

NEWS OF SPECIAL INTEREST

THE JUNIOR ASSN.
NATURAL HISTORY
ANNUAL MEETING

Reports Received and Officers Elected—Miss Ada Colwell Chosen President—Lecture By Curator, William McIntosh.

That paper and straw are being used as dressings for the wounded soldiers at the front, because of the shortage of sphagnum moss and other materials, was the statement made by William McIntosh, curator of the Natural History Society yesterday afternoon in a lecture before the Junior Association of the Natural History Society.

The gathering was the annual meeting of the association, and in the absence of the president, Miss Lucy Smith, the first vice president, Edna McQuade, was in the chair. Margaret Dunlop, treasurer, and Gretchen Betts, secretary, presented their reports of the year's work. The election of officers resulted as follows: Ada Colwell, president; Edna McQuade, first vice president; Elizabeth MacKinnon, second vice president; Audrey Hunter, treasurer; Ruth Coster, secretary.

NUXATED
IRON

Increases strength of delicate, nervous, run-down people in two weeks' time. In many instances, used and highly endorsed by former United States Senators and Members of Congress, well-known physicians and former Public Health officials. Ask your doctor or druggist about it.

Hopes Women Will
Adopt This Habit
As Well As Men

Glass of hot water each morning helps us look and feel clean, sweet, fresh.

Happy, bright, alert—vigorous and vivacious—a good clear skin; a natural, rosy complexion and freedom from illness are assured by clean, healthy blood. If only every woman and likewise every man could realize the wonders of the morning inside bath, what a gratifying change would take place.

Instead of the thousands of sickly, anemic-looking men, women and girls with pasty or muddy complexions; instead of the multitudes of "nerve wrecks," "run-downs," "brain fags" and pessimists we should see a virile, optimistic throng of rosy-cheeked people everywhere.

An inside bath is had by drinking each morning before breakfast, a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver, kidneys and ten yards of bowels the noxious and indigestible waste, sour fermentations and poisons before putting more food into the stomach.

Those subject to sick headaches, biliousness, constipation, indigestion, colds, and particularly those who have a pallid, sallow complexion, and who are constipated very often are urged to obtain a quarter pound of limestone phosphate at the drug store, which will cost but a trifle, but is sufficient to demonstrate the quick and remarkable change in both health and appearance awaiting those who practice internal sanitation.

Simple Way To
End Dandruff

There is one sure way that has never failed to remove dandruff, and that is to dissolve it, then you get about four ounces of plain, common liquid arvon from any drug store (this is all you will need), apply it at night when retiring; use enough to moisten the scalp and rub it in gently with the finger tips.

By morning, most if not all of your dandruff will be gone, and three or four more applications will completely dissolve and entirely destroy every single sign and trace of it, no matter how much dandruff you may have.

You will find all itching and digging of the scalp will stop instantly, and your hair will be fluffy, lustrous, glossy, silky and soft, and look and feel a hundred times better.

To Relieve Catarrhal
Deafness and Head
Noises

If you have Catarrhal Deafness or are hard of hearing or have head noises, so to your druggist and get 1 ounce of Parmanin (double strength), and add to it 1/4 pint of hot water and a little granulated sugar. Take one tablespoonful four times a day.

This will often bring quick relief from the distressing head noises. Clogged nostrils should open, breathing become easy and the mucus stop dropping into the throat. It is easy to prepare, costs little and is pleasant to take. Anyone who has Catarrhal Deafness or head noises should give this prescription a trial.

HARVEST FESTIVAL
GREATLY ENJOYED

Large Crowd Enjoy Program in St. Philip's Church—Another Entertainment Tonight.

The congregation of St. Philip's Queen street, held a Harvest Festival last evening in the church, which will be concluded this evening.

A feature of the festival is an entirely different program for each evening, which consists of songs, recitations, dialogues, etc. Last evening the women of the parish staged the program, which was reported excellent.

Tonight the male members of the congregation are slated to put on the numbers and their efforts are directed to pass that given last evening to the lady members whom they consider today as hard to beat; and are awaiting in suspense to ascertain if their program cannot equal or surpass that given by the ladies.

A good crowd was in attendance last evening, and it is hoped a larger number will be on hand this evening. The entire proceeds of the festival are devoted solely to defray the salary of the pastor, through the medium of the steward body of the congregation.

SPHAGNUM MOSS

It takes four people working hard at grading sphagnum moss to keep one person busy making dressings. This is the average, so you can easily see, if you are a clever mathematician, how many people for ten thousand dressings. One half pound of moss makes nine dressings.

Ninety persons were assembled at the rooms of the Natural History Society and the tables were pretty well filled, though all the workers possible are needed.

The Red Cross Depot presented a scene of energy and patriotism last evening, as the various rooms were occupied with a large number of workers who were assisting in the task of making up the moss into dressings. The white robe figures with their picturesque floating veils made a pretty scene. For the last four days one thousand dressings have been made each day but there are still many wanting of the required 10,000.

The packing rooms were also occupied so all departments of the Red Cross were represented last evening. The workers' reward is the consciousness of some soldier's sufferings alleviated.

Rich Red Blood

means health—means mental vigor and physical strength.

What women in particular need to purify and enrich the blood—build up and invigorate the system, and clear the complexion—is

Dr. Wilson's HERBINE BITTERS

It is a true blood purifier—a blood food—made from Nature's healing herbs—and has given new health and happiness to thousands of women during the 50 years and more it has been before the public.

At most stores, 25c. a bottle; Family also, five times as large, \$1.

The Brainerd Drug Company, Limited, St. John, N.S.

DARTING, PIERCING SCIATIC PAINS

Give way before the penetrating effects of Sloan's Liniment

So do those rheumatic twinges and the lame-aches of lumbago, the nerve-inflammation of neuritis, the wry neck, the joint wrench, the ligament sprain, the muscle strain, and the throbbing bruise.

The ease of applying, the quickness of relief, the positive results, the cleanliness, and the economy of Sloan's Liniment make it universally preferred. Made in Canada.

Sloan's Liniment Kills Pain

BRINGING UP FATHER BY McMANUS

My Four Years in Germany

DELEGATE RETURNS

GIFTS TO Y. W. P. A.

HONOR FAMILY COMING TO WEST ST. JOHN

AFTERNOON TEA

OPERA HOUSE VAUDEVILLE

NORTHLANE, RIANO AND NORTHLANE

KATE FITZGIBBONS

THREE FARMERETTES

HAZEL MORAN

UNIVERSAL WEEKLY

BARRETT and WHITE

"OH, WHAT A HONEYMOON"

ENTERTAINED AT LUNCHEON.

Mr. George F. Smith

entertained at luncheon yesterday at the Sign of the Lantern, in honor of Miss van der Flier.

The guests included Lady Hazen, Mrs. Walter E. Foster, Mrs. G. A. Kuhring, Mrs. George McAvity, and Mrs. Leigh Harrison.

Miss van der Flier

received with Mrs. Powell and Mrs. Mullin, and wore her Dutch peasant costume. She had on exhibition a number of cleverly executed rings and other souvenirs made by the Belgians who are interned in Holland.

Two St. John ladies who have kept up a correspondence with three of these interned Belgians (The Y. W. P. A. contributes \$5 a month to one) were delighted to hear news of the camps where these soldiers are interned.

Miss van der Flier

having visited both camps. She promises if possible, on her return to Holland to look up these men and give them special messages from their St. John friends.

Mrs. Clarence Allan and Mrs. E. H. Flood

presided at the tea tables, simple refreshments in accordance with conservation rules were served.

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