every Leaguer, *always helping Jesus*, at home, in the office, on the street, at league, and in the church. May every Leaguer be filled with the spirit of helping others.'

Hints on Junior League Management

At the recent convention of the Bran-on-Souris District Epworth League, don-Souris don-Souris District Epworth League, Miss Goddard, Brandon, gave a most in-structive paper on Junior League work. "The Junior League," said Miss God-dard, " is to the boys and girls between the ages of six and sixteen what the Epworth League is to the young men and worth League is to the young men and wornen-a place where they may be trained in the knowledge and use of the Bible, drilled in the doctrines, history and institutions of the church, developed in Christian character, and fitted for the practical and social life of the church. Wesley termed the Sunday School the 'Narsery of the Church.' We may sure-ly call the Junior League its 'drill shed '.' shed

In Junior work the main objects are In Junior work the main objects are to build up the character so that the child will find his or her happiness in right-doing and unselfish living, and to train him to do his share of work in the church.

church. There is much discouragement attached to the work, but start where you are with what you have and work up to something better. Arouse the in-terest of the children by announcements made by the Pastor and Superintendent. calling the interested ones together calling the interested ones together at some suitable time and place. After singing one or two suitable hymns, foi-lowed by prayer, present the Junior League idea, outlining briefly each de-partment of work; send to each family present a copy of the Junior League costitution, to be studied at home. It would also be wise to send a note to every mother whose children desire to unite with the League, so gaining the co-operation of the parents and bringing them into practical touch with your work

At the second meeting have the pledge explained and give a copy of it to each child. At the third meeting begin your roll, but go slowly. It is easier to en-roll the children than it is to get them to fulfil their obligations.

Do not try to form more committees than you can really work, but see that all you do form are worked. After care-fully electing your officers, viz., Presi-dent, Secretary, Treasurer, First Vice-President and Second Vice-President, President and Second Vice-President, have your Prayer-meeting and Look-out Committees get to work. Be careful to let your League be a growth; do not try to have everything you have heard of at once. Go slowly, and your society will always have something ahead to which it reaches out. The aim should be definite, the work planned.

be definite, the work planned. How are we going to get the boys and girls to take part in the meetings so that when they go into the senior society they will have confidence in themselves and feel that they are not raw recruits, but soldiers of Christ al-ready trained and familiar with the raw recruits, but soldiers of Christ al-ready trained and familiar with the work required of them? Have them write short esays on the topic, sing solos, announce the songs, make the first short announce the songs, make the first short prayer, or have a number of sentence prayers, read the Scripture lessons, and always have a Junior fill the chair. Let them feel it is their meeting. Have the roll-call at every meeting, and have the ron-can at every meeting, and nave the members respond with a verse of Scrip-ture. Have the social committee ar-range for social evenings occasionally, and work in a Missionary meeting every month

Avoid monotony. Change or vary your order of service at every meeting. Do not discourage the most imperfect ac-Do

tion, but stimulate to better things. Strive to overcome the evil and develop the good in each individual character. Always remember that it is "not by might or by power, but by My spirit, saith the Lord of Hosts."

A Step-Friend

Phylics came up the stone steps and into the hall with an energy that made her mother smile. She had been watch-ing from the window, and was not sur-prised when her daughter began:

"Mamma, she tags me every step. She kept hold of my dress all the way to school this morning and this afternoon, school this morning and this afternoon, and she wanted to look in store windows, and said 'Hullo' to an ice man. What do you think of that? Right on the street. And the girls laughed and said. "Oh, you're Silly Proctor's friend. They say 'Silly ' stead of 'Sylvy,' because she isn't--" isn't-

"Sit right down here, dear, and we'll talk it over. I have been thinking about

you, for Sylvia's mother came in to see me this morning." "Sylvia's mother?"

"Yes, and I'm sure you would have been interested in her story." Phyllis drew her chair nearer, drew a

"Phylls drew her chair nearer, drew a long breath, and waited. "You see, when Sylvia was a tiny girl she had a long sickness, and they thought she would die. But by and by she got better. Then they said that she must begin her life over again. She was five years old, but she had to learn to walk and talk—just like a baby. Her brain was weak, and Mrs. Proctor feared she would never be able to go to school and learn like other girls. They had a nurse to take care of her, and a teacher just as soon as she was strong enough to study, and for eight years that has just as soon as she was strong enough to study, and for eight years that has been the way she had lived. But now the doctor sars all she needs is to be with other children. He told Mrs. Proc-tor that having a nurse kept a little child dependent. And she is thirteen years old."

"And I'm only 'leven, and she holds

"Yes, but let me tell you. Her mother said she didn't know what to do till we moved here last June, and Sylvia took such a fancy to you. Then when

school began she thought if you would be willing to let Sylvia go and come with you, she would feel perfectly easy. She wants you to be a sort of sister-not an older one, but a brighter and stronger

Mamma, I'm no sister to Sylvia Proctor

"Well, call it step-sister, then You know Lulu Webb is Jimmie's step-sister, but she takes care of him and loves him

He's a dear, cuddly baby. I couldn't be that big girl's step-sister, nor step-

be that big girl's step-sister, nor step-cousin, nor-not even her step-friend." Phyllis 'eyes were full of hot tears, and she could scarcely speak for the choking in her throat. "Never mind, then. Go up stairs and get ready for dinner and see how you

feel about it to-morrow morning.

Phyllis ran away to her room, but be-cause she was a girl who had to think of things, she could not forget Sylvia.

"She can find some other girl to be her sister—I sh'd hope," she said to

her sister—I sh'd hope." she said to herself, scrubbing her face in cold water. Over the mirror before which she brushed out her curly hair hung a text of which Phyllis had been quite proud the Christmas before. It had been sent from her old hound who had net seen it from her old home by her old Saubath-school teacher, and she had not seen it until it was handed down from the Christmas tree of her new church home. The number of postage stamps on the

wrapper had excited the curiosity of a wrapper had excited the curiosity of a scat full of little girls, and when she finally got it free from the strings and paper she exclaimed over the lovely frame, reading the words wonderingly. "For even Christ pleased not limself." "That means we shouldn't be sellat." "Phils explained. "My meand the bean

Phyllis explained. "My teacher use to talk a lot about poor folks and the hea-then and as giving help to 'em." But now, standing with her brush up-lifted, Phyllis saw something in the words which made her toss her head and

"But that doesn't mean for me to take care of Sylvy, I sh'd hope. It would wear me out."

wear me out." After dinner she said to her mother. "The thought of a good way! I'm just going to sneak out of our back door and go to school round by Elm street to-morrow morning. Then Sylvy can wait all day out in front if she wants to

wants to. As Phyllis was packing her book-bag, she said in a motherly tone: "As long as Sylvy likes me best, maybe I'd ought to take care of her till she gets ac-

quainted, so I'm going to be just a step-friend. But, mamma"—and the little girl's voice quivered—"I'd rather take care of a real lame girl than a girl that is lame in her—in her brains."

Her mother kissed her twice, and then watched at the window as she went bravely down the stone walk.

bravely down the stone walk. Sylvia came across the street, timidly and awkwardly, as if she hardly dared walk alone, but her face brightened as she reached Phyllis and grasped her skirt. Then Phyllis gently loosened her hold and evidenity told her how she must walk, squaring her shoulders and lifting her ehim. Sylvia immediately straightened up, and the two girls started briekly down the street started briskly down the street.

The lace curtains at the front window in Sylvia's home fell together gently as

in synvas nome feil together gently as her mother turned away with a great sense of relief, saving: "That dear little Graham girl has taken Sylvia under her wing, and I really believe she will do more for her than all the doctors". than all the doctors." And the "dear little Graham girl's"

And the "" dear little Graham girl's" mother turned from her window at the same time with tears in her eyes because she was so glad that Phylis had had courage to do a hard thing. " Bless the little step-friend," she said.—Southern Presbyterian.



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"Live the life of love that others may love the life you live."