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A 14 28

Answers to Beauty Queries

To Reduce the Hips."

Dear Miss Grey—Will you kindly tell me how I may reduce my hips? I would not look so large if my hips were smaller. FANNY.

Here is an exercise which, if persisted in, reduces the hips rapidly. Lie extended upon the floor, supporting yourself by one hand, while the other is placed upon the hip. While holding this position raise the body gradually from the floor until the whole weight is supported by the hand and feet. It is comparatively easy to get the body from the floor as far as the knees, but to bring it up to the full extent is not easy at first. It should be tried first on one side and then on the other. When beginning this exercise you should be careful to get used to it gradually.

Peroxide on Hair.

Dear Miss Grey—Please tell me how to use peroxide to bleach the hair. Is it used when the hair is washed or is it applied with a brush? JUNE.

I never advise the amateur to use peroxide, for the result is never satisfactory. If you desire blonde hair, why not go to a thoroughly reliable hair-dressing establishment and have yours bleached?

The Henna Stain.

Dear Miss Grey—Will you kindly give me the recipe for the henna hair stain and let me know if it will injure the scalp? Must it be applied every time the hair is washed? A. M. R.

The constant use of any hair dye will injure the hair in time. The henna stain is not a fast color, so that it will be necessary to apply it after the hair has been washed.

Benzoin on the Face.

Dear Miss Grey—Would you please tell me if tincture of benzoin will injure the skin if it is put on every night? As I have large pores, pimples and blackheads, I use the complexion brush every night, and then I put the benzoin on my face. Now, will you let me know how many drops to put in the water and if I should use it all the time? Will the brush hurt my skin? M. M. (CONSTANT READER).

The constant use of any compound is not well for the skin, but if benzoin is used occasionally it will do no harm. About half a teaspoonful may be added to a basin of water. If your skin is not of a very tender nature, it will do no harm to use the complexion brush every night. If you find that it irritates the skin, use it less often.

NEW DESIGNS IN DRESS GOODS

New Fall Dress Goods Are Here

A splendid aggregation of the latest patterns and colors especially designed for correct Autumn wear

Here you will find a superb collection of French Serges, Etamines, Ottomans, Alma Satins, Taffetas, Cheviots, Broadcloths, Scotch Tweeds and Fancy Mixtures.

You can't go wrong here as to style or quality or price. We've chosen too carefully and from too reliable sources to permit of any possibility of mistake or dissatisfaction.

Choose now while everything is in your favor from the standpoint of variety, quality and price.

42-INCH WOOL VOILE, with silk stripe, in sky, pink, mauve, champagne, reseda and Paddy green. Special value. Per yard **50c**

42-INCH ALL-WOOL SERGE, in full range of colors. Per yard **50c**

52-INCH SCOTCH TWEEDS, in brown, fawn, gray and green mixtures. A very popular material for fall suits. Special at, per yard **75c**

YARD-WIDE BLACK CHIFFON TAFFETA SILK, very fine weave, good weight, nice bright finish, suitable for dresses. Sale price, per yard **75c**

PAILETTE SILK, a very fine, pure silk, with nice satin surface, soft and clinging, will not cut or split; 36 inches wide, in black only. Per yard **$1.10**

GRAY & PARKER

150 DUNDAS STREET. PHONE 1182

THE SEVENTH NOON

BY FREDERICK ORIN BARTLETT,
Author of "The Web of the Golden Spider."

The doctor dropped his questioning, and turned to his patient. He subjected the man to the stomach pump and hot baths. Donaldson assisted, and watched every detail of the vigorous treatment with increasing interest. At the end of two hours Arsdale was allowed to sleep.

Seton put on his coat, and wrote out instructions for the further care of the man. But before leaving he again turned his shrewd eyes upon Donaldson himself.

"My boy," he said kindly, "you ought to pay some attention to your own health. I hate to see a man of your age go to pieces."

He squinted curiously at Donaldson's eyes. The latter withdrew a little.

"What makes you think there is anything wrong with me?" he asked.

"Your eyes, for one thing," he answered.

"Nonsense. If I need anything, it's only a good sweating, such as you gave Arsdale."

"There are some poisons not so easily sweated out."

Donaldson hesitated. While watching this man at work upon the boy, he felt a temptation which was now burning hot within him. It was possible that it was not too late even now to clean his own system of the drug he had swallowed. This man, he knew, would bring to his aid all the wisdom of medical science. Barstow may have been mistaken, although he knew the careful chemist well enough to realize this was well nigh an impossibility. The next second he held out his hand. It was steady. He smiled as he saw Seton pause a moment to note if it trembled.

"Thanks for all you've done, doctor," he said. "Do you think I can take him home tomorrow?"

"If you follow my instructions. The boy really has a good physique. He ought to pull out quickly."

As the door closed upon the doctor, Donaldson drew a breath of relief. Thank God, he had resisted his impulse. He would keep true to his compact. He must remain true to himself. That was all that was left now. There must be no shirking, no flinching. If he had played the fool, he must not play the coward. The subtle tempter had suggested the girl, but he realized that he had better not come to her at all than to come as one who had played unfairly with himself. To be unfaithful to the spirit of his undertaking would be as weak a thing as not to fulfill the letter of his oath. His shadowy duty to the girl would not justify himself in evading a crisis demanding his life for the life of another. It was a matter of honor to remain true to that which at the start had justified the whole hazard to him. It was this which restrained him even from learning whether or not Barstow was in town.

The man on the bed was breathing heavily, his lips moving at every breath in a way to form a grimace. He made in this condition the whole room as tawdry as a tavern tap. And at the feet of this thing he was tossing his meagre store of golden minutes.

Yet it was through this inert medium alone that Miss Arsdale could pay the debt to the father who had been so good to her; and it was only through this same unsightly shell that he, Donaldson, could in his turn repay his debt for the dreams she had quickened in him.

He stepped to the telephone to tell her what he could of that which he had found and done. The mere sound of her voice as it came over the wire brightened the room like a flood of light. The joy in it as she listened to what he had accomplished was payment enough for all he had sacrificed. He told her that the doctor had advised keeping the boy in for at least another day.

"Oh, yes, but you are good!" she exclaimed. "And you will not leave him—you will guard him against running off again"

"I shall stay here at his side until he is absolutely safe to go."

"If I only could come down!"

"But you mustn't. You must stay where you are and do as you're told."

"It will be only for today and tonight, won't it?"

"Probably that is all."

"That isn't very long."

"Not as time goes."

"But it will seem long."

"Will it—to you?"

He regretted the question the moment it had been uttered. But it came to his lips unbidden.

"Of course," she answered.

"It will seem very long to me," he returned. "Almost a lifetime."

"Perhaps you will telephone now and then."

"Very often, if I may."

"The nurse says she will not allow me to answer the telephone after nine at night."

"Nine tonight is a long way off yet."

"It's only half a day."

"But that's twelve hours."

"Do you think that long?"

"Yes. That seems a long while to me."

"It is soon gone."

"Too soon."

"Then comes the night and then the morning, and then you'll bring him home."

"Then I'll bring him home."

What a new meaning that word home had when it fell from her lips. What a new meaning everything had!

She turned aside to address someone in the room and then her voice came in complaint.

"The nurse is here with my medicine."

"Then close your eyes and swallow it quickly. I'll telephone you later and inquire how it tasted."

"Thank you. Good-bye."

"Good-bye."

He hung up the receiver and settled down to the grim task of counting the passing minutes which were draining his life as though each minute were a drop of blood let from an artery. And all the company he had for it was this poor devil on the bed who grimaced as he breathed.

He folded his arms. If this, too, was a part of the cost, he must play it like a man.

CHAPTER XVI.

The Fourth Day.

The morning of Tuesday, May 28, found Donaldson still sitting in the chair, facing the form upon the bed. He had not undressed, and had slept less than GAL 27 STORY ..6 ..6 ..6 ..6 .. an hour. He was now waiting for eight o'clock, when he had received permission from the nurse to ring up Miss Arsdale again.

With some tossing Arsdale had slept on without awaking fully enough to be conscious of his surroundings. Now, however, Donaldson became aware that the fellow's brain was clearing. He watched the process with some interest. It was an hour later before the man began to realize that he was in a strange room and that another was in the room with him. It was evident that he was trying hard, and yet with fear of whither the road might lead, to trace himself back. He had singled out Donaldson for some time, observing him through half-closed eyes before he ventured to speak.

"Where am I?" he finally faltered, huskily.

"In my charge."

"Who are you?"

"One Donaldson."

"I never heard of you."

"That is not improbable."

Arsdale reflected upon this for some time before he gained courage to proceed further.

"I'm going to get up," he announced at the end of some five minutes.

"No, you're not. You're going to stay right where you are."

"What right have you to keep me here?" he demanded.

"The right of being stronger than you."

(To Be Continued).

Page of Interesting News for Women

ALL AROUND THE HOUSE

When preparing fresh tomatoes for the table it will whiten the hands to rub them with a piece of the skin, or with tomato juice before washing them.

When cleaning spots out of cloth, a piece of blotting paper placed underneath the spot will eliminate the dark circle that is otherwise left by the gasoline or chloroform.

Leaving a thin layer of husk on sweet corn when cooking it, makes it sweeter and more tender.

A neatly-folded veil of chiffon placed in the crown of a hat does not spoil the effect of the headgear. When a sudden storm comes up, it is available as a protection.

If you like onions, and do not eat them for fear of being offensive to others, a bit of parsley will do away with the objectionable odor. Parsley is passed as a garniture for table dishes, but few people eat it. The smallest bit will aid in removing unpleasant odors from the breath.

On sultry nights, when sleep seems impossible, a hot-water bag, partially filled with ice water and placed at the nape of the neck brings soothing relief. The temperature of the body lowers and restful repose comes.

Cottage cheese, in which chopped olives have been mixed and a sprinkling of paprika added, will make a delectable addition to your "lunch" lunch.

Correspondence
Edited by Cynthia Grey

Wedding Anniversaries.

Dear Miss Grey: Please tell me the wedding anniversaries and the gifts that are appropriate for each. A READER.

—First—Paper. Fifth—Wooden. Tenth—Tin. Twelfth — Leather. Fifteenth—Crystal. Twentieth — China. Twenty-fifth—Silver. Thirtieth—Ivory. Thirtieth—Woolen. Forty-fifth — Silk. Fortieth—Golden. Seventy-fifth—Diamond. Appropriate gifts are articles of these materials.

Recipes and "Rheumatiz."

Dear Miss Grey: 1. Please give recipe for penotchie and fudge. 2. A cure for rheumatism. 3. Recipe for milk cake. I. C.

—1. Penotchie: Cook 3 cups light brown sugar with 1 cup milk until it forms a soft but firm ball in the finger after being dropped into cold water. Then add a teaspoon butter, remove from fire, flavor with vanilla, and beat in one cup English walnut meats or pecans broken into bits. Turn out into buttered pan, mark into squares. Fudge: Cook one cup sugar, one cup milk, one or grated chocolate, half cup butter and quarter cup molasses. Stir until a little dropped into cold water will harden. Take from fire, add a tablespoon vanilla, stir for a few moments then turn into pan. 2. Consult a physician. 3. Beat yolks 3 eggs until lorthy, add 1 cup sugar and 1 cup sour milk. Stir in 1 tablespoon soft butter. Add 2 cups flour which has been sifted twice with 1-2 teaspoon salt and a scant teaspoon soda. Add a teaspoon lemon extract and bake in one loaf. One cup chopped raisins may be added.

The Daily Menu . . .

BREAKFAST.
Fruit. Cereal Sugar. Cream.
Potatoes with Eggs.
Graham Bread. Cocoa Shells.

LUNCHEON.
Peach Grilled.
Cucumber Salad. Bread and Butter.
Hot Chocolate.

DINNER.
Cream of Asparagus Soup.
Baked Blue Fish. Tomato Sauce.
Potato Puff. Strawberry Whip.
Swedish Wafers. Iced Coffee.

JUST HINTS.

Squeaking doors may be quieted by brushing the hinges with a feather that has been dipped in oil.

All cooking utensils should be washed with soda immediately after they have been used, which will remove every trace of grease.

Keep the wax-coated boxes in which crackers are packed, for they make excellent polishers for irons.

Keep white paper on each shelf of the refrigerator. It gives a clean appearance and keeps things from dropping on the shelf below.

Leather can be cleaned very well with milk. Dust the leather thoroughly with soft cloth, then use another cloth dipped in sweet milk, and the spots will be easily removed.

SWEET WATERMELON PICKLES.

Pare watermelon rinds to the amount of seven pounds, leaving a good trace of the pink. Cut in desired shape. To four pounds of sugar add a pint of vinegar, and bring to boil. Mix half an ounce of ginger root, two teaspoonfuls each of cinnamon and allspice, and a teaspoonful ground cloves. Tie the spices in a small square of muslin, put into the vinegar and sugar, and after it is very hot add the watermelon. Bring to a boiling point, then turn into a stone jar to stand over night. Next day drain the vinegar syrup from the fruit into a pan, allow to come to the boiling point and pour back over the fruit. Repeat for twelve mornings, boiling the syrup down until it will just cover the fruit on the last morning. Add the fruit, bring all to a boil and put away in jars or glasses. The delicacy of the pickle will more than repay for the trouble of reheating.

FROZEN COFFEE.

Take four heaping tablespoonfuls of coffee ground very fine and put in a farina boiler with a quart of freshly boiled water. Steep slowly 20 minutes, strain through a fine cloth to rid the liquid of all traces of the grounds, add a half pound of sugar, stir until dissolved. Turn into a freezer with the white of an egg, and freeze until the consistency of punch. Serve in goblets or glasses.

ADVERTISER PATTERNS

BEAUTY PATTERN COMPANY.

8983-8998—A Simple But Stylish Gown—Lady's House or Afternoon Dress.

Composed of lady's skirt pattern 8998 and lady's waist pattern 8983. The skirt is well cut and has a back panel, while the closing is made at the centre front. The waist has deep Gibson plaits over the shoulders and is finished with a deep sailor collar. The waist pattern 8983 is cut in six sizes—32, 34, 36, 38, 40 and 42 inches bust measure. The skirt pattern 8998 is cut in five sizes—22, 24, 26, 28 and 30 inches waist measure. It requires six yards of 36-inch material for the entire costume for a medium size.

This illustration calls for two separate patterns, which will be mailed to any address upon receipt of 10 cents for each in silver or stamps.

PATTERN DEPARTMENT OF THE ADVERTISER.

Please send above-mentioned pattern, as per directions given below, to

Name .....

Street Address .....

Town .....

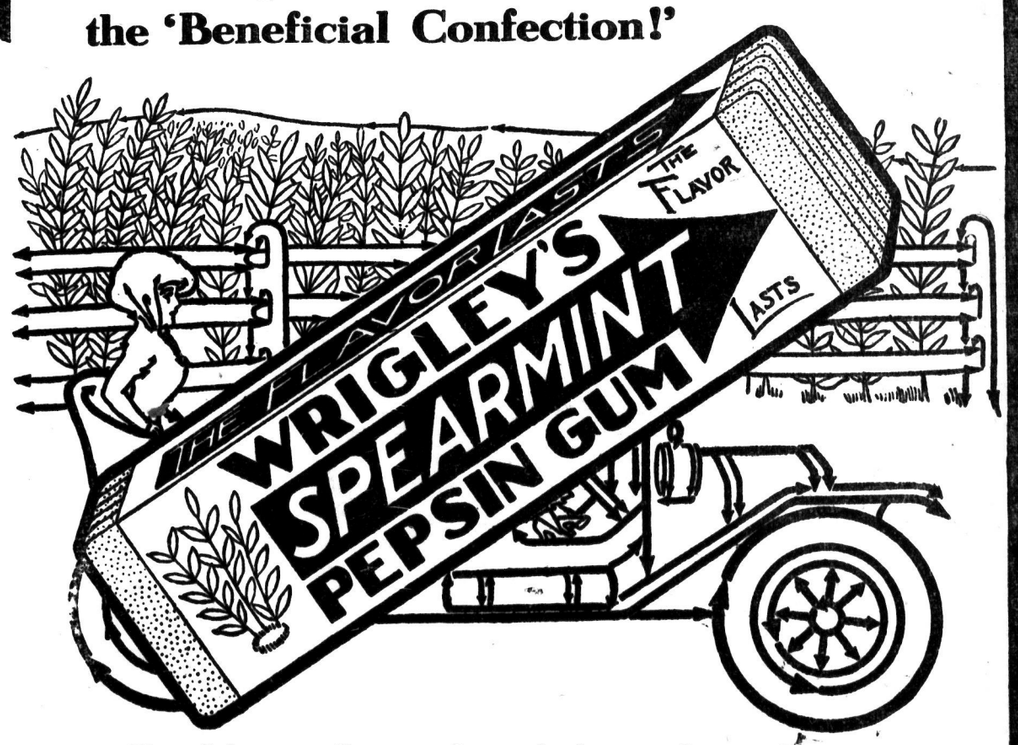
Province .....

Measurement—Bust..... Waist.....

Age (if child's or misses' pattern).....

CAUTION.—Be careful to inclose above illustration and send size of pattern wanted. When the pattern is bust measure, you need only mark 32, 34, or whatever it may be. When in waist measure, 22, 24, 26, or whatever it may be. If a skirt, give waist and length measure. When misses' or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns cannot reach you in less than one week from the date of order. The price of each pattern is 10 cents in cash or in postage stamps.

Take a Trip to the Country with the 'Beneficial Confection!'



The delicious flavor of crushed mint leaves carries your thoughts there instantly. The pure healthfulness of the fields is concentrated in it.

No other confection is so refreshing—no other is so beneficial! It keeps your teeth sound and white—keeps your breath fragrant and cool—keeps your nerves soothed and your appetite and digestion in good shape.

It's the greatest confection success ever known!

Look for the Spear! The Flavor Lasts!

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