. CO
on N. W. Lot 27, 6th Con., Wat
1913-1m

Rose that Changes Its

White in the shade, red in
such is the two-fold character
given a name to the chameleon
night or when it is carried in
room it assumes a wax-like
This does not occur abruptly
petals first pass through a bl
which rapidly changes into a
rose and finally ends by bec
purest white. Then, if it is t
bright sunlight, with the great

Plumbing

If you are
be glad to
bath room
city experi
work to pa

Bucks Reliance, Pe
are leaders
tion, Our
guaranteed

The N. B.

EAVETROUGHING AN

CAN

SO
O

Write the Canada Cement
Information Bureau, Mon
real, for a free copy of
"What the Farmer Can
Do With Concrete."