Your Doll Is Needed to Cheer the Heart of Some Little Girl!

Hoods Sarsaparilla

Acts directly and peculiarly on the blood; purifies, enriches and revitalizes it, and in this way builds up the whole system. Take it.

There is no "just-as-good" medicine. Insist on having Hood's. Get it today.

Cleanser

particles quickly





spoons and serving pieces bearing the trade mark **847** ROGERS BROS.

This brand is known as "Silver Plate that Wears" and is made in the heaviest grade of plate. Famous for over 60 years for its durability and beauty.

Sold by Leading Dealers

Imagine how much deficious cakes taste when flavored with real vanilla extract. You can make certain of using real extract of finest Vanilla beans by buying Shirriff's True Vanilla.

Household Economy

How to Have the Best Cough Syrup and Save \$2, by Making It at Home.

Cough medicines, as a rule, contain a large quantity of plain syrup. If you take two cups of granulated sugar, add one cup of warm water and stir about 2 minutes, you have as good syrup as money

If you will then put 21/2 ounces of Pinex (50 cents' worth) in a 16-ounce bottle, and fill it up with the Sugar Syrup, you will have as much cough syrup as you could ready made for \$2.50. It keeps perfectly. Any housewife can easily pre-pare it in five minutes.

And you will find it the best cough syrup you ever used—even in whooping cough. You can feel it take hold—usually stops the most severe cough in 24 hours. It is just laxative enough, has a good tonic effect, and taste is pleasant. Take a teaspoonful every one, two or It is a splendid remedy, too, for whoop-

ing cough, croup, hoarseness, asthma, Pinex is the most valuable concentra-ted compound of Norway white pine ex-tract, rich in guaiacol and all the healing pine elements. No other preparation will work in this formula.

This recipe for making cough remedy with Pinex and Suger Syrup is now used and prized in thousands of homes in the United States and Canada. The plan has often been imitated, but never success-

A guaranty of absolute satisfaction or money promptly refunded goes with this recipe, if the genuine Pinex is used. Your druggist has Pinex, or will get it for you, if you ask him. If not, send to The Pinex Co., Toronto, Ont.

FRY'S Nut Milk Chocolate

LYPSIL, for the Lips AT ALL DRUGGISTS VINOLIA COMPANY, LIMITED

A KIND DONATION.

Mrs. Boomer desires to thank an express money order for \$15 for personal distribution amongst poor cases Record. which may have come under her notice. She would assure the giver that every care shall be taken in the apportionment of the generous gift which has been so kindly intrusted to her.

Piano Tuning a Specialty Estimates given for Tuning, Repairing, Regulating, Voicing, Restringing, Volishing, etc. All work guaranteed.

Our tuners carry official letters of

How's Santa To Answer This?

"Let's All Help," Says Cynthia Grey.



DEAR FOLKS: My heart is warm today, for already there has been a response to my appeal for dolls for the little people of London who are dependent on the kindness of outsiders for their mirth at Christmas time. But there's ever so many more of my readers whom I expect to hear from this week. "Dear Santa, I want dollie," reads Jane's little letter in the illustration above. But Santa can't supply babies for all the Janes, the Susies, and the Marys, unless we get together and help him.

All-the dolls brought in will be equally divided among the institutions of London. If you have any preference to where YOUR doll shall go, write it on the card which bears your name and inclose it with the doll. It just means one from each of us. Hustle, please, so we'll have a long list tomorrow.

THE HONOR ROLL-J. H. Fowler, Cynthia Grey, Nellie Falconer, Tommy Cracknell, Mrs. George Young (2). Besides these, two eskimo dolls, and one dressed doll, have been received bearing no name.

DO YOU WANT TO BE FATTER OR THINNER?

[By a Physician.] "Oh, if I could only be as thin as ou are!" a round, chubby woman

says to her tall, slim friend. "I wish my arms were not so skinny and that my neck would fill out," a reach the desired goal, painfully slight woman confides to her short, thick-set acquaintance.

And the men say the same thing, as a rule, it is safe to say that a man or a woman is as thin or as fat as he or she really wants to be. The fat man, who only talks about wanting to be thinner, in a good-natured, indolent sort of way, will probably continue on his fat way, growing

fatter year by year. And the thin woman who sighs for round arms and a weight he wants. pretty neck, will probably have to coninue envying her more purposeful sis- is like anything else. By practice it ter if she doesn't get up the energy to may become a habit, easy to follow.

New Clothes For Peggy

Have you ever thought what it means to the little middle daughter never to with dust clogged pores. It will be

Last winter's frock was pretty once but after being washed, mended and cut frequent surface watering, is better for over for Peggy it seems to her as the roots, will proluce better flowers over for Peggy it seems to her as though it had been in the family for years. No one knows what it would mean to Peggie to have something of her very own. The little things in childhood count so much more than may be left in this best. They her very own. The little things in tub of quite warm water is best. They childhood count so much more than may be left in this bath for half or three-quarters of an hour without in mind a small girl whose early childharm and with, indeed surprisingly hood was made miserable because her good results. frocks were too short at wrist and knee, exposing what seemed to her yards of "pipestems." At the "Little School" she was known by the nickname of "Boney Spider," which she carried for many a day until kind Nature rounded out the little figure. Years have passed since then, but the sting of those taunts still remain. I know you will say, dear home people, you who are trying to do the best for the children "under the circumstances" anonymous friend who has sent her an that a new frock for Peggie is impossible. But have you thought what Peggie must endure?—Philadelphia

A HOSE WRINKLE.

Cut a round piece from an old stocking, and sew neatly on wrong side of new hose, just beneath where hose supporter catches. This will prevent the finest stocking from being torn.

Makes Sweet, Wholesome Bread.
Women write that the yeast they've used makes sour bread, but White units to make your next year a happy Makes Sweet, Wholesome Bread. Our tuners carry official letters of introduction. ASK TO SEE IT.

The Williams Piano Company, Limited, 194 Dundas street. Phone 2832. M. Sheldrick, Manager.

Swan Yeast Cakes make bread sweet, light and wholesome. Sold by live grocers 6 cakes for 5c. Get free sample from White Swan Spices and Cereals, Limited Toronto, Ont.

Swan Yeast Cakes make bread sweet, one.

Those born today will be elect and their efforts will be crowned with success. In marriage they will be especially fortunate.

do anything more practical than sigh

The man and woman who would be as they speak must act in accordance This means the change of habits, perhaps, and a long, persistent effort to

Work and eating, exercise and general habits will all have to come in for change. The individual who would reduce weight must learn what food is though in a different way, perhaps. But, necessary to his actual well-being and how much of what he is eating is only adding unnecessary flesh.

He must find out how much more exercise he should take to harden the muscles and work off the superfluous

He must, in short, stick to a system of living which will keep him at the This is not play. It is work. But it

BATHS FOR PLANTS.

It is not unlikely that you will note with disappointment that some of your cherished window plants are not so sprigtly and fresh looking as when you brought them into the house, and it is have anything that has always been found of great advantage to give the foliage a good washing occasionally with a spray or shower of water. A apon a time, when big sister wore it; casional good soaking, rather than a



IF THIS IS YOUR BIRTHDAY

Delicate Apple Salad. Ingredients (for each helping): Half of any white, juicy apple. One tablespoonful of finely-minced elery heart.

LUNCHEON DISHES

One walnut meat shredded. Dressing as needed.

Method-This is practically the popular Waldorf salad, but prepared more daintily than usual, as the apples are shredded instead of mincing them.

Mix the hoiled dressing with thick Mix the boiled dressing with cream, preferrably whipped. Have all other ingredients ready before preparing apples, as they turn dark if allowed to stand. Pare and core apples, then cut into thin, even slices, arrange overlapping on small plate, strew the nuts and celery over, then place the whipped dressing on top. Nice served with little pastry sticks or toasted crackers.

Combination Salad.

(Made of left-overs.) Method-For a foundation use finely shredded white cabbage or lettuce or a mixture of both. Any remnants of boiled beans, peas, boiled beets, celery, chopped onion and peppers can be arranged on the foundation, then sprinkle very little salt and perper over, thin out some of the dressing so it will pour and cover salad lightly. This should be nicely arranged on individual plates or shallow bowl. Never make a careless jumble of such material. Thick Boiled Salad Dressing.

Thin with milk or cream as needed.) Ingredients: Two eggs.

One teaspoonful of butter. One teaspoonful of mustard. Two teaspoonfuls of sugar. One-quarter teaspoonful of salt. One-half cupful of cider vinegar.

Method-Stir all dry ingredients to ether, add the eggs and beat with a fork until light; add butter and vinegar and cook slowly in double holler until smooth and thickened, stirring all the time to keep from curdling. When done place in glass jar and set favorite magazine. Practical gifts are in cool place well covered to use as gloves, handkerchiefs and stationery.

Apple Crusts. (Nice for luncheon.) Ingredients: Three cupfuls of chopped sour apples.

Three cupfuls of bread crumbs. Three tablespoonfuls of sugar.
Three tablespoonfuls of butter.
Method—Mix the sugar well through apples and stir the butter through crumbs; t'en combine the two. But-ter a flat pan and pack the mixture smoothly into that, about one inch thick, and bake in fairly hot oven until apples are tender and top is nicely browned. Cut into squares in pan, taking up with spatula and serve hot with a little hard sauce or preserves.

MEETINGS OF THE L. C. W. POSTPONED TILL JANUARY

Some Important Steps Will Be Considered Early in the Year.

n the new year.

carefully attended to by the president and officers, but much of interest remains for the consideration of the members a little later on.

Amongst other things they will be asked to consider co-operation with the Home Reunion Association, of which the Duke of Connaught and Earl Grey are patrons, the idea hains to assist are patrons, the idea being to assist British workpeople in England to bring out their families to Ontario. The L. C. W. may have something to propound which may make the movement of value locally and be willing to join

W. members who may feel able and willing to attend the international conferences at the Hague in May or accept the invitation to be present at the French national council in June, to attend its meetings, should lose no time in giving in their names to Mrs. Yark-

Another important measure to be onsidered at the coming meeting of the London Local Council is the request to the Ontario Government to have more women factory inspectors ap-pointed. This is in view of the fact that over one-half of the factories of Canada are located in Ontario and that means a very large increase in the number of women employed in them. These are only some of many points which will have to be considered at the coming meetings when the reports of the executive of the National Council, lately held at Hamilton, to be sub-mitted to the members of the affiliated

Problems of the Fair Sex

[Correspondents are requested to make heir inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn as they are received. No letters an be answered privately,]

The Catholio Bible.

Dear Miss Grey: Has the Catholic Bible, to be obtained at The Advertiser office, the sanction of the church? dinal Gibbons, archbishop of Baltimore, and it was also read by Rev Father Tobin, head of St. Peter's Seminary, in London, and pronounced to be the orthodox version.

A Second Call.

you before for help, I will call again. 1. How long should you be in a place his sister accompanies them, which you cannot afford to waste your time. should be taken home first?

over? Should it be put on the table or what should be done with it? after she has been skating with him or should he thank her? Thanking you in advance. ROSEBUD. A.-1. As a rule any time between a fortnight and a month after the newcomers arrive is considered proper for the first call, which should be returned inside of three weeks' time. 2. It would seem more sensible drive the friend to her home first,

Dear Miss Grey: Would you kindly led away when temptations seize answer the following questions at your them, earliest convenience? Thanking you

1. What would be a suitable present for a young lady who I have been going with for the past two months? 2. Who is the author of "Ann Green Gables," "Ann of Vonlea?" 3. What will remove small pimples off the face and chin? Thanking you, I remain.

3. Plain food, outdoor exercise, fresh air in your sleeping apartment and a bath daily are all steps in acquiring a clear complexion. For outward application, to touch the spots several times a day with a little of the following lotion would be good: Precipitate of sulphur, 1 dram; tincture of camphor, dram; rosewater, 4 ounces.

Help for Hugh.

Busy Christmas preparations have made it difficult to secure good attendances at proposed meetings of the Local Council of Women, and the Victorian Order of Nurses, so they have been unavoidably deferred until early

The emergency business will be carefully attended to by the president

hands in the work.
It is desirable that any of the L. C.

er, the honorary secretary, to forward to the central office.

Women Factory Inspectors.

Solved by Cynthia Grey

A.—The Catholic Bible is the Dougy version, and is published with the approbation of His Eminence Car-

3. What should be done with the

bridal bouquet after the ceremony is 4. Should a lady thank a gentleman

3. The bride usually keeps bouquet in her arms during congratulations and the wedding breakfast, then as she leaves the company to change her gown for the wedding trip, it is thrown amongst the guests, and the one catching it will be the first person of the company to get married. 4. As she has conferred a favor on

him, it is his place to thank her, from a point of etiquette, but I also think it nice for a girl to express her enjoyment of the skate with him. Consider Her Tastes.

R. A. J. A .- 1. Consider the tastes of the fair maid and make your selection accordingly. If she is musical, then some new pieces of sheet music would doubtless prove very acceptable. If she has literary tastes, I am sure she would granted the franchise to women. The or prose, or a subscription to her 2. L. N. Montgomery.

Why Bread is Better Baked in

Some Ranges Than in Others It is all a matter of the way the heat gets into the oven.

Some stoves have ovens that heat easily and quickly and remain Others have ovens that require a wasteful amount of fire in the

fire-box before baking heat is reached. These are the two extremes. For some things each type has advantages. But for all your requirements neither is really satisfactory.

"Happy Thought" Ranges give you the heat in the oven that exactly corresponds with the fire in the firebox. So a little fire means a light heat and a big fire means a perfect hot-

In baking bread, this feature enables

ounce of heat-to make every lump of coal pay for itself-to continue the heat steadily for as long as you wish in order to have the bread baked uniformly all the way through. More than a Quarter Million Canadian women use the "Happy

you to secure the benefit of every Thought" every day. ONTARIO FURNITURE COMPANY, LONDON

THE WILLIAM BUCK STOVE CO., LIMITED, BRANTFORD, ONT.

P., L. and O. Reliable Prescription Work

is known throughout the entire city. We-these three stores-have built up an enviable reputation on the reliability of our Prescription service—through using only high quality

We are Careful, Accurate, Prompt.

PERCIVAL. 344 Richmond Street

OMOND, 468 Dundas St. Phone 1429.

Wortley Road, cor. Craig Phone 1261. Phone 1920. THE PROGRESSIVE DRUGGISTS Dear Miss Grey: As I have been to only cares for you while your auto is fourths turpentine. in running order, then she is not cleaned with coal oil or crude petrol-

WOMAN WHO IS LIKED

Can You Answer Yes to Many of These?

Bright, cheerful and unselfish.

Ready to help a fellow-worker. Prepared to share late hours with ousiness companions when extra work demands more time. Rarely out of temper, but can de-

mand her rights and stand up for herself if necessary. Nice to everyone, and is always scrupulously polite and kind to those

below her in station of life. Always courteous to strangers and has a way which puts them at their ease if they are shy. Cool and collected in time of dan-

ger or excitement and thinks of others before herself Never heard to say unkind things either behind or before other people. Generally ready to make excuses for he weak and those who are apt to be

Fearless of what people may say of her because she knows that her character is beyond attack.

TO VOTE SOON IN DENMARK.

Woman Suffrage Now Indorsed by A! Political Parties There. Parliamentary suffrage for women is embodied in the proposals for the reform of the Danish constitution to be present-

of women been so strong as in Denmark. NEW EVENING SHOES.

weaker sex already has the municipal

franchise, and in no country in Europe

has the movement for the advancement

Among the accessories of dress on which time and money are being lavishly expended this winter are even ing shoes and buckles. For the former beautiful and costly brocades and damasks are employed and in colors to match the gowns, white and gold Help for Hugh.

"Hugh" sends me a poem replete with heart-throbs and bad rhyme, in which he tells a fervent story about his love. Your poem is much too long to publish, Hugh, but as you ask for my advice, I shall give it freely. You are thinking far too much about the girls for a boy of your age. Don't

with a little hard sauce or preserves. A good way of using stale bread.

Showing Beaver Hats.

Madame Allenby, of 619 Richmond street, has a fine selection in all colors. Open evenings for inspection, with a cloth of color, are through sadily, I think, while you are occupied so much in thinking of her "angel-face" as you call it, If she paraffin oil—one-fourth oil and three-

worth bothering about. A little whole- eum. If the odor of turpentine is obbefore neighbors should call, and how long before you return their call?

worth bothering about. A little whole before make make her more lectionable strong vinegar may be friendly, and would doubtless be bet-2. When a young lady and her ter for your studies. Remember, there ished the surface should rest for an gentleman friend are out driving and are always "exams" looming up and hour or more, and then it should be rubbed hard, and very thoroughly with

soft woolen cloths.

STALE BREAD CAKES This recipe is a wise one in which to use up stale bread crumbs. For an hour soak two cupfuls of bread crumbs in a quart of milk. Into this beat a tablespoonful, each, of molasses and melted butter, a teaspoonful of salt and two or three well-beaten eggs. When thoroughly mixed add half a cupful of flour which has been sifted with a half teaspoonful of baking powder. Be on a soapstone griddle if possible.

A PUZZLER.

"What's the matter with 'ee, Bess?" sald the first woman. "Ah'm puzzled," said the second.

"What about, Bess?" "Well, ye see, my Garge's on the football team, an' when the team wins he reats me to fried fish an' the movies, but when it loses he gi'es me a beatin'

"Well, Eess, I know all about that,

But what's puzzlin' thee? That's what "Well, ye see, today's match ended in a draw. The new coats seem to be cut very big

and very loose under the arms and then narrower at the lower edge so that the silhouette tapers decidedly to the feet. A new and lovely material for kimonos and negligees is the washable crepe de chine that shops are displaying in plain

THE MARTIN-ORME PLAYER-PIANO

olors, stripes and small flowered de-

signs.

a very human instrument. That automatic mechanical expressionless apology for music is conspicuous by its absence if your player-plano is a Martin-Orme. It will play for you according to your temperament. Drop in and hear for your-

self, you will be surprised at the "feeling" this piano-player is capable of giving to good Another thing about the Martin-Orme Player-Plano is that the price is right and the

terms are easy. Callaghan's

613 Wellington Street Northeast Corner Victoria Park.