Compared to the substitute of the substitute of

the drunkard's looking glass, set before those whose face is toward the drunk-ard's habits, so that they will see what they will be if they go on. Woe—Direthe drunkard's looking glass, set before those whose face is toward the drunkard's habits, so that they will see what they will be if they go on. Woe—Direful distress; both the condemnation for a sin committed, and a certain awful condition of suffering. Sin of all kinds brings its own punishments, but there is no sin which so speedily and relentlessly pursues its victim as the sin of drunkenness—Pentecost. The drunkard has woes of body and woes of mind, woes in himself, woes in his family; pains, diseases, poverty, and all without alleviation. Who hath sorrow—The to sleep when his ship was in the gone to sleep when his ship was in the group to slip out of his hand, and his ship to be swamped with the waves which he waited the waves which he will have outridden.—Pentecost. Stupelied, besotted men known on when they lie down they are as if tossed by the rolling waves of the sea, or upon the top of a mast. Their heads swim. Their sleep is disquiet, and troublesome dreams make sleep unrefreshing. —Com. Com. Top of the mast—The drunkard is out alleviation. drunkenness.—Pentecost. The drunk-ard has woes of body and woes of mind; woes in himself, woes in his family; pains, diseases, poverty, and all with-out alleviation. Who hath sorrow—The Hebrew word means, first, poverty, and then misery. The drunkard has sorrow of his own making. "The cup contains more than one woe; a single sorrow is not all. These are so numercontinued cry of anguish."—Grady.
Who hath contentions—"Nine-tenths of all the brawls and fights, quarrels and misunderstandings are traceable to the "drink." "Strong drink first maddens and then unchains the tiger. It excites tongue and brain. What quarrels, fightings, and even murders, are constantly growing out of the drunkard's contentions. Strong drink in flames the passions and at the same time removes the restraint of conscience and will."—Meredith. Who hath babbling—"This refers to the tendency of strong drink to foolish and incessant talking, revealing segrets wile converse. continued cry of anguish."—Grady. Who hath contentions—"Nine-tenths of all the brawls and fights, quarrels and of strong drink to foolish and incessant talking, revealing secrets, vile conversation and noisy demonstrations, which are common in different stages of drunkeness. Nothing goes right with the drinker. He complains of God, of society, of his family, of his circumstances, of everything. Nothing can be right to one who is thus wrong," Wounds without cause—Wounds received in wholly unprofitable disputes, such Wounds without cause—Wounds received in wholly unprofitable disputes, such as come of the brawls of drunken men. Lange. Drinkers are especially exposed to accidents and diseases which temperance would have prevented.—Pelou-bet. Redness of eyes—Bloodshot, blurred or bleared eyes (Gen. 49: 12) .of the nerves controlling the minute of intemperance will trample over every blood-vessels, the capillaries, which results in a distinct that the control of the nerves controlling the minute of intemperance will trample over every thing to reach strong drink. Put wife dilation that speedily shows and children in the itself in the eye. In his step and in and they cast them aside. Put respecthis eye the drunkard shows the secret of his sin.—Wakefield. The traveler they gaze at them aside. Put respect ability and honor and manhood there they gaze at them a moment and flin of his sin.—Wakefield. The traveler they gaze at them a moment and fling in the drunkard's broad road to death them away. Bring heaven and Christ bears a great bundle of woes. Among them are losses of time, of talent, of purity, of a clean conscience, of self-re-their feet. Lay remove with all its spect, of honor, of religion, of religion, of the soul. The saloon darkens the fam-ily, obstructs business, arrests, indus-try, impedes progress, deranges plans, estranges partners, lowers personal standing, debauches politics. Such are a few of the woes caused by the saloon.—

before them; yea, point out in the way the ghastly form of death, and they still go on for they will have rum." Oh, the go on for they will have rum." Oh, the power of an evil habit! It holds a mar

30. They that tarry long- This ansin an iron grip and drags him down to hell. And yet this evil habit can be 30. They that tarry long— This answers the above questions. He who begins to drink continues to drink, tarrying of ten a whole night, and from that to day and night. They that go— To places or among people where intoxicating drinks are made or stored or used.—Beecher. Mixed wine—Spieed, drugged, medicated wine, the intoxicating power of which is increased by the infusion of drugs and spices.—Muenscher. Such men drink the cup of a costly death.—Tennyson. The chemical analysis of the liquors used overcome; Jesus Christ is able to break chemical analysis of the liquors used by the people in this country shows that they drink alcohol, arsenic, alum, aloes, bitter almonds, blood, chalk, cherryaurel, cocculus indicus, copperas, gyp-sum, henbane, isinglass, lime, lead, log-wood, nux vomica, opium, oil of vit-riol, oil of juniper, oil of turpentine, to-bacco, sugar of lead, resin, etc.—S. S.

II. Strong drink prohibited (vs. 31, 32) 31. Look not—This prohibits even moderate drinking. It is our duty to avoid temptation. See Prov. iv. 14, 15. The per son who enters into temptation is almost certain to fall. Red—The bright most certain to fall. Red—The bright color of the wine gives it an attractive look. His color in the cup—Literally, its eye, the clear brightness, or the beaded bubbles, on which the winr drinker books with pleasure. doubles, on which the wint arringer looks with pleasure.—Plumptre. Goeth down smoothly (R. V.)—This verse pictures the attractive side of wine, when it seems perfectly harmless to sip a little, when it is bright and inspiring, thrilling the attractive side of the property of the second side. the, when it is bright and inspiring, thrilling the nerves with delight, promising all joy and freedom. It is the shining side of evil that is so dangerous—this flowery entrance to the path that leads to death.—Peloubet, At such a time, beware! 32. At the last it bitch— The pleasure will be atended at last with intelerable pains, when it works like pleasure will be atended at last with in-tolerable pains, when it works like so much poison in thy veins and casts thee into diseases as hard to cure as the bit-ing of a serpent.—Patrick. Its effects are opposite to its pleasures. Its only beauty is when it sparkles in the cup. It can only harm the one who ventures to enjoy its pleasure; then it bites and sends its poison beyond your reach. Its only end and purpose is ruin. Its sting is the sting of death. Adder—In the Gen-eva Bible this word is translated "cockatrice." It was a very venomous serpent. But the picture cannot be overdrawn. The curse of strong drink is worse than the bite of a thousand serpents. Note the bite of a thousand serpents. Note some of the evils of intemperance: 1. It injures the body. 2. It disables the mind.
3. It unfits for the daily duties of life.
4. It brings poverty. 5. It tempts others.
6. It leads into bad company. 7. It is opposed to religion and morality. 8. It injures and disgraces family and friends.
9. It leads to crime. 10. It injures the laboring man. 11. It fills poor-houses and prisons. 12. It ruins the soul.

III. Strong drink ruinous to character (vs. 33)

33. Eyes shall behold, etc.-"Thine 53. Eyes shall behold, etc.—"Thine eyes shall behold strange things."— R. V. Some think there is a reference her to the delirium tremens. But the rendering in the Authorized Version, which is retained in the margin of the Revised Version, is resulting to the Revised Version. Version, is according to the Cambridge Bible, "in keeping with the usage of the word in the Book of Proverbs, and with word in the Book of Proverbs, and with the undoubted connection between excess of wine and lust. The "lust of the eyes" causes the downfall of many. We should hasten to close our eyes to that which we ought not to see. Heart shall utter—When men or women indulge in the use of strong drink they let down the bars to we seize it."

Sunday School.

IRTERNATIONAL LESSON NO. XII
MARCH 25, 1906

Temperance Lesson.—Prov. 23: 29-35.

Commentary.—1. Strong drink destroys happiness (vs. 29, 39). Who—Advine conmission to every man to meetigate the perevailing cause of woe and sorrow and strue, and thus be deterred from taking the wrong course in life.—Smith. Rebinson calls this lesson the drunkard's looking-glass, set before those whose face is toward the drunk.

iscases, poverty, and all with riation. Who hath sorrow—The word means, first, poverty, and sery. The drunkard has sortis own making. "The cup contro tall. These are so numer than one woe; a single sortio tall. These are so numer of call forth a constant and 'ong' or call forth a constant and ong or cry of anguish."—Grady.

poison that has brought him thus far on the way to ruin. Have beatenfelt it not-"Angry companion have done their worst to end my life, says he, but their blows did not affect me.' Will seek again—Rather, when I shall awake I will seek it again.—Cook. Selfcontrol is all gone. The drunkard is a slave to appetite. He is as insensible to the pleadings and warnings of those who seek his salvation as he is to the ments of drunkenness is this insatiable appetite that, in spite of warnings, and the face of all conequences, the drunk-Alochol induces a paralysis and turns to his cups again. The victin their feet, Lay remorse, with all its coiling, serpent tongues and scorpion stings in the path, and yet they walk on. Pile up miseries, sorrows, pains, diseases before them; yea, point out in the way

its power. PRACTICAL APPLICATIONS.

1. The results of wine drinking. "Woe" (v. 29). Wine drinking brings the woe of (a) ill health. It poisons the blood and saps the constitution, and spreads the foulest diseases. (b) Poverty. It indisposes and unfits for industry. An army of eighteen hundred workingmen marched through the streets of Chicago carrying a banner inscribed: "Give our children bread" read enough for the children

2. "Sorrow" (v. 29). Wine drinking turns men into beasts, it makes wives Wine drinking widows, and children fatherless; it robs helpless infancy of food and clothing. There is no sorrow that pen can pictur so dark, so heart-breaking, as that which wine drinking brings.

4. Destruction .- "At the last it biteth like a serpent, and stingeth like an adder? (v. 32). This is the end. At the first it sparkles and cheers; at the last it poisons and maddens. At first it excites mirth and song; at the last is produces corrow and curses. At the first it is an affair of good feeling and fellowship at the last it is an affair of feuds, fight ing and murder. At the last it is a cur of exhilaration in the hands of thought ess youth; at the last it is "a cup of fearful trembling in the hand of an of-fended God. At the first it is the grateful stimulus of an hour; at the last it is the "worm that never dies, and the fire that never shall be quenched."

5. Licentiousness. "Thine eyes shall behold strange women" (v. 33). A man named John R. Woodsworth committed under the influence of intoxicants is easily tempted. With judgment clouded, reason dethroued, memory gone, and passion influence of intoxicants are worth and the problem of the prob under the influence of reason dethroned, memory gone, and passion inflamed, he reels ready for any crime. There is a fable that the devil at one time offered a man the alternative of a choice between three sins, one of a choice between three sins, one of the control of or obtaining some good, he was bound to commit. The sins were murder, incest and drunkenness. The man chose the last as incomparably at least. This was the devil's device, for under the influence of liquor he was quickly tempted to commit the other two crimes. Internal tendence of liquor he was quickly tempted to commit the other two crimes. Internal tendence of liquor he was quickly tempted to commit the other two crimes. Internal the minimater in the light of the and corn. Follow-more ingare the rates: 1906—Wheat 41-2; flax 41-2; rye 41-2; corn 4; barley 4; oats 3.

The new rates refer to export business only, and for the first time in some years higher lake and rail rates will be the rates: 1906—Wheat 41-2; flax 41-2; rye 41-2; corn 4; barley 4; oats 3.

II. The remedy for wine drinking Look not thou upon the wine when it is red" (v. 31). Do not waste one glaned upon it. Do not put yourself in the way of temptation. Turn from it as pesi-tively as the little girl, out driving with Miss Willard, who said, "Wicked old saloon, I'll try to not even look at the barrels." A Christian who follows his Bible will be a total abstainer. The prieses were forbidden to drink wine. Nadab and Abihu when drunk offered strange fire and it led to their terrible cial statement was made public it was Nadab and Abihu when drunk offered strange fire and it led to their terrible death (Lev. x. 1-9). We are priests (I. Peter ii. 5), therefore ought to avoid wine. Paul tells us it is "good" to do this for the sake of others, as well as for ourselves (Rom, xiv. 21-23).

A. C. M.

Most of us know a good thing when we seize it.



Fierce Engagement With the Hostile Moros on Sulu Island.

Fifteen Enlisted Men Killed and EThirty Two Wounded.

The Moros Left Six Hundred Dead on the Field.

Manila, March 12.—An important action between American forces and hostile Moros has taken place near Jolo. Fifteen enlisted men were killed, a com-Moros has taken place near Jolo. Fifteen enlisted men were killed, a com-Wheat, white, bushel\$ 0.75 missioned officer was injured, four enlisted men were wounded, and a naval contingent operating with the military Oats, bushel ...

Sustained 32 casualties. The Moros lost Barley, bushel ...

Peas, bushel ... 600 men killed.

Major-Gen. Leonard Wood, commander of the division of the Philippines, reports as follows from Jolo, capital of the Sulu Straw, per ton Straw, per ton Divessed hogs.

Apples, per bbl.

Figs. new laid, dozen Major-Gen. Leonard Wood, commander Hay, timothy, ton Do, mixed, ton

CAPT. COOK ///

Natives

Australian

So well did the Australian matives know the medicinal virtues of certain

roots and herbs that when first discover

ed by the great English navigator, Cap-

tain Cools, they were practically free

that land of gold-is exceptionally wich to

derful country that Bileans for Bilious

ness, the great herbal remedy for all liver and stomach disorders were first

discovered and used. As Bileans have just been introduced into Canada, and

are now obtainable from all druggists,

and stores, a flew facts about their dis

covery and their exceptional power will

lian public were first informed they

could obtain a household remedy made

up in the form of a small bean. That

this remedy was of pure vegetable com-position; that it was entirely different from the ordinary medicines and prepara-

tions so widely sold: and that it was a

certain cure for biliousness, indigestion, liver complaints, beadache, constipation

and allied disorders.

In a very short time after their dis

covery, because of their vast superiority

over other remedies, and their certain action on the above ailments, Bilesas be-

came the leading household remedy in

They were next introduced to Great

Britain. There again their vast super-

iority was soon admitted, and for the all-

ments just referred to they are now the best known remedy throughout Britain. From Great Britain, Bileans, because

of its superiority, spread rapidly, and their use is now worldwide. If you were to visit India, Chima, South Africa, you

to visit India, Chima, South Africa, you would find thom in general use.

In the waster of Russia, in the cities of Japan, in the tender of Sister and the grape districts of France, in Germany, in America—in all these places you will find that Bleens are wilely used.

In trying Edeans for Ediousness, therefore, do not think that you are experimenting with a new and untried remedy.

remedy.

Ask yourself nother this question: If a medicine is backed up by such universal favor—if a medicine can be so wilely tested and emerge from the text victor-tous—would it not be useful in your hous—would it not be useful in your

It is well known that liver medicines hitherto in use mostly contain hismath

increarcy, and other harmful mineral products, and rely upon these ingredients for their temporary effect. But these inferred their temporary effect. But these inferred constituents are very injurious if assent for their temporary effect. But these infurious if assent for thing and provide such effects as that of loocening the teeth, causing the halfer to fall out, etc. Bileans are entirely different and superior. They are purely vegetable, and contain no trace of early such harmful ingredients as the above. In taking them there is no fear without early them there is no fear without early are falsen to come, and do not leave behind them evils worse than the original ones. All leading druggifts now cell Bileans at 50 cents per box, or they may be obtained divest from the Bilean Co. Colleans of the configuration of the configuration of the configurations. They are different and superior.

GUELPH MAN'S SUICIDE

John R. Woodsworth Shoots Himself in a

Stable at Cramfall, Man.

EXPOSES THE POLICE.

lected Toll.

be interesting to our readers.

"A severe action between troops and naval detachment and constabulary and hostile Moros has taken place at Mount Dajo, near Jolo. The engagement opened for the constability of the consta Dajo, near Jolo. The engagement opened Fowl, per during the afternoon of March 6, and Turkeys, per lb. ended on the morning of March 8. The Geese, per lb. Dajo, a lava cone two thousand and one Potatoes, per bag hundred feet high, with a crater at its Onions, per bag summit and extremely steep. The last Celery, per dozen four hundred feet were at an angle of Beef, hindquarters. 60 degrees, and there were fifty per-pendicular ridges surrounded with a growth of fibre and strongly fortified and defended by an invisible force of

"The army casualties were 15 enlisted men killed, a commissioned officer wounded and four enlisted men wounded. The naval casualties numbered 32. Ensign H. D. Cooke, jun., of the U. S. steamer Pampanga, commanding the Pampanga fort, was severely wounded, and swain Gilmore was severely injured in the elbow..

The constabulary casualties were: Capt. John R. White, wounded in the thigh severely; three enlisted men killed and 13 wounded. Capt. Lyree Rivers sustained a slight flesh wound in the thigh; Lieut. Gordon was slightly wounded in the right hand; Lieut. Wylie T. Conway, of the 6th Infantry, was slightly wounded in the left eye. All the wounded are doing well..

Col. Jos. W. Duncan, of the 6th Infantry, directed the operations. All the defenders of the Moros' stronghold were killed. Six hundred bodies were found on the field.

"The action resulted in the extinction of a band of outlaws, recognizing no chief, which had been raiding friendly Moros, and who, owing to their defiance of the American authorities, have stirred up a dangerous condition of affairs.

BARGES DEATH TRAPS.

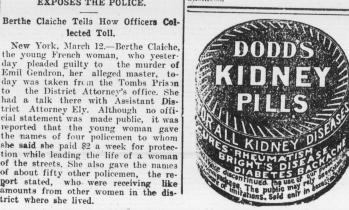
The Captain's Widow Swears That Barge and Boats Were Leaky—Why the
Steward Left—Measures for Protective. Prices ranged from \$4.40 to \$4.80, tion of Life Demanded. A Halifax despatch: At the Govern-

ment inquiry into the loss of the Domincattle were offered and these were readily picked up at firm prices. More prime in the drowning of six men, sensational evidence was given to-day by the widow of Captain Aker, who frequently accompanied her husband. She swore that the barge was leaking, that the companied her husband. She swore that the barge was leaking, that the companied her husband. She swore that the barge was leaking, that the companied her husband. She swore that the barge was leaking, that the companied her husband. She swore that the barge was leaking, that the companied her husband. She swore that the barge was leaking, that the companied her husband. She swore that the barge was leaking, that the companied her husband has been also been also been also been at the would have sold. Picked up at firm prices. More prime cattle were offered and these were readily picked up at firm prices. More prime cattle would have sold. Picked up at firm prices. More prime cattle would have sold. Picked up at firm prices. More prime cattle would have sold. Picked lots sold at \$4.50 to \$4.70; loads of good, \$4.20 to \$4.40; medium, \$3.85 to \$4.15; common, \$2.25 to \$3.50; cows at \$2.75 to \$4.90. panied her husband. She swore U.at the barge was leaking, that the only boats aboard were leaky, and that the covers of the hatches were left off. The steward of the barge swore that he left the harms because she was unseaworthy. gulations for the inspection of barges towed on the cost. The loss of life in this case has created a strong feeling that the coal company must be compelled to take greater precautions to pro-tect the life of the barge crews.

LAKE AND RAIL.

NEW SCHEDULE OF RATES PRE-

harged for local than for export grain



Market Reports The Week.

Toronto Farmers' Market. The grain receipts to-day were moder-te. Wheat a trifle easier, with sales of ate. Wheat a triffe easier, with sales of 500 busrels of fall at 75 to 76c, and of 100 bushels of goose at 72c. Barley unchanged, with sales of 300 bushels at 52c. Oats are steady, 400 bushels selling at 30 to 3016. 39 to 39½c.

Dairy produce in fair supply.

Peas, bushel

1 25 Do., forequarters
Do., choice, carcase
Do., medium, carcase 5 50 Mutton, per cwt. 10 50 9 50 British Cattle Markets.

London.-Cattle are quoted at 10% to 11½c per lb.; refrigerator beef, 7¾c per lb.; sheep, dressed, 12½c to 13½c per lb.; lambs, 14½c, dressed weight. Winnipeg Options.

The following were the closing quotations to-day at this market: March 72-3-4eB, bid, Bay 74B sellers, July 75 5-8e B bid.

Leading Wheat Markets Duluth 75%

 St. Louis
 74

 Detroit
 82

 Minneapolis
 75

 Toledo
 80

Toronto Live Stock.

Receipts of live stock at the city market since Tuesday, as reported by the railways, were 90 car loads, consisting of 1,528 cattle, 2.230 hogs, 429 sheep and lambs and 90 calves. Besides the above hogs there were over 1,500 hogs received by Toronto firms, that were not unload-ed at the market. The quality of fat cattle generally was

not good, few choice, well-finished lots being offered. Trade was good all round, all offerings being readily bought up at steady prices when quality is considered.

A large number of cattle dealers were

INVESTIGATING THE LOSS OF THE on the market looking for a supply of fat cattle and milet cows. Some of these dealers stated that they could buy their cattle cheaper on the market than from the farmer

ity. Prices ranged from \$4.40 to \$4.80, with few at the latter price. Export bulls sold at \$3.50 to \$4 per cwt.

Butchers—Few good to choice butcher cattle were offered and these were read-

the barge because she was unseaworthy. It is believed that the result of the injury will be the promulgation by the commining Government of stringent respectively. As the commining the stringent resulting feether in the commining that the commining the stringent resulting the commining that the commining the stringent resulting the commining that the commining that the commining the commining that the comminion that the commining that the commining that the commining that the comminion that the comminion that the comminion that the com feders, 90 0to 1000 lbs., at \$3.75 to \$4.10 medium feeders, 90 to 1000 lbs., at \$3.60 to \$3.90; best stockers, 750 to 900 lbs. at \$3.15 to \$3.50; good stock heifers, cool to 750 lbs., at \$3 to \$3.25; common stockers, \$2.75 to \$3. Mr. Murby shipped out

even loads to clients:

Milch cows—Five or six buyers from Mich cows—Five or six buyers from outside points, principally Mentreal, who were all anxious to get a supply of cows, helped to make a brisk market. Prices ranged from \$30 to \$62.50 cach. And although there was a large number, over \$50 cox on the supplements. 0 cows on the market, still more would lave sold.

Veal calves—About 100 yeal calves were on sale, but out of this number not more than half a dozen were of good quality. The bulk was of inferior to edium, which sold at easier prices, but the good ones sold as high as ever. The prices ranged from \$3.50 to \$7 per ewt Prime quality yeals feed on new milk would bring \$7.50 to \$8 per cwt., but these are scarce and seldom seen on the market.

Bradstreet's on Trade.

London.—General trade has been rather more active during the past week, fol-lowing an improvement in country roads. Wholesale lines are moving well, there being a better tone to the sorting trade.
Collections are generally good. Local industries continue active.

for groceries and hardware continues brisk. Money is still plentiful, and col-lections are fair to good. Groceries are active, with canned goods firm. Hamilton.—There is a fairly brisk tone

o all lines of wholesale and retail trade here. Deliveries of spring and summer goods are now being made, and prospects continue bright. Country trade is showing rather more activity, and collections Hogs—Deliveries were large, 2230 on Wednesday and Thursday. Mr. Harris reports prices unchanged, at \$6.85 per cwt. for selects; \$6.60 for lights and fats; \$4 to \$5 per cwt. for sows and \$2.50 to \$3.50 per cwt. for stars

to \$3.50 per cwt. for stags.

Most housewives judge the purity of a flour by its whiteness. somehow signifies purity. But while pure flours are always white, white flours are not always pure.

Royal Household Flour is the whitest flour that is milled. It is also the purest. You may think the flour you are using is about as white as flour can be. Yet if you place it beside Royal Household Flour it will look yellow by comparison. Ask your grocer for Royal Household, and make sure that he understands that you mean it. Oailvie Flour Mills Co., Ltd.

"Ogilvie's Book for a Cook," contains 130 pages of excellent recipes, some never published before. Your grocercan tell you how to get it FREE, 152

WOMAN WITH MANIA.

THINKS LIFE WILL BE TAKEN UN-LESS SHE KILLS PRESIDENT.

Philadelphia Resident, Who Talks Ra-tionally, Tells Strangs Story, and Says Socialists Make Her Take Oath to Kill Roosevelt.

New Oleans, March 12 .- Declaring that her life will be taken unless she assassin-ates President Roosevelt, a woman who gave her name as Mrs. W. B. Lewaller, of Philadelphia, applied at central police headquarters to-day for protection. spoke rationally on all general subjects, but the police and coroner decided to detain her for an examination. Mrs. Le waller said that she fell in with a party of Socialists in Philadelphia, and she was taken to a room there and made to take an oath against the President, being told that she would be destroyed if it was not executed. She said she fled to Houston, Texas, but the men followed her there, and that she had then come to New Orleans.

SIR JOHN NO CINGALEE.

Formal Denial That Admiral's Mother Was a Princess.

London, March 12 .- A story that has been current for some time that Sir John Fisher's mother was a Cingalee princess was formally denied to-night. Sir John's mother, it is stated, was an English woman, born within sound of Bow Bells, in the city of London. She was a grandniece of Ald. Johs Boydell, a great citizen of the eighteenth century

Sir John Arbuthnot Fisher has been First Sea Lord of the Admiralty since 1904. He entered the navy in 1854, He entered the navy when thirteen years of age. He served and Egyptian in the Chimean, China wars, and commanded the Inflexible at Alexandria. In 1899 he was a delegate to The Hague Peace Conference. reason of his visits to this country he is known to thousands of Canadians.

Every Two Minutes

Physicians tell us that all the blood in a healthy human body passes through the heart once in every two minutes. If this action becomes irregular the whole body suffers. Poor health follows poor blood; Scott's Emulsion makes the blood pure. One reason why

SCOTT'S **EMULSION**

is such a great aid is because it passes so quickly into the blood. It is partly digested before it enters the stomach; a double advantage in this. Less work for the stomach; quicker and more direct benefits. To get the greatest amount of good with the least possible effort is the desire of everyone in poor health. Scott's Emulsion does just that. A change for the better takes place even before you expect it.



We will send you a sample free. Be sure that this picture in the form of a label is on the wrap-per of every bottle of Emulsion you buy. SCOTT & BOWNE Terente, Ont.