

SEPTEMBER WEATHER STEM.

DAY OF WEEK.	MOON'S CHANGES.	DAY OF MONTH.	PREDICTIONS.
Tu	Last Quarter	1	Wet.
We		2	0.15 a.m.
Th		3	Cold.
Fri		4	
Sat		5	Rain.
Sun	New Moon	6	Fine.
Mo		7	
Tu		8	3.43 p.m.
We		9	
Th		10	Warmer
Fri	First Quarter	11	days
Sat		12	cool
Sun		13	nights.
Mo		14	
Tu		15	Pleasant.
We	Full Moon	16	1.15 a.m.
Th		17	
Fri		18	Cool.
Sat		19	Fine.
Sun		20	
Mo	Full Moon	21	Cloudy.
Tu		22	Cold.
We		23	
Th		24	2.55 a.m.
Fri		25	
Sat	Full Moon	26	Equinoc-
Sun		27	tial rains.
Mo		28	Cool.
Tu		29	Fair.
We		30	Warm.

SUNSHINE.

You cannot have too much of light and sunshine either in your lives or in your houses. You may live, but it is not all in life to live. Merely to exist is but a small part of our work in this world. We should so live that body and mind are at all times in their best condition. We are then ready and able to do whatever duty may be required of us in such a way that the duty merely shall be pleasurable, and the reaction on ourselves and others be beneficial. It should be, in fact, the religious duty of everyone so to live.

WHAT is commonly known as heartburn can be cured in two minutes by using "Fountain of Health."

CARLYLE says: "Laughter means sympathy." It is wonderful how sympathetic everybody is when a fellow's hat blows off.

It is pure, healthy blood that beautifies the face and brightens the eye, and gives elasticity to the step, obtained by using the "Fountain of Health."

ACCORDING to Darwin, man descends or comes up from the animals, and gets far away from the starting-point. A camel will work two weeks without drinking, and some men will drink two weeks without working.

"FOUNTAIN OF HEALTH."—It purifies the blood, eradicating all humours, from the common blotch or pimple to the most malignant form of scrofulous ulcer.

THE subjoined is a recipe for French shoe dressing: Vinegar, two pints; soft water, one pint; glue (fine), four ounces; logwood chips, eight ounces; powdered indigo, two drachms; bichromate potassium, four drachms; gum tragacanth, four drachms; glycerine, four ounces. Boil, strain and bottle.