

HOUSEFURNISHING.

We would remind the many householders now moving to the country for the summer months. That their many little housefurnishing wants, may be promptly filled by a visit to our housefurnishing department. We are leaders when it comes to housefurnishings. GIVE US A CALL.

Window Poles.

5 dozen only Oak and Mahogany Window Poles, 4½ feet long, complete with fittings, 60c. each.

36 dozen White Window Poles, 4½ feet long, with fittings complete, only 16c. each.

Congoleum Mats.

1 dozen only large size Congoleum Mats, 36 x 54, \$1.60 each.

SPRING BLINDS.

15 dozen SPRING BLINDS, Plain Ends 70c. each
10 dozen SPRING BLINDS, Fringe Ends 80c. each
10 dozen SPRING BLINDS, Insertion and Fringe Ends \$1.00 each
8 dozen SPRING BLINDS, Insertion and Lace Ends \$1.20 each
5 gross SPRING ROLLERS, with Fittings 25c. each
6 dozen BLIND PULLS, in Cream and Green only 4c. each

Curtain Scrims.

50 bundles Curtain Scrim, plain and bordered; makes a very nice Curtain for the summer months, 20 and 22c. per yard.

Silence Cloth.

30 yards only Silence Cloth. Why spoil your nice Mahogany Table when you can get a length of Silence Cloth to protect it from hot dishes, etc.

Marshall Bros

TOO MUCH HAPPINESS.

By RUTH CAMERON.



RUTH CAMERON.

How much happiness we crowd out of our lives by trying to crowd too much in! A club of young married women came down to a cottage near ours which is owned by one of their number one day last week. Their program was to open it up for the day and have an all day picnic. They had planned half a dozen things to do—bathing, lunch, a walk, short motor trip, etc. Had they had the full day at their disposal that would not have been so bad, but they did not arrive until ten o'clock, after a two hour motor "trip" down, and they had to start back in the middle of the afternoon as several of the girls had dinner engagements. The result was that they rushed stealthily all day. I wasn't with them so I don't know how much they enjoyed it but I am sure I should not have. And then think of going home and dressing for a dinner engagement! All in the name of pleasure! Surely if they had planned half as much they would all have had a better time.

Both Work and Pleasure Spoiled.

When you are hurrying you are always thinking of the thing you are going to do next instead of the thing you are doing. The result, if it is a question of pleasure, is that you never savor the present and really enjoy yourself. When it is a question of work, you never concentrate wholly on the work of the moment and hence never put your full efficiency to use.

A Poorly Phrased Letter.

I was writing a letter in a great hurry the other day. My impatient mind pushed ahead of what I was writing to what I was going to write next. I could feel myself thinking of the next sentence to the detriment of the present one. The result was a very poorly phrased letter.

Every time you try to crowd too much into your life either of work or play you crowd peace and ease out of it.

Does It Pay to Break the Box?

Of course there never was a time

the temptation was so great to crowd oneself. One wants to do so many new important things and one does not want to give up ones pleasures altogether. Which is sane and normal. But suppose you wanted to get a larger number of important things into a box or basket or suitcase than would go in, which would be better, to compromise and give up the least important or to break the container so that it would hold nothing at all?

This is to certify that fourteen years ago I got the cords of my left wrist nearly severed, and was for about nine months that I had no use of my hand, and tried other Liniments, also doctors, and was receiving no benefit. By a persuasion from a friend I got MINARD'S LINIMENT and used one bottle which completely cured me, and have been using MINARD'S LINIMENT in my family ever since and find it the same as when I first used it, and would never be without it.

ISAAC E. MANN,
Metapedia, P. Q.
Aug. 31st, 1908.

Household Notes.

Shepherd's pie can be made of cooked flaked fish and top of mashed potato. The fish is seasoned with soup broth, pepper, fat and salt, with a little flour for thickening.

The book shelves will present a more pleasing appearance if the books are arranged according to colors, making a good composition by putting harmonizing colors together.

Young onions and beans, which would naturally be discarded in thinning onion and bean rows, can be planted carefully instead of being thrown away as usual in thinning.

If you are living in a country community, there is nothing more hospitable to the afternoon caller than a cup of tea served with bread and jam or butter, or with crackers.

An attractive way to serve leftover mashed potatoes is to add to them an egg, make into balls, dip into egg and breadcrumbs and fry in deep fat. They should be flavored with parsley.

A vacuum cleaner is a good investment for any housekeeper. They save work and make housecleaning no longer a necessity, because the dirt is sucked up instead of flying over the house and settling on woodwork and walls.

Table Butter!

5 only 60 lb. Boxes 1 lb. Slabs.

5 only 30 lb. Tubs.

10 only 60 lb. Tubs.

Soper & Moore



LETTERS.

If you were three thousand miles from home, you'd look for a letter, too. You'd like ten miles when the mail came in to see what had come for you. Through the lonely days and the lonely nights you'd wait for the moment when they'd call your name in a cheery way and you'd hear from the folks again.

You'd think queer thoughts if they failed to write, you'd fancy they'd ceased to care. And your mind would conjure up evil dreams to worry and torment you there. There'd be no joy in the morning sun, no rest on your lonely cot. If once you felt that you were one the home folks had forgot.

Vain will be bullets and guns we make, and vain will be all we do, if ever that line in France shall lose its faith in the ones it knew. For cannon and shells are but tools to use whenever our soldiers roam, and their cause is lost if they are not backed by the love of the folks at home.

Letters from home are their hope by day, their dream through the hours of night. And the blame is ours if they fail to write. So guard their courage and guard their faith and keep up their spirits there. By letting them know when the mail comes in that you haven't ceased to care.

It does not seem fair, if there is one maid in the family, to keep her in the kitchen all day on Sunday, cooking. Plan to have one previously prepared cold meat either at noon or in the evening.

Take a square of any pretty lawn; cut a slit about four inches long in the centre, and bind this with the edge of the square with tape. The result is a very attractive and handy affair to cover a blouse on a hanger.

Milady's Boudoir.

BEAUTY OF THE FEET.

Beauty of the feet can never be attained if Milady has corns or bunions. There are two varieties of corns—hard and soft. The soft corns come between the toes. If you have a soft corn you may protect it by placing a bit of cotton, sprinkled with alum, between the toes. Unless you insert the absorbent cotton to prevent the toes from rubbing together a second corn will appear on the opposite surface of the adjoining toe. Sulphate of copper applied to a soft corn is an effective remedy. The corn should be relieved from all pressure. For this purpose the perforated corn plasters may be used, or a disk of white kid or chamois with a hole in the center.

Ingrowing toe nails cause an immense amount of foot misery. Improper footwear and improper methods of cutting the nails are the reasons for this affliction. If you cut your nails too short or wear a shoe that is too short or too narrow, you will force the skin of the toe over the nail, the flesh of the toe is pushed still further over, until a point is reached where inflammation is set up. Cut the nails squarely across. Do not trim them too close as to destroy the spongy substance beneath the nail. This substance is a special guard to prevent them from growing into the quick. If there is a tendency for the flesh to grow over the nail, push the flesh back from the nail and fasten it in this position with a strip of oxide of zinc plaster. Under the nail edge insert a gauze packing.

Bunions are the result of great pressure and friction of the joint. If not attended to, this inflammation may even lead to destruction of the bone. First the joint must be relieved of all pressure. A shoe large enough for comfort must replace the tight one that started the trouble. Shoes large enough and stockings long enough will help.

Mystery Surrounds Loss of U.S. Cruiser.

Washington, July 20.—Belief that the cruiser San Diego, sunk off the New York coast on Friday, was sunk by a torpedo is expressed in a despatch to-day from the chief of staff of cruiser forces to the Navy Department.

The despatch follows: "The captain of the San Diego reports that he is inclined to the belief that the ship was sunk by torpedo. There is no conclusive factor, however, on which to base a definite opinion at present in view of the following circumstances:

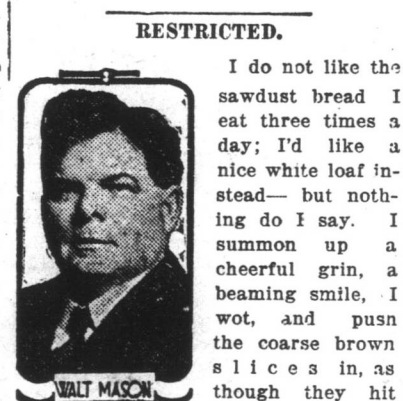
1. The ship disappeared very quickly. 2. Five persons were killed on the Cunard liner through a torpedo entering the engine room. The remainder of those on board took to the lifeboats. All the passengers on board the Carpathia were saved. They included 36 saloon passengers and 31 from the stowage.

It was the Carpathia which answered the wireless S.O.S. call of the White Star liner Titanic in April, 1912, when that vessel hit a submerged iceberg on her maiden voyage to New York and was sunk with heavy loss of life. The Carpathia picked up and landed at New York 865 survivors of the Titanic. The Carpathia was also one of the first merchant steamers to appear in American waters armed against submarines.

Although in the service of the

Stafford's,
Duckworth St. & Theatre Hill.

"1—No torpedo was seen.
"2—No convincing evidence that a periscope was seen.
"3—No submarine appeared, in spite of the fact that three unarmed rescue ships were in the vicinity for about two hours.
"Ship was struck on the port side about the beam which discourages the mine theory.
"The weather was fine; the sea smooth."



WILLY MACON.

RESTRICTED.
I do not like the sawdust bread I eat three times a day; I'd like a nice white loaf instead—but nothing I say. I summon up a cheerful grin, a beaming smile, I wot, and push the coarse brown slice in, as though they hit the spot. Our fighting soldiers need the wheat, to keep their strength and heft, and I am thankful I may eat whatever stuff is left. So bring along your wooden loaf and slice it with a saw; I am no cheap disloyal oaf, the line at that draw, I do not like to eat a hen, when I prefer a steak; but, lining up with loyal men, no protest do I make. If beef is needed over there, to help suppress the Hun, I'll feed myself on grizzly bear, if I can find my gun. The soldiers need the beef and wheat, that Germany may fail; it does not matter what I eat, or if I eat at all. I like some sugar in my tea, I like it on my rice, but Hoover lately said to me, "Make one more sacrifice! If sugar from your board you shoo, you may some Teuton halt." And so I make the fragrant brew, and sweeten it with salt. I'm eating things I hate, and all the time I do my best to keep my smile on straight. With cheerful brow, with queenly grace, obey all rules in sight, the patriot with grumpy face is only half-way right.

Carthia Sunk Off The Irish Coast.

New York, July 19.—The Associated Press carries the following: "The British transport Carpathia, 15,603 tons gross, has been sunk by a German submarine off the Irish coast while outward bound from a British port, it was learned here to-day. The Carpathia was owned by the Cunard line. Prior to the war, she was engaged in trans-Atlantic service.

Three torpedoes were fired at the Carpathia and all hit the vessel. Splendid discipline was maintained. The survivors were in the water two hours the Exchange Telegraph Company says, when picked up by the steamer which brought them into port. The Carpathia disappeared very quickly. Five persons were killed on the Cunard liner through a torpedo entering the engine room. The remainder of those on board took to the lifeboats. All the passengers on board the Carpathia were saved. They included 36 saloon passengers and 31 from the stowage.

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Although in the service of the

Stafford's,
Duckworth St. & Theatre Hill.

Parlor Suites and Odd Pieces!

We have in stock some extremely fine Parlor Suites in Mahogany (3 and 5 pieces), beautifully upholstered in Tapestries, Brocades and Silks of elegant designs and beautiful colorings. These are Genuine Mahogany, and are being offered at very moderate prices.

Also a large assortment of "Odd" Parlor Pieces, "Odd" Chairs, "Odd" Tables and lots of pretty "Odd" pieces, any one of which would be a nice addition to the Parlor. Come in and inspect them, you're sure to select from them.

U. S. Picture & Portrait Co.
St. John's.

We are still showing a splendid selection of

Tweeds and Serges.

No scarcity at

Mauder's.

However, we beg to remind our customers these goods are selling rapidly, and cannot be replaced at the same price.

John Mauder, Tailor and Clothier, St. John's, Nfld.

British Government for several months, the Carpathia has been used as an American troop transport. Her last departure from an American port was in June. The Carpathia was built in 1903 at Newcastle, England.

To clarify dripping that comes from the meat, put it into a pan and pour on sufficient boiling water to cover.



"Old Glory."

During the past 25 years Old Glory, changeless though it is as the emblem of liberty, has added four new stars to its splendid constellation. They represent Utah, Oklahoma, New Mexico and Arizona. With this growth has come (may it not well be said) a corresponding growth in staunch, united Americanism; so that to-day, even amid the perils of war, the humblest sailor or fisherman treads his deck in confident assurance of national power and justice.

The American flag, it is interesting and appropriate to recall, has a history and a course of evolution from the Cross of St. George. It was in 1285 that England added to her banner a white ground with a red cross, and this was the first flag to come upon our shores, being brought here in 1497 by John Cabot. The Scandinavians, who are said to have landed on the shores of what is now called America in the year 1000, brought no flag with them, and the flag borne by Columbus never did really reach the American continent.

The St. George flag is the flag under which the colonies were formed in 1643; in 1651 it was formally adopted by the Massachusetts colony and ordered placed on the "bastille," on all "proper" occasions. The St. George Cross was the flag of this country for 180 years. In 1686 Sir Edmund Andros arrived in Boston to become the governor of the colony and brought from the king a flag for New England. This was similar to the St. George flag, the red cross, however, being wider and in the upper part of the cross was a crown, signifying the king's authority, and in the lower part the letters "J.R." standing for "Jacobus Rex," meaning James, the King. was known as the "Andros" flag and was our official flag for 21 years.

England and Scotland having united in 1707, England changed her flag, and our flag was changed with it. This was a red body ground, with a canton containing the St. George cross of red on white, crossed by a St. Andrew's cross of white on blue, the latter from the Cross of Scotland. This flag was known as the "King's Union." When the king signed official documents he wrote "Jacobus Rex," and after a while the flag known as "King's Union" was frequently called "Jacobus Union," and from this fact originated the term "Union Jack."

At the battle of Lexington, April 19, 1775, the minute-men from the town of Bedford, under Captain Nathan Page, brought a flag which was known as the Bedford flag. This flag is still preserved in the public library at Bedford, Mass. It is a narrow ground, upon which is an extended arm grasping a sword, from which is suspended a band containing the words, "Aut Vince Mori," meaning "conquer or die." In October, 1775, the Continental congress adopted a flag, white ground with a pine tree, and over it the words "An Appeal to Heaven." This was the first flag officially adopted by Congress, and was specially designed for the navy.

When the declaration of Independence was read, the Cambridge flag with the king's coat of arms was destroyed, and later a movement was set on foot to secure a national emblem. Many designs were offered to the committee, but the members could not agree, and finally left it to General Washington. He suggested that as the red and white stripes had been continued in use on many private flags, they be adopted as a body and a blue canton be added, with some different figure

T. J. EDENS.

From New York to-day.

July 22, '18.
ORANGES—Cal.
LEMONS—Cal.
PLUMS—Table.
PEARS.
PEACHES.
APPLES.
GRAPE FRUIT.
NEW CABBAGE.
CARROTS.
ONIONS.
TOMATOES.
CUCUMBERS.
NEW TURNIPS.

HEINZ'S—
India Relish.
Chow Chow.
Sweet Mustard Pickles.
Tomato Soup.
HOLBROOK'S—
Vinegar, Pure Malt—Pints and Quarts.
Custard Powder.
Potato Flour.
Kaffee Powder.
50 boxes Ex. Choice APRICOTS—Dried.
20 boxes CAL. PRUNES.
20 boxes MIDGET RAISINS—Kurrant Brand.
10 bxs. BLEACHED SULTANAS By Rail to-day: 3 Cases
FRESH COUNTRY EGGS.

T. J. EDENS,
Duckworth St. and Rawlin's Cross.