## The Woman's World



\*HE Womans department of the Standard is conducted by Miss Hazel Winter of Fredericton, supervisor of the Women's Institutes of NewBrunswick, and all matter for publication in this page be submitted to Miss Winter for approval.

### Beware of the Deadly Fly

e fly, he lights on all around,

# THAT THREATEN US

A CHILD?



347 ROGERS BROS.

GOLD WATCH FREE.

### To Improve Expression As Well As Complexion

### THIS BARREL

Contains flour guaranteed to give satisfaction or you get your CUTS AND WOUNDS money back. Regal Flouris always

preferred by careful cooks because it insures good bread al-

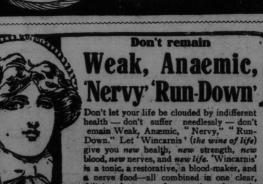
ways-and palatable as bread can be made.



MAKE NO MISTAKE. Always insist upon Regal Flour and you can be sure of the quality.

THE ST. LAWRENCE FLOUR MILLS COMPANY LIMITED.

MONTREAL





We would sell every pound of Tea consumed in the Maritime Provinces, if only we could persuade everyone to taste-



a Marvel of Cup Quality Free of Dust and of Virgin Purity

25° to 60° lb. Try a Packet



Make This Your "Meat"

A nourishing, satisfying, strengthening dish that tempts the palate and gives stomach comfort after the digestive organs have wrestled with high-proteid foods-

With Strawberries or Other Fruits

Nothing so delicious, nothing so easily di-gested, nothing so easy to prepare. The only breakfast cereal that combines naturally with berries and other fruits.

The Canadian Shredded Wheat Company, Limited

Niagara Falls, Ontário

### Does the freshness of your food mean anything to you?



10c per package. Look for the signature.

