

CHATS WITH YOUNG MEN

THE SACRED HEART

A Heart that hath a Mother, and a treasure of red blood, A Heart that man can pray to, and feed upon for food...

That to judge anybody by his personal appearance stamps you as not only ignorant, but vulgar? That to talk, and talk, and talk, about yourself and your belongings is very tiresome for the people who listen?

OUR BOYS AND GIRLS

TO THE SACRED HEART

I offer Thee, O Sacred Heart of Jesus! Each thought of mine today; Through Mary's Heart most pure, Each sorrow that today my heart is fated...

DO NOT LOSE FAITH

The disposition to see the worst instead of the best, to grow on one very rapidly, until it ultimately strangles all the beautiful and crushes out all that is good in oneself.

FRIENDLINESS

Blessed is the one who goes through life with only the glad hand to offer every one whom he meets.

POLITENESS A NECESSITY

Know then, that as learning, honor and virtue are absolutely necessary to gain you the esteem and admiration of mankind, politeness and good breeding are equally necessary.

FRETTING

There is one sin which is everywhere and by everybody underestimated, and quite too much overlooked in valuation of character.

DID YOU EVER THINK?

That a kind word put out at interest brings back an enormous percentage of love and appreciation? That though a loving thought may not seem to be appreciated, it has yet made you better and braver because of it?

WHERE THE BIRDS GO

Everybody knows that most birds come north to their nesting grounds in the spring and go south in the fall.

and a great many other things that have until now been only hastily understood. Although most of his work is still unpublished, he has printed some of his most remarkable discoveries...

SOME OF THE LONGEST JOURNEYS ARE MADE BY THE TINIEST BIRDS. The humming birds go from the middle States to Mexico and even South America and back every year.

Some birds, for reasons hard to learn, take a different course coming north from that going south. The Connecticut warbler fairly common in September and October in the Atlantic States, is never seen there in spring.

Generally the northward flight is rapid, condensed and soon over, but the return movement begins for some birds as early as the Fourth of July and it is in progress until nearly Christmas.

A few species leave the far north in August and September, making enormous flights over the ocean to winter homes in the southern hemisphere.

THE UNSEEN GUEST

In many homes there hangs a card on the living room wall bearing the words, "Christ is the head of this house; the unseen Guest at every table; the silent Listener to every conversation."

Would it make any difference in your talk and your play if Christ were the seen, instead of the unseen Guest, if you could see Him, beside you, as a listener to your talk with your companions? Stop a moment and think. Just what difference would it make?

JUNE

This is, above all other months, the Month of Love, the Month of Reparation—the Month of fervent Visits to the Most Blessed Sacrament—of frequent Sacramental and Spiritual Communions—of familiar intercourse with Jesus—of rich harvests of grace.

Would that I could dip my pen in the ever open Wound of the Sacred Heart of Jesus and write therewith burning words that would penetrate your inmost souls, make you understand and feel all the love of that Sacred Heart for you, and force you, as it were, to bring to Him all the tenderness and generosity of your hearts!

Have you never said to yourself? I should indeed have been happy had I lived at the time when Jesus was really upon earth.

Everybody Enjoys a fine cup of Tea.

"SALADA" TEA

IF YOU DRINK JAPANESE TRY "SALADA" GREEN TEA Infinitely Superior to the Best of Japans.

What you would then have done you can do this very hour. Jesus is near you still, in the solitude of the lonely church, in the quiet chapel, where the lamplight softly and all is still around, is the same Jesus Who was on the mountain, and by the seaside, and in the lone desert; and He has the self-same divine power to aid.

You, within the Tabernacle dwell Jesus. Jesus in the Most Blessed Sacrament! Millions of angels surround His throne, and yet He longs to mark well—He longs for your coming.

When Jesus was preaching in Judea, do you think, that it would have been easy to gain access to Him and speak with Him? Not so; many of the crowd that followed Him beheld Him only from a distance.

Accustom yourself to go often to Jesus, to see in Him the Father who forgives your sins, the Physician who cures your wounds, the Friend who loves you faithfully.

CORPUS CHRISTI

On Holy Thursday Our Lord instituted the Holy Eucharist. But Holy Thursday in the liturgy of the Church is the day before Good Friday.

Corpus Christi is the Feast of Our Lord present on the Altar, present not for a moment or for a day or in one spot, but through all ages always and everywhere in thousands of tabernacles from the frozen north to the burning tropics.

The light of the sanctuary lamp tells us that He dwells as a familiar friend a few doors from us. Wonder follows wonder as we try to exhaust the infinity of condescension that He pours out upon us from behind the tiny tabernacle.

Lameness neglected often becomes serious and permanent and the longer you delay the more difficult the recovery.

W. F. YOUNG, Inc. 344 St. Paul St., Montreal

Why Not Make Your Will?

It is a business arrangement which we should not neglect, and it is a simple matter. If you should accidentally be killed without making your will, your estate might be distributed contrary to your wishes.

Your wishes will be faithfully carried out and your heirs properly protected if you appoint this Company your Executor.

CAPITAL TRUST CORPORATION 10 Metcalfe Street OTTAWA Temple Building TORONTO

SAINTS ALLURE US Mothers notice their children to learn to walk by standing a little distance away, and holding in slight something attractive; but the mother would not succeed so well if she stood a long way off at first; so our holy Mother the Church gives us a saint, sweet as interior and external beauty can make him, shows him to be within our reach, and so sweetly allures us to desire and to imitate his loveliness.

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