

LIFT UP YOUR HEARTS.

"Lift up your hearts," I hear the summons pealing
Forth from the golden altar where He stands;
Our great High Priest, the Father's love revealing
In priestly act, with pleading, outspread hands.

"Lift up your hearts," with hearts to heaven
soaring

I hear the Church shout forth her glad reply:
"We life them up unto the Lord adoring,
Our God and Thine, through Thee, we glorify."

"Lift up your hearts!" Alas, O Lord, I cannot
Lift up aught my burdened heart to Thee,
Thou knowest, Lord, the care that presses on it,
The chains that bind it struggling to be free.

O Lord, Divine! Thy promise comes to cheer me:
O Voice of pity! blessing and thrice blest,
"Come unto Me, ye laden hearts and weary,
Take up my yoke, trust Me, I pledge you rest."

I dare not waver by such grace invited,
I yield to Thee my heart, I close the strife;
Lift Thou my heart until, with Thine united,
I taste anew the joys of endless life.

—John Macleod, D.D.

THE FULNESS OF CHRIST.

Christ is more precious to His people the longer and the better they know Him. I have heard it said that the feeling of many persons, when they first see the far-famed Cathedral of St. Peter's at Rome, is one of disappointment. The building seems neither so large, nor so grand, nor so imposing, nor so beautiful as they had expected it to be. But when they become better acquainted with it the feeling of disappointment passes away. The visitor walks again and again in these magnificent aisles, and his eyes become educated by degrees to appreciate the scene. The beauty, the glory, grows upon him. The marvel of the structure opens out to his perception more and more, and at every visit he discovers some grandeur, some loveliness, some exquisiteness of proportion, or some finish of detail, which he had not detected before. And is it not so with that grandest of all objects, with Jesus Christ, with Him who is "the chiefest among ten thousand, and altogether lovely?" I do not mean, of course, to say that our first feeling about Christ, when we come to Him, is one of disappointment. Far from it. Christ at a distance, Christ unknown, Christ unsympathized with,

may be, I grant you, an unattractive object. "He has no form nor comeliness," as the prophet says, that we should desire. But Christ, when we have accepted Him, answers all our expectations from the very first. He meets all our wishes. He satisfies all our desires. But this is what I mean, that what we knew and appreciated of Christ when we first put ourselves into His hands, is as nothing when compared with what we know and appreciate of Him upon further acquaintance. He grows upon us day by day. Day by day we see more of the wonders of His person and of His work. Day by day fresh beauties, fresh grandeurs, fresh glories, unfold themselves. And the reason is that our inner spiritual eye is being educated by the Spirit of God, and that we are being enabled to "comprehend, with all saints, what is the breadth, and length, and depth, and height, and to know the love of Christ that passeth knowledge."—Prebendary Gordon Calthrop.

THE SUPREMACY OF LOVE.

"The supremacy of love among the other graces is like that of the sun among the planets—the source and centre of them all." The oil of love supplies the light for the lamp of faith, which must be kept for ever burning on the altar of the heart. Possessed of such a love and such a faith, we shall readily respond to our Lord's command by letting our light so shine before men that they may see our good works and glorify our Father in the heavens. (Matthew v. 16). Who, therefore, cannot see that Christianity is the religion of love and faith, and life? Who, then, will for one moment doubt the plain and emphatic teaching of our Lord, so abundantly confirmed by the great Apostle? "Now abideth faith, hope, love; these three; but the greatest of these is love."

WHAT MAKES A GREAT LIFE.

Do not try to do a great thing; you may waste all your life waiting for the opportunity which may never come. But since little things are always claiming your attention, do them as they come, from a great motive, for the glory of God, to win His smile of approval, and to do good to men. It is harder to plod on in obscurity, acting thus, than to stand on the high places of the field, within the view of all, and to do deeds of valour at which rival armies stand still to gaze. But

no such act goes without the swift recognition and the ultimate recompense of Christ.

To fulfil faithfully the duties of your station, to use to the uttermost the gifts of your ministry, to bear chafing annoyances and trivial irritations as martyrs bore the pillory and stake, to find the one noble trait in people who try to molest you; to put the kindest construction on unkind acts and words; to love with the love of God even the unthankful and evil; to be content to be a fountain in the midst of a wild valley of stones, nourishing a few lichens and wild flowers, or now and again a thirsty sheep, and to do this always, and not for the praise of man, but for the sake of God—this makes a great life.

HINTS TO HOUSEKEEPERS.

A novel way of serving oysters is to cut the top of a freshly-baked loaf of bread, remove the sponge, and fill the cavity with creamed oysters, put in layers, with intervening layers of bread crumbs. When full replace the top of the loaf, cover the latter with the beaten yolk of an egg, and set in the oven to glaze. This makes a pretty dish if served on a wreath of parsley. This placed on the dish, with their stems turned in, so that the loaf will conceal all but the leaves.

Sponge Gingerbread.—Mix one cup of molasses, one-half cup of melted butter, and one tablespoonful of ginger; make them quite warm, and add one teaspoonful of soda, then add one cup of sour milk, two eggs beaten, and flour to make like pound cake.

Ginger Snaps.—One cup of molasses, one cup of sugar, one heaping cup of butter, one teaspoonful of cinnamon, one teaspoonful of ginger, one teaspoonful of soda. Boil this together for five to eight minutes; let it cool; then mix with flour and roll very thin. Cut into strips one inch wide, and four or more inches long. Bake on floured tins in a quick oven. The shape is a distinctive feature.

Salted Almonds.—Blanch half a pound of almonds, dry them, then spread on a pan. Put a good teaspoonful of butter with them and stir them up on the range till they are all a little greasy, then put them in the oven till they are a pale yellow, not brown. They must be often looked at and stirred. When done take them out and sift a small tablespoonful of fine salt over them while very hot, shake them well. When cold gently sift the superfluous salt from them. If they are not very dry when put in the oven they will not be crisp.



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