

## Seed Potatoes, etc.

Ex. S.S. "Winona" from Charlottetown:

"IRISH COBBLERS"

"GREEN MOUNTAINS"

"DAKOTA REDS" etc.

200 Sacks Best TABLE POTATOES

300 Sacks Finest CANADIAN OATS.

BUTTER is CHEAPER!

Just received fresh 2-lb. Prints

"SCOTTSBURN" TABLE BUTTER.

**C. P. EAGAN**

TWO STORES

DUCKWORTH STREET & QUEEN'S ROAD.

## CONCEPTION BAY SERVICE

S.S. "PAWNEE"

Leaves Carbonear on Mondays, Wednesdays and Fridays, at 7.20 a.m., and Harbour Grace on Tuesdays, Thursdays and Saturdays, at 7.20 a.m. for Portugal Cove, via Bell Island. Returning, leaves Portugal Cove each evening 4.30 p.m. (Sunday excepted) for Bell Island, Harbour Grace and Carbonear.

## BELL ISLAND S.S. CO.

may 14

### CABBAGE PLANTS.

Due the 16th of this month.

BOTH EARLY AND LATE—Also,

Due ex. S.S. "SPES" Tuesday:

50 Brix. CHOICE GREEN CABBAGE.

100 Boxes CALIFORNIA APLIES—Count 185.

50 Boxes CALIFORNIA ORANGES—Count 210.

50 Bags EGYPTIAN ONIONS.

## BURT & LAWRENCE

14 NEW GOWER STREET.

## STAFFORD'S Sarsaparilla Blood Purifier

FOR THE CURE OF

Skin Diseases, Anemia, Lack of Blood, Paleness, Impure Blood, Lack of Ambition and Vigor, Debility, Weakness, Tired Feeling, Boils, Pimples, etc.

THERE is no Remedy of more universal application than a genuine true-and-tried Blood Purifier and Blood Builder. A medicinal preparation that will truly purify, revitalize and renew the blood, restores hope and pleasure, ambition and happiness, vigor and vitality. It is of inestimable value not only as a restorer of the system, fortifying it against invasion of disease, but also as a cure for Chronic Diseases which depend upon an impoverished condition of the blood. Diseases of this nature are usually caused by impurities in the blood deposited through the inactivity of the Liver and Kidneys.

These secretions if not removed from the circulation, gradually form poisons which deteriorate the condition of the blood, and allow other diseases to obtain a more ready entrance to the system. In the effort of nature to throw off these impurities, frequently pimples, boils, carbuncles, etc., appear, and it is wise to respond promptly to the Warning of Nature.

THIS SARSAPARILLA is a genuine preparation scientifically prepared from the best and purest remedies for the purifying and rebuilding of the blood. It should be taken every spring, as at this season the blood is more apt to become impure and impoverished. Keep your blood in perfect condition and you will be prepared to fight life's battles with greater success.

One Bottle of this Blood Purifier is all that you will need to take to produce results.

TRY A BOTTLE.

PRICE 50c. POSTAGE 20c. EXTRA.

**Dr. Stafford & Son**

CHEMISTS & DRUGGISTS

Duckworth Street and Theatre Hill.

## In the Realms of Sport

### TRAINING FOR FOOTBALL.

By An Expert Soccer Player.

Kicking From Goal.

Most goalies are good kickers. It is one of the duties of the custodian to take the place kick from goal, but if he only possesses a weak kick then it is advisable to allow one of the backs to do this. A good, strong kick will come with practice, and the would-be goalkeeper should seize every opportunity for improving this point. Rare instances have been known of goalies possessing a kick reaching nearly the length of the pitch, but this is very exceptional. A kick sufficiently strong to send the ball near the half-way line is quite enough for ordinary games, though, of course, the further the leather is placed up the field, the better for the side. Never deliver the kick in the air, strive to keep it low. Against a wind this is absolutely necessary otherwise the ball will be returned to and even beyond the starting point. When kicking always use the instep or top of the foot to propel the ball. The knee should be bent and the toe pointed downwards. It is fatal to use the toe. No control can be obtained over the ball in this way. Having learnt how to kick properly, the next point to study is direction. The safest, and at the same time most useful, place to send the ball is to the wings. Better opportunity is afforded the forward line of getting into movement through the wings. It is giving too much chance to the other side if the ball is kicked up the centre of the field. The opponents' defenders are in the centre, or thereabouts, waiting for the ball, but a wing man seldom has an opponent near him, and certainly one or the other will be free to take the kick along the touch-line. The best type of kick is that which travels only about ten or twelve feet above the ground. It is faster, and gives less chance to the opposing backs to return it by heading, the forwards are more able to gather this kind than the high, bouncing type of kick. In face of a very strong wind the goalie can resort to the practice of passing the ball on to one of the backs, who may have a better opportunity of kicking ahead afterwards, or of passing still further to the halves. Another method is that wherein the back touches the ball back to the goalie for him to pick it up and kick. This brings in the high, bouncing kind, and is not to be encouraged. A really good goalie may be tolerated without the qualification of kicking, but the average custodian will soon find himself removed if he cannot place the ball well up the field from the goal-line.

Next Article "The Backs."

### LAWN TENNIS.

By A Famous Exponent of the Game.

You Can Play Cricket as Well.

Some well-known boxers play lawn tennis as a part of their curriculum in training for boxing contests. Bending forward for a low volley and reaching back for a high smash, and following through therefrom, make the muscles of the diaphragm very hard. Personally I can stand the hardest punch in that part of the body. Cricket and lawn tennis can be played during the same season without detriment to either game, in fact lawn tennis assists cricket materially. In Australia I have taken part in cricket matches, and whilst waiting my turn to bat have had a set at lawn tennis and then gone in and made quite a lot of runs. So lawn tennis may serve a useful purpose in keeping one fit for other games, if for nothing else, but, having played every kind of outdoor ball game, I can honestly say that lawn tennis is deserving of development for its own sake. I am not a believer of playing only one game. Everyone should learn how to take the rough with the smooth, and therefore cricket, football, boxing, hockey and suchlike games with an element of risk should be insisted on. This is merely by way of an introduction. I shall now endeavour to tell you how to become a good lawn tennis player.

First of all it is necessary to have a racket to suit you. In choosing a racket the main thing is to see that the wood is straight grained. Have this string fairly tight, but for lasting purpose I would advocate medium gut. This gut is more resilient, but is used only by the champions. For the beginner it is more necessary to have a racket that will survive a good deal of hard and, often enough, faulty hitting.

The size of handle should be according to the size of your hand. Therefore the handle should feel "just right" when your hand closes on it. It must be held quite firmly without feeling you are gripping it too hard. A tendency to cramp in your arm will generally rise if your handle is so thin that you have to "work" under pressure on your forearm muscles in order to hold the racket firmly. Likewise too big a handle impedes your wrist action.

Some Celebrities and Their Grips.

Whether a racket should be light in head or heavy is head or evenly balanced depends partly on the per-

son himself and partly on the kind of game he is playing. For all purposes, I believe in a racket as nearly evenly balanced as possible. But, above all, pick a racket that feels comfortable. The next point is how to hold the racket, or what grip to use. A great controversy exists on this subject. There are several kinds of grips, each—in theory—having their advantages and disadvantages. There is the English grip, which generally means that the player uses a different face of the racket for the forehand and backhand strokes. Then there is the Australian grip, using the same side for both strokes. Then again there is the American grip, and so on, which goes to prove that it is wrong to be dogmatic about any particular kind. So my advice is not to study or copy any particular champion. They all have different grips—e.g., Shilden, Kingscott, F. G. and A. H. Laws, W. T. Tilden, Norman Brooks, Gerald Patterson, Gobert, Alonso—no two of these players have identically the same grip, and who is to say that his is the only correct one? Good players in any game are natural players. Therefore, having obtained a racket that feels comfortable, hold it naturally, but it should be held as near to the end of the handle as possible so as to allow freedom of action and length of reach.

The starting point in lawn tennis, then, is to have a racket that you can use without knowing you are holding it, and to throw and make your strokes naturally.

The next point is how to develop your strokes which will be treated in to-morrow's issue.

### ANNUAL INDOOR SPORTS C. L. B. CADETS.

The C. L. B. Cadets will hold their annual indoor sports at the Armoury, Harvey Road, to-night. Every year these sports are looked forward to by the members of the Brigade and their friends and to-night promises to be no exception. For some time past active preparations have been in progress and as a result an excellent programme has been prepared. The Brigade Band will be in attendance.

### FOOTBALLERS AT PRACTICE.

The various football teams of the city have now settled down to hard practice for the season's games and every vacant place of ground in the suburbs is occupied every night. From present indications, the game will be more popular this year than ever before.

### DIGBY vs. ALCONDA.

Last Night's Exhibition.

A friendly football game between teams from the steamers Digby and Alconda, was played at the St. Bon's football grounds last night. The game attracted many spectators who were treated to a good exhibition. The grounds were kindly placed at the disposal of the teams by the Christian Brothers of St. Bon's College.

### ANNUAL MEETING OF C. L. B. FOOTBALL TEAM.

A meeting of the C. L. B. football team was held last night when all arrangements for the coming season were finalised. Mr. K. Ruby was moved to the chair and conducted the election of officers which resulted as follows:—

## Lumbago?

Sloans' Liniment

Man's will drive away the Rheumatism pain instantly and give wonderful feeling of ease and comfort. Use Sloan's Liniment. Get a bottle today—Keep it handy, of chemists & druggists.

Captain—R. Chafe.  
Vice-Capt.—M. Barrett.  
Manager and League Delegate—B. Chafe.

INTER-CLUB BOWLING.  
In the Inter-Club Bowling averages published on Saturday, the Fieldian team average should read 124.92. Also O. Skellington's (G.L.B. team), average was inadvertently omitted. He played 30 frames with an average of 129.90 points.

## The Passing Hour

Where's My Hat.

An Irishman coming out of other in the ward after an operation, exclaimed audibly "Thank God, that's over!"

"Don't be too sure," said the man on another bed; "they left a sponge in me, and had to operate again."

Just then the surgeon, who had operated, looked into the room, and after a hasty look around, cried "Has anybody seen my hat?"

Her Husband.

A wife (in Shoreditch County Court talking of her husband): "After all, a husband is only an overgrown baby in the hands of a capable woman."

"Don't Tell the Wife."

Counsel (in Shoreditch County Court told a landlord to keep order in his home and added, "You are master in your own house I suppose."

Man (looking round furtively): "Yes, but don't tell the wife."

Silver Doctor!

"Your fish won't be long now, sir."

"Tell me," said the patient diner, "what—ex—bit—are you using?"

Not Even the Dust.

Lady Visitor: "That new girl of yours seems very nice and quiet."

Mistress of the House: "Yes, she's very quiet. She doesn't even disturb the dust when she's cleaning the room."

## Personal.

Mr. E. W. Whiteway, Casey Street, is at present confined to his home, suffering from a severe illness.

Mr. Harold Hayward left for Bell Island to-day, on business for his firm.

Miss Mary Keegan will entertain you between the acts at the Casino to-night.—may 13, 11

## From Cape Race

CAPE RACE, To-day.

Wind South East, light, weather dull; a three masted schooner was abeam at 11 a.m. bound Inward Bar. 30.30; Ther. 45.

## C. E. I. GRAND DERBY SWEEPSTAKE

RACE RUN AT EPSOM JUNE 4, SWEEP DRAWN MAY 30th

By His Honor Mayor Cook, J. C. Hepburn, Esq., Eric A. Bowring, Esq., and W. J. Higgins, Esq., K.C.

PRIZES:

1st Horse ..... \$2000.00  
2nd Horse ..... 1000.00  
3rd Horse ..... 500.00  
Other Starters ..... 50.00  
Accepted Non-Starters ..... 5.00

J. Kiely, Drugist ..... Water St.  
Maritime Drug Co. .... Water St.  
K. Ruby ..... New Gower St.  
R. Tucker ..... Quidi Vidi Road  
Kennedy's Drug Store ..... Duckworth St.  
J. Tobin ..... Duckworth St.  
P. O'Mara ..... Water St.  
S. Faour ..... Water St.  
Wadden's ..... Water St.  
S. Goudie ..... Freshwater Road  
S. Condon ..... Monkstown Road  
W. Reid ..... Water St.

and all Club members.

TICKETS ONLY 10c. EACH.

may 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25

## Nautical Books and Charts.

Latest Editions of—  
Norie's Epitome and Tables.

Raper's Epitome.  
Raper's Tables.

Newton's Guide Book.  
Nicholls' Concise Guide.

Tait's Seamanship.  
Reed's Seamanship.

Nicholls' Seamanship.  
The Nfld. and Labrador Pilot—Vols. 1 and 2.

The International Code of Signals.

Code Books—  
A.B.C. Code 5th Edition.

Bentley's complete Phrase Code.

Admiralty Sheets and Blue-Back Charts.

**GARRETT BYRNE,**  
Bookseller & Stationer.

for Executor Will late Nicholas Hawe.

ADDRESS: Renour Building, Duckworth Street, Saint John's.

may 6, 5, 11

## STATUTORY NOTICE.

NOTICE is hereby given that all parties having claims against the estate of Nicholas Hawe, late of Goulds in the Electoral District of Port de Grave in the Island of Newfoundland, Farmer, deceased, are required to furnish particulars thereof in writing, duly attested to the undersigned Solicitor for the Executor of the will of the said deceased on or before the 10th day of June, 1924, after which date the said Executor will proceed to distribute the said estate, having regard to those claims only of which he then shall have had notice.

Dated at St. John's this 6th day of May, 1924.

F. G. BRADLEY, Solicitor.

for Executor Will late Nicholas Hawe.

ADDRESS: Renour Building, Duckworth Street, Saint John's.

may 6, 5, 11

## STATUTORY NOTICE.

NOTICE is hereby given that all parties having claims against the estate of Oliver W. Jones, late of Little Bay Islands, in the Electoral District of Twillingate, General Dealer, deceased, are required to furnish particulars thereof in writing, duly attested, to Joseph Jones and Lillian Jones of Little Bay Islands aforesaid, the Administrators of the said Estate, on or before the 25th day of May, A. D. 1924, after which date the Administrators will proceed to distribute the said estate having regard to those claims only of which they then shall have had notice.

Dated at St. John's, this 22nd day of April, 1924.

HIGGINS, HUNT & EMERSON, Solicitors for Administrators.

april 22, 29, may 6, 13

## J. J. STRANG, LADIES' & GENTS' TAILOR.

Corner Water & Prescott Sts.

april 7, eod, 11

## Flowers!

CUT. IN POTS.

Chrysanthemums. Cyclamen.

Lilies. Wall Flowers.

Tulips. Clarkias.

Carnations. Impatiens.

Daffodils. Hyacinths.

Hyacinths. Cinerarias.

Sweet Peas. Primulas.

Cinerarias. Geraniums.

Marigolds. Ferns.

Finest quality.

**Valley Nurseries,**

PHONE 1513

(1924 No.)

## SHERIFF'S SALE.

IN THE SUPREME COURT.

Between Jessie H. Stewart, Plaintiff, and Francis C. Power, Defendant.

By virtue of a Writ of Fieri Facias to me directed, wherein the above-named Jessie H. Stewart is plaintiff and Francis C. Power is defendant, I will, on Saturday, the 17th day of May, at twelve o'clock noon, at my Office in the Court House, sell by public auction all the right, title and interest of the said defendant in and to ALL "THAT piece or parcel of land, together with stone building thereon, situate on the South side of Water Street in St. John's aforesaid, bounded as follows: On the North by Water Street aforesaid, by which it measures 24 feet 4 inches; on the East by a lane eight feet wide; or thereabouts and measuring thereby 24 feet 6 inches; on the South by land of Estates of Angel and English and measuring thereby 18 feet 8 inches; and on the West by land of Newman's Estate and measuring thereby 24 feet 3 inches and known as No. 429 Water Street; to satisfy the exigencies of the said Writ.

For conditions of sale and further particulars apply to J. A. W. W. McNEILY, Smallwood Bldg., Duckworth Street, St. John's.

may 10, 13, 15

## St. JOHN'S Grocery Stores

Best Grade Flour 58c. Stone.

Choicest Cut Rib Pork 22c. lb.

Very Choice Beef 12c. lb.

Spare Ribs 13c. lb.

Potatoes 14c. Gallon.

Small Green Cabbage.

**J. J. ST. JOHN.**

Duckworth St. & LeMarchant Road.

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april 22, 29, may 6, 13

## "Just a Real Good Car"

THE

**RUGBY**

NOW IN THE RUNNING

By the distinguishing radiator design you will recognize the new Rugby Car Models wherever you see them as the leaders in refinement and quality among all cars in the low price field.

Call in and have the "Rugby" explained to you at OUR SHOWROOM,

204 Water St.

**J. COCKER**