Pure Cane

Lantic Sugar

Extra Quality branulate

"Of Risking Your Life That Your Country May Live" - Ringing Appeal of Sir Wilfrid Laurier at Ottawa Recruiting Meeting

Ottawa, July 16—"Kitchener's cry is now, as it was at the beginning of the war: 'Men, more men.'

"The privilege is yours, young men the privilege of risking your life that your country may live and that freedom may not disappear from the earth. It is condition there is no ton the condition there is no ton. In this condition there is no ton.

ers of Europe, Britain alone never sought war and never even deliberately prepared for war. But though the least military of nations, Britain never entered a fight she had not won. Canada was heart and soul," he said, "with the Motherland in the present fight. The Canadian troops had fought from the first day like veterans and not like the raw recruits of a peace-loving country, and won at once the respect not only of all the Allied troops, but also of the enemy."

There were some, doubtless, who were

There were some, doubtless, who were disappointed at the slow progress being made. But let them remember that the Germans had the most perfectly organized war machine ever devised, and that the Germans' boast of a quick march to Paris had been promptly checked, and after that French's "contemptible little army" had stood like adamant against the drive towards Calais.

Medicine Co., Brockville, Ont.

What," asked Sir Wilfrid, "was their battle cry in July of 1915? That the Germans are fighting for their independence—nay for their very existence. That was the excuse they offered to the



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"The glory of the British nation," he declared, "was that among all the powers of Europe, Britain alone never tought war and never many deliber."

"The glory of the British nation," he had taken nine or ten boxes is recovered his former good health. has been no sign of a return of the ble, and I can see the second s

NERVOUS CHILDREN

THE VALLEY RAILWAY

BRUNSWICK CHAPTER

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When Preserving

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Top row (left to right)—Lieut. J. H. Reid, Lieut. Geo. Haggerty, Lieut. G. S. Currie. Bottom row—Lieut. Geo. Smith, Capt. G. C. McDonald, O.C., Sir Win. Peterson, Principal of McGill; Capt. Percival Molson, Lieut. Philip Mackenzie. —Photo by Gordon.

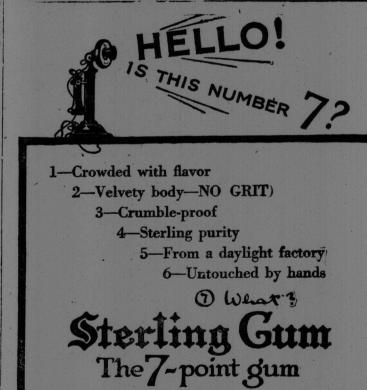
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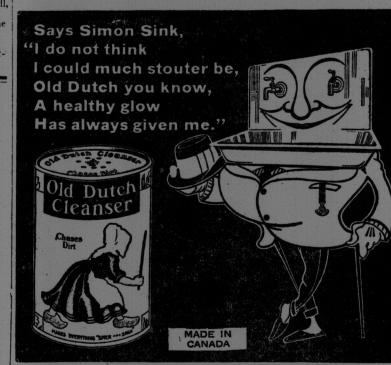
for rich and poor alike, for toilers with hand or brain, for children or grown-ups. All the strength-giving nutriment for the day's work in one of these crisp, tasty, delicious little loaves of whole wheat. Try it for breakfast with milk or cream. Eat it with luscious, ripe berries for supper. Cut out heavy, expensive foods and give Nature a

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