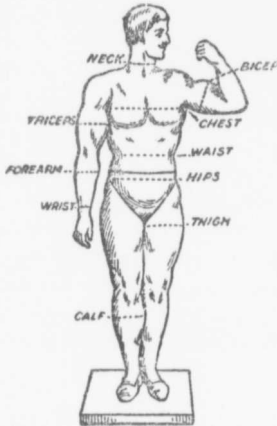


Measurement Form.



At Commencement.

- Neck
- Biceps
- Forearm
- Wrist
- Chest
- Waist
- Hips
- Thigh
- Calf
- Weight
- Height
- Age

Second month.

- Neck
- Biceps
- Forearm
- Wrist
- Chest
- Waist
- Hips
- Thigh
- Calf
- Weight
- Height
- Age

Third month.

- Neck
- Biceps (upper arm)
- Forearm
- Wrist
- Chest
- Waist
- Hips
- Thigh
- Calf
- Weight
- Height
- Age