

IF BACKACHE OR KIDNEYS BOTHER

Eat less meat and take a glass of Salts to flush out kidneys—Drink plenty water.

Uric acid in meat excites the kidneys, they become overworked; get sluggish, ache, and feel like lumps of lead. The urine becomes cloudy; the bladder is irritated, and you may be obliged to seek relief two or three times during the night. When the kidneys clog you must help them flush out the body's urinous waste or you'll be a real sick person shortly. At first you feel a dull misery in the kidney region, you suffer from backache, sick headache, dizziness, stomach gets sour, tongue coated and you feel rheumatic twinges when the weather is bad.

Eat less meat, drink lots of water; also get from any pharmacist four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to cleanse clogged kidneys and stimulate them to normal activity, also to neutralize the acids in urine, so it no longer is a source of irritation, thus ending bladder weakness.

Jad Salts is inexpensive, cannot injure, makes a delightful effervescent lithia-water drink which everyone should take now and then to keep the kidneys clean and active. Druggists here say they sell lots of Jad Salts to folks who believe in overcoming kidney trouble while it is only trouble.

IN VICTORIA STREET CHURCH.

The evangelistic services conducted in the Victoria street Baptist church by the pastor, Rev. G. D. Hudson, have drawn large crowds, and at each service members of the congregation have come forward to accept the call to a better life. Last evening the church was thronged to its capacity and many were turned from the doors. Mr. Hudson's address was eloquent and stirring and the orchestra provided inspiring music. The campaign will be continued.

Paying Toll for Neglect

Needless exposure to damp and cold frequently results in a derangement of the kidneys and bladder. When these important organs fail to do their duty, various evils arise, such as rheumatism, swollen hands and ankles, stiff joints, lumbago, sciatic neuralgia, stone in the bladder or gravel, excruciating pains in the back and sides, constant headaches, dizziness, specks floating before the eyes, meanness of mind without reason, and general debility.

These are signs of serious kidney and bladder trouble, which require immediate attention. The most dependable remedy is found in GIN PILLS. They often prevent the operations which constant neglect may render necessary. They quickly and safely relieve congested kidneys, passing stone and gravel, healing and compensating inflamed organs and restoring them to normal. Thousands of letters from people who have been relieved are continually coming to us. Their writers often beg us to spread the good news to other sufferers that GIN PILLS certainly and surely will bring the help they need. Send for free sample, or go direct to your druggist or dealer, 50c a box. Money refunded if relief not given.

The National Drug & Chemical Co. of Canada, Limited, Toronto, United States Address, Na-Dra-Co., Inc., 203 Main St., Buffalo, N.Y.

Doctors Recommend

Bon-Opto for the Eyes
Physicians and eye specialists prescribe Bon-Opto as a safe home remedy in the treatment of eye troubles and to strengthen eyesight. Sold under money refund guarantee by all druggists.

Grove's O-Pen-Trate Salve Opens the Pores and Penetrates

A Remedy for Chest Colds, Head Colds, Sore Throat, Stiff Neck, Earache, Spasmodic Croup and kindred ailments. Apply freely to the skin just over the affected parts and rub it in.

GROVE'S O-PEN-TRATE SALVE

is also an Excellent Germicide for the Nose and Throat.

It should be applied to the nostrils so that you will be continually inhaling the vapors while in the presence of patients who are sick with contagious diseases, or when you are entering crowded cars or other public places during an epidemic of Grip or Influenza. Any Grip or Influenza germs breathed through the nose are destroyed by this germicide salve before the germs can reach the throat.

FOR THE SICK

Place One Level Teaspoonful of GROVE'S O-PEN-TRATE SALVE in a hot saucer in the sick room. The Antiseptic Vapor rising from the heated salve makes breathing easy for the patient. It induces sleep and is a great comfort to anyone suffering with Spasmodic Croup, Asthma, Bronchitis, Sore Throat, Coughs, Colds, Whooping Cough, Diphtheria or Pneumonia. The Healing Effect of the Vapor relieves the patient and is very comforting. Price 35c per box. If your Druggist hasn't any, send 35c in postage stamps to Paris Medicine Company, 193 Spadina Ave., Toronto, and a full-size box will be mailed to you promptly.

AN ENCOURAGING RECEPTION FOR ST. JOHN CLAIMS

Delegation's Report on Interviews With the Authorities in Ottawa

The delegates from the city council and board of trade, who went to Ottawa on Wednesday last with R. W. Wigmore, M.P., to press the port and railway needs of St. John upon members of the government and upon President Hanna of the Canadian National railways board, returned to St. John by Saturday afternoon's train.

In a statement upon their return, they said that upon arrival at Ottawa they met Dr. A. P. Barnhill of the C. N. R. board (who had just returned from Toronto) who gave them much encouraging information upon the railway situation with respect to St. John and the lower provinces generally.

Immediately afterwards, the delegates met Hon. Dr. Reid, minister of railways, and acting minister of public works, and also several members of the cabinet, at the former's office, when conferences were arranged by Mr. Wigmore with Hon. C. C. Ballantyne, minister of marine, Hon. Dr. Reid, and President Hanna, of the C. N. R. board.

The conference with Hon. C. C. Ballantyne took place at 8.30 o'clock Thursday afternoon, when the port situation was thoroughly and frankly discussed, both with relation to harbor commission and such necessary works as the extension of the Negro Point breakwater, the further equipment of the government wharves and the establishment of direction-finding wireless stations in the Bay of Fundy for the help and protection of ships entering the port. Among the subjects brought before the minister, in connection with the harbor commission plan, was that of the status of the ferry. Impressed with the arguments presented, the minister assured the delegation that he would take the subject up with the cabinet council on Tuesday and would arrange for the passing of an order that would fully protect the ferry interests of the harbor. He declared himself strongly in favor of Negro Point breakwater extension and said that he would give his support to the minister of public works, should it come before parliament.

The interview with Hon. Dr. Reid and President Hanna took place in the Chateau Laurier at 8.30 o'clock Thursday night and lasted more than an hour and a half. Mr. McLeod, engineer of the C. N. R., was present. Both the harbor and railway situations were discussed at length. Mr. Hanna outlined a program of development of the port and the minister of marine came to a close. He showed a deep interest in the subject as it affected St. John, and expressed keen appreciation of the potentialities of St. John as a national port. He assured the delegation that it was his most sincere desire to meet the wishes of the people of this section both with respect to railway enterprises here and throughout the maritime provinces generally. The delegates were impressed with his frankness and sincerity and with his thorough grasp of the situation. Hon. Dr. Reid expressed his hearty approval of President Hanna's attitude.

With respect to the harbor situation, the urgent necessity of the extension of Negro Point breakwater was forcibly impressed upon the acting minister of public works. He assured the delegation after the matter had been thoroughly discussed that he was most anxious to have the financial exigencies of the country would permit, as he recognized its value to the safety and development of St. John.

"SYRUP OF FIGS" CHILD'S LAXATIVE

Look at Tongue! Remove Poisons From Stomach, Liver and Bowels



Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your child is having the best and most harmless laxative or physic for the little stomach, liver and bowels. Children love its delicious fruity taste. Full directions for child's dose on each bottle. Give it without fear.

Mother! You must say "California."

John as a national port. He promised his support to the project, intimating, however, that the portfolio of public works might be in other hands before long when the new minister, whoever he might be, would have the handling of the matter. For this reason he felt that he could not commit the department to any definite course at the present moment. He was impressed with the progress that St. John had made as the second ocean port of Canada.

In addition to these conferences, other members of the cabinet were approached on the subject of breakwater extension and the necessity of the work was strongly impressed upon them.

The delegates left Ottawa greatly pleased with the reception they had manifested in the winter port by the cabinet ministers and with their unanimous recognition of its achievements and possibilities as a national port. They wish to express themselves as very hopeful that good results would follow from their trip to the capital.

The delegates also wish to express their appreciation of the willing and valuable assistance rendered by Mr. Wigmore in arranging for the interviews with members of the cabinet, and of the very gratifying progress made by Dr. Barnhill in furthering the railway interests of the eastern section of Canada. On the return trip to St. John, members of the delegation dropped off at Fredericton, where they paid the respects to Mr. Grant Hall, vice-president of the Canadian Pacific railway, and the executive staff of the Montreal Board of Trade. The delegates also had the pleasure of meeting Secretary Fennell of the Montreal harbor commission, who expressed his interest in the subjects that the delegates had been pressing at Ottawa.

Elected Prince of Cough Cures

BUCKLEY'S WHITE BRONCHITIS MIXTURE has been unanimously declared by all victims of bronchitis, coughs, colds, hoarseness and bronchial asthma as the world's greatest remedy for any of the above ailments. Doctors stand amazed at its wonderful healing power. Long standing cases of 20 and 30 years of coughing have been cured by this great mixture. Not a syrup but a scientific medicine, discovered after medical science had failed, by a chemist who had labored night and day to compound a mixture that would give his only daughter some relief, as bronchitis was choking her to death. It not only relieved her but produced an everlasting cure. Are you a victim of any of the above ailments? If so, get a bottle today, use it for five days, and if it does not prove to be the greatest of all remedies, take the bottle back and get your money. Is this fair? Can one do more than this to prove what a marvelous medicine it is? Price 60 cents. Sold by all druggists. Take not substitute, and fear the man who dares to say he has one just as good. Mailed for 75 cents.

D. Buckley, Mfg. Chemist, Toronto. Direct Import Co., 1 Union St.

MORE INSURANCE PAID THAN IN YEAR OF THE EXPLOSION

Halifax, N. S., Jan. 18.—Insurance companies doing business in Halifax have given notice of advance in rates, basing their demands upon the fact that Halifax is in danger of a conflagration because of unsatisfactory conditions affecting water supply, wiring, and buildings. Recommendations of the National Board of Underwriters in 1915 have not been carried out by the civic authorities and six million gallons of water are sold by all fire dealers. Take not substitute, and fear the man who dares to say he has one just as good. Mailed for 75 cents.

The fire department was called out in last evening's zero weather at 7.45 in response to an alarm from box 49. On arriving on the scene it was found that one of the chimneys of St. John the Baptist church was blazing. The flames quickly died out without any aid being rendered necessary by the firemen.

SHE SUFFERED TWENTY YEARS

Mrs. Doyle Eats Anything She Wants Now—Has Perfect Digestion and Nerves Are Calm and Steady.

"I certainly have cause for being grateful to Tanlac since it has overcome a case of stomach trouble that had bothered me for twenty years," said Mrs. Annie Doyle who lives at 240 Paradise Row, St. John, New Brunswick.

"For the past twenty years I have hardly known what it was to eat a good meal without being troubled afterwards," continued Mrs. Doyle. "I would bloat up with gas until my heart palpitated something awful. What I ate soured on my stomach and caused me to have a heavy, distressing feeling all the time. I got awful dizzy sometimes and often I had fearful headaches. It was so bad that the least noise out of the house started me. My blood was in bad condition and I had a continual pain in my side. I was so weak that I could not do my house work and I got so little pleasure in life that I had lost nearly all interest in everything."

"After I read in the paper how a minister had received great benefits by taking Tanlac, I made up my mind to try it myself. I began to feel better after the very first few doses and I continued to improve until now all my twenty years troubles have all disappeared. I can eat anything I want and digest it without the least trouble. As gas has quit forming I am no longer bothered with palpitation or with dizzy spells. That pain in my side has left me and the headaches are a thing of the past. My blood is in fine condition and I am sleeping better than I did. My nerves are steady as can be, in fact, I am never troubled in any way and I have gone back to doing all my house work. I have every confidence in Tanlac for it has put me in better health than I have enjoyed in years."

Tanlac is sold in St. John by Ross Drug Company and F. W. Munro under the personal direction of a special Tanlac representative.—(Adv.)

TO BUILD CHAIN OF THEATRES FROM COAST TO COAST

Montreal, Jan. 18.—The most important development which has yet taken place in the Canadian motion picture field was announced by the Royal Securities Corporation here on Saturday, when particulars were given out of a \$10,000,000 transaction under which the Famous Players-Lasky Canadian Corporation Limited, will operate a chain of large motion picture theatres from coast to coast. This company already has in operation approximately twenty motion picture theatres, including six in Toronto, two in Vancouver and others in Ontario and the west and others will now be constructed in Montreal, Quebec, Vancouver, Winnipeg, Regina, Edmonton, and other cities. By the autumn of 1920, the Canadian company expects to have in operation theatres with a total seating capacity of 20,000 and by the spring of 1921 this will be increased to 45,000.



For Coughs, Colds, and the relief of inflammatory conditions of the throat arising from Bronchitis, Asthma, Catarrh, and other ailments. Prepared from Spruce Gum and other medicinal agents. Successfully used for 60 years.

"I SUFFERED SEVEN YEARS"

Was Eventually Cured by Lydia E. Pinkham's Vegetable Compound.

Philadelphia, Pa.—"I suffered for seven long years with a lame back, irregularities and pain. I had one physician after another but they did me no good. I read about Lydia E. Pinkham's Vegetable Compound and gave it a trial and in a short time I felt benefited and am now feeling fine, and without weakness or pain. Many of my friends have also taken Lydia E. Pinkham's Vegetable Compound and been helped by it."

—Mrs. MARGARET NESS, 1866 E. Hazzard St., Philadelphia, Pa.
Women who suffer from displacements, irregularities, inflammation, ulcerations, backaches, sideaches, headaches or "the blues" should not rest until they have given this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, a trial. If complications exist, write Lydia E. Pinkham Medicine Co., Lynn, Mass., for special suggestions. The result of its long experience is at your service.

USE The Want Ad Way

CLERGYMAN AND SOLDIER; SERVED IN SEVERAL WARS

A Canadian clergyman with a distinguished record in war and peace is visiting the bishop's palace in this city. He is Rev. Abbe Philippe du Peron Casgrain, a member of the eminent Quebec family of that name. Before coming to St. John, a day or two ago, Abbe Casgrain visited Senator and Madame Pascal Poirier at Shediac. Madame Poirier is a sister of the clergyman.

Abbe Casgrain is a remarkable linguist, speaking several languages, and has been official interpreter in Russian for the British government. He not only during the great war, but has a distinguished record in other wars. He was born in 1864, the son of P. M. Casgrain, the author and jurist. Early in life he decided on a military career, entering the Royal Military College at Kingston (Ont.), where he took several courses. In 1885 he took part in the suppression of the Northwest Rebellion. First he was adjutant of the Ninth Regiment with the rank of lieutenant. In 1894 he was advanced to the rank of captain and in 1902 to that of major.

He had qualified as an interpreter in Russian in 1898, two years after serving in the Manupur expedition, where he won a medal and clasp. From 1891 to 1895 he was in the ordnance survey. He served in the South African war, being mentioned in despatches for gallantry and receiving two medals and five clasps. For a time he was military attaché to the British embassy at Tokio.

He retired from the army in 1911 and was ordained priest. He has been stationed in various parts of the world where he gave valuable services to the cause of the Allies during the great war.

COL. "BOB" LOW LEFT ESTATE TO WIFE AND CHILD

Ottawa, Jan. 18.—An estate of \$68,295, independent of his interests in the Bate MacMahon Construction Company was left by the late Colonel Robert Smith Low, better known as "Bob" Low, a contractor, who died from blood poisoning at Ottawa on January 16, 1919, and whose will was filed for probate on Saturday.

The extent of the late Colonel's interests with the Bate MacMahon Construction Company, on Front street east, are very considerable and may perhaps exceed the value of the estate as set forth in the inventory.

Mrs. Bertha Low and the colonel's daughter Helen not yet of age, receive the entire estate. Mrs. Low receives three quarters of it, amounting to \$51,446.33 and the daughter one quarter of \$17,143.

Looked Like Intended Suicide

The citizen who was brandishing a fierce looking razor says it wasn't suicide but a joke. He is about 35 years of age, a native of St. John, and the razor was found in his pocket. He says he bought him Putsney's Corn Extractor and hid the razor—very wise, because Putsney's cures in 24 hours; try it, Putne at all dealers.

MR. BALFOUR'S VIEWS.

Speaking in Westminster Hall recently before the Empire Parliamentary Association, Arthur J. Balfour said: "The difficulty which has constantly been present to the statesmen, both in the dominions and at home, for a generation or more, is still with us—the difficulty of finding some organization which shall increase unity of action and unity of sentiment and shall not interfere with the absolute autonomy of the great constitutional elements of this great community of nations. It is inevitable that the difficulty of treating a community of five democracies as though they were one must become accentuated when, as in Paris, for example, or during the war, common action is required for all. It is a miracle of statesmanship on the part of the Prime Ministers of these various communities that this common action has been effectively attained. I have no doubt our friends and colleagues at the conference have sometimes felt that to deal with five Powers as if they were one, produced occasionally some difficulties and some delays, but on the whole—indeed I withdraw the qualifying phrase 'on the whole'—they have accepted the qualification of the situation and have acted upon it, and they are so conscious of all they have gained by the unity of the British Empire that they certainly did their best to help all those members of the Empire when they desired to join in common action. We have this magnificent performance immediately behind us, fresh in our memories, and the question is, how are we to perpetuate all the good that has already been done to us? How are we to avoid the ills of that period of reaction of which I see no signs, but which I anticipate on general grounds—when that period of reaction sets in?"

ARGUES NEED FOR HOME FOR AGED DESERVING MEN

Since the ushering in of the new year there have journeyed the long and hopeless road to the county poor house, three men of more than seventy years of age who gave all their youth and life in helping to make this port one of the ship-building centres of the country; two of them are veterans of the Fenian raid and still bear the scars secured in that combat. Each of these men is suffering from a chronic malady, non-contagious, but as there was no room for them in the General Public Hospital, their only succor lay in the almshouse.

Referring to this case last night, J. King Kelley, K.C., county secretary, said that it was a most unfortunate condition of affairs which would have three men such as these, who had fought the battles of their countrymen in their earlier days, and who had practically given all their active days toward an industry which bettered the community, should now, that their working days have ended, be thrust off to the Municipal Home and classed in the same category with the witless, the incapable and those who have not made a competent use of their life's span.

"The establishment of a nurses' home and enterprises of that nature are all very well," said Mr. Kelley, "but I have always maintained that there should be some provision for the artisans, mechanics and others, who have passed their lives in useful occupations, so that there should be something better ahead of them than the poor house when their last days drew near. There should be established in this province, or county, a home for aged men, such as there is in other centres no larger than this. These three men should all be in the hospital, undergoing treatment, but though two of them were sent to the General Public Hospital, only one was kept there and that for but a short time. The three are now at the Municipal Home and will probably spend their last days there, for the youngest is well over the three-score and ten mark. It is a poor reward for the service they have rendered the community."

THREE WOMEN RESCUED FROM BURNING STORE

Toronto, Jan. 18.—Fire in the employment office and cafeteria of the William Davies Company, on Front street east, here on Saturday afternoon, caused a loss estimated at about \$50,000.

Three women who were employed in the cafeteria were unable to make their escape through the ordinary exits owing to dense smoke, were taken to the roof of the building by David Hadley, the company's special constable, and were carried to a place of safety down ladders.

G. W. V. A. CONVENTION.

Ottawa, Jan. 18.—The annual convention of the Great War Veterans' Association is to be in Montreal on March 22, according to an announcement from the dominion executive of the G. W. V. A. The British mails at this port to be sent by the Empress of France, will close at 9 a.m. on Wednesday.

Get Well—Johnson's Anodyne Liniment

Don't prolong sufferings from Coughs, Colds, Sore Throat, Grippe, Croup, Chills, Erysipelas, Strains, Bronchitis, Tonsillitis, etc.

Is a doctor's prescription for internal and external use with a record of over 100 years of successful use. A wonderfully soothing, healing, pain banishing anodyne upon which you can safely rely.

AT SEAMEN'S INSTITUTE.

An audience which taxed the capacity of the Seamen's Institute thoroughly enjoyed the musical programme of Saturday night, when a variety of entertainment, including readings by Norman Magnusson and Mrs. G. K. Shields; violin solo, by Harrison Morgan, with Miss Helen Morgan as accompanist; recital from Shakespeare's "King John," by Norman Magnusson and son; vocal solos by Mrs. LeLacour and Miss Gladys Dykeman. Miss Beattie Irvine was accompanist. Last night there was another good attendance, when Rev. M. E. Condon addressed the gathering. The musical numbers included a duet by Mrs. Condon and Mr. Sanderson, and a solo by W. Brindle. Miss Thompson was accompanist.

John MacDonald, of Shediac Road, near Moncton, has received word that his son, Austin P. MacDonald, who was thought to be in the Mexican earthquake zone is safe. The young man, who is a University of New Brunswick graduate, is a civil engineer. At one time he was stationed at Minto.

MOST EVERYONE USES THEM FOR THE STOMACH

They Act Quickly, and Make You Feel as Lively as a Kid

A crowning curative triumph in medicine is now given to the world, and all who have been sufferers from stomach ailments, indigestion and headache can be cured by a purely vegetable remedy. Calomel salts and such like are no longer necessary. They are harsh and disagreeable. Science has devised something far superior, and you can get today with 25c. to any druggist and buy a box of Dr. Hamilton's Pills, which are considered the very quickest and safest cure for the stomach, bowels, liver and kidneys.

Half sick men and women who scarcely know what ails them, will be given a new lease of life, with Dr. Hamilton's Pills. Depressed spirits disappear, headaches are forgotten, appetite increases, blood is purified and enriched, pains at the base of the spine are cured, the nerves are toned, audacity to work is increased, and day by day the old-time health and vigor return.

A trial only is necessary to prove how beneficial Dr. Hamilton's Pills are to all who are weak, nervous, thin, depressed or in failing health.

ONLY TABLETS MARKED "BAYER" ARE ASPIRIN

Not Aspirin at All without the "Bayer Cross"



The name "Bayer" identifies the contains proper directions for Colds, only genuine Aspirin—the Aspirin prescribed by physicians for over nineteen years and now made in Canada. Always buy an unbroken package of "Bayer Tablets of Aspirin" which a few cents. Larger "Bayer" packages. There is only one Aspirin—"Bayer"—You must say "Bayer!" Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Mono-acetic acid ester of Salicylic acid. While it is well known that Aspirin means Bayer manufacture, to assure the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, this "Bayer Cross."

Fall River, Mass., Nov. 20, 1918.

I had bronchitis for a year and had spent a lot of money trying to get rid of it. I had consulted many physicians and had bought all kinds of preparations. The advertisements of Dr. J. O. Lambert's Syrup got me to use it and I am very glad that I have, since two bottles have completely restored me to a healthy condition.

(Signed)

MRS. ELZEAR BOUVIER, 140 East Main Street.



MRS. ELZEAR BOUVIER

Dr. J. O. Lambert's Syrup has the largest sale without exception and is sold everywhere.