# This and That

SELFISH AND LEND-A-HAND.

Little Miss Selfish and Lend-a-Hand Went journeying up and down the land. On Lend-a-Hand the sunshine smiled; The wild flowers bloomed for the happy

hild;
Birds greeted her from many a tree;
But Selfish said: "No one loves me."
Little Miss Selfish and Lend-a-Hand
Went journeving home acress the land.
Little Miss Selfish met with trouble and

loss, The weather was bad, the folks were

Lend-a-Hand said when the journey was

o'er, "I never had such a good time before."— Mrs. Mary F. Butts.

#### AS TO MISSING HIM

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Perhaps few experiences of life are harder tobear than when an appeal to another out of
the fulness of one's heart is received with an
utter lack of sympathy. A dishonest gardener had received notice of discharge, and, after
an unsuccessful attempt to vindicate his
eharacter by plausible platitudes, said
mounfully to the vicar:—

'Ah, sir, you will miss me before I be gone
half an hour!

'I shan't mind that,' answered the vicar,
cheerfully, 'if I don't miss anything, else!'—
London 'Tit-Bits.'

#### AN HONEST MAN

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As incident, which exhibits the sterling integrity of a man who could withstand the temptations of wealth rather than do the smallest act of injustice, is told in Mr. H. M. Chittenden's "History of Steamboat Navigation on the Missouri River." The principal actor was one of the early settlers of St. Louis, a Mr. LaBarge who had purchased a small tract of land for which he paid twenty-five dollars.

Land was then of very little value, and transfers were often made without deed and with no more formality than in exchanging cattle of horses. In this way Mr. LaBarge traded his land on what is now Cedar Street St. Louis, to Chaurin Lebear for a horse. Long years afterward, when these transactions were almost forgotten, and the property had become very valuable, a lawyer presented himself to the old gentlemen and asked him if he had ever owned any land on Cedar street. Mr. LaBarge replied in the affirmitive, and described its locality. He could not at first recall, but Mrs. LaBarge remembered the circumstances and related them to the lawyer, at the same time remarking to her hisband that that was the way they got their horse to set themselves up on the farm with.

The lawyer then assured Mr. LaBarge that the title to this property, was still vested

### EMPTY NOW.

How One Woman Quit Medicine.

"While a coffee user my stomach troubled me for years" says a lady of Columbus, O. and I had to take medicine all the time. bad what I thought was the best stomach medicine I could get, had to keep getting it filled all the time at 40 cents a bottle. I did not know what the cause of my trouble was but just dragged along from day to day suf-

fering and taking medicine all the time.
"About six months ago I quit tea and coffee and began drinking Postum and I have not had my prescription filled since, which is a great surprise to me for it proves that coffee was the cause of all my trouble although I never suspected it.

When my friends ask me how I feel since I have been taking Postum I say, "To tell the truth I don't feel at all only that I get hungry and eat everything I want and lots of it and it never hurts me and I am happy and well and contented all the time."

"I could not get my family to drink Postum for a while until I mixed it in a little coffee and kept on reducing the amount of coffee until I got it all Postum. Now mule? they all like it, and they never belch it up

"We all know that Postum is a sunshine maker. I feel it helps one greatly for we do not have to think of acres and pains all the time and can use our minds for other things."
Name given by Postum Co., Battle Creek

The one who has to bother with coffee aches and pains is badly handicapped in the race for fame and fortune. Postum is a wonderful rebuilder. There's a reason.

Look in each: pkg, for the famous little book, "The Road to Wellville."

Look in each: pkg, for the famous little and said; book, "Tolerably well. And how is it with you?

in him, and that he could hold it against all comers, for there was absolutely no record of the conveyance in existence.

The old gentleman, with a look of indignation, asked the lawyer if he took him for a thief.

a thief.
"I traded that land," said he, "to Chaurin Lebeau for a horse, which was worth more to me than the land was.. I shall stand by the bargain now. If Chaurin Lebeau's heirs have no title, tell them to come to me and I will make them a deed before I die."—Ex.

### THE SQUAW'S SUGGESTION.

Lieutenant Colonel Pratt, the United States army officer in charge of the Carlisle Indian School, says that many of its graduates who return to tribal life lapse into ates who return to tribal life lapse into slipshod speech. Undoubtedly this is true, yet the Kansas City Journal tells of one who at a pinch, could use ancient Bostonese, and have fun in doing it. This exception was a squaw, who one day went into a tra'er's store at a Western Indian agency, wrapped in a blanket and bearing other evidences of a return to native ways.

"How muchee?" the squaw asked, pointing to a straw hat.

"Fifty-cents," said the merchant.

"How muchee?" she asked again, pointing to another article. The price was quoted, and was followed by another query of "How muchee?" Then the squaw looked calmiy at the merchant and said:

"Do you not regard such prices as extortionate for articles of such palpably and unmistakibly inferior quality? Do you not really believe that a reduction in your charges would materially enhance your pecuniary profits? I beg you to consider my suggestion."

Then the graduate of Carlisle swept gracefully from the store, leaving the merchant staring after her.—Ex.

#### A CHANGE FOR THE BETTER.

The following story is told of a zealous parson and a shepherd who was not a regular churchgoer.

'Well, John, I have missed your face in

"I dinna doot that."

"And have you not been to church all is time?" was the parson's next question. "O't aye have I; I've been many times

in the kirk ower the hill."

'Well." said the parson, "I'm a shepherd myself, and do not like to see my sheep wandering into other folds and among other

"Well," said John, "that's a difference, ye ken; I never mind where they gang if they get better grass."-Ex.

The reporter was interviewing the new

"Is it true that you are going to endow a chair in that University?"

'Endow a chair!' he thundered; 'why, I can give a whole set of furniture, an' I'll do it, too. Say that in yer paper. The nothin' cheap about me.'—'Tit-Bits.'

'Uncle,' said little Johnny, 'tell me how you charged with your war-house up the hill at the head of the troops.'

'Well,' said the battle-scarred veteran, 'I counted the fiery animal, drew my sword from its scabbard, rose in my stirrups, cried "Forward!" and dug the spurs deep in the quivering flanks of my gallant steed. 
'Yes,' exclaimed the boy, breathlessly, 'Go

on uncle. Tell me the rest of it.'

'There isn't any more to tell, Johnny, said his uncle, with a passive sigh. 'The horse jibbed.'-'Tit-Bits.

"I thought you were going to sell that

"I done change my mind sense I done read de papers. En'y time I looks at him I gits thankful 'cause I knows dat even if he do git disagreeable, he ain't gwine ter 'splode like he might ef he was a automobile."— Washington Star.

A German was playing at chess when one of his friends en'ered the cafe about nine in the evenlus and asked him how he was.

The German, absorbed in his game, made no reply; but, on finishing with an elaborate checkmate about eleven o'clock, he turned

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IAMES A. GATES & CO. MANUFACTURERS AGENTS.

Middleton, N. S.



'Are you the society editor?' asked the arge woman. No madam, said the one addressed: I am

'Phone 1077.

only the court reporter.

'Really, I am surprised! But perhaps yo will do. Your paper said in the account of the affair at my house that floral decorations 'lent beauty to the scene." I wish you would have your state that the floral beauty was not lent. Everything was paid for.

INDICESTION

FORTIN' AND MISFORTIN'

107 Germain Street,

St. John, N. B.

"M-i-s-f-o-r-t-u-n-e," spelled the child "Misfortune, what does that mean, slowly. Aunt Dinah ?"

"Well, honey, it's dis way," explained the old woman, nodding her head in comfortable assurance of her own condition: "Fortin' is good t'ings, an' misfortin' is de good t'ings what misses you an' goes somewhar else When somebody 'cross the street hab some pow'rful streak of luck, deys mos' tickled to def, but you ain't feel dat way kase it didn't hit your house. Dat blessin' cross de street am one of your misfortin's.